Friday, May 13, 2022





Wishing you all a Safe and Fun Victoria Day Long Weekend.



REGIONAL COUNCILLOR Rhonda Mulcahy mulcahyr@whitby.ca 905-706-0482

Brooklin Spring Fair Parade May 28, 10:30 am Montgomery 41 Strandmore Cir. Vallance Way Aster Carnwith Dr Matthews hridge Cres Cres North St Carson Ave PI Cent Colston Dodge Dr Woodington Waring Ave Thorndyl Cres George St Nathan Ave McBeth Blackfriar James St Montgomery Ave Charles Zachary St PL Cassels Rd E Wells Cre Centre E Albert Pauline Sawyer Ave Knox Cres Whester Rd E Cornerside Wa Luther Vipond Memorial Arena **Vorthland** Way B Iberville Rd Breezewood Duggan Ave Arnold Derby Napier Burroughs Cres Courtland Ct Ave



PV = Police Vehicle, ORANGE - staging area, RED - Parade route, GREEN - return route

Hwv 407



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What You Need To Know This Week:

Call For 2022 Whitby Municipal Election Workers

The Town is looking for nearly 300 election workers to support voting locations during the advanced vote (between October 20 and 23) and on Election Day (October 24). The deadline to apply is Sunday, May 29, at 11:59 p.m. Get involved! whitby.ca/ElectionWorkers



Nominations for Candidates Now Open

Thinking of running for office? Nominations for elected offices in the Town can be submitted and will be accepted until August 19, 2022 at 2 p.m. For key dates and further information, visit whitby.ca/Vote

How Do You Receive Information From The Town?

Help us to serve you better, Whitby! Complete a short survey by May 24 to share the ways you receive information about the Town programs and services that matter to you. Is it through whitby.ca, social media, signage, and/or this newspaper ad? We want to know! Be entered into a random draw for the chance to win a Town Health Club or Local Business prize pack. connectwhitby.ca/CommunicationsSurvey



Have Your Say On Land Use Planning In Whitby

Did you know: Zoning By-laws dictate what properties can be used for, where buildings can be placed and more? Have your say as the Town works to create a new Zoning By-law for properties in Whitby. connectwhitby.ca/InTheZone



Know Before You Build

Are you planning on building an accessory structure this summer? Residents are reminded sheds, gazebos and pool houses that are bigger than 10 m² require a permit before they are built. Learn more about backyard upgrades in Whitby at whitby.ca/Building



Save 20% On A Whitby Civic Recreation Complex Health Club Membership

The Town offers fitness programming and Health Club memberships to help residents stay active and achieve their wellness goals. Right now, receive 20% off a membership at the Whitby Civic Recreation Complex. whitby.ca/HealthClub



P: 905-430-4300 E: info@whitby.ca whitby.ca





Brooklin's Community Newspaper

Proud to be a Brooklimite

Since 2000. Published 24 times per year.

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Next Issue: Friday, May 27, 2022

Deadline: Friday, May 20, 2022



New Juice Bar Downtown

One of downtown Brooklin's newest businesses is The Elixir Bar at 71 Baldwin, unit 1. Though open now, its grand opening is on June 11.

Lauren Pifher, also a raw food chef who was born and raised in Whitby, teamed up with Brooklin's The Blooming Crate, a flower shop, last fall. The shop at first had a fridge carrying the juice and has since grown into The Elixir Bar, which serves fresh, organic, superfood smoothies, lattes and more. Pifher also creates superfood treats such as

cookies, brownies, donuts & heirloom chocolate, all organic and gluten free.

She had initially opened an online organic business in 2019 as there was nowhere in Durham Region to purchase fresh 100% organic, cold pressed juice, a process that extracts the optimum nutrition from the fruits and vegetables. This premium product has grown in interest as people become more in tune with looking after their own health and boosting their natural immunity.



