

AGENDA
Southeast Washington Regional FYSPRT
1/4/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Zach Roddy Reminder of WSCC Training today Brief introductions - Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card</p>		
<p>Meeting minutes</p>	<p>MEETING MINUTES WILL NOT BE REVIEWED THIS MONTH DUE TO TRAINING Motion made by: ___ Seconded by: ___ Did the vote carry?</p>		
<p>WSCC LGBTQIA+ Training</p>	<p>Karen Kelly - Understanding Sexual Orientation, Gender Identity and Gender Expression, An Introduction Training for Families.</p>		
<p>FYSPRT Evaluation Survey</p>	<p>https://www.surveymonkey.com/r/ZCDLKRZ All Members – Please complete during meeting if possible <i>Group reminded to complete survey.</i></p>		
<p>Roundtable Discussion (20 minutes)</p>	<p><i>Agency updates were put in chat due to training.</i></p>		
<p>Closing Announcements (5 minutes)</p>	<p><i>Reminder that starting in January 2024, meetings will take place on the 1st Thursday of the month, same time, same day. Meeting was adjourned.</i></p>		
<p>Regional FYSPRT meeting dates</p>	<p>HAPPY NEW YEAR! February 1, 2024</p>		

AGENDA

Southeast Washington Regional FYSPRT

1/4/2024 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

	March 7, 2024 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	State FYSPRT Meeting January 25, 2024 3-5pm All are welcome to attend the State FYSPRT meeting!
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+

AGENDA
Southeast Washington Regional FYSPRT
2/1/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Brief introductions - Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card <i>Due to presentations, introductions will be done in the chat, and meeting minutes will be reviewed after the presentation.</i></p>		
<p>WA Speaks</p>	<p><i>WA Speaks – Hope and Recovery Presentation</i> Abbey with WA Speaks introduced the speakers to discuss recovery and hope. Amabel provided a land acknowledgement and discussed her recovery journey. Spoke about invisible disabilities and generational trauma. Kate discussed her journey of recovery and hope. Discussed that success is often related to safety. Provided insight into her own story of sobriety, and the issue regarding health workers having a higher rate of suicide. Robert discussed his issues with addiction and homelessness. Discussed difficulties in obtaining services in rural areas, as well as how service work and being of service to others can work to help heal ourselves. FYSPRT members asked questions and had discussion around the harm reduction model, using strength-based and non-harming conversations and language and the importance of not assuming that others haven’t been affected by addiction. Also talked about that “we shouldn’t “should” on people, that everyone has the right to find their path and the importance of doing with, not for, others.</p>		
<p>Meeting minutes</p>	<p>Review of meeting minutes from December 2023 and January 2024 Motion made by: <u>Alyssa Cruz</u> Seconded by: <u>__Maria Perez__</u> Did the vote carry? Yes</p>		
<p>FYSPRT Evaluation Survey</p>	<p>All Members – Please complete the evaluation survey, it is important for the quarterly reports. https://www.surveymonkey.com/r/ZN9NVJ2 <i>Members were encouraged to complete the survey and link was provided in the chat, as well as sent the next day to the FYSPRT members in an email.</i></p>		

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2/1/2024 3:30-5:00 p.m.
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<p>Roundtable Discussion (20 minutes)</p>	<p><i>Alyssa – OBHA – Spending time connecting with others around the region in her new role with OBHA</i> <i>BFHD – Upcoming Youth Summit, which will be in March, and any youth can attend. Will send a flyer to be distributed to members and encouraged all to attend.</i> <i>New Journey’s – Areli mentioned that they hired a new peer, that they are looking for outreach opportunities and have space in their program currently. Discussed they will be at the CBC wellness fair and will send information about that out to members.</i> <i>YARP – Expanded into Walla Walla and Columbia counties, will be expanding to Kittitas likely in April, Asotin in May, and Asotin/Garfield at the end of this summer.</i></p>
<p>Closing Announcements (5 minutes)</p>	<p><i>Reminder that starting in January 2024, meetings will take place on the 1st Thursday of the month, same time, same day.</i></p>
<p>Regional FYSPRT meeting dates</p>	<p>HAPPY NEW YEAR! March 7, 2024 April 4, 2024 – Meeting cancelled due to Spring Break Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588 Reminded members of the upcoming meeting in March and the cancelled meeting in April.</p>
<p>State FYSPRT meeting dates</p>	<p>TBD All are welcome to attend the State FYSPRT meeting!</p>
<p>Work Plan</p>	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+</p>

