

**Circulating File**

**ALCOHOLISM  
VOL. 2**

**A compilation of Extracts  
from the Edgar Cayce Readings**

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## ALCOHOLISM, VOL. 2 CIRCULATING FILE

Circulating Files are collections of verbatim quotes of what Edgar Cayce said during his readings on a given subject or, in some cases everything. We have medical circulating files which focus on the over 9,000 health-related readings with subjects from Acidity-Alkalinity to Weight Loss. We also have non-medical circulating files on a broad range of topics, for example *Egypt: Sphinx, Pyramids, and Hall of Records*, *Fear and Its Far-Reaching Effects*, *Advice to Parents*, *Serving in Accord with Ideals*, and *Business Advice*.

Each circulating file is simply a collection of reading quotes or full readings given for different individuals on a similar subject or disease. The A.R.E. cannot and does not suggest treatments for physical ailments nor make claims about the effectiveness of the therapies. We encourage anyone working with the health readings to do so under a doctor's care and advice.

The circulating files support the research aspect of the Cayce work. We appreciate any feedback informing us of progress made in improving one's life or achieving good health by applying suggestions given in the readings. Please send any feedback (testimonies, experiences, results, etc.) to:

Library: Circulating File Desk  
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215 67<sup>th</sup> St  
Virginia Beach VA 23451 Or e-mail: [CirculatingFiles@edgarcayce.org](mailto:CirculatingFiles@edgarcayce.org)

Please note: The complete Edgar Cayce Readings are available through the members only section of our web site, [EdgarCayce.org](http://EdgarCayce.org) or on CD-ROM.

Some circulating files contain commentaries or summaries written by physicians. These reports are to be used as a basis for further research in the form of controlled studies, and should not be misinterpreted to be either a refutation or an endorsement by the doctor. Referral doctors wanting to borrow a file for an extended period may do so by writing to the Library: Circulating File Desk.

Our hope is that through the Cayce readings you will find the wholeness and oneness which is God's plan for us.

Blessings, A.R.E. Member Services Team

### ***There are in truth no incurable conditions.... 3744-2***

This Circulating File consists of the Edgar Cayce psychic readings on alcoholism. The information is not intended for self-diagnosis nor self-treatment. Please consult a qualified health care professional before following any advice contained within this file.

Articles and an overview are included in Volume 1. Their inclusion does not imply endorsement or recommendation. Before following any advice contained in the articles, please seek the counsel of your doctor.

Products may be purchased from Baar Products, the official worldwide supplier of Edgar Cayce health care products: [www.baar.com](http://www.baar.com) or call 800-269-2502.

**Alcoholism  
Vol. 2**

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1. Alcoholism, Vol. 1 and Alcoholism, Research Bulletin
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3. Appliances: Wet Cell Battery
4. Atomidine (Iodine)
5. Habits
6. Osteopathy

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\* Circulating Files & Research Bulletins are available from A.R.E. membership services at (800) 333-4499 or: [http://www.edgarcayce.org/circulating\\_files.asp](http://www.edgarcayce.org/circulating_files.asp)

**4458-1, Male 35 (Merchant), 3/10/31**

(Q) What can I do to improve the habits of my employees [...] and [...], who indulge too much in intoxicating liquor to please me?

(A) This ever a hard question, as respecting individuals who have reached a point where the gratification of individual desire outweighs the better judgement of the individuals - yet will the body awaken, through counsel - not cussing, but through reasoning - that of the desire on the part OF the individuals, as to the duty first, to the privilege next as the individual has in SERVING in the capacity as they do occupy - this the only way and manner in which these individuals may be reached. ONE, as we find, will respond speedily, approached properly. The other - be well to arrange to replace, unless the body DOES change. The body understands and knows which is which.

**2/19/76, Report received by A.R.E. Member:**

"I am sorry these [Circulating Files] are late but I have been very ill and in the hospital.

"I want to say also that I am an alcoholic. After twenty-two months of total sobriety in A.A. I decided that I could control my drinking. For the past six months I have had a continuous battle coming down finally to choosing life or death.

"Cayce, in some of the enclosed readings, speaks of the direct weakening of the will due to alcohol abuse and that it takes a mental decision and determination and a spiritual change to get out of the woods. I want to say that this is exactly how I felt - each time I drank, I felt weaker and weaker, like my own will was slipping right away from me. I couldn't seem to muster enough strength to climb out. I didn't fully believe that alcoholism had a physical component as well, as A.A. instructs us. These readings often refer to the physical components and this has relieved me somewhat. I have received a fuller picture from the readings and believe more in what I must do to handle this problem, as I have always had an inner feeling that Mr. Cayce was speaking the truth. So his statements have lent support and a BACKBONE to my A.A. program.

"Also, I have now been dry for three weeks. I feel I need never return if I apply and continue to apply the things I have learned. The A.R.E. Study Groups here in Buffalo and one in Rochester have helped tremendously with prayer and meditation energy. It has been their strength that shored up my will, as well as His strength and that of many A.A. members. I am now meditating daily and it's a funny feeling, but I KNOW that when I meditate daily I CAN'T drink. I knew that during my first twenty-two months of sobriety, but I stopped doing it, stopped applying it.

"Bless you!"

**INDEX OF READING 1106-1 M 26**

ALCOHOLISM

Bible: Books Of: I Corinthians 6: 19	Par. 16
: John 6: 20	Par. 17
: John 14: 2	Par. 17
: Mark 6: 50	Par. 17
: Matthew 14: 27	Par. 17
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**BACKGROUND OF READING 1106-1 M 26**

B1. 1/13/36 Father [388]'s letter: "...My wife and I will be in prayer that in some way you may reach his case... I believe if the desire for drink could be taken away he would be different in a spiritual way...drink is his worst and only bad trait, but that overshadows all good...tell us what we may do for his body or soul that he will not take strong drink and will come to himself, seek a job and be able to hold it..."

**TEXT OF READING 1106-1 M 26 (Bookkeeper, Auditor, Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 16th day of January, 1936, in accordance with request made by the father - Mr. [388], Active Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 3: 50 to 4: 00 P. M. Eastern Standard Time. ..., Alabama.  
(Physical & Mental Suggestion)

1. EC: Yes, we have the body, [1106].
2. As we find, while there are physical disturbances with this body, these arise as much from the mental attitudes - that were in the beginning taken as poses, and have grown to become rather conditions that are of the SELF; or as habits, as requirements, that have taken on those aspects from the MENTAL standpoint that are ALMOST - or at times, and under or in certain environments, become - POSSESSIONS!
3. For in its final analysis, in the physical and mental activities of a body, it - the body - MENTALLY - is continually meeting itself and that it (the body, mentally) has done about CONSTRUCTIVE or creative forces within the body itself.
4. Then, as we find, to meet the needs of the conditions in this body, it must - or will - require that which will enable the body to either BECOME determined within itself to MEET its own self in SPIRITUAL reaction, or such a change of environment that will require the mental and physical reactions of the body to be such as to ENABLE it (the body, mentally AND physically) to INDUCE that within the physical reactions to take possession in the place of, or to replace, those habit-forming conditions in the mental, as to rid the body of these conditions.
5. These, as we find, then, will AID in doing this:
6. Let the environs, in the first, be whereunto that the body will make a study of that which IS expressed or shown in the reading (not only reading but the FEELING AS reading) of the twelfth chapter in Romans, and then the 14th, 15th, 16th and 17th [fourteenth, fifteenth, sixteenth and seventeenth] chapters of John.
7. And during such periods, or throughout such periods of study, we would take internally a combination of Chloride of Gold and Bromide of Soda. Prepare the two solutions and keep separate, in this manner; in these proportions:
8. Add one (1) grain of Chloride of Gold to one (1) ounce of distilled water. This would be one solution.

9. Add three (3) grains of Bromide of Soda to one (1) ounce of distilled water. This would be the other solution.
10. When taken (which would preferably be of a morning before the meal is eaten), the dosage would be:
  - 1st day: One (1) minim (or drop) of the Gold solution and two (2) minims (drops) of the Soda solution, in half a glass of water.
  - 2nd day: Two (2) minims of the Gold solution and 4 minims of the Soda solution.
  - 3rd day: Three (3) minims of the Gold solution and 6 minims of the Soda solution.
11. Then leave off for three days. Then begin again. Continue in this manner.
12. This will, as we find, AID the body PHYSICALLY to RESPOND MENTALLY to the impressionable forces that are made upon the body through the reading of those texts or portions of writing indicated.
13. If this is done, we will find there CAN be the response - provided the body will DETERMINE it within itself.
14. Do this for a period of thirty-six days, and we will give further instructions.
15. In the diet, let it be regular.
16. Let the body keep the surroundings such that will be in keeping with those things that are DETERMINED within self; to be good FOR something, that there may be the expression of the spirit that is interpreted in the body being the temple of the living God - and hence should, by all right, be kept holy, inviolate, and presented as a living sacrifice, holy, acceptable unto Him.
17. Then know and realize the truth of those words set forth in the prayer, the meditation of the Master; "Lo, I am with thee always - be NOT afraid; trust in me, for in my Father's house are the mansions." Within thine own self are the abilities to meet, to do, to accomplish. DO it!
18. We are through for the present.

**REPORTS OF READING 1106-1 M 26**

R1. 11/24/36 Father of [1106] reported that son had not consented to following the treatment.

R2. 2/3/38 See 1106-2.

**INDEX OF READING 1106-2 M 28**

ALCOHOLISM

Hospitalization: Vanderbilt Clinic

Par. 5, 7, 11-A

**BACKGROUND OF READING 1106-2 M 28**

B1. See 1106-1 on 1/16/36.

B2. 1/30/38 Mother's letter: "...I truly hope you may show him (and us) what we might do to help him get control of himself. If a treatment is necessary, where? Is there a place in Atlanta or Nashville (latter preferred) or do you think a treatment by local doctors would help?"

B3. 1/31/38 Mr. [1106] wrote questions he wished asked.

**TEXT OF READING 1106-2 M 28**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 3rd day of February, 1938, in accordance with request made by the parents, Mr. and Mrs. [...]; the remaining \$15 of the membership fee being Sponsored by Mr. Harry M. Goetz, Active Member of the Ass'n for Research & Enlightenment, Inc., by choice of the Association.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 3: 45 to 4: 00 P. M. Eastern Standard Time. ..., Alabama.  
(Physical Suggestion)

1. EC: Yes, we have had the body, the enquiring mind of [1106] before.
2. Now as we find, all the circumstances and conditions that disturb the body - both from the physical and mental angle - should be taken into consideration; if there will be in the experience the help, the aid that is desirable.
3. We find that the appetites - or the habits AND appetites that have been created by the activities of the body - are of the nature of BOTH the physical and the mental attitudes towards conditions and circumstances.
4. Through resentments from little things that have been said, the body has allowed itself to build that appetite which is destroying the will of the entity - through the activities of drink upon the system - has produced a weakness that will require a great deal of mental determination; that must be based upon the spiritual self from within. And there must be the application also of material things which will aid in creating a balance to the assimilating system - the liver, the spleen, the pancreas, the kidneys; so that the great desires from associations do not again OVERCOME the will-influence of the body.
5. These necessarily must be choices, or there must be a choice made by the mental body itself. First, that it would of its own accord submit to the treatments under such directions as may be had in the institution - such an one as in Nashville - for inebriates.
6. And with the submitting to the treatments the applications, the weights [waits?], the tests - if the body will then keep away from the associations that have caused much of the activities, and engage itself mentally and physically IN those activities that are the more constructive in their natures - then we may find not only material employment but an activity in the mental and physical life that will bring contentment and peace and harmony; and a life of a useful service to others.

7. Then, we would first make these arrangements - which may be had through the Vanderbilt Clinic, or a good physician in the Nashville vicinity; and ENTER such a place for that period necessary to meet those conditions of the physical nature.

8. And with prayer - determining in self, the aid and cooperation of those near and dear to the body in the mental and material ways - we may bring the better conditions for this body, [1106].

9. Ready for questions.

10. (Q) After the above is accomplished, how should I proceed towards securing a position?

(A) There are abilities of the nature in direct application; and when these are accomplished - that is, the determinations, the activities in such a manner - then the outlook upon the experiences of life, the abilities will be quickened to such a way and manner that the determinations to become active in individual or specific fields of service will be opened to the body.

11. (Q) Is a cure within myself or is the treatment in an institution necessary?

(A) To be sure, unless there is the determination within self to rid self of the appetites and desires builded in the will forces of the system, that have been to such extent as to produce physical reactions, then the cure may not be accomplished even in an institution - without the will in self for this to be so. But as we find, as we have indicated, the institutional treatments are necessary - with the determination within self. And it will be easier, more desirable for the body to go through the institutional treatments.

Do that, then; relying upon those things that have been pointed out; that the basis of all spiritual awakening, the promises of the better and closer association with the divine are within self.

