

DECEMBER MONTHLY SCHEDULE:

<u>DAILY</u>: Congregate Lunch 11:30 am Please RSVP 24 hours prior.

MONDAY:

Exercise Class 9:00 am
Euchre 12:30 am
Chair Volley Ball 1pm

TUESDAY:

Bingo • Free • 10:15 am Learn to play Bridge w/Al 12:00 pm

Clogging Group

3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS:

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am
Bible Study 10:30 am
Bingo • Free • 10:15 am
Euchre Tables 12:00 pm
Line Dancing 1:00 pm

DECEMBER CALENDAR NOTES

1ST, 2ND, 3RD Mondays by appointment SOLE SOLUTIONS footcare clinic

Tuesday, December 23rd Commodity Box Delivery 8am

Wednesday, December 10th
Board Meeting 10:15am

Wednesday, December 17th S.A.L.T. Council 1pr Pickaway Senior Center

From the Desk of the Director

Merry Christmas everyone! We wish everyone a safe and very Merry Christmas and holiday season.

Coming up this month at the center:

The December Fellowship will be held on Tuesday, Dec. 16 at 11:30 a.m. Our special guest will be the one and only Santa Nick. He will be passing out candy canes and joining in our holiday festivities! Please call ahead to RSVP at the center at 740-474-8831.

There will be a Christmas Party on Friday, Dec. 12 at 1 p.m. This will be a time to come together for fun and fellowship. The Clearcreek Community Band will be performing as well as the line dancers! Bring your favorite cookies to share with the group. We will also be collecting canned food items to donate to help those in need this holiday season.

The Commodity Food Box will be available December 23. Distribution is from 8 a.m. until noon. If you are interested in this program, please contact Robin at the center for more information.

Chair volleyball has begun! Come join the team. We meet on Monday's at 1 p.m. for a fun filled game. All are welcome to participate!

The Center will be closed Wednesday, Dec. 24, Thursday, Dec. 25, and Friday, Dec. 26 in observance of the Christmas holiday.

From all the staff at the Pickaway Senior Center, we truly love and appreciate you all. It's been a tremendous year, and we are thankful to be a part of your lives! What a blessing it has been. We look forward to 2026 and all the wonderful adventures that await!

Happy Holidays!

See you soon at YOUR Senior Center

Holly Romine

Pickaway County Commission on Aging BOARD OF DIRECTORS:

Ellery Elick

President

Andy Bull

Vice President

Joy Ewing

Treasurer

Al Canarsky Holly Romine Membership Rep

Dennis Bothel

Director

Robin VanGundy

Fiscal Officer

Bob Mabe

Jenna Logan Sally Galecki Grant Davis Harold Henson

Pickaway County Commissioners:

Harold Henson

MEETING 2nd WEDNESDAY OF THE MONTH

SUGGESTED CONGREGATE LUNCH DONATION IS \$4 FOR SENIORS 60+

ALL AGES ARE WELCOME!

PLEASE RSVP THE DAY PRIOR

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive Circleville OH 43113

pickawayseniors.org

Office

740-474-8831

Toll Free

888-397-7246

Fax

740-477-8114

Office Hours: **Monday-Friday** 8am — 4pm

Services provided Monday - Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available Tuesday—Thursday 9am-1pm. Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family **Caregiver Support** Program

Respite, personal care, financial help with co-pays and medicine. utility bills, and home repair. The recipient of care must be over 60 years of age.

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

Supportive Services

PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



O.S.H.J.J.P. WILL BE HERE TO ANSWER ALL OF YOUR MEDICARE **OUESTIONS** 12/17/25 9:30am

For additional information on any of these services, call Pickaway Senior Center:

740-474-8831

We Are

The Pickaway Senior Center is a non-profit organization. We are supported by

financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

EQUAL



Provider

DECEMBER BIRTHDAYS-HAPPY BIRTHDAY!



DECEMBER

Harold Phipps

Becky Davis

Jacquelyn Writzel

13 Kendra Johnston Lawrence Pritchard Donald Daubenmire

22 Donna Little

Linda Foster

Darrell Smith

14

Stephanie Sharpnack Larry W Jeffers Jody O'Conner

15

Saralee Terflinger Bonnie Morrison

Connie Davis

23

Donna Mitchell Janet Grimm

25

Mary Tackett

16

Loretta Davis

17

Don Bucher

18

Mark Schein Faith Barnes

Margarite Allen

Sue Cook

19 Violet Carson

20

Jane Eberhart

Judy Hunt

Georgia Shepard

Nancy Strawser

26

Kimberly Hayes Priscilla McCain

27

Tom Tootle Robert Kiger

28

Suzanne Benner Claudette Wilson Colleen Braley

29

Harold Brill Jan Kerns-Bothel

30

Karen Dresbach

31

Allen Black Charlene Blue

Dick Grambo

Connie Young

Sally Henson Angela Stevens

Melanie Willeford

Virginia Russell Mary Cox

Connie Swayer

10

Pat Snuggs Sam Shapiro

11

Janet Metzler Ronald Huffman

12

Claudette Wison Karen Knisley





JOIN US FOR CHAIR

SPECIAL THANKS EXERCISE CLASS DONATED A GRAND TOTAL OF \$264 DOLLARS IN THE MONTH OF **OCTOBER**



Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway County S.A.L.T. Council

WHEN: Every Third Wednesday of the month

DECEMBER 17th

WHERE: Pickaway Senior Center 2105 Chickasaw Dr

TIME: 1:00 pm

New Members

Carol Harvey Sherry Knece Amber Bigam Pamela Lutz Mary Giffin Rita Hupp

Program Donations

.....