AGENDA
Southeast Washington Regional FYSPRT
3/7/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Brief introductions - Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card. <i>Members were asked to introduce themselves and identify if they are a system, youth or family partner in the chat. Brief introductions and review of ground rules were completed.</i></p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from February 2024 Motion made by: <u>My Thai</u> Seconded by: <u>Kaila</u> Did the vote carry? Yes</p>
<p>Brainstorm Session – May Mental Health Month</p>	<p><i>All Members</i> Mental Health Month Activities Events planned Subcommittees or other groups working on this to partner with Ideas for a FYSPRT event <i>Group discussed various activities that have been done in the past regarding mental health awareness month. Discussed FYSPRT involvement in the Live at 5 Event. Discussed Dust Devils event, how we can engage the community in mental health awareness and events. Members discussed that a subcommittee was formed and will include YARP, FYSPRT and GCBH-ASO staff. Discussed FYSPRT event ideas, including an event at the park, yard games, etc that we could include. Will continue to discuss ideas and options for a mental health kick off event or other event to promote FYSPRT. There is a softball event, contact Angela Dryden at 509-713-6471. There will be pizza, speakers, fun activities. Email adryden@elijahfamilyhomes.org.</i></p>
<p>FYSPRT State Meeting Updates</p>	<p>Meredith and Cori 1. Provided YAACC update – Statewide FYSPRT reviews issues YYACC is working to address</p>

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	<p>-Non-emergency Medical Transportation (NEMT) concerns have been elevated to the Statewide FYSPRT twice in the last couple years. The YYACC/CYBHWG did write a statement of support that was submitted as part of their recommendations to legislature to show support for a funding request in the amount of approximately 8 million dollars to help resolve some of the NEMT challenges being experienced by youth and families as reported by regional FYSPRTs across Washington.</p> <p>Caregiver respite was added to the Medicaid Transformation Project which is a demonstration waiver that allows WA to create and continue to develop services that improve our behavioral health system. Michelle – Statewide FYSPRT Tri-lead and YYACC/CYBHWG member, has been meeting with the Health Care Authority around what the waiver will look like.</p> <p>2. Caregiver respite services are still not available statewide, they are working toward making it available throughout the state in 2025 by focusing on the developing the workforce and building up the program.</p> <p>3. State FYSPRT youth Tri-Lead and SPARK are working together to build a youth only space to discuss concerns and priorities for youth in each region, Carolyn at SPARK will be developing a flyer for individuals to send out throughout their regions.</p> <p>4. Each region discussed successes and challenges, lots of engagement and community outreach being done, as well as FYSPRT events for members and non-members. Still a struggle to get and keep families and youth involved (across the state) and not all FYSPRTs have WISe staff at meetings.</p> <p>5. Greater Columbia reports that we have given out a combination of 318 ammo lock boxes, medication lock bags and gun safes in our region in 2023. Also continue to distribute 988 stickers in English and Spanish.</p>										
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible <i>Encouraged members to complete survey.</i></p>										
Roundtable Discussion (20 minutes)	<p>Lock box project update:</p> <table border="1" data-bbox="592 1123 877 1312"><tr><td></td><td>2023</td></tr><tr><td>Med Bags</td><td>80</td></tr><tr><td>Ammo Boxes</td><td>160</td></tr><tr><td>Gun safe</td><td>78</td></tr><tr><td></td><td>318</td></tr></table> <p><i>Provided lock box update, encouraged members to notify Convener if additional lock boxes are needed. Members provided updates regarding programs.</i></p> <p><i>Jewel – Peer respite at 3 Rivers in Kennewick, must be over 18, accepts state insurance, sober, no SI, voluntary</i></p> <p><i>Miranda – Youth Summit forms due tomorrow</i></p> <p><i>Maria – Trauma informed care conference May 21-23, will send flyer</i></p> <p><i>No other updates – Next meeting will be in May, no meeting in April due to Spring Break.</i></p>		2023	Med Bags	80	Ammo Boxes	160	Gun safe	78		318
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3/7/2024 3:30-5:00 p.m.
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Closing Announcements (5 minutes)	<i>Reminder that starting in January 2024, meetings will take place on the 1st Thursday of the month, same time, same day.</i>
Regional FYSPRT meeting dates	<p>April 4, 2024 – Meeting cancelled due to Spring Break</p> <p>May 2, 2024 – SPARK Presentation on Certified Peer Counselors, soon to be Certified Peer Specialists and the changes to processes and trainings, as well as updates to the legislation regarding peers.</p> <p>Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>State FYSPRT Meeting March 28, 2024 3-5pm All are welcome to attend the State FYSPRT meeting!</p>
Work Plan	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment</p> <p>Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+</p>

