

**TRACK AND FIELD**

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**EVENT COORDINATOR:** Tim Schuster, Special Olympics – Missouri (SOMO)

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**DATE:** Saturday, 20 June, 2020 **Time:** 08:00 hours

**LOCATION:** Camden County R-3 High School, 662 Laker Pride Drive, Camdenton, MO 65020

<http://camdentonschools.schoolwires.net/chs>

**GUIDING BODY:** USA Track and Field <https://www.usatf.org/governance/rule-books>

Can-Am Police-Fire Games Federation

**SPORT DESCRIPTION:** This is a regular track meet run using USATF rules. **No deck entries.** Registration closes 24 hours prior to scheduled start.

**Discuss** - Men (Open & Senior 4.40lb., 2kg), (Master & Grand Master A & B 3.52lb, 1.6kg). Grand Master C, D, E and all women's divisions 2.2lb. (1kg.)

**Shot-put** - Men (Open & Senior 16lb., 7.26kg) (Master & Grand Master A & B 12lb., 5.44kg). Grand Master C, D, E and all women's divisions 8 lb. (3.625 kg.)

**High Hurdles** - Men (Open & Senior 39in., 99cm), (Master & Grand Master 36in., 90.15cm).

**Intermediate Hurdles** - Men (Open, Senior, Master 36in., 91.44cm), (Gr. Master 33in., 84cm).

**Hurdles** - Women (All categories 33in., 84cm).

**EVENT ENTRY CODES**

Men Discus U30	TR01A	S	18-0	M
Men Discus Senior A	TR02A	S	30-34	M
Men Discus Senior B	TR03A	S	35-39	M
Men Discus Master A	TR04A	S	40-44	M
Men Discus Master B	TR05A	S	45-49	M
Men Discus Grand Master A	TR06A	S	50-54	M
Men Discus Grand Master B	TR07A	S	55-59	M
Men Discus Grand Master C	TR08A	S	60-64	M

Men Discus Grand Master D	TR09A	S	65-69	M
Men Discus Grand Master E	TR10A	S	70-0	M
Men Shot-Put U30	TR11A	S	18-0	M
Men Shot-Put Senior A	TR12A	S	30-34	M
Men Shot-Put Senior B	TR13A	S	35-39	M
Men Shot-Put Master A	TR14A	S	40-44	M
Men Shot-Put Master B	TR15A	S	45-49	M
Men Shot-Put Grand Master A	TR16A	S	50-54	M
Men Shot-Put Grand Master B	TR17A	S	55-59	M
Men Shot-Put Grand Master C	TR18A	S	60-64	M
Men Shot-Put Grand Master D	TR19A	S	65-69	M
Men Shot-Put Grand Master E	TR20A	S	70-0	M
Men Triple Jump U30	TR21A	S	18-0	M
Men Triple Jump Senior A	TR22A	S	30-34	M
Men Triple Jump Senior B	TR23A	S	35-39	M
Men Triple Jump Master A	TR24A	S	40-44	M
Men Triple Jump Master B	TR25A	S	45-49	M
Men Triple Jump Grand Master A	TR26A	S	50-54	M
Men Triple Jump Grand Master B	TR27A	S	55-59	M
Men Triple Jump Grand Master C	TR28A	S	60-64	M
Men Triple Jump Grand Master D	TR29A	S	65-69	M
Men Triple Jump Grand Master E	TR30A	S	70-0	M
Men Long Jump U30	TR31A	S	18-0	M
Men Long Jump Senior A	TR32A	S	30-34	M