Do that.

12. We are through for the present.

## **REPORTS OF READING 1106-2 M 28**

None.

**INDEX OF READING 1183-3 F 56**

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: Turkish	Par. 14-A, 15-A
Possession: Alcoholism	Par. 9-A, 10-A, 20-A--22-A
Vertigo: Hypertension & Hypotension	Par. 13-A
Work	Par. 4-A, 5-A

**BACKGROUND OF READING 1183-3 F 56**

None.

**TEXT OF READING 1183-3 F 56**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 22nd day of January, 1938, in accordance with request made by the self - Mrs. [1183], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. [1183].

R E A D I N G

Time of Reading 10: 45 to 11: 05 A. M. Eastern Standard Time. Washington, D.C.

(Check-Physical Suggestion - body and enquiring mind, who seeks information, advice and guidance as to her health, her home and work. Ques.)

1. EC: Yes, we have the body, the enquiring mind, [1183] present in this room; this we have had before.

2. As we find, while conditions are not altogether satisfactory physically - and changes have occurred there needs to be greater precautions taken respecting the physical conditions especially as outlined for the better or for the improvement of same.

3. Ready for questions.

4. (Q) Regarding work: How may I best meet the conditions surrounding my work at the office?

(A) As we find, there are in the abilities of each entity and especially in this - those necessary capabilities for meeting the conditions as related to the character of the work chosen.

So far as the individual work is concerned, we find little disturbances in this direction. There ARE within the mental self and in some of the associations some antagonisms that make for unpleasant activities and unpleasant surroundings at times.

But know within self that there is the divine purpose, that there are the divine causes. Do not let animosities nor resentments nor those things that make for differences and hindrances disturb thee. For these only build towards those things that produce strife and contention; which if held to will make for dissatisfaction in many a quarter.

But let that mind be IN thee that was in him who gave to study to show thyself approved unto thine OWN good conscience and unto Father-God, that ye know ye must keep in touch with - the Universal Forces.

And to those that would be disturbing forces, make ever a soft answer that turneth away those things. Not that ye become as one that is taking blames altogether, but he that is the greatest is the servant of all.

In that attitude and in that manner ye will find the work and the surroundings and the conditions changing continuously to better environs, better activities, better conditions in every way.

5. (Q) Is there any way I can get a promotion?

(A) Only in showing self capable as well as worthy of meeting such situations, and with the abilities to do so. These as we find will and do prompt such; and these carried that is, the exercising of self mentally and physically in the manner indicated - will in a very short time make for advancements.

6. (Q) Regarding home: Shall I break up my home?

(A) As we find, in the present, many conditions are to be considered in this direction. While these are very unsatisfactory, do not make the moves first yourself that might be condemned - even by ANY, and most of all by self; because of that breaking up which would give then the excuse or a justification for the activities of others. Then, for at least a few months - or until the early spring or summer - hold as it is.

While it is under stress and strain, to be sure - but let there be that satisfaction, that knowledge within self that you are DOING the right thing YOURSELF, and take all of those things that are as hardships, that are lacking in consideration, those things where hard things are said just as if they were NOT.

Know in YOURSELF that you are doing the right, and let the move be on the part of others and NOT on self! It is much better within the self mentally AND physically that YE be the one mistreated than to mistreat someone else even in an inclination! Not intentionally would the entity, because if there were to be the breaking up materially and physically and for SELF it might be much better - but the mental satisfaction of knowing that ye are TRYING makes a peace that may not be had otherwise.

7. (Q) Just what should I do about my husband and home?

(A) As just indicated, live right SELF! Never so act, in ANY manner, in any inclination, that there may ever be an experience of regret within self. Let the moves and the discourteousness, the unkindness, all come from the other. Better to be abased SELF and have the peace within!

For unless changes arise, some great disturbance will come. But if ye so act that these appear to arise from thy neglect or from thy not caring, then the regret would always be with thee.

Then, act ever in the way ye would LIKE to be acted toward. No matter WHAT others say, or even DO, do as ye would be done by; and then the peace that has been promised is INDEED thine own.

8. (Q) Is there any chance of him ever overcoming the drinking habit?

(A) Not if there's given the least excuse for his continuation in same! But kindness, gentleness and prayer has saved many a soul!

9. (Q) What causes him to lose control of himself?

(A) Possession!

10. (Q) Is there any way I can help him?

(A) Kindness, gentleness and prayer. These offer the channels through which the greater help may come at this time. So live, so act in self that there are NOT regrets!

11. (Q) If I should keep my home, should I continue renting to the peculiar lady who makes conditions irritable for myself and husband?

(A) This had best be, if it can be done satisfactorily, let go.

12. (Q) You mean I should let the lady go and not rent to her?

(A) Best to let her go.

13. (Q) Regarding my health: Should I have my teeth fixed the way my dentist says, or can he fix them the way I want them?

(A) He can fix them the way you desire, if the general HEALTH is improved.

Use the Radio-Active Appliance that has been indicated for the body through this channel.

Have the adjustments and those reliefs from the pressures upon the heart that cause the dizziness and the activities that bring about the disturbances that become nerve racking at times.

These done - that is, following close in those things that we have outlined for the body - we will find it will not only improve the health but will make for many, many conditions in the mental attitudes that will be MUCH more satisfactory. And with the conditions improved physically, there may be the care of the teeth in the manner indicated as the desire - as to the arrangements or corrections for the teeth; for these CAN then be accomplished properly.

14. (Q) Are Turkish Baths good for me?

(A) Excellent! if they are taken cautiously.

15. (Q) Just how do you mean "cautiously"?

(A) Do not so overstimulate the circulation by excessive heat, you see, as to cause disturbance between the heart and liver circulation. FUME BATHS, with Turkish Bath rubdowns AFTERWARDS, are much more preferable.

16. (Q) Should I continue treatments with Dr. Bolkhardt?

(A) Well, this is part of the work we have indicated!

17. (Q) How should the Radio-Active Appliance be applied for this body?

(A) Circulate the body.

18. (Q) Any advice as to these treatments with Dr. Bolkhardt?

(A) These have been outlined, as to how. Not only the pressure is to be relieved from the abdominal area upon the heart and liver circulation, but the corrections in the cerebrospinal system will alleviate those tensions of the body.

19. (Q) How about a chiropractor?

(A) As we find, that as has been outlined is the preferable.

20. (Q) Regarding my husband, what is meant by "possession"?

(A) Means POSSESSION!

21. (Q) Does that mean by other entities, while under the influence of liquor?

(A) By others while under the influence that causes those reactions and makes for the antagonism, and the very CHANGE of the activities.

For this body (the husband), if there could be a sufficient period of refraining from the use of alcoholic stimulants and the diathermy electrical treatments used these would drive these conditions out!

But do not use same with the effects of alcohol in the system - it would be detrimental!

But such information for the physical condition of the body had best be approached from the individual, to be sure.

22. (Q) Is he crazy, or mentally deranged?

(A) If possession isn't crazy, what is it?

23. We are through for the present.

**INDEX OF READING 1427-1 M 41**

ALCOHOLISM

ATTITUDES & EMOTIONS: SELF-GRATIFICATION

Bible: Books Of: John 14: 13	Par. 25
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Work: E.C.: Quotations & Similes: "Condemn No One"	Par. 17

**BACKGROUND OF READING 1427-1 M 41**

B2. 3/18/34 Miss [243]'s letter:

"...I had a letter from Aunt [...] [wife of [3775]]. She said [1427] was home and she was with him every minute of the time, said he looked and seemed so much more like himself than he had for two or three years - brooded over his family affairs and the loss of his business [due to his drug addiction] but he hadn't decided yet what he would do."

B3. 5/5/35 Miss [243]'s letter:

"...I wrote [304] about [1427] - they have him in the Nashville, Tennessee hospital. Aunt [...], [[3775]'s wife] is just heartbroken as well as the others - it is just pitiful. [...] [[1427]'s sister] looks like a piece of stone - she has just hardened herself and withdrawn from all of her friends..."

B4. 8/4/37 Brother's letter requesting a Physical reading for [1405]:

"...I have another case that I would like very much to have your opinion on. As you probably know, [1427] has never been able to get away from a habit of several years. He has had numbers of treatments but always back to the same thing in a few weeks. It remains with the individual, of course, to stay off. I talked with Cousin [243] over a year ago about what help you might give - she thought it would be worth- while, so I am writing to see what you think - we would like to hear from you on the matter..."

B5. 8/6/37 EC wrote suggesting that [1427]'s cooperation be secured.

B6. 8/11/37 Mr. [1427]'s letter:

"...While talking to [...] [brother] a few days ago he told me about a reading you gave for [1405], also the one you gave Cousin [486] sometime back [for alcoholism]. He said that Cousin [486] says that you did him more good than anything else he had ever tried, and as his case was somewhat like mine, I am writing you asking if you would give me a reading. Of course I realize that in my case it is different from one where the patient has something specifically wrong with them physically. I have had any number of physical examinations and apparently there's nothing wrong with me. I stand a perfect examination so far as the doctors can tell. I know you are familiar with my trouble and I can't understand why I haven't been able to stop the use of drugs, but I haven't. Have never stopped trying and have had around twenty-five treatments, but it seems that I invariably go back to it. I, as well as the rest of my family, would appreciate you giving me a reading and if there is any other information you would like to have concerning me or my case, please let me know..."

B7. 8/13/37 EC's letter to Mr. [1427]:

"...Have yours of the 11th. Mighty glad to hear from you. You know I am happy to try and help. I'm sure you realize, though, that I will have to have your cooperation. I will try the reading on the morning of the 21st, 10: 30 to 11: 30 EST; that will be 9: 30 to 10: 30 your time. Please give me the address at which you will be at that time. If possible be quiet and in a prayerful frame of mind, wishing and hoping for help for yourself. I realize many people think that spiritual things are to be used only on Sunday. I feel sure God is our Father every day in the week, and that He hears prayer. I wish, too, that you would let me put your name on our 'Glad Helpers' prayer list. This is what they call themselves. When

you hear from them, you only have to write your name on a card and check a few questions they ask. I feel sure you will be all the gainer for this little try. You have always been a favorite of mine, [1427], and I'm just hoping and praying that there may be some suggestion that will help you overcome this trouble. Through the years we have had many such cases as yours, some physicians among them, and most of them have found real help. They always do when they will turn to God and Christ for the help. While I may be the channel through which a message may come, it is in God the help comes. Please let me know where you will be at the time set, and be sure to keep the appointment. I wish we could make it sooner, but that is our first open time. We can only make two readings in one day..."

**TEXT OF READING 1427-1 M 41**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 21st day of August, 1937, in accordance with request made by the self - Mr. [1427], Jr., new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by his brother, [...].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 50 to 11: 05 A. M. Eastern Standard Time. ..., Ky.  
(Physical Suggestion)

1. EC: Yes, we have the body, the enquiring mind, the conditions physical and mental, of [1427].
2. In giving that as we find would be helpful, both the physical and the mental attitudes - as well as conditions - must be considered.
3. And if there is the DESIRE on the part of the entity, the body, to rid self of the disturbances, this may be done - provided the trust, the hope is put in the proper place; and then worked at.
4. In most respects we find the body-physical is very good, near to normal from outward appearance and from activities within; yet there ARE evidences of a weakness in the PHYSICAL body through the desire for GRATIFYING of appetite that has blocked the will of the mental forces by gratifying of a physical desire for the emotions of a mental and physical experience; thus becoming a destructive influence to the physical and the mental body.
5. Then, how have these activities so worked, so manifested themselves upon the physical as to deplete that resistance which should manifest itself in a physically, materially, WELL body?
6. In the gratifying of a desire, these become habit-forming; in the manner of the effect then of the drug and the effects of alcohol upon the system weakening the will and thus weakening the coordination between the manifestation of spiritual truth with material gratification of flesh desires.
7. These we find manifest themselves upon the nervous system of the body, and give expressions in the nerve system between the cerebrospinal AND the vegetative or sympathetic nerve system.