AGENDA
Southeast Washington Regional FYSPRT
5/2/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
Agenda Items	Discussion & Notes		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Brief introductions - Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.</p>		
<p>Meeting minutes</p>	<p>Review of meeting minutes from March (no meeting in April) Motion made by: <u>Alyssa</u> Seconded by: <u> Maria</u> Did the vote carry? Yes</p>		
<p>Presentation by SPARK</p>	<p>Carolyn Cox - the future of Certified Peer Counselors in WA State <i>Discussed the change in name of CPC to CPSS, Certified Peer Support Specialists, will increase training to 80 hours. SPARK is working with Pasco High on youth that are gang involved, developing a prevention group. SPARK has hired a gang prevention specialist who is a BSW and SUDP and they are working to create groups to within the community. Also developing a Youth Network to those 13-25 that will provide support to peers who are working in behavioral health, want to work with FYSPRTS to provide supports and youth engagement. Discussed work in group homes, pay mentee, and supports for employment. Youth Network meetings will provide a space to talk about projects and legislative issues, there will be an open house at SPARK in mid-June.</i></p>		
<p>FYSPRT State Meeting Updates</p>	<p>Meredith YYAACC – update on legislation and priorities for next year, discussion will happen in upcoming meeting this month Youth only space update – SPARK has contract and they will provide more information WISe Quality Plan project – discussed quality plan project and discussion on quality services, how to handle challenging situations New “Real Talk” space during State FYSPRT meeting to discuss topics related to child, youth and family behavioral health or FYSPRTs</p>		

AGENDA
Southeast Washington Regional FYSPRT
5/2/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/DBW6SBC</p>										
<p>Roundtable Discussion (20 minutes)</p>	<p>Lock box project update (2024 to date)</p> <table border="1" data-bbox="596 380 877 565"> <tr> <td></td> <td>2024</td> </tr> <tr> <td>Med Bags</td> <td>16</td> </tr> <tr> <td>Ammo Boxes</td> <td>50</td> </tr> <tr> <td>Gun safe</td> <td>4</td> </tr> <tr> <td></td> <td>70</td> </tr> </table> <p>T-Shirt Design Contest update: Meredith, Needs Assessment due by October 31, 2024 – will be used to determine goals and work plan Cindy – Participating in outreach with OBHA Travis – 3 Rivers Therapy has a Peer Respite program where adults can go for supports, must be 48 hours sober, and can stay overnight for up to 7 days. They have mentoring, connections to resources, etc. They currently have openings. OBHA – Continue to do outreach and talk about services and assistance they can provide to the community. COPE – training on May 9th, Parents Empowering Parents, excellent training, more upcoming Maria – Trauma Informed training by the Yakama Nation is coming up in June Roberta – YARP expanding to Whitman County in June, continue to do outreach at events Carolyn – They are working on re-writing the CPSS manual, SPARK class starts on June 1st, breakfast and lunch provided</p>		2024	Med Bags	16	Ammo Boxes	50	Gun safe	4		70
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Med Bags	16										
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	70										
<p>Closing Announcements (5 minutes)</p>	<p><i>There will be NO meeting on July 4th due to holiday!</i></p>										
<p>Regional FYSPRT meeting dates</p>	<p>June 6, 2024 July 4, 2024 – CANCELLED DUE TO HOLIDAY August 1, 2024 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>										
<p>State FYSPRT meeting dates</p>	<p>State FYSPRT Meeting July 25th via Zoom, 3-5pm All are welcome to attend the State FYSPRT meeting!</p>										
<p>Work Plan</p>	<p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment</p>										