Provincial Election will be June 2, 2022

Details about the election

- The deadline to apply to vote by mail is 6 PM (Eastern Time) on May 27
- The Ontario Voting Guide is now in the mail

Elections Ontario is recruiting election officials to come work for them during the election.

All jobs are paid positions and will include training

Positions will require the use of either paper-based or technology tools (ePoll books and vote tabulators)

Elections Ontario poli officials long-term care facilities or hospital settings must be fully vacci-

nated against COVID-19, as per Government of Ontario requirements

To work as an Information Assistant, you must:

- be at least 16 years of age; and
- have a social insurance number

and revising agents who work in **To work as a Tabulator Deputy** • be legally entitled to **Returning Officer, you must:**

be at least 16 years of age;

- be a Canadian citizen;
- · be legally entitled to work in Canada; and
- · be a resident of Ontario.

To work as an election official, you must:

- be at least 18 years of age;
- be a Canadian citizen;
- work in Canada; and
- be a resident of Ontario.

Whitby

Electoral district number 116

Area149 km²

Population*128,380

* Population based on 2016 census data.

WHITBY CANDIDATES as per Ontario.ca

Candidate Name

COE, LORNE LABAJ, EMIL LABELLE, SARA LACKNER, TRYSTAN MOHAMMED, AADIL RINELLA, CHRISTOPHER

Political Party

PC Party of Ontario **Ontario Party** Ontario NDP/NPD New Blue Ontario Liberal Party Independent

Less than half the picture by Richard Bercuson

Was this inevitable?

Brooklin's lower east side has but two entry and exit points: St. Thomas St. and Anderson Rd. Thus, one could say this section of Brooklin is somewhat virtually gated, an enclave if you will, a burro, a wee bit of a hood. It's part of what makes the short, winding streets charming and the area lovely to live in.

Till you need to get in or out.

I've written before about the dangers of Winchester, a regional catastrophe the region doesn't seem to be in a hurry to address. To wit, a recent, probably inevitable collision at the junction of St. Thomas, Winchester, and Queen. It's likely not possible to determine exactly who was at fault without the police report, which they wouldn't divulge anyway. There were allegedly minor injuries in one vehicle, according to an off-duty paramedic who ran from his table at MichaelKelly's and burst open a window to help one occupant get out, cutting up

his arm in the attempt. He said that - again, allegedly - one van tried to turn left from St. Thomas onto Winchester. The rest is history.

Full disclosure: I live on St. Thom-

as. Many residents here, including me, have pretty much given up trying to make that same turn. So we turn right - if someone will take the extra two seconds to let us in - instead then trying to turn from Winchester and onto Duke. From there, it's either proceed north to Cassels or pull a uturn into the Precision Auto lot and try a rightie back onto Winchester. The convoluted exercise to enable a change of direction is much worse than inconvenient; having to execute this stunt is ridiculous.

Alternately, head over to Anderson, turn left and up to the stop light at Winchester. In other words, go east and north to go west. Those coming from Queen and hoping to make a left onto Winchester face the same life-threatening turns as those from St. Thomas.

The St. Thomas/Winchester/ Queen junction is made worse by the fact that the north/south roads are offset. Add in the "sidewalks" on both sides of Winchester, which are really elevated shoulders impatient drivers use to swerve around those who dare to want to turn, and you have a disaster waiting to happen. Walk along those stretches during peak traffic times at your peril.

I'm told the region is soon to address the issues. I've been told that for the nearly six years I've lived here. An obvious simple and cheap solution that probably flies in the face of clever traffic engineers and statistics is to plunk two stop signs on Winchester, one at St. Thomas and one on Queen till the proper long term solution is constructed, as is the plan. Though isn't it always about the plan? Or, in the words of former heavyweight champ Mike Tyson, "Everyone has a plan till they get punched in the mouth."

The drivers of those minivans might know about that.



Minivans are towed away from the accident location on Winchester Rd.