8. Hence from the continual gratifying of an emotion or desire for those things that dull or subdue, or put aside the effects of a mental reaction, we find that physically there are pressures that exist in the ganglia of the upper dorsal and through the cervical areas, that magnify then the desire for gratifying upon the cardiac and the secondary cardiac system.
9. Thus the craving, the gnawing in the gastric forces of the digestive system - or the liver and heart activity in its ganglia - makes for the INORDINATE DESIRE!
10. So the body becomes physically overcome by the mental anguish produced by DESIRE upon the system.
11. Hence we find not only are there the effects of the desire but these are magnified by associations, by environs; and there is then - in the nervous system, through those pressures and in those areas indicated - the longing for gratification.
12. This then becomes the source and the very nature of the disturbances to be met.
13. How, then, may they be met?
14. The applications heretofore for the correction of these desires have been constantly surrounded by those that make for the same character of impressions upon the mental self as FIRST induced or caused the habit to become a part of the mental and physical body.
15. Then, WE would give that not only must the body-mind turn to the spiritual promises that are a part of its mental and spiritual self, but the environment must be changed; so that the spiritual promises may be put to active service and work to replace the habits with the habits of doing GOOD, doing right, doing justice, being merciful.
16. These are naturally a part of the whole of the entity's self, and the harm comes to self from only anxiety, shame and inordinate desires from those about the entity.
17. DO NOT - those, then, about the entity - CONDEMN; lest a worse fate befall thee!
18. For these conditions may be overcome with this body if the entity will turn first to the spiritual self, and seek spiritual aid and guidance from within; then put self IN an institution where all these phases of such experiences are understood and application made for the REMOVAL of the pressures.
19. If the entity's mental self then KEEPS the seeking to the Christ-love, the Christ-spirit, there WILL be the abilities to remove those things that have so easily beset the body.
20. Know this first and foremost: ALL HEALING of any nature must be of God; for God (in Christ, to man) alone is life, is health, is good; and when applications are made of mechanical means, electrical means, the vibratory influences of medication or what not, the GOOD is the manifestation of Creative Forces or God!
21. Just as the blush of the rose, the beauty of the sunset, the dew upon the grass, the beauty of love - all are to man's understanding, to man's spiritual self - upon the spiritual portion of man's mind - a manifestation of God, that Creative Force, that everlasting Life.

22. Life alone is eternal because it is of God; and only in Him may it be RIGHTFULLY sought!
23. Then, four weeks should be sufficient. Go to Macon, Missouri - Still-Hildreth; have corrections made in the cerebrospinal system to produce coordination between the sympathetic and the cerebrospinal system.
24. During that whole period - pray and study to show thyself approved unto God, a workman - not ashamed of the weaknesses but showing forth in thy daily life, that ye walk and ye talk with Him; who has promised to be thy STRENGTH, thy might, if ye will seek to do His biddings.
25. Let others seek with thee in prayer - not in unbelief. For indeed may ye in thine experience PERSONALLY know that as He hath said, "If ye will ask in my name, BELIEVING, doing, ye may know the Lord that He is indeed good and cares for the children of men."
26. Then seek and ye shall find, knock and it will be opened unto you.
27. We are through for the present.

#### **REPORTS OF READING 1427-1 M 41**

R1. 8/24/37 EC's letter:

"...Guess you have your reading and have read it over. There is little I may add; only that, from the experience of others, I would suggest that you put it into practice. Of course, unless it answers to something within yourself, there is not much to be gained from it; it would become just another experience of going some place, staying a while, coming home, and the whole thing to go over again. "Now, [1427], know that it is not what some other one may think of it, but, as you read it over, does it appear to be talking just to you? If so, then you can do something about it. From the reading, evidently habit creates a condition in the physical system, much like - if you will pardon the expression - a hog finding a gap in the fence. It may be a good fence in every way except the gap. If - IF - you will take God as your partner in helping to fix the gap, with Him you can do it. "I have asked the Prayer Group here to put you on the daily prayer list. You will hear from Miss Florence Edmonds (the leader of the Glad Helpers). See if you can't keep the period as she sets for you; it will only take a few minutes. Know that we all will be praying with and for you, and that Jesus really cares. Now, [1427], you know I am no preacher; but give this a fair trial, won't you? I sincerely believe you will be thankful for the try the rest of your life..."

R2. 10/1/37 Mr. [1427]'s brother wrote:

"...I have been wanting to write you for several weeks. First I want to thank you for your effort in the reading for [1427]. We felt that you certainly gave the only real remedy for his trouble. We would not have thought so much of it if you had prescribed cures of this or that kind. Without a doubt the only real cure is from our Creator. We have made an effort along this line. His cooperation is lacking. He does not want to try. We as individuals, Mother and myself, have been strengthened by daily prayer with him but he is not - mainly, I believe, because he doesn't try or want to be cured. We got him to write to the Missouri people,

but so far as getting him to go, he doesn't want to. He wrote you for the reading, but when it comes to taking any action he will not. If he will not try to help himself I can't see much hope for him. He certainly must make some effort. Just what we are to do with him no one can tell. He just admits now that he does not want to try. Many times he has said he wanted to make the effort to get away from it. He cannot be held in any hospital or institution against his will. Not even the Narcotic Farm at Lexington, now. He was there for several months in 1935 - 1936, but they can only hold those committed on criminal charges now, according to a ruling of some judge in the courts up there. There are many others here in [..., Ky.] in his condition, and they do not want to do anything. Therefore, I can see no hope for any of them..."

R3. 12/12/42 Mrs. [844] [wife of [486]]'s letter:

"...It is too bad that Aunt [...] [wife of [3775]] had to die so soon for she was so useful and fine. [...] [[1427]'s wife] and [...] [[1427]'s younger brother] have the home and [1427] is away again and I suppose at the hospital where he goes so often. I do wish they would let him stay longer this time and maybe he might get better. He tries so hard I think and if they had no money he would have to do better. It must be a disease with him..."

R4. 10/25/43 Mr. [1427]'s letter:

"...I have been in a sanitarium here at Madison, Tennessee for about five weeks now - and while here met a young fellow who after reading an article in September issue of Coronet about you has become very interested in having you give him a reading. His trouble is not the same as mine, but he has not been able to get any especial benefit here..."

R5. 4/13/64 GD's note: Through the years Mr. [1427]'s brother who requested the reading for him, and for their father, has remained an active member of A.R.E.

R6. 9/6/73 Mr. [1427]'s brother requested a copy of 1427-1. Later GD heard from [1427]'s daughter that Mr. [1427] had died on 12/11/63, at the age of 68 yrs., not ever having overcome his addiction. She said her parents had separated, because of his addiction, when she was a little girl, though they continued to love one another the rest of their lives.

**INDEX OF READING 1439-1 M 38**

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**BACKGROUND OF READING 1439-1 M 38**

B1. 3/5/35 See wife's reading, 845-1, Par. 27-A--30-A in re their marital relationships, past associations, and his weakness for alcohol.

B2. 9/14/35 See 845-2, Par. 30-A--33-A giving prescription to help break him from drinking.

B3. 7/12/36 See 845-4 in re putting him in institution, getting him interested in work, etc.

B4. 9/6/37 Wife was present for a Physical reading for him - he was in City Farm after many drunken scrapes, giving bad checks, etc.

**TEXT OF READING 1439-1 M 38 (Car Salesman)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 6th day of September, 1937, in accordance with request made by the self - through request of his wife, Mrs. [845], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [845] and Mrs. [413].

R E A D I N G

Time of Reading (City Farm) 11: 05 to 11: 35 A. M. Eastern Standard Time. ..., Va.  
(Physical Suggestion)

1. EC: Yes, we have the body here, [1439].
2. Now as we find, from the physical disturbances these, while they appear to be minor, are deep-seated and come from pressures between the coordinating of the sensory forces and the activities of the deeper organs.
3. Thus we have periods when there are greater disturbances that find their reaction in gratifying of appetites.
4. These, then, are the conditions as we find them with this body, [1439]:
5. IN THE BLOOD SUPPLY, this we find below the normal in the red blood cellular force, owing to causes as indicated, as well as the effect that has been produced by indiscretions at times to the organs of assimilation.
6. Thus we have this deficiency that produces then a condition, in the hepatic circulation as well as in eliminations, where disturbances become as a gnawing in the system itself.
7. IN THE NERVE FORCES OF THE BODY, we find in the latter or lower portion of the dorsal area pressures. These with the reflexes from activities of the body in the lumbar axis produce the pressure that produces the incoordination in the brush end of the cerebrospinal system.
8. Thus we have the effect of that the body would do in reasoning becomes that the body does not really DESIRE to do in the physical, but the pressures are of such a nature that we have not a mental aberration or a mental disturbance, though the effects are in the physical that same character of reaction.
9. Thus we have the conditions such that there becomes the gratifying of appetites in the bodily system, or desires.

10. And we find the body then, rather than as planning for that which is destructive in the mental abilities and mental attitude of the body, becomes so overwrought by physical desires as to necessitate the gratifying of physical appetites.

11. Not a possession, save when there begins the gratifying of same; THEN there are the opportunities for those influences from without to possess the activities of the body in not only the cunningness of the activities but in that which to the BODY, under the influence, becomes as reasonableness to the influences and activities of that possession.

12. IN THE ACTIVITIES OF THE ORGANS THEMSELVES, as we find, these become disturbed; that is, the physical disturbances to the hepatic circulation, or the digestive system, the liver, the pancreas, the spleen, the kidneys.

13. And their effect becomes then rather as a lack of either functioning nominally or an overexercising of their activities in the system.

14. THEN, as we find, TO MAKE FOR THESE CORRECTIONS THAT WOULD PRODUCE IN THE PHYSICAL FORCES AS WELL AS IN THE MENTAL FORCES THE PROPER REACTION:

15. First, we would have a proper correction made in the cerebrospinal system, OSTEOPATHICALLY; in the lower dorsal, or the 9th, 10th, 11th, 12th dorsal, and in the lumbar axis.

16. These osteopathic manipulations would be given for periods of six to ten such adjustments, left off for a period of a month, and then given again.

17. After the second of such adjustments or treatments are begun, we would THEN begin with the application of the low electrical vibrations of the Wet Cell Appliance that would carry Gold into the system.

18. The attachments would be made in this manner: One time the small plate would be attached first, to the 4th lumbar plexus; the next time the small plate would also be attached first, but to the 1st and 2nd cervical center - so that we keep for the glandular system the vibrations carried into the body that produce the necessary plasms to create in the vibratory forces of the nerve system, and to the brain activity, the abilities not only to rid the system of those impressions and appetites but to supply that which would make for a normalcy in the reaction of the body. Each time, however (and the Appliance would be attached only every other day), the larger plate, through which the Gold Solution passes, would be attached last, upon an area three fingers from the umbilicus center directly towards the right side, or over the lacteal duct and the lower portion of the gall duct area.

19. These vibrations would not be given for more than twenty minutes in the beginning, and given only every other day; preferably as the body is ready to rest of an evening - taking the time to do same.

20. Give these vibrations in periods also; that is, give for thirty days - or fifteen treatments; leave off for thirty days; and then give again.

21. Then the mental attitude of the body:

22. There are within the physical and the mental reactions of the body those periods of incoordination; but with the physical corrections and the mental attitude turned to rather CONSTRUCTIVE forces than those in which

advantageous positions may be obtained by the activities in the associations with others, we find that we would bring an activity that would be a helpful, hopeful experience not only to the body but to all that might be associated or affiliated with the body.

23. Do that.

24. Ready for questions.

25. (Q) At certain intervals I contract cold, which seems to settle deep in my chest after a day or so. I am then very sore and will cough at times until vomiting. This condition prevails now. Could it be that my lungs are affected?

(A) No; only sympathetically, from the deficiency in the blood supply in the body. And the inclinations for the activities as indicated naturally create or bring about superacidity in the system, which - with the pressures in the cerebrospinal system - cut off or hinder the proper circulation through the lungs of the flow of blood supply, owing to the plethora created in the hepatic circulation.

Thus the heaviness, the soreness through those areas of the body, by the lack of the proper circulation through the lungs.

But if those activities are carried forward as indicated, we will find not only a better appetite, not only a better assimilation and digestion, but the removal of the causes of the disturbance.

No organic trouble in lungs, but functional and sympathetic from nerve conditions.

26. (Q) Both eyes and teeth are bad. When reading either day or night the print will stay separated but will dance around the page (Referring to the average newspaper print).

(A) This is a natural effect of incoordination owing to the conditions in the blood supply, the hindrance from the circulation to the upper portion of the body. Hence the activities indicated for the applying of the vibrations from the low electrical forces of the Wet Cell Appliance, not only to the lower portion of body but to those areas through which the sensory forces are supplied the nutriment; that is, to the eyes, the ears, the nose, the chest, the lung, and all the sensory activities of the body.

For the teeth, local attention is needed.

27. (Q) Since I smoke moderately and am not nervous, does this smoking affect the system to any great extent?

(A) The body IS nervous; that is, the character of nervousness that has been indicated, as to the incoordination between the cerebrospinal, through the brush end of the spine itself, to the superficial or the vegetative nerve system of the body.

The smoking in moderation is NOT harmful; in excesses it IS harmful.

28. (Q) At times I have absolutely no desire for alcohol, but yet I have, in the past, without any prearranged schedule, proceeded to literally drink gallons without letting up. I sincerely feel now that I can very well get along without any kind of an alcoholic drink whatever. What is the general outlook here?

(A) This may not be accomplished until there is removed PHYSICALLY those pressures that cause the inability of the system, between the nervous forces of

the body, to PREVENT the possession of the appetites seeking desire by influences without as well as gratification within.

29. (Q) As soon as practical, what thought is recommended in connection with employment?

