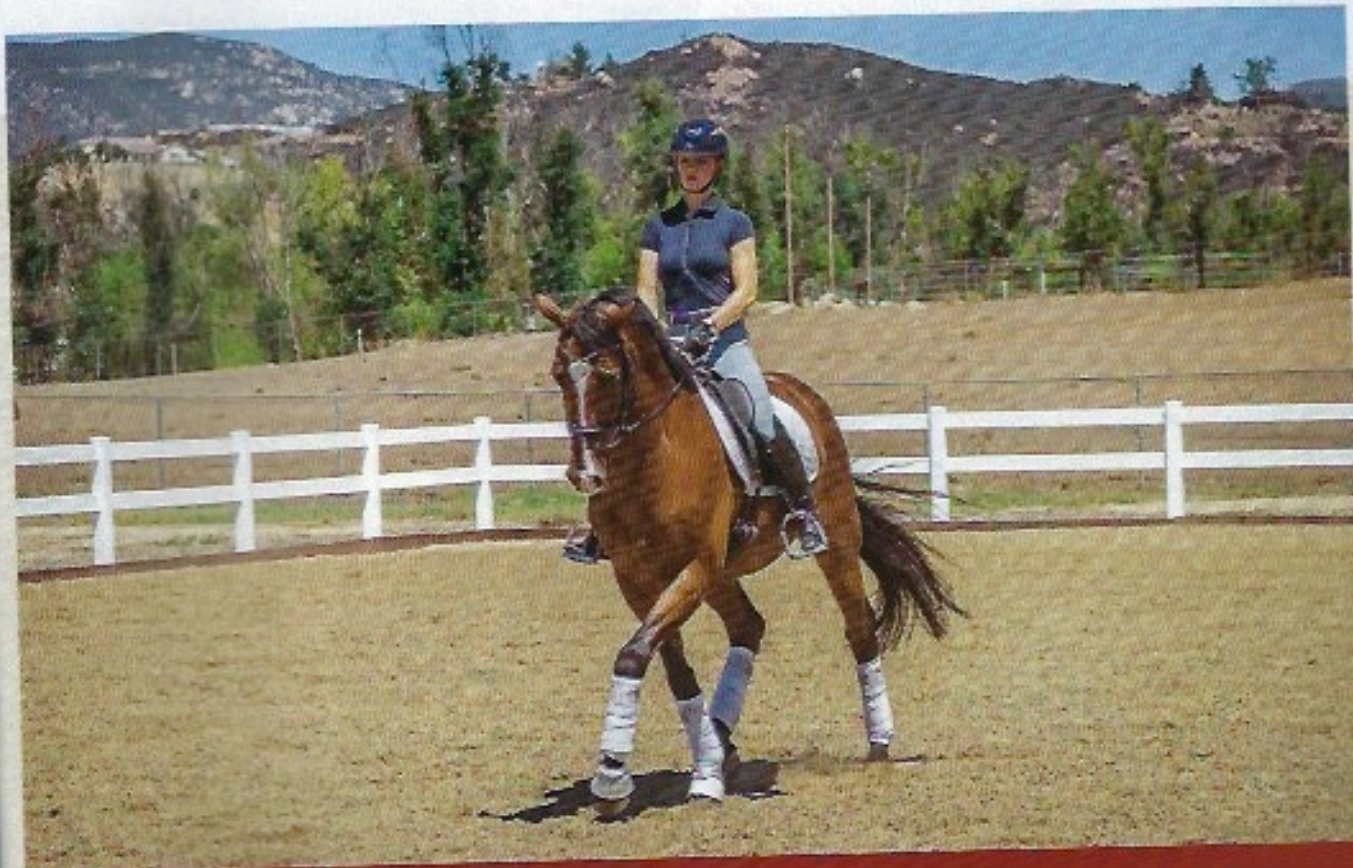


How Do I Know If I'm Successful in Riding Inside Leg to Outside Rein?

Q I am working on my inside-leg-to-outside-rein connection, but I don't really feel any difference in my horse when I use this leg-rein combination aid. What exactly is this famous aid supposed to achieve in the horse? How do I know I am getting a successful inside-leg-to-outside-rein connection? What is a good exercise that helps me get the right feel for this aid?

Name withheld by request



Rebecca Neill

Leg yielding is a methodical movement that promotes straightness and throughness, which in turn promotes balance. Here Catherine Chamberlain demonstrates the leg yield with her Dutch Warmblood, Chance.

FRAN (DEARING) KEHR

Inside leg to outside rein is a concept of biblical proportions in the dressage world. This is because it has withstood the test of time in the teachings of classical horsemanship. A case in point is Federigo Grisone, whose book *Gli ordini di Cavalcare* was published in 1550 and who has been credited as being the founding father of classical equitation after the Middle

Ages. Grisone emphasized connecting the base of the horse's neck to his shoulders through the rein contact. This alignment promotes straightness, which is essential for balance—all a precursor to the concept of connection and the rule of inside leg to outside rein. Your three questions intertwine, and we will look at each individually.

1. If I do this with my leg and this with my rein, why