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Southeast Washington Regional FYSPRT

5/2/2024 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

	Goal 4: Provide outreach to those who identify as LGTBQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGTBQA+
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AGENDA
Southeast Washington Regional FYSPRT
6/6/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

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<p>Agenda Items</p>	<p style="text-align: center;">Discussion & Notes</p>		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Meredith Brief introductions - Please put name, organization (if any) and if you identify as a youth, family or system partner in chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins. <i>Members introduced themselves via chat. Ground rules, mission and vision were briefly reviewed.</i></p>		
<p>Meeting minutes</p>	<p>Review of meeting minutes from May Motion made by: <u>__Miranda B.</u> Seconded by: <u>__My T.</u> Did the vote carry? Yes</p>		
<p>Mental Health Awareness Month - Good news, challenges, suggestions for next year</p>	<p>T-Shirt Design Contest update: Meredith All Members <i>Meredith discussed the T-shirt design contest for Take Strides. Convener is part of the Take Strides Planning Committee and who met to determine the winner of the contest. Played a video announcing the winner of the contest. Shared 1st, 2nd and 3rd place designs.</i></p>		
<p>Needs Assessment discussion</p>	<p>All Members – due by October 31, 2024 Needs Assessment will determine goals for the Work Plan – these are the current work plan goals: Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 1 community project annually that will address the stigma surrounding behavioral health and behavioral health access and treatment Goal 4: Provide outreach to those who identify as LGBTQA+ to participate in the Regional FYSPRT and provide information and education to FYSPRT on inclusion and support for those who identify as LGBTQA+</p>		

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6/6/2024 3:30-5:00 p.m.
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	<p>Question – What are the needs that members of the FYSPRT see in our region related to behavioral health? Are there needs that FYSPRT wants to address? Do we want to provide education? Outreach? Other assistance? Members discussed upcoming needs assessment and how it relates to the work plan. Reviewed current work plan and goals associated with the work plan. Members did not have any suggestions for needs assessment questions or most pressing needs of the region at this time. Convener will develop a survey to be sent to members to determine needs for the region that the FYSPRT to address.</p>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RT3JHWG Members were encouraged complete the survey.</p>
Roundtable Discussion (20 minutes)	<p>Lock box update: 177 total (Ammo boxes, gun safe, med bags) Convener – Provided lock box update Roberta – Provided FYSPRT update, event at GESA stadium and multiple events in May and June, YARP launched in Whitman county in early June Salomon – Grandview office location changed, had an open house with a good turn out. UFC is updating software, which should help with referrals and billing. They have hired a new counselor in Kennewick, and the continue to provide SUD services and Autism evaluations, however, the wait time for a new patient eval is about 9-12 month wait. Kelly – TCCH continues to interview for a psychiatrist, TCCH continues to require a referral from a TCCH medical provider to refer to mental health services. For SUD services, a referral from TCCH medical provider is not needed. There is a therapist that is in training and will be on board soon. Miranda – Discussed Youth Symposium, 31 different organizations were represented at the symposium, symposium had good attendance, Healthy Youth Survey Results will be posted on the BFHD website Ruvine – Discussed upcoming Levinar regarding AI and it’s use in the educational setting. Students will also be leading a candidate where they will talk about the impact of opiates. Kelsi – No updates My – No updates</p>
Closing Announcements (5 minutes)	<p>Ride to Remember – June 1st There will be NO meeting on July 4th due to holiday! No meeting on July 4th. Meetings will resume in August.</p>
Regional FYSPRT meeting dates	<p>July 4, 2024 – CANCELLED DUE TO HOLIDAY August 1, 2024 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
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08/01/2024 3:30-5:00 p.m.
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<p>Meeting minutes</p>	<p>Review of meeting minutes from June Motion made by: <u> Kaila Epperly </u> Seconded by: <u> My Thai </u> Did the vote carry? yes</p>		
<p>Updates on program changes</p>	<p>New conveners- -Update was given on new convener-Zach, and co convener-Roberta Tri-lead recruitment efforts, stipend, mileage, etc. -Zach explained Tri-Lead position and encouraged group feedback for youth and family tri-lead participation. Participation will give opportunity for paid trainings, outreach, tabling events, and stipend/milage for attending meetings/trainings. Outreach & community events outside of the Tri-Cities -Update was given on tabling events so far and near future Budget priorities, needs, shortages, etc. (med bags, lock boxes, other) -Zach provided update on budget and how it has been used in past and opportunities for future. Members were encouraged to contact Zach or bert with new ideas to discuss at next meeting.</p>		
<p>Needs Assessment discussion</p>	<p>All Members – due by October 31, 2024</p>		