(A) That in the field of the abilities of the entity as related to mathematical problems. These are activities and fields in which the body may excel.

30. (Q) Other than when distorted by alcohol, is there any reason to believe the mind is in any way sick? I would like to have a concrete analysis to substantiate your opinion.

(A) This has been given as to how and why. For the effect upon the organs of the system makes for an ILLNESS in the physical body, finding expression in the mental OUTSIDE of self and in the gratifying of appetites within self.

So the mental is not ill but misdirected by influences from pressures within and influences from without.

With the removal of these pressures, the toning and tuning of the system for a more normal activity, and with the mental self made more CONSTRUCTIVE in its reactions, we should find a change that would make for a concrete example of the whole effect of the influences of constructive thought as applied in the mental self.

31. (Q) In connection with the proper care of mind and body, is there any particular food recommended?

(A) Only those that are of a correct balance in the acidity and alkalinity of the system.

Do not use too great a quantity of starches that demand those influences to produce an overabundance of alcoholic reaction.

32. (Q) Have my former activities been such as to make for development as looked on from the soul forces?

(A) These have been rather a tendency towards retardments in some directions, developments in others.

The BODY, physically or souly, is not held for that which has become as appetites. Then to CONDEMN self, in the activity towards others, is to BUILD that which is destructive.

But with the attuning of the body physically and mentally, and CONSTRUCTIVE thoughts, putting that BEHIND that has made for those influences wherein the body became easily influenced, we will find constructive forces becoming more and more predominant in the physical activities.

33. (Q) Will a change take place now that will indicate progress from man's angle?

(A) If these are applied in the manner indicated.

34. (Q) What steps can be taken to create a desire to be good for something for others, instead of satisfaction of own appetites?

(A) As has been given.

35. (Q) Is there any hereditary influence that has caused this moral letdown?

(A) This is rather as that of possession through weaknesses created by appetites and physical conditions in the body.

36. (Q) Could there be any medical check made that would substantiate what has been given here?

(A) That as to the blood supply and the nerve reaction may be substantiated by the check upon the plasm in the blood supply, as to the red blood cells, as to the hormones in the white blood.

37. (Q) Any further advice for the body at this time?

(A) Do these, keeping the attitude of surrounding self continually with not that as becomes goody-goody but rather good FOR something!

38. We are through for the present.

**REPORTS OF READING 1439-1 M 38**

R1. 10/20/37 Wife [845] reported: "...Since these treatments began he has acted like a new person..."

R2. 12/21/37 He was present for his Physical reading. See 1439-2.

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SPINE: SUBLUXATIONS

**BACKGROUND OF READING 1439-2 M 38**

B1. See 1439-1 on 9/6/37 for alcoholism.

**TEXT OF READING 1439-2 M 38 (Car Salesman)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 21st day of December, 1937, in accordance with request made by the self - Mr. [1439], Jr., Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by his wife, Mrs. [845].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mr. [1439], Mrs. [413] and Mrs. [618].

R E A D I N G

Time of Reading 3: 20 to 3: 35 P. M. Eastern Standard Time. Norfolk, Va.  
(Physical Suggestion)

1. EC: Yes, we have the body here.
2. Now as we find, while there have been those inclinations and tendencies towards the corrections - that as we find are necessary along the cerebrospinal system, these have NOT been administered altogether as was outlined for the body.
3. There should be those corrections made more IN those centers as first indicated, and not too MUCH made in the UPPER portion of the cerebrospinal system until there is a better coordination throughout.
4. Too, there should be kept the activity of the principle of the manipulations.
5. And there should be kept the vibratory forces carrying the Solutions for the system for the replenishing of nerve IMPULSES to RELIEVE those tensions PHYSICALLY; that, to be sure, through mental attitudes may be the greater strengthened in the controlling of the appetites or the influences of the bodily forces themselves.
6. It isn't the intention, it isn't the inclination of the body to give way to such influences! It is rather the INCREASING of the appetites by the directions of same through the physical body!
7. These treatments then as we find should be re-enacted as it were; beginning at ONCE through the system!
8. First the manipulations, you see. When they are given, then on each period - not that SAME day but the next day - take the vibratory forces from the Appliance. Keep the plates clean.
9. Then the next day when the manipulations are given, skip the Appliance.
10. Use the Appliance, you see, each day except on the days when the manipulations are taken.
11. Then let the mental attitudes of the body - during the periods when the applications of the vibrations are used from the Appliance - turn to that of SEEING, within self, what is to be, what MAY be, and what IS BEING accomplished by such applications in the body-physical; if the directions of the mental self are in that direction.
12. For as the impulses of the nervous system, through the mental attitudes, are directed in a constructive influence and force, we will find the conditions

improving; and the abilities of the mental self to keep in more CONSTRUCTIVE attitudes.

13. The abilities, the mental efficiencies, as we have indicated, are ABOVE those of the ORDINARY.

14. Then, let the mental self build upon that; not as of the past but in the present! For the strength of Creative Forces and Energies will and does build constructively in the body, if the attitudes and activities are coordinated.

15. Ready for questions.

16. (Q) How often should the osteopathic treatments be taken?

(A) About twice a week. On the days when these are given, do not use the Appliance. Give these for another full period, you see. Then leave off for a period of fifteen to twenty days; but keep on with the Appliance! Then begin again with the whole series.

17. (Q) Is there any heart trouble?

(A) No heart trouble of the nature of physical!

18. (Q) Would you advise continuing the osteopathic treatments with the same doctor?

(A) If he will give them as is indicated! If not, change!

19. (Q) What causes the roughness in the skin around the chest and shoulders?

(A) The circulation, as will be aided by the corrections through those portions of the system indicated; and MAKING coordination with those in the upper part of the body. This is an influence from the sympathetic circulation.

20. (Q) What originally caused the pressures that have to be removed osteopathically?

(A) Pressure between moving machinery of some kind - cars.

21. (Q) Can those assisting do anything to prevent the body from indulging in stimulants?

(A) They can pray like the devil!

And this is not a blasphemous statement, as it may appear - to some. For if there is any busier body, with those influences that have to do with the spirit of indulgence of any nature, than that ye call satan or the devil, who is it?

Then it behooves those who have the interest of such a body at heart to not only pray for him but WITH him; and in just as earnest, just as sincere, just as continuous a manner as the spirit of ANY indulgence works upon those who have become subject to such influences either through physical, mental or material conditions!

For the POWER of prayer is NOT met even by satan or the devil himself. Hence with that attitude of being as persistent as the desire for indulgence, or as persistent as the devil, ye will find ye will bring a strength. But if ye do so doubting, ye are already half lost.

For the DESIRES of the body are to do RIGHT! Then aid those desires in the right direction; for the power of right EXCEEDS - ever and always.

Do that, then.

Like the devil himself - PRAY!

22. (Q) Is it believed that there is any inclination in the body here to cooperate and correct these conditions?

(A) As just given, it is NOT the real DESIRE of the body to commit self to the inclinations. There IS the desire, then, to cooperate.

Hence there has been given the way to overcome - through the PHYSICAL manner, the MENTAL manner; and the ATTITUDES.

Then let the body cooperate by putting behind self those things that easily beset. And look - LOOK - to the strength and the power of the Christ-Consciousness - the light WITHIN; and be able to say NO! - and mean it!

23. We are through with this reading.

**REPORTS OF READING 1439-2 M 38**

R5. 9/7/40 Vincent Ober, D.O.'s reply to Questionnaire:

(1) Did the reading presented to you describe the condition of the patient? "Yes".

(2) Give technical diagnosis. "No physical or lab exam made."

(3) Were the suggestions for treatment in your opinion proper for this condition? "Yes".

(4) For what period of time has the patient followed directions given in the reading under your care? "From Oct. 18th to Nov. 2nd [1937]."

(5) What results have you observed? "Do not know."

R6. GD's note: Mr. [1439] never returned to Mrs. [845]. We heard years later that he had gotten married to someone else and was doing alright, though we had no details as to whether or not he had conquered the drink habit.

**INDEX OF READING 1753-1 M 44**

ALCOHOLISM

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Osteopathy: Spine: Subluxations	Par. 6, 10, 11
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: Gold Chloride:	Par. 12--16
: Water, Distilled:	Par. 12--16
Prophecy: Prognosis: Alcoholism	Par. 16, 17
Psychosomatics: Alcoholism	Par. 4, 5, 8, 9
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SPINE: SUBLUXATIONS

**BACKGROUND OF READING 1753-1 M 44**

B1. 10/26/38 Letter from [1753]'s Aunt: "...From a friend, Ellean Culkin of Chicago, I have learned that you have a cure for drunkenness. Miss Culkin gave me no details, only stated that two people of her acquaintance have received greatest help from you. Kindly send information as to the manner of your work; may a cure be effected? even without patient's consent? - and at a distance? We all know it is in majority of cases, most difficult to get their consent, at least until some of the alcoholic influence is cleared away from the mind - and body. The cure I am interested in for a Nephew, a man about forty-five - lives in Detroit - a splendid wife - three beautiful children - they as a family most companionable. His manner of indulgence is solitary and he gets so down that he spends most of time in bed - gives up food, business. Personally, I have never lived close to him to know many details but I think the habit has increased in last few years rapidly. Recently his liver effected - and most difficult, the mental attitude: remorseful, down in depths and stubborn. In about two weeks or rather the 'Sixth', I expect to be with him, enroute to New York. A day is a short time to accomplish much under the circumstances. He is coming out of a stage now - one of the worst - and I believe will make every effort to be straightened when I am there. I hope I am not expecting too much that you can guide me to get this nephew started in an upward course. In event your analysis may be helped by knowing some facts regarding person: [1753] - Born, Beaver Falls, Pennsylvania, October - about 8th or 9th - 1893. Anxiously awaiting your reply..."

B2. 10/28/38 EC's letter to Miss [...], [[1753]'s Aunt]:

"...Have yours of the 26th - sincerely hope may be of a service - hope your source of information about me gave you an idea of how each case was approached.

"But am sending you data this mail which will explain how each case is a study in its self and we have no set treatment for any condition - but each person is considered as an individual entity - and the information takes each where they are - giving that as may be helpful to their own physical and Spiritual development..."

B3. 11/14/38 Letter from [1753]'s wife to his Aunt who sent it to EC:

"...Scarcely know what the conversation was with you the other night. [1753] had been off of liquor and we were doing everything to help and then for NO reason whatever that night he started. It shocked me so - can't tell you why, but he was away from it for five days and I really and truly felt he was getting ahold of himself when I discovered him taking liquor.

"Really, Aunt [...], I'm afraid he's just hopeless, although I really feel if he'd place himself in the hands of someone who understands, maybe he'd recover, but he won't he flatly refused and says he can do it himself. He feels it would hurt his pride to let someone help. He doesn't seem to consider our prides. Of course, that is not important now - just so he wakes up.

"The only way I can explain is that he is just terrible. In an awful condition. I think I'm too kind with him.

"Are you planning on stopping on your way back? Maybe you could help him - oh; I don't know, he stays in bed almost all day, then gets up and runs off and

gets a bottle of whiskey. Sometimes he's shaven - sometimes he isn't. He's just a mess.

"Wrote mother [[1753]'s mother, the Aunt's sister] about him trying to help himself - now I really feel terrible writing about what has happened. Do you suppose she could help him or would help.

"Business just held on by a thread - everybody learning about him and he just doesn't care. Terrible my writing this but what should I do. Seems his life is in my hands and I can't seem to help anymore. Will you be stopping? Would love to have you..."

B4. 11/17/38 [1753]'s Aunt's letter to EC:

"...Business has delayed my Detroit visit. I have given much consideration to your booklets and I am convinced you will be the possible salvation for us. I think the power transmitted to you for your work is the greatest and by the guidance of your reading no doubt will reach the solution.

"Not knowing the details of your work I can just express the hope we may succeed in helping my Nephew sufficiently to have him go to Virginia Beach for personal treatment.

"I will be in New York at this address until Tuesday and hope you may be able to give me some helpful guidance. Wire me if you wish me to talk by phone with you any evening.

"I hope the power will be given you to break this dreadful physical condition which is destroying every mental and spiritual uplift in his make-up. Anxiously awaiting your reply...check enclosed."

B5. 11/18/38 EC's wire to [1753]'s Aunt: "...Will Mr. [1753] be home tomorrow afternoon nineteenth three-thirty four-thirty EST? Advise his street address if you wish us to undertake it then..."

B6. 11/18/38 Aunt's wire to EC: "...Address ... tried to phone [1753] he and family out together indicates better at moment. Think he will be home at stated hour if for success you must know positively wire me - I will phone him at the hour and then phone you..."

B7. 11/19/38 EC's wire to Aunt: "...Must know positively where he is during hour appointed..."