Men Long Jump Senior B	TR33A	S	35-39	M
Men Long Jump Master A	TR34A	S	40-44	M
Men Long Jump Master B	TR35A	S	45-49	M
Men Long Jump Grand Master A	TR36A	S	50-54	M
Men Long Jump Grand Master B	TR37A	S	55-59	M
Men Long Jump Grand Master C	TR38A	S	60-64	M
Men Long Jump Grand Master D	TR39A	S	65-69	M
Men Long Jump Grand Master E	TR40A	S	70-0	M
Men High Jump U30	TR41A	S	18-0	M
Men High Jump Senior A	TR42A	S	30-34	M
Men High Jump Senior B	TR43A	S	35-39	M
Men High Jump Master A	TR44A	S	40-44	M
Men High Jump Master B	TR45A	S	45-49	M
Men High Jump Grand Master A	TR46A	S	50-54	M
Men High Jump Grand Master B	TR47A	S	55-59	M
Men High Jump Grand Master C	TR48A	S	60-64	M
Men High Jump Grand Master D	TR49A	S	65-69	M
Men High Jump Grand Master E	TR50A	S	70-0	M
Men 100 M Run U30	TR51A	S	18-0	M
Men 100 M Run Senior A	TR52A	S	30-34	M
Men 100 M Run Senior B	TR53A	S	35-39	M
Men 100 M Run Master A	TR54A	S	40-44	M
Men 100 M Run Master B	TR55A	S	45-49	M
Men 100 M Run Grand Master A	TR56A	S	50-54	M

Men 100 M Run Grand Master B	TR57A	S	55-59	M
Men 100 M Run Grand Master C	TR58A	S	60-64	M
Men 100 M Run Grand Master D	TR59A	S	65-69	M
Men 100 M Run Grand Master E	TR60A	S	70-0	M
Men 200 M Run U30	TR61A	S	18-0	M
Men 200 M Run Senior A	TR62A	S	30-34	M
Men 200 M Run Senior B	TR63A	S	35-39	M
Men 200 M Run Master A	TR64A	S	40-44	M
Men 200 M Run Master B	TR65A	S	45-49	M
Men 200 M Run Grand Master A	TR66A	S	50-54	M
Men 200 M Run Grand Master B	TR67A	S	55-59	M
Men 200 M Run Grand Master C	TR68A	S	60-64	M
Men 200 M Run Grand Master D	TR69A	S	65-69	M
Men 200 M Run Grand Master E	TR70A	S	70-0	M
Men 400 M Run U30	TR71A	S	18-0	M
Men 400 M Run Senior A	TR72A	S	30-34	M
Men 400 M Run Senior B	TR73A	S	35-39	M
Men 400 M Run Master A	TR74A	S	40-44	M
Men 400 M Run Master B	TR75A	S	45-49	M
Men 400 M Run Grand Master A	TR76A	S	50-54	M
Men 400 M Run Grand Master B	TR77A	S	55-59	M
Men 400 M Run Grand Master C	TR78A	S	60-64	M
Men 400 M Run Grand Master D	TR79A	S	65-69	M
Men 400 M Run Grand Master E	TR80A	S	70-0	M

Men 800 M Run U30	TR81A	S	18-0	M
Men 800 M Run Senior A	TR82A	S	30-34	M
Men 800 M Run Senior B	TR83A	S	35-39	M
Men 800 M Run Master A	TR84A	S	40-44	M
Men 800 M Run Master B	TR85A	S	45-49	M
Men 800 M Run Grand Master A	TR86A	S	50-54	M
Men 800 M Run Grand Master B	TR87A	S	55-59	M
Men 800 M Run Grand Master C	TR88A	S	60-64	M
Men 800 M Run Grand Master D	TR89A	S	65-69	M
Men 800 M Run Grand Master E	TR90A	S	70-0	M
Men 1500 M Run U30	TR91A	S	18-0	M
Men 1500 M Run Senior A	TR92A	S	30-34	M
Men 1500 M Run Senior B	TR93A	S	35-39	M
Men 1500 M Run Master A	TR94A	S	40-44	M
Men 1500 M Run Master B	TR95A	S	45-49	M
Men 1500 M Run Grand Master A	TR96A	S	50-54	M
Men 1500 M Run Grand Master B	TR97A	S	55-59	M
Men 1500 M Run Grand Master C	TR98A	S	60-64	M
Men 1500 M Run Grand Master D	TR99A	S	65-69	M
Men 1500 M Run Grand Master E	TR100A	S	70-0	M
Men 110 M High Hurdles U30	TR101A	S	18-0	M
Men 110 M High Hurdles Senior A	TR102A	S	30-34	M
Men 110 M High Hurdles Senior B	TR103A	S	35-39	M
Men 110 M High Hurdles Master A	TR104A	S	40-44	M