AGENDA
Southeast Washington Regional FYSPRT
08/01/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	<p>Needs Assessment will determine goals for the Work Plan – these are the current work plan goals: Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Do at least 3 community projects annually that will address the stigma surrounding behavioral health, behavioral health access, treatment and underserved populations Question – What are the needs that members of the FYSPRT see in our region related to behavioral health? Are there needs that FYSPRT wants to address? Do we want to provide education? Outreach? Other assistance? -Goals were reviewed and members were encouraged to think about the questions and provide input at next meeting or sooner. In addition, FYSPRT will be looking for guest speakers to provide community education in the counties.</p>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RT3JHWG</p>
Roundtable Discussion	<p>Provider updates Jon- noted families are having a difficult time accessing supports due to various barriers -wait time, insurance, etc Cindy Adams-there is an upcoming peer conference in Yakima. Participants will have opportunity for networking and nominating peers and/or agencies for recognition. Hope- this summer ESD105 provided a pilot program for intervention/prevention groups for youth. Daniel- may have a youth for Tri Lead position, he will contact Zach for more information. Kaila -Lutheran has 2 ARNP’s that are providing psychiatric support to families that have graduated WISE or in outpatient services. Kelly- TCCH is looking for a psychiatrist. SUD services for youth have minimal wait. TCCH is have a Children’s Health Day even, Aug. 10 11-1pm Kelly will send the flyer to Zach to pass on.</p>
Closing Announcements	<p>Next meeting will be Thursday, September 5 @ 3:30 p.m.</p>
Regional FYSPRT meeting dates	<p>Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>All are welcome to attend the State FYSPRT meeting!</p>

AGENDA
Southeast Washington Regional FYSPRT
09/05/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
<p>Agenda Items</p>	<p>Discussion & Notes</p>		
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener – Zach Roddy Brief introductions - Please put name, organization (if any) and if you are a youth, family or system partner in the chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.</p>		
<p>Meeting minutes</p>	<p>Review of meeting minutes from June Motion made by: _Jon C. Seconded by: __Jason D_ Did the vote carry? yep</p>		
<p>Objectives</p>	<p>-Presentation by Nicole Marshall- Cork’s Place Kids Grief Center, Kennewick. Corks place serves Youth 3-18yr and adults 18+ welcome in adult groups in adjoining room. Youth group and Adult group synchronize so both learn the same coping skills on same day while being encouraged to share as they choose to work through their emotions. No cost to the community and there are options for out of county families. Link to Cork’s Place video https://www.youtube.com/watch?v=LS4VbHGFM5I -Take Strides event planning; Wednesday, Sept. 25 – Begins at Fran Rish at 6pm and moves to Hapo center. -Tri-lead recruitment update: role, responsibilities, update on increased stipend, annual trainings Review of Tri-lead opportunities, email Zach if you have adult or youth in mind that may be interested. The stipend increased to 40.00. -Quarterly med bags and lock box distribution – Notify Zach if you have a need for med bags/lock boxes</p>		
<p>Needs Assessment discussion</p>	<p>All Members – due by October 31, 2024 Needs Assessment will determine goals for the Work Plan – these are the current work plan goals: Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p>		