B8. 11/20/38 [1753]'s Aunt's letter to EC:

"...Regret to have failed in yesterday's treatment for my nephew. I have just written his wife in detail and sent your booklets giving her helpful data. I have stated to her the hour to be 10: 30 Tuesday morning. I do so hope we can manage this preliminary analysis so I will be better guided as to what to do when I am with them on Thanksgiving Day.

"I have made the effort to have my Nephew phone you tomorrow (Monday) evening regarding his own appointment.

"This I am hoping for - If we succeed in securing the analysis I will phone you for the best guidance to accomplish [1753]'s freedom.

"Thanking you for your efforts in my behalf - in the interest of my Nephew's cure...Kindly send me another set of Booklets."

B9. 11/21/38 [1753]'s wife's wire: "[1753] at home appointed hour Tuesday morning."

**TEXT OF READING 1753-1 M 44**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 22nd day of November, 1938, in accordance with request made by the aunt - Miss [...], through Associate Membership for self in the Ass'n for Research & Enlightenment, Inc., recommended by Miss Ellean Culkin.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 05 to 11: 20 A. M. Eastern Standard Time. Detroit, Mich.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, with special reference to the drinking; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions that may be submitted, as I ask them:

2. EC: Yes, we have the body here, [1753].

3. Now, while there are disturbing conditions, these as we find arise primarily from the effects of indiscretions of the body; though there are also physical conditions to be considered which CAUSE, or produce in part, inclinations towards the appetite which produces the desire for drink and indiscretion.

4. Hence in giving that as we find which might be helpful in the experience of the entity and body, - first, there must be considered the mental attitude of the body.

5. While with the applications suggested here there will be changes in the appetites, in the desires, in the inclination, we find that there must FIRST be the PURPOSING IN the mental forces of the body sufficient to give the body THROUGH the applications necessary the opportunity to bring about this change which will enable the body to resist and to overcome those inclinations, those tendencies, those appetites.

6. As we find, in the lumbar and the lower dorsal areas there are those subluxations which should be released, as combined with pressures in the upper dorsal and lower cervicals, - through a series of adjustments osteopathically administered.

7. Also we would take those properties which will make for the glandular reaction as to supply energies to replace the disturbed forces.

8. Thus we may make for sufficient of those changes - if there is the inclination or the desire of the body at all to refrain from the satisfying - as to eliminate the inclinations and disturbances.

9. Fill the mind and body, then, with constructive, creative forces, desires to make not only reparation but to consider the obligations, the promises, the love of the family, home life and the like, as to make for a regeneration of the whole purposes and desires of the body.

10. First, then, under such an one as Thompson, have those adjustments made; in the lumbar and lower dorsal, coordinating with same those pressures which will be found or indicated in the upper dorsal and lower cervical area.

11. Take about six such adjustments, DEEPLY given.

12. After the second adjustment, begin with a combination dosage of Chloride of Gold and Bromide of Soda. Prepare the two solutions and add the dosage of each only when ready to be taken. Keep the two solutions separate.
13. The Gold solution would be prepared in the proportions of three grains of Chloride of Gold in three ounces of Distilled Water.
14. The Bromide of Soda Solution would be fifteen grains of Bromide of Soda in one ounce of Distilled Water.
15. Three times each day, take one minim of the Gold Solution and three minims of the Soda Solution in half a glass of water. Take same in this manner for five days, then leave off for two days, then again take for five days; and continue until almost the whole amount at least has been taken - of the Gold Solution, and the Bromide of Soda Solution continued as indicated along with same. Three times a day one minim of the Gold Solution with three minims of the Soda Solution. Do not put these together until ready to be taken, see? Use a medicine dropper for measurement; do not just measure by dropping from the bottle, or just guessing at it.
16. Now this will produce such conditions that if strong drink is taken it will nauseate the body. But if there is the disregard of this and the CONTINUED use of the strong drink, it will make for the non-effectiveness in the system except nausea.
17. But doing all of these, with the purpose, with the desire for correcting of self, we will find conditions, environs, associations all changing; and these will make for corrections of other disturbances in the system that are beneficial to the body at this time.
18. Ready for questions.
19. We are through for the present.

#### **REPORTS OF READING 1753-1 M 44**

R1. 11/23/38 EC's letter to [1753]'s Aunt: "...Possibly am sending this to wrong address, but did not know whether you would return to N.Y. or go back to ... Do hope, Miss [...], you may have wonderful cooperation from Mr. [1753]; feel very sure if you do that you may expect as wonderful results as many others have had from such conditions. Know will be anxious to know the outcome, not curiosity but for the feeling have in such matters and am most anxious to be of help if possible.

"Hoping you will let me hear from you..."

**INDEX OF READING 1764-1 M 45**

ALCOHOLISM

Appliances: Wet Cell: Alcoholism	Par. 16
Diet: Alcoholism	Par. 10, 22-A
Doctors Suggested: Reilly, Harold J.: Ph.T.	Par. 9, 22-A

DRUG ADDICTION

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Prescriptions: Bromide Of Soda: Alcoholism	Par. 10--15
: Gold Chloride:	Par. 10--15
: Water, Distilled:	Par. 10--15
Psychosomatics: Healing	Par. 4, 18, 19

**BACKGROUND OF READING 1764-1 M 45**

B1. 12/19/38 Sister, Mrs. [1765]'s letter:

"...Enclosed find check for 3 readings for December 21 and 22.

"The first one is for my brother [1764]. He is at the hospital of the University of Virginia in Charlottesville - under observation - and will be in a cooperative attitude on the afternoon of the 21st. He has been since his college years - a periodic alcoholic and for the last 10 years, because of his frequent absences from business, he has been unemployed - more recently he has also used narcotics. At present deeply depressed and needing encouragement and guidance towards an occupation and ability to resist his weaknesses. I talked with Mr. Kahn about him and he suggested that perhaps one of the old type of general reading would be most constructive in this case.

"Questions: Cause of difficulty and treatment for same. He has been recently taking Insulin Shock treatment. Is this of value for him. Are any special diet medications, etc. indicated, any vocation, - also his wife is rather weak and discouraged in her attitude towards him at this time - is the continuing of this marriage helpful for them both?

"Please send his reading to me at ... Road, ..., Ill.

"I will leave the decision as to the type of reading that will be most helpful in this case to your own wisdom, and of course if the last question is not one that should be asked please disregard it. I ask it only with an earnest desire to help two people who find their life very full of difficulties. I trust that Mr. Kahn's signature on the first blank will apply for all three for your records..."

**TEXT OF READING 1764-1 M 45**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 21st day of December, 1938, in accordance with request made by the sister - Mrs. [1765], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Dr. Mary Miller and Mr. David E. Kahn.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

University of Time of Reading Virginia Hospital, 4: 15 to 4: 30  
P.M. Eastern Standard Time. Charlottesville, Va.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions which have been submitted, as I ask them:

2. EC: Yes, we have the body here.

3. Now as we find, the administrations which have been and are being administered in the present - the adrenal activity to produce those conditions as might prevent recurrence - are working upon the wrong principle. For they are breaking down that resistance in the system which IS to be needed, if the body would be brought back to a condition where resistances may be builded in the system.

4. For, unless there ARE some changes in the mental attitude, the outcome will be a much more disturbing condition than that which exists from alcoholic disturbance, or even narcotic; though the combinations of these are very hard upon a physical body.
5. As we find, there are pressures which exist upon the adrenals that cause an extenuation, or an exciting if you please, of desires and appetites to the system that are of an abnormal nature.
6. And until such pressures are removed, or overindulgence in one direction or another breaks down some other portions of the system to a more disturbing condition, these appetites may NOT be eliminated - even though the will of the entity tries and tries to overcome such.
7. Then, in the general physical conditions many disturbing factors enter in.
8. But, as we find:
9. First we would give that there be the administrations of sufficient of hydrotherapy treatments; high colonics to cleanse the system; and sweats and rubs, such as may be had through the Reilly Institute.
10. And then, after the body is thoroughly cleansed - for it will take several weeks for this, and with a diet in which there would be little of that which was alcohol-producing in its fermentations - we would begin with the administering of small quantities of Gold and Soda. These would be prepared in separate solutions and only added when the dose is taken.
11. The Gold Solution would be prepared in the proportions of one grain Chloride of Gold to each ounce of Distilled Water. This would be kept separate.
12. Prepare the Soda Solution in the proportions of two grains Bromide of Soda to each ounce of Distilled Water. Keep this as the other solution.
13. We would begin taking same only after the second or third high colonic; and the dose would be one minim of the Gold Solution and two minims of the Soda Solution in half a glass of water each day, - until about the third or fourth week.
14. Then it would be left off entirely for a week.
15. Begin then with two minims of the Gold Solution and four minims of the Soda Solution each day for another ten days to two weeks.
16. Also, after about the third week of the hydrotherapy treatments (not before), we would begin with the vibratory forces of the low electrical Wet Cell Appliance carrying Gold. The Gold Solution to be carried into the system vibratorially through the Appliance would be in the proportions of one grain to each ounce of distilled water; and at least four and a half to five ounces should be used in each charge of the Appliance - every fifteen days, you see. The attachments would be made, the small copper plate at the 4th lumbar; while the larger nickel plate, through which the Gold Solution passes, would be attached to the lacteal duct and umbilicus plexus; for a thirty minute period each day.
17. During the periods when the hydrotherapy treatments are given, it will be found that corrections will be necessary in the lower end of the spine or the coccyx area, - a balancing in the lumbar axis, and a coordinating of the dorsal with same.
18. Thus - if there is then the attitude by the entity of a DESIRE to leave off those influences - the body may gain a near to normal equilibrium.

19. For through such the appetite may be taken from the system in all of its associations.

20. Do that, then, if we would bring the better forces for this body, [1764].

21. Ready for questions.

22. (Q) Any special diet?

(A) As we have indicated, these would be followed under such supervision - or if the body is supervised by such an Institute, there would be little of the foods that produce alcohol in the system.

These would be, then, the very natures that contain little of the sugars, little of those that ferment easily; while there is the necessity for a certain quantity, it is a different character to be made than that which produces appetites.

23. (Q) Is the insulin shock treatment of benefit to him?

(A) As we find, as indicated, unless there are the corrections made, it will bring about - and is bringing - a hard condition to deal with.

24. (Q) Is there any particular vocation which would be best for him?

(A) The best vocation is first to get rid of the disturbance and THEN in most ANY activity, - as may be best indicated from his associations in the material plane, or vocational guidance may be directed.

25. (Q) His wife is rather weak and discouraged in her attitude towards him at this time. Is the continuing of this marriage helpful for them both?

(A) It would be best for both that at least the opportunity be given for his self-expression, - unless there is so much of self in the wife as to disregard; then the sin be on her OWN head!

26. We are through for the present.

#### **REPORTS OF READING 1764-1 M 45**

R1. 5/19/39 Sister, Mrs. [1765], phoned for a Physical reading. See 1764-2.

**INDEX OF READING 1764-2 M 46**

ALCOHOLISM

Doctors Suggested: Still, Richard H.: D.O. Par. 10

DRUG ADDICTION

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**BACKGROUND OF READING 1764-2 M 46**

B1. See 1764-1 given December 21, 1938.

**TEXT OF READING 1764-2 M 46**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 19th day of May, 1939, in accordance with request made by the sister - Mrs. [1765], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Westbrook Time of Reading Sanitarium, 10: 45 to 11: 00 A.  
M. Eastern Standard Time. Richmond, Va.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures, answering the questions which may be submitted, as I ask them:
2. EC: Yes, we have the body, [1764].
3. Now as we find, in some respects conditions are not as well as when we had this body here before.
4. The effects of the drugs that have been administered at times have tended to work with the weakening of the mental reactions of the body.
5. And there is then less of the ability for the body to resist those disturbing forces or influences as they arise, than formerly.
6. To be sure, from appearances outwardly there is more quiet; and there are apparently better reactions in some respects; yet these are of the nature of being subjugated.
7. As we find, as has been indicated, there must be builded the desire within the mental activities and facilities of the body for the resistances to those influences, - if there would be any permanent help.
8. And there must be met those effects of the activity of excesses in alcohol as well as the effects of hyoscine, as well as the sedatives upon the mental body, - that is, from the glandular forces that create those activities which produce the mental reactions from the flow of nerves themselves.
9. As we find, we would make at least a concerted effort in those surroundings and environs where there may be administered a definite outline for producing resuscitating forces to a CRASHING mind.
10. As we find, we would consider putting the body in those environs of the Still-Hildreth Sanitarium; THREE MONTHS there, UNDER the direction of the information as may be given through this channel - and ESPECIALLY under the supervision of Dr. Richard Still.
11. Do that.
12. Then, if this is done, we may give the completion of THIS information for the resuscitating - yes, the rehabilitating of this body, [1764].
13. Ready for questions.
14. We are through for the present.

**REPORTS OF READING 1764-2 M 46**

None.