Men 110 M High Hurdles Master B	TR105A	S	45-49	M
Men 110 M High Hurdles Grand Master A	R106A	S	50-54	M
Men 110 M High Hurdles Grand Master B	TR107A	S	55-59	M
Men 110 M High Hurdles Grand Master C	TR108A	S	60-64	M
Men 110 M High Hurdles Grand Master D	TR109A	S	65-69	M
Men 110 M High Hurdles Grand Master E	TR110A	S	70-0	M
Men 400 M Intermediate Hurdles U30	TR111A	S	18-0	M
Men 400 M Intermediate Hurdles Senior A	TR112A	S	30-34	M
Men 400 M Intermediate Hurdles Senior B	TR113A	S	35-39	M
Men 400 M Intermediate Hurdles Master A	TR114A	S	40-44	M
Men 400 M Intermediate Hurdles Master B	TR115A	S	45-49	M
Men 400 M Intermediate Hurdles Grand Master A	TR116A	S	50-54	F
Men 400 M Intermediate Hurdles Grand Master B	TR117A	S	55-59	M
Men 400 M Intermediate Hurdles Grand Master C	TR118A	S	60-64	F
Men 400 M Intermediate Hurdles Grand Master D	TR119A	S	65-69	M
Men 400 M Intermediate Hurdles Grand Master E	TR120A	S	70-0	M
Women Discus U30	TR01B	S	18-0	F
Women Discus Senior A	TR02B	S	30-34	F
Women Discus Senior B	TR03B	S	35-39	F
Women Discus Master A	TR04B	S	40-44	F
Women Discus Master B	TR05B	S	45-49	F
Women Discus Grand Master A	TR06B	S	50-54	F
Women Discus Grand Master B	TR07B	S	55-59	F
Women Discus Grand Master C	TR08B	S	60-64	F

Women Discus Grand Master D	TR09B	S	65-69	F
Women Discus Grand Master E	TR10B	S	70-0	F
Women Shot-Put U30	TR11B	S	18-0	F
Women Shot-Put Senior A	TR12B	S	30-34	F
Women Shot-Put Senior B	TR13B	S	35-39	F
Women Shot-Put Master A	TR14B	S	40-44	F
Women Shot-Put Master B	TR15B	S	45-49	F
Women Shot-Put Grand Master A	TR16B	S	50-54	F
Women Shot-Put Grand Master B	TR17B	S	55-59	F
Women Shot-Put Grand Master C	TR18B	S	60-64	F
Women Shot-Put Grand Master D	TR19B	S	65-69	F
Women Shot-Put Grand Master E	TR20B	S	70-0	F
Women Triple Jump U30	TR21B	S	18-0	F
Women Triple Jump Senior A	TR22B	S	30-34	F
Women Triple Jump Senior B	TR23B	S	35-39	F
Women Triple Jump Master A	TR24B	S	40-44	F
Women Triple Jump Master B	TR25B	S	45-49	F
Women Triple Jump Grand Master A	TR26B	S	50-54	F
Women Triple Jump Grand Master B	TR27B	S	55-59	F
Women Triple Jump Grand Master C	TR28B	S	60-64	F
Women Triple Jump Grand Master D	TR29B	S	65-69	F
Women Triple Jump Grand Master E	TR30B	S	70-0	F
Women Long Jump U30	TR31B	S	18-0	F