Deputy Fire Chief Bob Marshall

By Jennifer Hudgins

During his summer holidays, 17-year old Bob Marshall helped the custodian sand and varnish the Brooklin Continuation School's wood floors. This involved heating the varnish so it would spread properly.

However, while in the heating process, the tin of varnish caught fire. Without hesitation, Bob carried the burning tin outside. But when he opened the door, wind blew the flames onto his face, neck, chin and one ear. He spent approximately a month in the Oshawa Hospital recovering from severe burns. Yet in spite of the accident and having saved the school from being destroyed by fire, he went on to become one of Brooklin's full time firefighters.

First job Robert Merle Marshall was born

on December 22, 1935, to Irwin and Ursula Marshall, in Fern Glen, Ontario. The family of six moved to Toronto when he was four and three years later they made the final move to Brooklin. At the age of 14, Bob worked at General Motors for a couple of summers on the kids line and, when not in school, he kept himself occupied taking on odd jobs. In high school, his class was bused to Whitby to take shop classes and it was then that he met his future wife, Shirley Brinning. After their marriage in 1954, they bought a house at 33 Duke Street where they raised two sons, Rob and Dan.

Bob stopped his formal education at grade 10 to work full time on the GM line. After eight years he decided to try driving a truck for McBrien Transport. Later, he took over the Mitchell men's clothing business on Roebuck Street and changed its name to Marshall's. While the business operated, he served as the Brooklin Redmen lacrosse team treasurer, providing it and other local teams with their uniforms. After the store was vandalized and the stock ruined, Bob closed the business to look for work elsewhere.



Volunteering

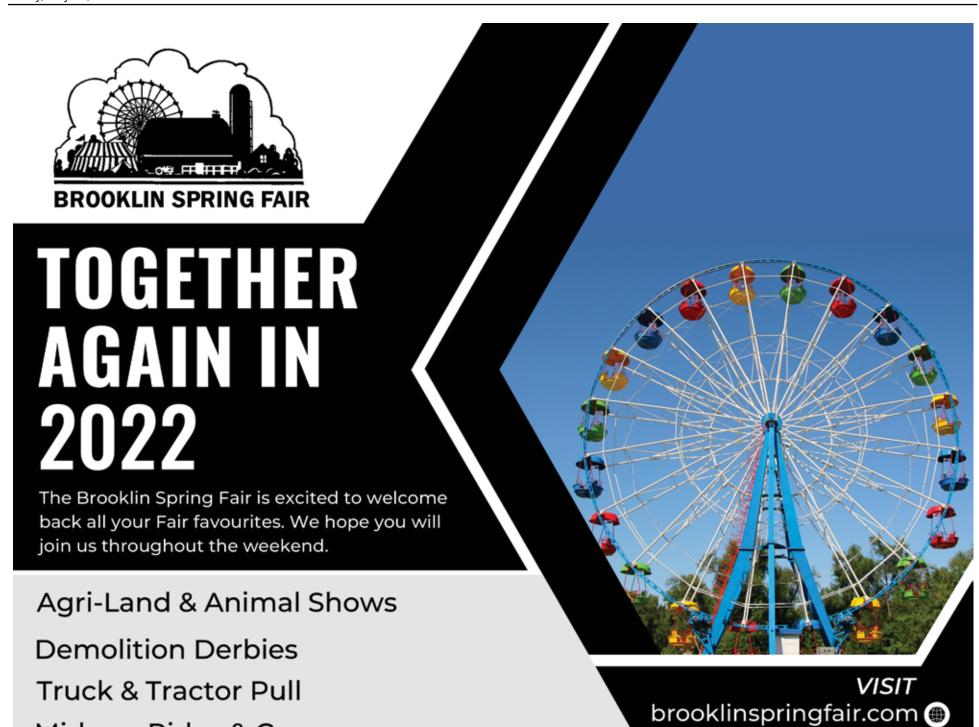
It was common for local men of Bob's generation to volunteer as firemen for the Town of Whitby and he was happy to be one of them. As a result of an 1857 Whitby Township by-law, fire brigades were to only be made up of volunteer firefighters. It wasn't until 1969 that the Town hired its first full time employee. A year later, five other full time firefighters were hired, ending 120 years of volunteer service.