AGENDA
Southeast Washington Regional FYSPRT
09/05/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	<p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Do at least 3 community projects annually that will address the stigma surrounding behavioral health, behavioral health access, treatment and underserved populations</p> <p>Question – What are the needs that members of the FYSPRT see in our region related to behavioral health? Are there needs that FYSPRT wants to address? Do we want to provide education? Outreach? Other assistance?</p> <p>*Zach will send out a summary of responsibilities for Tri Lead to the group</p>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible</p> <p>https://www.surveymonkey.com/r/RT3JHWG</p>
Roundtable Discussion	<p>Provider updates:</p> <p>Michelle RSD: Volunteer opportunities for Take Strides, there is a google form</p> <p>Jenni- (not on YMO team, moving to field response team)- YMO is almost at 1 yr anniversary and making positive connections</p> <p>Megan- Maria out this month and Megan will try and assist as needed -megan.socea@dcyf.wa.gov</p> <p>Nichole- Accepting referrals at Lake Burien for youth,</p>
Closing Announcements	<p>Next meeting will be Thursday, October 3 @ 3:30 p.m.</p>
Regional FYSPRT meeting dates	<p>Meeting ID: 376 123 4588</p> <p>1-253-215-8782 or 3761234588#</p> <p>https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>All are welcome to attend the State FYSPRT meeting!</p>

AGENDA
Southeast Washington Regional FYSPRT
10/03/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules</p> <p style="text-align: center;">Attendees should have a chance to speak and express their own ideas freely Everyone has an equal opportunity to share FYSPRT encourages a variety of points of view to be put forward and discussed Attendees should work to remain open-minded Stay true to the FYSPRT Mission and Vision All respectful feedback is welcomed All are welcome at FYSPRT meetings</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Conveners – Zach Roddy and Roberta Ellis Brief introductions - Please put name, organization (if any) and if you are a youth, family or system partner in the chat. Message me with your name and email for the stipend form if you are a youth or family for the \$15 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.</p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from June Motion made by: ___ Seconded by: ___ Did the vote carry?</p>
<p>Objectives</p>	<p>Presentation by State FYSPRT Partners and Seattle Children’s <i>Patty King, Kris Royal, Quentesa Garraway</i> spoke on FYSPRT opportunities for families, parents, caregivers. Link to FYSPRT page: https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/family-youth-system-partner-round-table-fysprt Youth Network: connecting youth and young adults across WA state and empowering them to build. email Quentesa quentesa.garraway@hca.wa.gov for information on SPARK (Students Providing and Receiving Knowledge) and youth leadership. Child, youth, and family BH governance structure and provided website: https://www.hca.wa.gov/assets/program/child-youth-family-behavioral-health-governance-structure.pdf Tuesday October 15, 2024 6pm to 7:30pm-Washington State Children’s Behavioral Health Statewide Family Network A Dedicated Space for Parents/Caregivers</p> <p><i>Alysha Thompson, Kashi Arora</i> spoke on Seattle Children’s:</p>