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VOCATIONAL GUIDANCE	
Work: E.C.: Quotations & Similes: "If Ye Would Have...Give..."	Par. 11-A

**BACKGROUND OF READING 1786-2 F 39**

B1. See 1786-1.

**TEXT OF READING 1786-2 F 39 (Secretary, Publicity Writer [Unemployed], Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 10th day of July, 1939, in accordance with request made by the self - Miss [1786], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 40 to 12: 00 Noon Eastern Standard Time. New York, N.Y.

1. GC: You will have before you [1786], born May 9, 1900, in Sag Harbor, L.I., N.Y., and the information given in her Life Reading through this channel on January 11, 1939. You will advise her as to how she may go about finding herself and her proper niche in this life. You will answer the questions she has submitted, as I ask them:
2. EC: Yes, we have the entity now called [1786] together with the information which has been indicated that would be helpful in the experience of the entity.
3. As we find, as has been given, the entity needs to study that which has been outlined for the entity and to go about making practical application of same in its DAILY relationships to others.
4. Not that any information would be given that would enable the entity to just pick up self and transplant to this or that place. It must be an inward development!
5. As has been outlined, first study self. What DO you desire? Is it selfish, is it only for self; is it only that there may be the gratifying of an emotion, an appetite, a physical desire? or is there not something that is more lasting, something that is desired to be of a HELPFUL force for someone else?
6. Is there really the desire to know love, or to know the experience of someone having an emotion over self? Is it a desire to be itself expended in doing that which may be helpful or constructive? This CAN be done, but it will require the LOSING of self, as has been indicated, IN service for others.
7. Do not continue to condemn self nor others. The warnings have been in respect these. There are abilities in those fields of activity of story writing. This may be accomplished, if it will go about to do same. But wishing does not do it, - application only!
8. Ready for questions.
9. (Q) Have I any further contact with my late husband, [...], since he has passed on?  
(A) If that is the desire, it will continue to hang on to same! If it is to be finished, and that which has been to be the development, then leave this aside.
10. (Q) Does he know of my prayers?  
(A) Do you wish him to? Do you wish to call him back to those disturbing forces, or do you wish the self to be poured out for him that he may be happy? Which is it you desire, - to satisfy self that you are communicating, or that you are

holding him in such a way as to retard? or hast thou BELIEVED the promise? Leave him in the hands of Him who is the resurrection! Then prepare thyself for same.

11. (Q) Should I continue through life alone?

(A) If this seems well, - or does this seem well? or is the self that you are looking for! Do something for someone else! Make their lives happy, make their lives worth while, and then there may be those experiences that will come! But arise to that consciousness that if ye would have life, if ye would have friends, if ye would have love, these things ye must expend. For only that ye give away do ye possess.

12. (Q) Should I attempt to do anything further in becoming associated with those trying to help alcoholics?

(A) If the desire to write or use such in the writings, it's very well. Only in the writing, but not making this the THEME, - for it should only be a portion of such.

13. (Q) What channels will bring me financial security?

(A) As has been given.

14. (Q) Any further advice?

(A) Do these things consistently. Be consistent with self, be consistent with others. Show thyself approved and in all good conscience to a loving Creator, and friend and Savior!

15. We are through for the present.

#### **REPORTS OF READING 1786-2 F 39**

R1. 7/10/39 EC's letter to [1786]:

Dear Mrs. [1786]:

Wish it were possible for me to come in and talk with you about your reading - am afraid you will feel that it is too general and not specific enough. Yet, am sure you realize you are the one that has to make it specific - and make it work - it gives you the key to the whole situation and it is up to you to make application of same in your experience. Read it and pray over it a bit - not for personal help but in the helping of some one else may the gain be yours - gain of every nature - for life is a whole - yes - all our lives are just a part of us - it is when we separate them we become bewildered and lost like getting lost in a fog.

Sincerely hope you will write me about what you make out of it - and if can help you know am glad to do so. Hoping to have been of a service,

Sincerely, [signed] Edgar Cayce

R2. 7/14/39 [1786]'s letter to EC:

New York, N.Y.

Dear Mr. Cayce:

Thank you so very much indeed for your reading. This seeming inability of finding my proper niche in life - the answer for my being here - has affected my health and equilibrium considerably. I shall study your reading, and pray that I may be enlightened and receive guidance to some of the questions which are so upsetting me. If, and when, I do find work, I shall be happy to tell you.

May your heart's desires for your work be gratified.

Sincerely, [1786]

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**BACKGROUND OF READING 1800-6**

None.

**TEXT OF READING 1800-6**

This Psychic Reading given by Edgar Cayce at his office, 322 Grafton Avenue, Dayton, Ohio, this 8th day of August, 1925, in accordance with request made by Mr. [195].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Mr. [195] and Mr. [779].

R E A D I N G

Time of Reading 4: 30 P. M. Dayton Savings Time. ..., Ohio.

1. GC: You will have before you the battery appliance, present in this room, on a table, and you will answer the following questions concerning same, as I ask them.

2. EC: Yes, we have the appliance here. This, as we see, is a form of that as has been given for the vibrations of the body and as beneficial to the human organism in producing an equalization of the vibrations necessary to produce the equalization of the system. This, as made, we find would prove beneficial as a commercial form. To be used, this, in this form, would prove bunglesome to handle. The iron or the poles that produce the magnetic forces that bring about vibration had best, as given, be placed in a casing with gasket of charcoal, either of tin or of rubber, with an insulation tube in the upper portion of same, and connections with the poles made with finer wire or connection, that this would be more flexible, and the same vibration will be received in system by the smaller connection and the terminal or the connection with both may be made in form of plate of German Silver or of metal, to which cord or tape may be attached to adjust same to the body, without reducing the efficiency of same. Prepare in that manner. Ready for questions.

3. (Q) Will the battery as prepared at present, having the carbon steel completely surrounded with strips of carbon, give the same results as the two pieces of carbon steel insulated by a strip of carbon and placed in a rubber container and packed with charcoal?

(A) Gives the same effect, as given, save in using as a commercial form or looks of same would be improved by placing same inside of container, see? for the charcoal acts as a restrainer and clarifies the vibration. The strip of carbon between steel is necessary, or glass may be used. Two strips of glass would act in same manner.

4. (Q) What size wire would give the best results?

(A) The size, as to results, does not enter. Only that as would be used for the more easily being handled for the patient, see? Hence the suggestion as given. The very fine, with a covering, see? The connections as enter for the steel must be secure more than on this. The connections as enter on the terminals should be more secure, see? Also there needs be a rubber or an insulation where the wires, or connections, from steel come out, that these may not touch, see?

5. (Q) In the carbon steel and ice water battery, how may the positive and negative poles be ascertained?

(A) That first connected with the body becomes the positive, the last connected negative. The action, then, of properties as may be transmitted by vibration to the body from medicinal forces would act from (in entering the body) the negative vibration, for as we find, the body, physical, is of a circuit, in the form of an eight, see? In its vibration entering the heart forces is the generating of energy, see? Liver, heart, and all trunk portion of body being the unit, see? Then, attachment to the outer portion, to the upper portion of body, neck or arm, and to the lower portion of body, completes a unit. Hence the first as is attached to body becomes the positive, the last the negative, see? Hence when vibrations are necessary for the body, for these above the trunk portion, attach positive lower, those below attach to upper, see?

6. (Q) In attaching a container to the negative pole wire, in which is placed tincture of iron, would the application of this cure anemia?

(A) Cure anemia, even in a virulent or exaggerated state. This would of necessity be rather the preventive than curative forces, though with the application of this we gradually build that condition in the system to overcome, or add iron to the system, see? Then, in adding that property to the system, the application to body would be in this manner: First, attach to arm or leg, see? Then attach the negative to the central portion of body, in a wide plate, attaching the negative wire to a connection of silver in the solution, see?

7. (Q) Would tincture of iodine cure goitre?

(A) Tincture of iodine cures and prevents goitre. This, as we find, would reduce any condition that affects the ductless glands. Would also prove preventives, in cases first beginning, of appendicitis, or of any condition relating to either thyroid or the appendix.

8. (Q) What would spirits of camphor, silver nitrate and gold chloride, each, cure?

(A) Silver nitrate is a nerve stimulant, see? Any condition pertaining to the nerve system. Chloride of Gold - [See 1800-6 Reports.] any condition wherein there is any form of the condition bordering on rheumatics, or of the necessity of rejuvenating any organ of the system showing the delinquency in action, see? Nitrate as is added through the silver solution to central portions (which may be alternated with gold and silver) for those of a neurotic condition, even unto neuritis, or any form of condition pertaining to enlarged joints, muscles, tissue, any protuberance as comes to portions of body, see?

9. (Q) What would the spirits of camphor cure?

(A) Nausea and summer complaints. Any intestinal disturbance.

10. (Q) Would the system absorb the tincture of iron, or merely the vibration as given off by the tincture of iron?

(A) The vibration as given off, which creates that same vibration, giving the action with the elements in the system that create iron, those properties or those actions of same in system. Same as is acquired from that of the other forms that may be applied through same to system. As given, this, we find, would act as a Universal Forces, as would be changed according to the conditions of the system. These should be applied through cold, best if the ice is as created with

that of manufacture, see? for this carries more of that vibration to act with iron. All vibration carrying, then, some form of this nature that adds vibration to the organisms in system, for all are of the units of a vibratory force. These, as given, may be prepared in commercial quantities and applied to everyone, for it would be beneficial to all human force of life, under present conditions. These, as we see, are of the nature that will prove so beneficial to many as suffer from the various ails of the body. Many of the conditions as are existent in alcoholic stimulants, as have been applied to system, that has destroyed the tissue in central portion of the body, destroyed tissue in the re-creative forces in generatory system, destroyed tissue in other portions of the system, even into brain itself, give these, and gold [See 1800-6, Reports.] or silver, or both, would add and rebuild, rejuvenate, as it were, in the system. Give these, for they are good.

11. We are through.

### **REPORTS OF READING 1800-6**

R1. 8/28/25 See 1800-7, another reading on the Radio-Active Appliance.

R2. 9/5/65 Washington Post Article:

#### **QUICK HELP FOR BURNS**

Gold Leaf Bandages Work Miracles

Doctors here are fashioning the fanciest bandages ever - out of gold leaf.

"Nobody knows why, " one said, "but damn it, it works."

It seems to relieve pain and stop the oozing from severe burns and skin ulcers and sores. Best of all, it apparently speeds the wounds' healing.

Deep wounds as big around as a hand seem to start healing in a couple of days, in some cases, the doctors say.

Patients who might ordinarily be expected to heal only after weeks or months in a hospital are sometimes able to continue work while letting the gold do its work.

#### **COST IS NOT HIGH**

The pounded sheets of gold being used are thin and wispy. They come in packets like sheets of eyeglass cleaning papers.

They ordinarily are used for gilding gold mirrors and picture frames. Gilders use a brush to pick up the sheets by static electricity - just as you can pick up a bit of paper with a static-charged comb.

The price is not prohibitive. A packet of gold sheets - plenty for one treatment of a big skin ulcer - costs less than \$4.

Placed on the surface to be gilded, it adheres and clings.

Dr. John P. Gallagher noted this and wondered if the gold could seal oozing tissues that sutures won't hold.

With Dr. Charles F. Geschickter, professor of pathology at Georgetown University, Gallagher worked out a surgical technique for gold in experimental animals.

Then, as reported a year ago, a Washington boy, 9, was rushed to Georgetown University Hospital with head injuries after his bicycle collided with a wall. His frontal bone had been caved in, exposing the dura mater, or outer membrane, of the brain. From cuts in this membrane, fluid was welling up in the wound.

To save the boy's life, Gallagher used gold leaf where sutures wouldn't hold. Since his report of that and other cases in the Journal of the American Medical Association, Gallagher has seen the surgical method spread as other physicians tried the same technique or modified it.

Two of the most dramatic innovations, however, are being accomplished here. At the Hebrew Home for the Aged here, the thin sheets of gold have given spectacular results when applied to big open wounds and sores, a doctor said. Dr. Naomi M. Kanof, a dermatologist, applied the gold to long-standing, deep and open skin ulcers resulting from injuries, diabetic and varicose conditions and from the deterioration known by the mild name of "bedsores."

These open invitations to infection may require months of hospital care before they heal - if they heal at all.

The gold leaf was applied at the home on a Thursday. A photographer was scheduled to take "before" photographs on Saturday but by then it was too late. The healing already was beginning and visible, Dr. Kanof said.

#### ALSO USED FOR BURNS

Since then, gold leaf has been used at the same home as soon as signs are seen that a bedsore or skin ulcer may be developing. And it has worked consistently well, a physician said, with no adverse effects.

In private practice here, the gold leaf has been used even on gangrenous ulcers and, in at least one case, on an open wound from X rays used in treating another condition.