Bob had joined the Whitby Fire department as a volun-

fireman teer on March 10, 1967. When formally hired full time on April 19, 1971, he found his true calling. He worked out of fire station number 1 at 6 Vipond Road. Every year, Bob attended week-long training courses in Bracebridge while weekends would find him at the Oshawa airport attending various skill building sions. In 1995, as Deputy Chief, he was

placed in charge of overseeing the building of Fire Station 5 (Headquarters) at 111 McKinney Drive.

On June 6, 1991, Whitby hosted a ceremony for Bob and other firemen at Heydenshore. They were each awarded the Governor General Of Canada Fire Services Exemplary Service Medal to commemorate their 25 years of service. He retired on December 31, 1995, and, after a brief illness, passed away on July 12, 2021.



Live entertainment all weekend long

Music

Midway Rides & Games

- Buskers
- After Dark Fire Finale

for details

RAM Rodeo on Sunday only -

Fair Food & the Little Shoppes on the Fairgrounds

Gate Hours:

Thursday, June 2nd: 4:00 pm – 10:00 pm Friday, June 3rd: 4:00 pm – 10:00 pm Saturday, June 4th: 9:00 am – 10:00 pm Sunday, June 5th: 10:00 am – 5:00 pm

(Gates close at 3PM)

Admission Prices:

Weekend Pass: \$30

Adults: \$15

Seniors/Students: **\$12** Children 5-12: **\$5.00**

Under 5 years of age: FREE

Parking: \$10

Ride all Day Passes available for Sunday only

\$35 in advance - \$45 at the gate

Join us on Saturday, May 28 as the Brooklin Spring Fair parade rolls through town – together in agriculture, together in community, together again.