Mary Giffin
Linda Hardin
Sylvia Christy
Patricia Drummond
Penny Savage
Barbara Hart
Charles & Susan Patrick
Jeane Crider

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Your

donations

make a difference

in our Community!

## Memorial/Honor of <u>Donations</u>

In Memory of

Mike Simons

Given by, Alma Simons ~~~~~~~

In Honor

Stephanie Sharpnack On her birthday. I love you very much

> Given by, Stuart Sharpnack

In Memory of

David J Johnson

Given by, Patricia Johnson

In Memory of

Martha Lester

Our Aunt

Given by, Anna & Bob Lawless, Mary Dewitt & Connie Wooten

In Memory of

Mary Jane Smallwood On her birthday

> Given by, Donald Smallwood

THANK YOU for your generosity

In Memory of

Roy Huffer Jr

Given by, Marilyn Huffer and family

In Memory of

Ron Skaggs

Given by, Susan Beckley

"As you get older, you will discover that you have two hands: one for helping yourself, the other for helping others."

Audrey Hepburn



40

| In Memory or Honor of  Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. THANK YOU.                                                                    |                                                 |                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| Enclosed is my gift of \$                                                                                                                                                                                      | In:                                             | ☐ Memory of:                                                            | or ☐ Honor of:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| Please make checks payable to the F Pickaway Senior Center • 2105 Chic  Scan the QR Code Please consider donating to The Pickay help support the senior  REMEMBER YOUR MEMBERSHIP REN Renew your membership to | to donate on<br>way Senior Ce<br>rs of Pickaway | Circleville OH 433 line nter. All donations County  re \$10.00 per year | s go to per person. Thank You. the newsletter.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| EMAIL ADDRESS                                                                                                                                                                                                  |                                                 |                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| TELEPHONE                                                                                                                                                                                                      |                                                 |                                                                         | BIRTH DATE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| CHECKS PAYABLE: Pickaway Senior Cen                                                                                                                                                                            | iter MAIL To                                    | D: 2105 Chickasav                                                       | w Dr, Circleville OH 43113                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

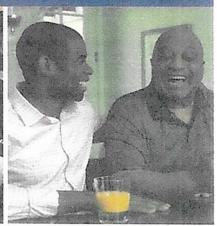
## Caregiver Support Group

## **ALZHEIMER'S**

Central Ohio Chapter







## Presented By: Alzheimer's Association

Are you caring for someone living with Alzheimer's or another form of dementia and looking for support?

Please join us on the 2nd Thursday of every month at 1pm.

Pickaway Senior Center 2105 Chickasaw Dr. Circleville, OH 43113

Please call 800-272-3900 to register

## Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- · Learn about community resources.

#### PROMEDICA PRESENTS:



### 12:30PM EACH THURSDAY





**PLEASE JOIN US FOR BIBLE STUDY EVERY FRIDAY AT** 10:15 AM

## SOLE SOLUTIONS

Nurse Delivered Footcare



1ST, 2ND & 3RD MONDAYS 9am-1:30pm

#### BY APPOINTMENT ONLY

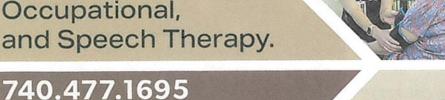
Call Kathy Maxson 614-361-5284 to set your appointmet \$40 FOR 1/2 HOUR APPOINTMENT



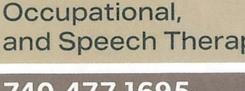


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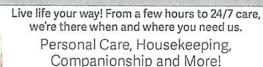


circlevillepa.com





## Trusted In-Home Care



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homehelpershomecare.com/lancaster

Each office is independently owned & operated

#### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace · Providing affordable housing for elderly/62 years or older and/or disabled 176 Rustic Drive · Circleville, Ohio 43113





Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



HOSPICE

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### **Pickaway Senior Center**

2105 Chickasaw Dr. PO Box 565 Circleville OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org. U.S. Postage PAID Permit #200 Circleville OH 43113

Current Resident



## DON'T MISS OUT

Check out upcoming events and activities at the Center!

| Director's Deskp1           |
|-----------------------------|
| Overview of Services p2     |
| Birthdaysp3                 |
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| Alzheimer Support Groupp6   |
| Activitiesp7                |
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| Christmas Party!p9          |
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| Vital Stats, Generosity p12 |

## NOVEMBER STATISTICS

## **Transportation**

41 people 288 transports **4,228 miles** 

Adult Day Care
7 people

51 transports 572 miles

### Hot Meals Delivered

8,837 meals 7,046 miles

Meals Served In Person 419 congregate meals

Commodities Disbursed
90 families served

# Your donations are VITAL to daily Center operations!

Donations received by the 10th of the month are included in the newsletter; those received after 12/11 will be included in the January newsletter

Thank you!