Dr. Linwood L. Rayford, Jr. here has transferred the gold leaf technique into the treatment of large, painful second degree burns. In the severest case, the burns covered 25 percent of the patient's body.

The gold, Rayford said, cuts the severe pain and dries the wound - from which burn patients ordinarily may lose important body fluids.

#### TO TRY ON 'DEADLY' BURNS

"I have the impression," he said, "that it also quickens the healing."

Thus far he has used gold leaf on a dozen cases at Providence Hospital, Freedmen's Hospital and in his own office. He wants to do a dozen more before publishing his findings in a medical journal.

And he would like to tackle the "deadly" burns. These extensive burns often kill, in part, because of the loss of bodily fluids through the burned areas. Gold leaf's sealing quality might help.

In applying the leaf, doctors wet the area, if it is dry, and bring the leaf up to it. It seems to "jump" to the skin and adhere, usually for a couple of days, before it must be reapplied.

R3. 10/65 A.R.E. Bulletin note, after quoting from 1800-6 and above article: File cards on prescriptions of gold chloride show that it was suggested for a large number of diseases and faulty conditions. The cards list alcoholism, arthritis, assimilations, asthenia, blindness, bursitis, cancer, circulation, diverticulitis, eliminations, glands, insanity, menopause, etc. Apparently gold possesses a rejuvenating power.

R4. 11/66 Family Circle article:

Gold-leaf Treatment For Skin Ulcer

Dramatic healing of bedsores and other skin ulcers that had proved severe and long-resistant to the other treatment has promoted with ordinary GOLD LEAF. Dr. Paul Wheeler and Dr. Lester Wolcott of the University of Missouri Medical Center, Columbia, report applying GOLD LEAF (similar to that used in lettering) as a dressing to 22 ulcers in 13 patients. After having resisted other treatment for as long as a year, 16 of 20 bedsores responded; 100% healing took place, within two weeks in some cases. After having failed to respond to other measures for seven months, a toe ulcer - the result of diabetic complications - began to heal within four days. An ulcer of the lower leg - about two inches by 1 1/4 inches in size, and present for five years - began to respond within four days, and the patient could be discharged after 11 days, with healing proceeding and the ulcer already reduced in size by 44%. There were no adverse reactions.

A.M.A. Journal: Vol. 196, page 693

R5. See 988-9 Reports in re gold leaf & low intensity electric current for bedsores.

R6. 10/12/68 Science News article:

Medical Sciences

Gathered from the 69th annual meeting of the American Roentgen Ray Society in New Orleans

RADIOACTIVE GOLD

Children Survive Tumor Treatment

Injections of radioactive gold, which is readily available and inexpensive, offer promise in the treatment of children with tumors, at the base of the brain, that tend to seed and spread through the spinal and brain fluid.

A study of 10 patients, treated since 1964 at University of Minnesota hospitals in Minneapolis, shows that four are presently alive without signs of tumor, and a fifth is alive and improved, although the tumor persists. Dr. G. J. D'Angio, now of New York City, says there have been few undesirable side effects from the treatment, although two patients with leukemia apparently got no benefit.

Following external radiation, injections of radio-gold are given at six-week intervals. The two-step treatment permits high irradiation doses to many seeded tumors without exceeding brain or spinal cord tolerance.

Cells from tumors of the central nervous system tend to break off and spread to distant sites through the circulating fluid of the brain and cord. The radio-gold is injected within the sheath of the spinal column into the fluids.

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**BACKGROUND OF READING 1969-2 M 38**

B1. Nervous and mental breakdown - 7/28/39 See 1969-1 saying it is a case of possession and suggesting a Life reading.

B2. 8/4/39 Father's letter giving birth information: "...He lived with his real father for about 4 years. I married his mother March 5, 1911...in following year the boy's grandmother brought him on from ... to N.Y. and he has lived with us ever since. At the time of his coming I legally adopted him and his name was changed..." [GD's note. This adopted father was a business associate of Mr. [877].]

**TEXT OF READING 1969-2 M 38**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 19th day of August, 1939, in accordance with request made by the father Mr. [...], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Born May 8, 1901, at approximately 8: 30 A. M., in San Francisco, Calif.

Time of Reading 11: 50 to 12: 15 P. M. Eastern Standard Time.

1. GC: You will give the relation of this entity and the universe, and the universal forces; giving the conditions which are as personalities, latent and exhibited in the present life; also the former appearances in the earth plane, giving time, place and the name, and that in each life which built or retarded the development for the entity; giving the abilities of the present entity and that to which it may attain, and how. You will answer the questions that may be submitted, as I ask them:

2. EC: Yes, we have the entity and those records of same.

3. This information, as we have indicated, may be a part of the experience of the entity in the present in gaining the greater concept of the purposes for which each soul enters a sojourn; yet unconsciously coming through attraction in an environ through which there may be opportunities for activities in which purposes, aims and desires, longings, hopes, fears, may all be made clear through the physical and mental application of truth in spiritual forces, - or the application of the seeds of faith, hope and love, kindness and patience.

4. And all of these will become, and are, a part of the experience of those about the entity; and if these will be applied in this experience in such manners, a study of that which is the soul may be better comprehended by those who give themselves in aiding a soul to find itself.

5. For it is as a split personality in the present, with the reflexes forming that which has been indicated, - that causes the incoordination in the mental and spiritual and physical forces of this body.

6. The astrological aspects have little in common with the present experience.

7. Through the use of those suggestions as we have indicated, in the manners as we have outlined, there may be obtained a reviewing of those things that have been a part of the experience.

8. But the sojourns in the earth become warped into the personality, the individuality of the entity in the present. For:
9. Before this we find the entity was in the land of the present nativity, among the earlier settlers who brought consternation, hate, temperaments that wrecked the mental forces in the experiences of others.
10. Then the entity was in the name of Randall Campbell, bringing in that experience the disturbing forces which in the present are finding expression in the madness within self, - as an activity upon the forces in the brain's activity upon the emotions of the body-force itself.
11. Thus there may be applied the suggestive forces in putting the consciousness into that position where the awareness of the subconscious force may become a part of the consciousness, and thus maintain a better equilibrium of the flow of activity of the impulses to the supersensitive forces of the body-force itself; bringing then, through such subjugation, the awareness of itself, its condition, its needs and its desires.
12. Then, keep the entity as far as possible from that which mitigates or subjugates the body-forces with the spiritual influences, - or from sedatives or bromides. For these will only add to the confusion of the reactions as were indicated in Randall's life.
13. Before that we find the entity was in the environs and activities of the Roman land, when there were those disturbances wrought by the activities of the peoples between that we know in the present as church and state, - or when there were the attempts of those in authority to direct the abilities or activities of those who would worship in a given direction according to the dictates of their own conscience.
14. Thus we find the entity, in the name of Calper [?], was one of the guards that through duty brought destruction and death to those who followed in a way in which there were those choices to be made as to whether they would be torn asunder or deny the moving, motive forces of their lives.
15. There we find the entity was torn within self, and yet declaring the sense of duty. Hence oft there was the necessity for subjugating the body through either alcohol or other influences to cause the body to forget.
16. Thus the entity became one subjugated to the appetites of satisfying the bodily needs - in the attempt to forget.
17. Hence we find the needs for the bringing to remembrance through the subjugated forces in the mental activities, for the better understanding and application towards those things in which forgiveness, atonement, faith, hope, charity, patience, brotherly love may be made manifest; and the entity become aware of same in the suggestive forces that are given to the entity through those applications in the present.
18. Before that we find the entity was in the Mongoloid land, in the City of Gold, when there were the attempts of the Prince - and activities of the land - to make for overtures of brotherly associations with other lands.
19. The entity then was among those who were in the position to act as emissaries, or what would today be called overlords for activities in other lands.

20. Hence we find those desires emanated in the present experience as to strange lands, strange sights, unusual experiences sought by the entity, until there came the breaking points in the application of self towards the commercial or social life in the experience of the entity.

21. Then, first:

22. We find that there may be the coordinating of body, mind and soul, by the subjugating of the split self, until there is brought the awareness of the fruits of the spirit being made manifest in the material way and manner.

23. And hence all about the entity who would make supplication for same should do so with the very purposes and desires within their activities and associations with others. For thus they may bring to the entity that opportunity for the greater activities in this material plane.

24. Thus may the entity enter into the more abundant and larger life, in and through those efforts as should be the experience, as should be an obligation to those about the entity for those very activities.

25. Ready for questions.

26. We are through for the present.

#### **REPORTS OF READING 1969-2 M 38**

R1. 8/14/46 Hugh Lynn Cayce's letter to [1969]'s father:

Mr. [...] New York, 22. N.Y.

Dear Mr. [...]

In 1939, you secured a Physical and Life reading from Edgar Cayce for your son, [1969]. Hypnosis under Dr. Kuhn or Thomas Garrett was recommended.

We will appreciate it very much if you will furnish a report on this case. What did the doctors call this condition? Were the suggestions followed and if so with what results?

This case is an interesting one from a karmic standpoint and your cooperation in helping us complete our records will be greatly appreciated.

Our records are filed under case numbers and are entirely confidential.

Sincerely yours, Hugh Lynn Cayce [HLC/c]

R2. 12/17/49 E.C.F. campaign worker, Nell Clairmonte, reported that she had interviewed Mr. [877] in regard to making contact with [1969]'s father, and Mr. [877] had said that Mr. [...] is a worker in ALCOHOLICS ANONYMOUS and is putting all his energies into A.A. only.

**INDEX OF READING 2010-1 M 30**

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**BACKGROUND OF READING 2010-1 M 30**

B1. 12/28/38 [2010]'s Mother's letter to EC: "...Having heard of your wonderful cures that have been made through your diagnosis, I thought you could help me with my son. He is thirty years old and his constant drinking has become a great problem. It has definitely made him unfit to hold a responsible position that he is capable of holding ordinarily..."

"Quite recently he has been smashing up my car and burning holes in his bed clothing when he has fallen asleep with a lit cigarette in his hands. Since my husband is dead (September, 1938) I feel the full responsibility more than ever. My son has not held a position in more than a year and a half, though he has been selling on a straight commission and has not been making enough to pay his own expenses. This, of course, is a source of great emotional up-set to him. "As a child he was the sweetest, kindest, gentlest, most considerate youngster I have ever known. He was very sensitive, but never showed his feeling. He also had a very happy disposition. When he was two years old his little sister, Betty, was born, and then his joy knew no bounds. For four years the two of them were all in all to each other; you never saw them apart. They awoke in the morning like the birds, always singing. Then Betty passed on, and his grief was beyond words. Years afterwards, he was still looking for her in every little girl that was beautiful and had long, golden curls.

"[2010] and I have always been so close that we have never needed words between us to express our feelings or thoughts.

My husband realized this, and resented the close spiritual tie between us, and 'took it out on my son' by constantly criticizing him and belittling him. Naturally this developed a marked inferiority complex in [2010], which took all my tact, understanding and constant working to keep from having it ruin him altogether. He tells me now that from a small child he was always afraid of his father, though he loved him devotedly, and always hoped that he might please him.

"We have always, up to the past few years, had sufficient means, so that [2010] has had most of the things that he has "wanted, and everything that the other boys had that he associated with.

"At present he is entangled with a young woman who isn't helping the situation any as she keeps him away from his home and likes to drink also.

"I might add that my husband, in his latter years, was a constant drinker himself.

"Dr. Mary Miller has talked to my son several times, and she suggested that you were the one who would be able to help us. She is writing to you at this same time about him.

"I will be anxiously awaiting your advice as to the type of reading, when, and the cost..."

B2. 12/28/38 Dr. Mary A. Miller's letter to EC:

"...Mrs. [...] [[2010] 's mother] is writing you in reference to a reading for her son [2010] and has asked me to add a word. I have had him in my care for a short time and well understand his problem, so it seemed the wise thing to advise his mother to ask your help on it. I was not sure, under the circumstances, how to advise her as to the best type of reading - Physical or Life, but I am sure you can decide after reading her letter.

"The drink problem is so serious I hope you will be able to give the reading at an early date. When next you write to either Florence [Florence Evelylin Campbell, numerologist friend] or me, would you be good enough to send a copy of the prescription for the drink problem. You sent one to Florence but it is apparently mislaid and she is so swamped with work at present I cannot ask her to search the files for it.

"We were so sorry not to see you again - and I was more than sorry that you could not get in some of the wonderful White Light treatments which I know would be so helpful.

"I hope you all had a fine Christmas and we both wish you and your family a wonderful New Year... P.S. I have attended to the Wet Battery for the doctor [William M. Berg, Ph.T.] on West End Avenue and have offered him any assistance I can give."

B3. 12/31/38 EC's letter to Dr. Miller:

"...Thank you for yours of 28th, - yes, I regretted that [I] did not get to see you again when in N.Y. and especially wished to have some treatments with the light. But seemed it was to be otherwise, or had each five minutes taken with trying to see some one else. Didn't give any much time and only for me to say howdy and goodbye.