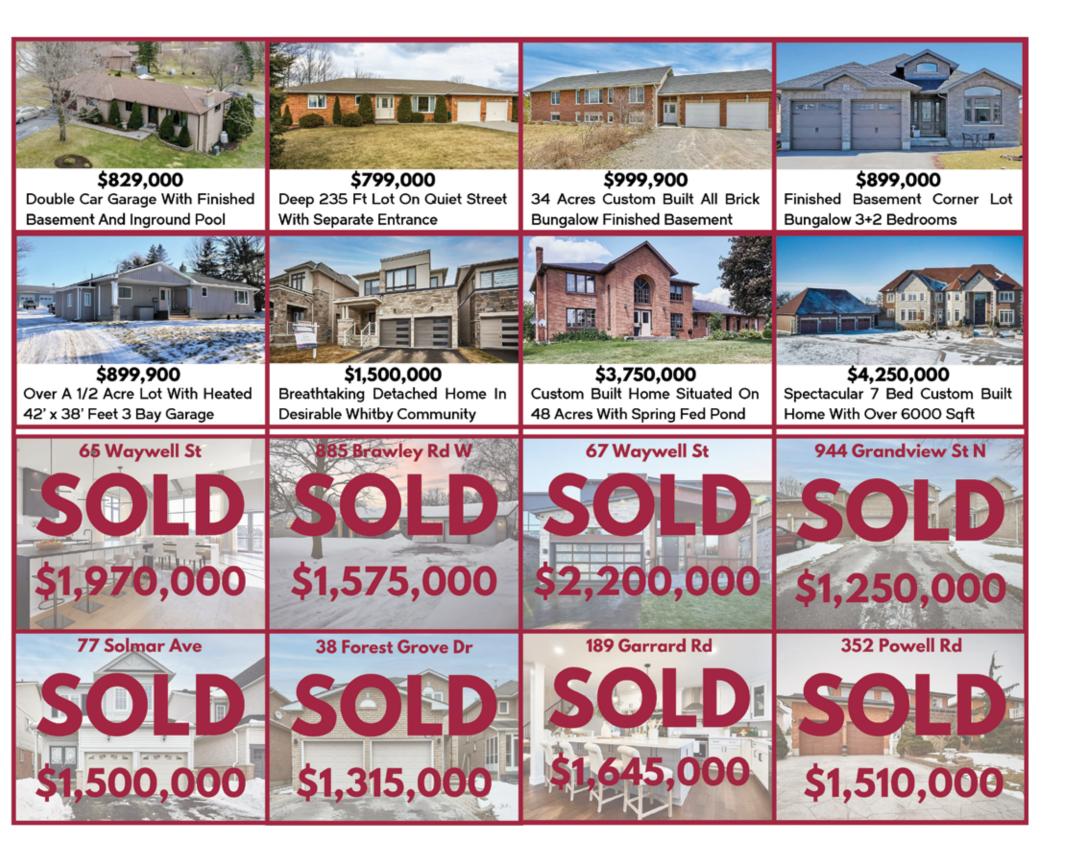


DAN PLOWMAN ALL OF DURHAM REGION

- MOST HOMES SOLD IN DURHAM REGION 2021
- MOST HOMES SOLD IN DURHAM FOR PAST DECADE
- SELLS HOMES FOR 16% HIGHER THAN THE BOARD AVERAGE
- SELLS HOMES 8 DAYS FASTER THAN THE BOARD AVERAGE
- WE WORK THE KAWARTHAS AND NORTHUMBERLAND AREAS
- () SOLD OVER A BILLION DOLLARS OF REAL ESTATE

WE LIVE IN BROOKLIN. WE WORK IN BROOKLIN.

GIVING YOU MORE.





Dan Plowman Team made the experience of selling our house a fun journey – and we hope that you can be as fortunate as we have been, to work with them, to experience the same joy and to reap the same rewards!







We interviewed multiple realtors and found that Dan Plowman's Team offered the best service and really understood the market... ...we spent the time to make sure we hired the best team for the job.



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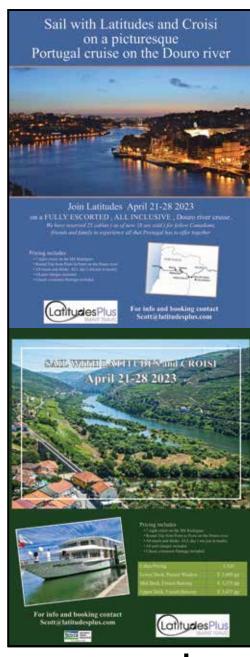


GETTING YOU

We're Moving to our Virtual Office!







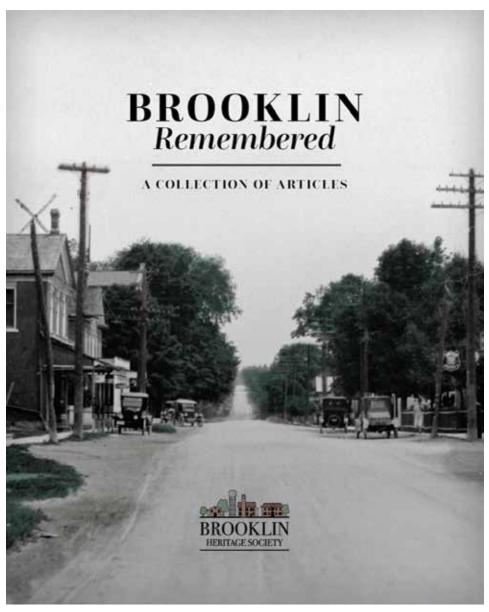


Soon to be announced group trips ...