Women Long Jump Senior A	TR32B	S	30-34	F
Women Long Jump Senior B	TR33B	S	35-39	F
Women Long Jump Master A	TR34B	S	40-44	F
Women Long Jump Master B	TR35B	S	45-49	F
Women Long Jump Grand Master A	TR36B	S	50-54	F
Women Long Jump Grand Master B	TR37B	S	55-59	F
Women Long Jump Grand Master C	TR38B	S	60-64	F
Women Long Jump Grand Master D	TR39B	S	65-69	F
Women Long Jump Grand Master E	TR40B	S	70-0	F
Women High Jump U30	TR41B	S	18-0	F
Women High Jump Senior A	TR42B	S	30-34	F
Women High Jump Senior B	TR43B	S	35-39	F
Women High Jump Master A	TR44B	S	40-44	F
Women High Jump Master B	TR45B	S	45-49	F
Women High Jump Grand Master	TR46B	S	50-59	F
Women High Jump Grand Master B	TR47B	S	55-59	F
Women High Jump Grand Master C	TR48B	S	60-64	F
Women High Jump Grand Master D	TR49B	S	65-69	F
Women High Jump Grand Master E	TR50B	S	70-0	F
Women 100 M Run U30	TR51B	S	18-0	F
Women 100 M Run Senior A	TR52B	S	30-34	F
Women 100 M Run Senior B	TR53B	S	35-39	F
Women 100 M Run Master A	TR54B	S	40-44	F
Women 100 M Run Master B	TR55B	S	45-49	F



Women 100 M Run Grand Master A	TR56B	S	50-54	F
Women 100 M Run Grand Master B	TR57B	S	55-59	F
Women 100 M Run Grand Master C	TR58B	S	60-64	F
Women 100 M Run Grand Master D	TR59B	S	65-69	F
Women 100 M Run Grand Master E	TR60B	S	70-0	F
Women 200 M Run U30	TR61B	S	18-0	F
Women 200 M Run Senior A	TR62B	S	30-34	F
Women 200 M Run Senior B	TR63B	S	35-39	F
Women 200 M Run Master A	TR64B	S	40-44	F
Women 200 M Run Master B	TR65B	S	45-49	F
Women 200 M Run Grand Master A	TR66B	S	50-54	F
Women 200 M Run Grand Master B	TR67B	S	55-59	F
Women 200 M Run Grand Master C	TR68B	S	60-64	F
Women 200 M Run Grand Master D	TR69B	S	65-69	F
Women 200 M Run Grand Master E	TR70B	S	70-0	F
Women 400 M Run U30	TR71B	S	18-0	F
Women 400 M Run Senior A	TR72B	S	30-34	F
Women 400 M Run Senior B	TR73B	S	35-39	F
Women 400 M Run Master A	TR74B	S	40-44	F
Women 400 M Run Master B	TR75B	S	45-49	F
Women 400 M Run Grand Master A	TR76B	S	50-54	F
Women 400 M Run Grand Master B	TR77B	S	55-59	F
Women 400 M Run Grand Master C	TR78B	S	60-64	F
Women 400 M Run Grand Master D	TR79B	S	65-69	F