AGENDA

Southeast Washington Regional FYSPRT

10/03/2024 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

	<p>Children’s Urgent Care(in person and virtual) vs ER: https://www.seattlechildrens.org/clinics/psychiatry-and-behavioral-medicine/psychiatric-urgent-care/</p> <p>Find a therapist: https://www.seattlechildrens.org/healthcare-professionals/community-providers/pal/</p> <p>Referral: https://www.seattlechildrens.org/healthcare-professionals/community-providers/pal/mental-health-referral/</p> <p>Take Strides Recap- gave away 500 t-shirts to youth, Richland School estimates 1000 people participating</p> <p>Tri-lead recruitment reminder- contact Zach or Roberta if you are interested, application on FYSPRT website</p> <p>Quarterly med bags and lock box distribution</p>
Needs Assessment discussion	<p>All Members – due by October 31, 2024</p> <p>Needs Assessment will determine goals for the Work Plan – these are the current work plan goals:</p> <p>Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT.</p> <p>Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region</p> <p>Goal 3: Do at least 3 community projects annually that will address the stigma surrounding behavioral health, behavioral health access, treatment and underserved populations</p> <p>Question – What are the needs that members of the FYSPRT see in our region related to behavioral health?</p> <p>Are there needs that FYSPRT wants to address? Do we want to provide education? Outreach? Other assistance?</p>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible</p> <p>https://www.surveymonkey.com/r/RT3JHWG</p>
Roundtable Discussion	<p>Provider updates:</p> <p>Cindy Adams: Co-Occurring Disorder Conf. 10/7&8. Mental Health Advanced Directive committee developing</p> <p>Daniel Longhorn: OP case management and therapy open at Lutheran -state only insurance</p> <p>Michele Sorenson: Teen Mental Health First Aid starting in school next week, Asking and Caring starting soon</p> <p>Alyssa Cruz: Focusing on outreach and collaborating</p> <p>Salomon C: UFC taking referrals for Grandview and Kennewick location</p>
Closing Announcements	<p>Next meeting will be Thursday, November 7 @ 3:30 p.m.</p>
Regional FYSPRT meeting dates	<p>Meeting ID: 376 123 4588</p> <p>1-253-215-8782 or 3761234588#</p> <p>https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>All are welcome to attend the State FYSPRT meeting!</p>

AGENDA

Southeast Washington Regional FYSPRT

10/03/2024 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

AGENDA

Southeast Washington Regional FYSPRT

11/07/2024 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p>Ground Rules</p> <p>Attendees should have a chance to speak and express their own ideas freely</p> <p>Everyone has an equal opportunity to share</p> <p>FYSPRT encourages a variety of points of view to be put forward and discussed</p> <p>Attendees should work to remain open-minded</p> <p>Stay true to the FYSPRT Mission and Vision</p> <p>All respectful feedback is welcomed</p> <p>All are welcome at FYSPRT meetings</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener - Zach Roddy Meeting minutes - Roberta Ellis Brief introductions - Please put name, organization (if any) and if you are a youth, family or system partner in the chat. Message me with your name and email for the stipend form if you are a youth or family for the \$40 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.</p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from June Motion made by: <u>Alyssa</u> Seconded by: <u>Maria</u> Did the vote carry? Yep</p>
<p>Quarterly Reporting/Work Plan Review</p>	<p>Goal 1: Recruitment of youth and family Tri-Leads, encouraging participation in events and coordination of purchasing swag, materials, etc. and continued attendance in FYSPRT regional, state and Tri-Lead meetings. Action: Seeking youth and family Tri-Lead from counties outside of Benton/ Franklin Goal 2: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness. Action: Quarterly purchasing lockboxes/med bags and passing along to providers as needed Goal 3: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our region. Action: Got feedback from youth and families, providing resources and swag at events and providers Goal 4: Partner with other ASO/FYSPRT programs to advocate for an increase in Autism and IDD services not only regionally, but statewide. Action: conversations with HCA, DDA system, youth and families</p>

AGENDA
Southeast Washington Regional FYSPRT
11/07/2024 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

	Goals were submitted Oct 31, 2024 to HCA.
Standing Items	<p><i>Crisis – Crystal/Yakima: no new updates</i></p> <p>Behavioral Health Providers</p> <ul style="list-style-type: none"> -<i>Kelly/TCCH- New prescriber in December coming on board</i> -<i>Daniel/Lutheran- busy as always</i> -<i>BriannaSARC- Coming soon: Human trafficking event in January @ CBC</i> -<i>Miranda/BFHD- Event Healthy Moms Resource Fair: Dec 4, 2-5 at Richland Library- link sent to group</i> <p>MCOs</p> <ul style="list-style-type: none"> -no updates <p>WISE</p> <p>YARP</p> <ul style="list-style-type: none"> -<i>Zach/74 referrals to date, 28 MDTs, looking at Yakima launch in January and making contacts</i> <p>Schools/ESD</p> <ul style="list-style-type: none"> -<i>Hope/ESD105 – drug take back had good turnout, SUD in 2 communities: Ellensburg and Roslyn and other communities are reaching out for resources. Trying to problem solve solutions in smaller areas</i> <p>DSHS/DCYF/DDA</p> <p><i>Joyce/211- launched a campaign to have flyers for 988 (crisis), 211(resources in general e.g. food, housing, etc), 911(emergency) Flyers will define the correct service for each number. Greater Health Now- official hub for care coordination of 211 and helping coordinate resources. Referral process for case management on Greater Health Now website. Upcoming event: Nov 13, Union Gospel Mission, - lunch at noon, showers, haircuts, clothing, and more. – check email for flyers</i></p> <ul style="list-style-type: none"> -<i>Cindy Adams- Wash State legislative website has information on updates for new representatives and legislative issues, MH advance directive passed legislation and can now set up a committee to move forward contact Todd Crooks, Peer support is changing title to CPS (certified peer support) end of January</i>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible</p> <p>https://www.surveymonkey.com/r/RT3JHWG</p>
Closing Announcements	Next meeting will be Thursday, December 5 @ 3:30 p.m.
Regional FYSPRT meeting dates	<p>Meeting ID: 376 123 4588</p> <p>1-253-215-8782 or 3761234588#</p>