Galapagos Islands Cruise WWII Tour through France, Germany, Austria, Poland Greek Island Small Yacht Cruise South Africa, Capetown and Safari Adventure

For more information please email: info@latitudesplus

Brooklin Heritage Society Book Release Information



"Brooklin Remembered"

Release date: May 28, 2022 Order through: brooklinheritagesociety@gmail.com Facebook.com/groups/BHSociety Instagram.com/brooklinheritagesociety Price: \$35.00

Limited initial release of 275. More will be ordered as needed. Also available at the reunion on the Legion patio: May 28, 2 - 5 pm.

Report Coming Re Outdoor Rinks

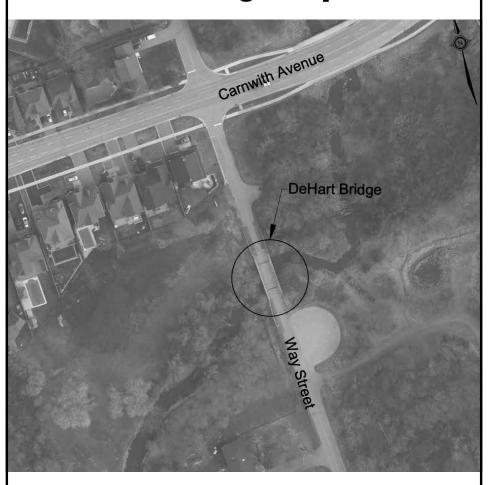
to report back on the pilot program with recommendations and budget implications of establishing outdoor natural skating as a new service level for the Town following the pilot program which began last winter.

Whitby Sports Complex, Cullen ber, 2022. Central Park, Victoria Water-

Council has asked for town staff front Park and Brooklin Memorial Park as locations for a future outdoor artificial ice facility and report back to Council with a recommended location, costs and timing for the development of the artificial outdoor ice facil-

Staff is being directed to explore The report's due date is Novem-

Way Street's DeHart Bridge To Undergo Repair



The DeHart Bridge on Way Street over Lynde Creek will have a major repair this summer, according to Town of Whitby staff in its recent report to council.

Originally constructed around 1927, it was closed to vehicular traffic in 2007 following construction of Carnwith Drive, though it remains open to pedestrians. The Town wants two access points to the homes on Way Street for emergency vehicles as there is only one right now from its south end.

The Town's engineering consultant completed a structural evaluation to assess the load carrying capacity of the existing bridge. The results indicated that the existing bridge is unable to safely carry live loads from the Canadian Highway Bridge Design Code's CL-

625-ONT truck or the Town's aerial firefighting truck.

Given the bridge's age and the fact that it is expected to remain closed to public vehicles for the foreseeable future, the Town has decided to move forward with an interim repair of the bridge instead of a major rehabilitation or replacement. This repair will consist of beam strengthening to ensure the bridge can provide safe emergency vehicle access to Way Street in the event that the existing southerly access point becomes unusable.

Following construction, the bridge will remain closed to public vehicles, but open to pedestrians. Work must be completed within the in-water works window of July 1 to September 15 as the project site is within species at risk habitat.

Durham Transit Updates

Members of the Durham Region Transit Executive Committee (TEC) recently met virtually to discuss various Durham Region Transit (DRT) initiatives and updates. Details and highlights include:

• Pilot program for Next Bus digital signs: DRT began the installation of new pilot digital signs at selected DRT stops