Women 400 M Run Grand Master E	TR80B	S	70-0	F
Women 800 M Run U30	TR81B	S	18-0	F
Women 800 M Run Senior A	TR82B	S	30-34	F
Women 800 M Run Senior B	TR83B	S	35-39	F
Women 800 M Run Master A	TR84B	S	40-44	F
Women 800 M Run Master B	TR85B	S	45-49	F
Women 800 M Run Grand Master A	TR86B	S	50-54	F
Women 800 M Run Grand Master B	TR87B	S	55-59	F
Women 800 M Run Grand Master C	TR88B	S	60-64	F
Women 800 M Run Grand Master D	TR89B	S	65-69	F
Women 800 M Run Grand Master E	TR90B	S	70-0	F
Women 1500 M Run U30	TR91B	S	18-0	F
Women 1500 M Run Senior A	TR92B	S	30-34	F
Women 1500 M Run Senior B	TR93B	S	35-39	F
Women 1500 M Run Master A	TR94B	S	40-44	F
Women 1500 M Run Master B	TR95B	S	45-49	F
Women 1500 M Run Grand Master A	TR96B	S	50-54	F
Women 1500 M Run Grand Master B	TR97B	S	55-59	F
Women 1500 M Run Grand Master C	TR98B	S	60-64	F
Women 1500 M Run Grand Master D	TR99B	S	65-69	F
Women 1500 M Run Grand Master E	TR100B	S	70-0	F
Women 100 M Hurdles U30	TR101B	S	18-0	F
Women 100 M Hurdles Senior A	TR102B	S	30-34	F

Women 100 M Hurdles Senior B	TR103B	S	35-39	F
Women 100 M Hurdles Master A	TR104B	S	40-44	F
Women 100 M Hurdles Master B	TR105B	S	45-49	F
Women 100 M Hurdles Grand Master A	TR106B	S	50-54	F
Women 100 M Hurdles Grand Master B	TR107B	S	55-59	F
Women 100 M Hurdles Grand Master C	TR108B	S	60-64	F
Women 100 M Hurdles Grand Master D	TR109B	S	65-69	F
Women 100 M Hurdles Grand Master E	TR110B	S	70-0	F
Women 400 M Intermediate Hurdles U30	TR111B	S	18-0	F
Women 400 M Intermediate Hurdles Senior A	TR112B	S	30-34	F
Women 400 M Intermediate Hurdles Senior B	TR113B	S	35-39	F
Women 400 M Intermediate Hurdles Master A	TR114B	S	40-44	F
Women 400 M Intermediate Hurdles Master B	TR115B	S	45-49	F
Women 400 M Intermediate Hurdles Grand Master A	TR116B	S	50-54	F
Women 400 M Intermediate Hurdles Grand Master B	TR117B	S	55-59	F
Women 400 M Intermediate Hurdles Grand Master C	TR118B	S	60-64	F
Women 400 M Intermediate Hurdles Grand Master D	TR119B	S	65-69	F
Women 400 M Intermediate Hurdles Grand Master E	TR120B	S	-0	F
Men 4X100 M Relay U30	TR01D	T	18-0	M
Men 4X100 M Relay Senior A	TR02D	T	30-34	M
Men 4X100 M Relay Senior B	TR03D	T	35-39	M
Men 4X100 M Relay Master A	TR04D	T	40-44	M
Men 4X100 M Relay Master B	TR05D	T	45-49	M
Men 4X100 M Relay Grand Master A	TR06D	T	50-54	M

Men 4X100 M Relay Grand Master B	TR07D	T	55-59	M
Men 4X100 M Relay Grand Master C	TR08D	T	60-64	M
Men 4X100 M Relay Grand Master D	TR09D	T	65-69	M
Men 4X100 M Relay Grand Master E	TR10D	T	70-0	M
Women 4X100 M Relay U30	TR01F	T	18-0	F
Women 4X100 M Relay Senior A	TR02F	T	30-34	F
Women 4X100 M Relay Senior B	TR03F	T	35-39	F
Women 4X100 M Relay Master A	TR04F	T	40-44	F
Women 4X100 M Relay Master B	TR05F	T	45-49	F
Women 4X100 M Relay Grand Master A	TR06F	T	50-54	F
Women 4X100 M Relay Grand Master B	TR07F	T	55-59	F
Women 4X100 M Relay Grand Master C	TR08F	T	60-64	F
Women 4X100 M Relay Grand Master D	TR09F	T	65-69	F
Women 4X100 M Relay Grand Master E	TR10F	T	70-0	F