AGENDA

Southeast Washington Regional FYSPRT

11/07/2024 3:30-5:00 p.m.

Location - ZOOM & PHONE-IN ONLY

	https://us06web.zoom.us/j/3761234588
State FYSPRT meeting dates	All are welcome to attend the State FYSPRT meeting!

AGENDA

Southeast Washington Regional FYSPRT

12/05/2024 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

<p>Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.</p>	<p style="text-align: center;">Ground Rules</p> <p style="text-align: center;">Attendees should have a chance to speak and express their own ideas freely</p> <p style="text-align: center;">Everyone has an equal opportunity to share</p> <p style="text-align: center;">FYSPRT encourages a variety of points of view to be put forward and discussed</p> <p style="text-align: center;">Attendees should work to remain open-minded</p> <p style="text-align: center;">Stay true to the FYSPRT Mission and Vision</p> <p style="text-align: center;">All respectful feedback is welcomed</p> <p style="text-align: center;">All are welcome at FYSPRT meetings</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes)</p>	<p>Convener - Zach Roddy Meeting minutes - Roberta Ellis Brief introductions - Please put name, organization (if any) and if you are a youth, family or system partner in the chat. Message me with your name and email for the stipend form if you are a youth or family for the \$40 Amazon gift card. Please review purpose, mission and vision as well as ground rules before meeting begins.</p>
<p>Meeting minutes</p>	<p>Review of meeting minutes from June Motion made by: <u>__Hope__</u> Seconded by: <u>__Maria</u> Did the vote carry? yes</p>
<p>Presentations</p>	<p>-Joyce Newsom with People for People/211 Outreach and Mobility manager: -website: https://wa211.org/ email: jnewsom@pfp.org if you would like 211 posters and rack cards please contact her. -Jamie Ellis with ESD123- provided information on Youth/Teen/Adult Mental Health First Aid classes, classes are free, contact Jamie at jells@esd123.org for flyers or questions.</p>
<p>Standing Items</p>	<p>Crisis Behavioral Health Providers MCOs WISE School – RSD wrapped up TMHFA and have great feedback from kids and staff.</p>

AGENDA

Southeast Washington Regional FYSPRT

12/05/2024 3:30-5:00 p.m.

Location – ZOOM & PHONE-IN ONLY

	<p>YARP – Yakima expansion in Jan. and finalizing MDT team, website will adjust changes and if you see anything incorrect on the website, please let us know at yarp@gcbh.org. DSHS/DCYF/DDA SARC – Jan 28, human chain at CBC for human trafficking awareness for survivors, families, and supports. Jan 29 presenting a resource fair at CBC, flyer to come soon Other: FYSPRT Statewide meeting on Dec. 10.</p>
FYSPRT Evaluation Survey	<p>All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/RT3JHWG</p>
Closing Announcements	<p>Feedback from the group for January’s meeting (01/02/25)? If not, February 6 at 3:30.</p> <ul style="list-style-type: none">• We will keep the Jan. meeting as scheduled.
Regional FYSPRT meeting dates	<p>Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p>
State FYSPRT meeting dates	<p>All are welcome to attend the State FYSPRT meeting!</p>