





# NOV 23-JAN 24

## Activity Venues

-  Bowling, Tenpin City Lidcombe, 92 Parramatta Road, Lidcombe
-  Saturday afternoon at Belmore Senior Citizens Centre, 38 Redman Parade Belmore / Ashbury Senior Citizens Centre, 66 Princess Street Canterbury
-  PCYC Auburn, Wyatt Park, Church Street, Lidcombe
-  Aerialize, 7-9 Close Street, Canterbury

## WEEKDAY AFTERNOON PROGRAM

Monday	4:00pm to 5:00pm	Fitness Gym Class	PCYC Auburn
Friday	4:30pm to 5:30pm	Aerial Circus	Aerialize, Canterbury

## WEEKEND PROGRAM

	Junior Group	Youth Group	
	Afternoon 3:00pm to 4:30/5:00pm	Morning 10:30am- 12:00pm	Afternoon 2:30pm to 4:00pm
November			
04/11	Zumba at Belmore 2:30-4:00*	Tenpin Bowling	Zumba*
	Birthday Party 4:00pm - 4:30pm		
11/11	Cooking with Antonia 3:00-4:30	Tenpin Bowling	Chair Yoga/Pilates/Dance by Monica
18/11	Fun with Music 3:00-4:30	Tenpin Bowling	Cooking with Antonia
25/11	Sensory Play 3:00-4:00 Taekwondo 4:00-5:00	Tenpin Bowling	Taekwondo
December			
02/12	Zumba at Belmore 2:30-4:00*	Tenpin Bowling	Zumba*
	Birthday Party 4:00pm - 4:30pm		
09/12	Expressive Art 3:00-4:00 Taekwondo 4:00-5:00	Tenpin Bowling	Taekwondo
16/12	CPA AGM and Christmas Celebration 12:00 – 2:00 pm Club Central, 2 Crofts Avenue, Hurstville		
23/12	School Holiday		
30/12	School Holiday		
January			
06/01	School Holiday		
13/01	School Holiday		
20/01	School Holiday		
27/01	School Holiday		

The above programs may be changed without prior notice due to unforeseen reasons.

\*Combined class for both the Junior and Youth groups held at Belmore Senior Citizens Centre followed by the monthly Birthday Party