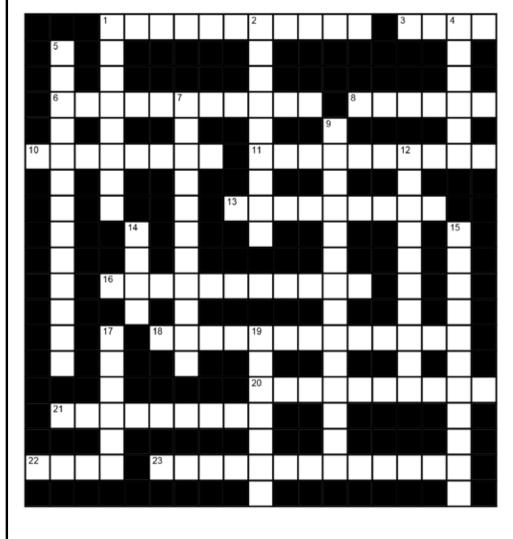
of April 4. The solar-powered • 2021 Safe Driver Awards: signs provide live updates about bus departure times, similar to Transit App, and are equipped with a text-to-speech function for customers with digital impairments. Testing and configuration will continue in the coming weeks. Customers are encouraged to provide their feedback to customer service by calling 1-866-247-0055 or by e-mail to and terminals during the week **DRTHelps@durham.ca**.

Last year, 32 operators achieved safe driver milestones ranging from five to 30 years without a preventable collision. These operators will be recognized at the next council meeting on May 25, 2022. DRT's commitment to safety is demonstrated through the accomplishments and actions of staff-congratulations to these individuals on their impressive achievements.

 Youth monthly pass incentives: TEC moved forward a recommendation to extend the Y10 Youth Loyalty Pass for the 2022-2023 academic year. A revision to the pilot bulk monthly youth pass available to school boards and their school board transportation consortium within Durham Region was also recommended to provide a graduated discount rate for the program.

Brooklin Bafflers: by Liz Lowe

Crossword



Across

- 1 Desi's wife (7,4)
- "Moonstruck" actress (4) 3
- 6 The fifth season winner of American Idol (6,5)
- 8 Singer born Stacy Ann Ferguson, 1975), American singer-songwriter and actress (6)
- 10 United States gangster who terrorized Chicago during prohibition (2,6)
- 11 Egyptian statesman who negotiated a peace treaty with Menachem Begin (5,5)
- 13 British statesman, and prime minister 1997-2007 (4,5)
- Spanish professional 16 tennis player (6,5)
- 18 She was among the most popular supermodels (5,8)
- 20 New Zealand-born musician, singer, guitarist and songwriter, earning fifteen Academy of Country Music Awards (5,5)
- "I Got You Babe" writer 21 (5,4)
- 22 Brazilian soccer legend (4)
- 23 Often referred to as the "Princess of Pop" (7,6)

Down

- American singer, songwriter, and actress (4,4)
- 2 Announcer on NBC's The **Tonight Show Starring** Johnny Carson from 1962 to 1992. (2,7)
- 4 #1 Oak Ridge Boys hit (6)
- "Tutti Frutti" (1955), was one of his signature songs (6,7)
- 7 Birth name Brandon Bruce Traywick an American country music and gospel music singer (5,6)
- 9 She began her career on The Today Show in the early 1960s as a writer (7,7)
- Indian actor and film 12 producer who appeared in Slum Dog Millionaire (4,6)
- "Kiss From a Rose" singer 14 (4)
- 15 Known for his roles as Detective John Kelly on the ABC crime drama NYPD Blue (5,6)
- 17 He was known for his flamboyant, androgynous persona and wide vocal range (6)
- 19 United States musician (born in Japan) who married John Lennon (4,3)

Plant-Based Eating by Sheree Nicholson



What do I Eat

One of the questions I'm asked the most is "what do you eat" as people can't imagine meals without meat or dairy.



Being vegan is not about deprivation; in some ways, it's about expansion. I'm constantly trying new foods and recipes and there are more and more vegan options on menus. So then, what do vegans eat?

Breakfast

I've always found this to be the easiest meal. Like many people, I can eat the same thing(s) for breakfast day after day. I eat avocado toast sprinkled with nutritional yeast, oatmeal with dried peanut butter, hemp seeds and fruit, a protein shake using a plant-based milk and a frozen banana, or an Ozery bakery breakfast round And snacks with peanut butter. I often eat two As a runner and fitness studio Sheree's hack: Remember the breakfasts, one shortly after waking up and then a second one after my morning workout.

Lunch

I try to eat salad, which is usually just spring mix and a great salad dressing. Salad is not sustaining enough, so I also have one of the following: soup, chilli, falafels, or a hummus and roasted vegetable sandwich. Occasionally I buy pre-made veggie burgers or grab takeout from Mathilda's or Copper Branch. Both restaurants are in Oshawa.

Dinner

pre-plan these and shop and prep for meals on Sunday. I love leftovers, so I cook to ensure I have some and find different ways to use them. For example, one Sunday I grilled veggies on the barbeque and the next day used the leftovers in a grilled veggie sandwich.

When my partner and I eat out, I've found Thai restaurants a great choice for vegan options. If you eat Thai, ask them not to use fish sauce, a common ingredient in Thai food. Indian Food also offers great choices. Most large chain restaurants now have vegan options or even full vegan menus. Both President's Choice and Farm Boy have a plethora of plant-based products.

owner, I need steady energy, saying, "An apple a day, keeps not the highs and lows from eating sugar which I limit. Still, when there's an upcoming occasion, I indulge in vegan treats. Many bakeries I purchase from are small home-based or local ones. Jacked Up Coffee in downtown Whitby sells fantastic squares from Kind Bakehouse which you can also order directly from.

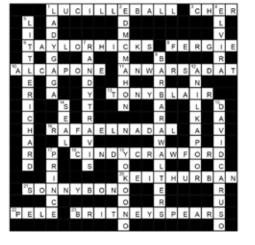
Whitby's Crave Donuts has vegan donuts. Recently there was a pop-up market by my studio, and I purchased delicious cookies from Fany's Baker. A shout out to this young woman for her vegan and gluten-free baked goods. They were a hit with my family.

The key to changing your eating style is to be prepared. Know what's on the menu before going to a restaurant, stock up on good quality foods, and sometimes cook in bulk so you have something you can unfreeze and cook on those busy days.

No processed food

Avoid too much processed vegan food. It has a place in your diet but shouldn't be your base. Build your base from fruits, vegetables, healthy grains and plant-based proteins. The following statement is from the Canada Food Guide: "Choose protein foods that come from plants more often."

the doctor away"? It's a reminder to eat your fruits and veggies.



Support Your Local Business

NO BETTER TIME THAN NOW TO SUPPORT OUR LOCAL ECONOMY

Lunar Rhythm Gardens

Leave The Passion Of Growing to Us!

We pride ourselves in farming naturally grown produce that's fresh, local and certified organic! What makes us even more special — we farm in the traditional manner with horses on our 100 acre property in Janetville.



Lunar Rhythm Gardens is your local Community Shared Agriculture (CSA) Farm. We grow fresh, local certified organic produce for your family.

You can sign up for easy online ordering of your weekly organic CSA share. Mix and match. Pick up locations are available in Brooklin.

When purchasing an organic summer CSA share, members receive a basket of fresh locally grown vegetables once a week during the growing season, and a real connection to their food and farmer.

The program season has averaged 18-21 weeks (nature allowing) from mid-June to late October. The season is estimated to start beginning of June to mid-October.

A half share is sized to feed a young tions or seasonal produce.

family or a couple, priced at \$525.35 which works out to \$27.65/week.

A full share is sized to feed larger families, vegans and vegetarians, priced at \$997.50/season working out to \$52.50/week.

There is a weekly drop off at set locations of \$2.75/day. On farm pick-up is free! People who opt for multiple shares only pay 1 in-town drop-off fee.

We are able to offer CSA boxes with full customization based on seasonal availability working with the Harvie Platform! We also offer weekly and biweekly pick ups for your convenience. As well as the ability to move a share and double up on a future week so you don't lose your box and can plan ahead for holidays.

Check the website at **www.lunargar-dens.ca** for more information on locations or seasonal produce.