"Haven't heard from Mrs. [...] [mother of [2010]] but will be glad to do what we can. Have had some very wonderful results - especially is there the least cooperation on the part of the party wishing to let it alone. Have asked Miss Gladys to send you the data, as believe there are one or possibly two special treatments given.

"Dr., how about Mrs. [1636]? She doesn't seem to be getting results or thinks she isn't - is the trip in for her treatments too much for her? Suspect that is part at least of her trouble - and she may be a bit impatient also. Would like a line from you about her - she is from my hometown, therefore a special pet of mine.

"Thanking you again for everything - and hoping the New Year brings you everything that is Good for you..."

B4. 1/3/39 EC's letter to [2010]'s mother:

"...Have yours of 28th - Sincerely trust we may be of service to you, respecting your son, feel can appreciate such as well as the next one - from actual experience as well as from observation.

"Sending you some data; this with what you have heard from Dr. Miller and others, you can determine as to whether you wish us to undertake this or not - How much cooperation will you be able to get from the young man? Can you be certain he will be at some given place at a given period of say an hour?

"Thanking you for your inquiry - trusting in the name of HIM that we may be of some service..."

B5. 9/19/39 Dr. Mary Miller's letter to EC:

"...You may remember that last Spring I suggested to Mrs. [...], the mother of this young man [2010], that she try to get some help for him through you. She wrote you, giving his name and address but I believe you could not give the reading at the time. The main problem is alcohol. In case you cannot easily locate the letter I will repeat the data - Name: [2010]; born: New York City, January 1,

1909, 8: 45 P.M. He is unmarried and lives at home with his mother ... Ave., New York City.

"We tried to do some work for him last year but it is difficult to get his cooperation and it had to be dropped. He has recently - for the second time - set fire to the house (fell asleep with a lighted cigarette) and is sufficiently impressed with the seriousness of it that he is now ready to help in his own problem to the extent of 'tuning in' with you during the hour you state for the reading. He is sometimes away from home for days at a time - hence the need for immediate action while he is at home recovering from the latest experience. He has been out of a job for two years - but drank before that. His father had the same problem to handle. "We have just returned from California and wonderful summer. Our love to your family and all good wishes for a happy winter..."

**TEXT OF READING 2010-1 M 30**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 23rd day of September, 1939, in accordance with request made by the self and mother, through Dr. Mary Miller, Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 45 to 11: 00 A. M. Eastern Standard Time. New York City.

1. GC: You will give the physical condition of this body at the present time, - go over the body carefully, examine it thoroughly; giving the cause of the existing conditions, with special reference to the desire for drink; also suggestions for help and relief of this body. You will answer the questions that may be submitted, as I ask them:
2. EC: Yes.
3. Now as we find, there are disturbances. Some as we find, in special reference to the desire for drink, are the after effects of the indulgence in same, and the effect upon the nervous system as well as the liver, the pancreas, the spleen and the kidneys.
4. As we find, in making helpful suggestions, - we find we have some physical disturbances that contribute to the desire, or the gratifying of the appetites for alcoholic indulgences.
5. Yet these aided, and combined with those influences which would eradicate the innate desire - if there is the application of will force in respect to same, there may be brought a change in the mental and physical attitude of the body, as well as the desires respecting such conditions.
6. Necessarily, there needs to be those conditions which would aid in the creating of the nearer normal vibratory forces between the upper and the lower hepatic circulation. These as we find may be materially aided by the application of the low form of electrical vibratory forces that work upon the central nervous system as related to the governing of same.

7. The attachments of such a low form of electrical vibration, as well as the aiding through the White Light, would pass through the ganglia as from the 9th dorsal, - between the 9th and 10th dorsal, and the lacteal and umbilical plexus.

8. This given about twice each week would aid, and with same give the low vibratory forces from the Chloride of Gold. Let this be in or pass through the negative anode or plate as attached to the body at the lacteal or umbilical plexus, giving the vibrations of same. This may best be done by the use of a lead U passing through the solution (in the proportions of one grain Chloride of Gold to each ounce of Distilled Water), and connected with the electrical forces themselves so that the current from the negative end passes through the solution. Change the Gold Solution every fifteen days, or every fifteen applications, - or every forty-six days.

9. In the administrations also we would find it well that small quantities of a Chloride of Gold Solution be taken internally. Begin with one minim in half a glass of water (the solution being in the proportions of one grain to one ounce of distilled water, see?), every day for five days. Then take two minims every day for five days, then three minims every day for five days, then four minims every day for five days. Then leave off for five days. Then begin with the one minim again, and so on.

10. These, as combined with the activity of the system through the White Light, as well as the low electrical forces passing through the system, should eliminate the desires - if there is the application at ALL of the will of the body.

11. For these will create a normal balance in the system to supply those forces as will make for better creative energies and activities in the constructive forces within the bodily force itself.

12. It will be found that these will make the body very sick if there is the drinking again. But if there is the INSISTENCY on doing so, then - of course - it will be worse than if these were not undertaken.

13. Do that, and as we find we will bring better influences and forces for this body.

14. Ready for questions.

15. (Q) By the electrical appliance do you refer to the Wet Cell Appliance carrying Gold?

(A) This may be given this way, or with any of the very LOW electrical vibrations prepared in the manner indicated.

16. We are through for the present.

### **REPORTS OF READING 2010-1 M 30**

R1. 9/23/39 EC's letter to Dr. Miller:

"The reading for Mr. [2010], from our experiences with such cases - the Physical has proven the most helpful in practically every case, so that is what we undertook here. Hope it proves just as helpful for him as it has in quite a number of tries; when see you, would like to talk with you about some of these. A few, just as here, has insisted there was a physical condition that contributed to the craving. Am anxious to see what you find upon examination of the suggested areas. In the others of this nature, have been assured by the Dr. that they found

definite disturbances where and when indicated - the corrections have proven helpful....

"Rest pretty well. Have had Tom Sugrue with us since the 15th of June. Is improving slowly, very slowly, but believe on the improve. H. L. is looking after him. Think you know Tom, am sure Miss Campbell does. Let us hear from you, remember us to Miss Campbell..."

R2. 2/12/40 HLC's letter to Dr. Mary Miller:

"...In checking through our files I find a reading [2010-1] given in September, 1939, for [2010]. We would like very much to have a report for our files on this case, and would appreciate it very much if you would use the enclosed blank for this purpose; indicating as specifically as possible just how the reading checked with his condition, and what results were obtained if these treatments were followed as suggested.

"This is really just in the form of a memorandum, and I will be writing both you and Miss Campbell personal letters in the near future..."

R3. 12/2/40 EC's letter to Dr. Miller:

"...I certainly feel very little and unappreciative for my activities - in making you a promise to call again and to come by and bring the appliance home with me that you so kindly offered to prepare for me. [White Light Instrument] And here I am at home without doing any of it. Excuses are no good, I know, but please pardon me, won't you. Circumstances were such, none of it could be done. Am at times too much dictated to by circumstance to ever possibly make a promise that concerns myself alone. The treatment you gave me - and the examination - gave me so much help I worked when [I] shouldn't, possibly, or felt at least physically equal to it - thus neglecting what you were so kindly doing for me - and to help me. So here I am, guess a helpless mess with not much hope for me I guess. But thanks to you - am still feeling fair physically.

"May I express my appreciation too at your and Miss Campbell having us with you for dinner. It passed all too soon; hope yet we may have the opportunity to have a nice long chat together. But seems to me am always the receiver and never the giver when with you.

"Thanks again for everything. We came home on the train - and with all the luggage we had there was no hope for good for me - is there any way can still have it?

"Thanks again to each of you - and if you can and will forgive - what seems neglect - would be very pleased to hear from you..."

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TOXEMIA

**BACKGROUND OF READING 2055-1 M 68**

B1. 12/3/39 Letter from [2055] to EC: "...Questions: 1st - Is my heart weak - if so, what treatment necessary? 2nd - I am 68. Always had good health up to this time, except 20 years ago had pneumonia. I am addicted to alcohol, for the last 2 months. Previous to that, I went to Staunton twice and quit the habit for 4 years and then went back and held off for 6 months. Now it seems beyond my control, this I cannot understand. I feel weak from the effects of the last experience. Mrs. [2470] says she is sure you can give me advice and suggestion that will enable me to overcome the strong desire for drink that is sapping my life and vitality and I will faithfully carry out any suggestions you may make... At 3 P.M., Dec. 5 I will be in my [room] on 2nd floor, ..., Va..."

**TEXT OF READING 2055-1 M 68**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 5th day of December, 1939, in accordance with request made by the self - Mr. [2055], new Associate Member of the Ass'n for Research & Enlightenment, Inc., through Mrs. [2470].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

In his room on Time of Reading on the 2nd floor, 3: 40 to 4: 00 P. M. Eastern Standard Time. ..., Va.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions he has submitted, as I ask them:
2. EC: Yes, we have the body here, [2055].
3. Now, as we find, there are physical conditions that may be materially aided. These have to do with the general health and the activity of the organs of the body, - as related to the reactions in the system.
4. These are the conditions as we find with this body in the present, [2055] we are speaking of:
5. From those conditions which exist in the digestive system, and the blood stream, there are indications in the present of overindulgence in those influences that produce a great deal of disturbance in the circulation, - especially as related to the activities of that portion of circulation between the heart and the liver.
6. This condition in the present has not become an organic heart disturbance, but more that produced by the INTERRUPTED activity of the body adjusting itself, - and thus a functional reaction.
7. There are also the indications of the toxic effect produced upon the whole of the system by such indulgences. This is indicated in the manner of the lymph flow, thus reducing the abilities of the blood stream in its attempt to make adjustments through the alimentary canal.
8. These inclinations produce, of course, a great deal of distress in the nervous system, by the necessity for excesses of lymph to be drawn from the blood supply, or nerve and blood supply.

9. Thus the headaches, - the tendencies for sickness, or tenderness in the stomach area, from the gastric flow.
10. These produce hardships; and unless there are changes we may have more and more of this disturbance between the heart and the liver circulation, - producing through its activity a form of thrombosis. It is indicated that this might become a disturbing factor, as well as the unbalanced condition in the pressure in the blood supply, as well as the thinning of the walls of the blood stream in portions of the system, - especially in those that supply the blood to portions of the brain itself.
11. The nervous forces are under disturbance also.
12. As indicated, these conditions arise from this excess of gastric flow in the attempt to make adjustments for the dispelling of forces through the alimentary canal.
13. All of this makes great strains upon the nervous system, as well as the organs of the body.
14. As we find, there may be those corrections made in the areas which supply the gastric flow, especially in the secondary cardiac plexus area, as well as the lower portion of the cardiac or solar plexus and cardiac center to the supplying of the pyloric portion, and the emptying of the stomach itself, that would aid in alleviating the tendencies or the desires for the supplying of elements to exercise their activity in the blood stream as well as in the imaginative forces as related to same.
15. These tendencies have been such as to make it easy for the body to respond to those desires.
16. To be sure, there must be more and more of the attitudes of the body towards the resistance of those inclinations which arise, from the character of associations as well as the satisfying of the appetites or desires which arise at times temporarily in the active flow of these portions of the bodily functions.
17. To aid the system in making the adjustments, then:
18. First, we find it would be well to begin with osteopathic adjustments in the areas indicated; COORDINATING the activities of the upper dorsals and the lumbar WITH the corrections as will be made; that is, then, there would be at least TWO adjusting treatments to ONE general treatment. Take sufficient of these. As we find, it would require at least two a week for at least six weeks.
19. After there have been some six of such adjustments, and there is a much better relaxing (not until then), we would begin taking a combination of the Chloride of Gold Solution and Bicarbonate of Soda Solution (in the manner which we will indicate), for the correcting of the impulses and the supplying of energies and elements as may be best assimilated by the system from such.
20. The Gold Solution would be in the proportions of one grain Chloride of Gold to one ounce of Distilled Water.
21. The Soda Solution would be in the proportions of two grains Bicarbonate of Soda to one ounce of Distilled Water.
22. Keep these Solutions separate, and only add together in the proper dosage when ready to be taken. Take ONLY in this manner: Take one minim (drop) of

the Gold Solution and two minims (drops) of the Soda Solution in half a glass of water before retiring of an evening. Do not take more than that.

23. In the diet, - well that there be plenty of citrus fruit juices, taken preferably of morning or of evening. A little of lemon juice mixed with the orange (not too much) will make it more activative in the system. Just squeeze a little lemon in each glass of orange juice. Also have plenty of grapefruit juice.

24. Eat plenty of grapes of all kinds. Plenty of figs and dates, and such foods, will be most helpful.

25. An excellent food for the body of an afternoon and evening would be this combination:

1 cup Black Figs, or packed figs, chopped or ground very fine; 1 cup Dates, chopped or ground very fine; 1/2 cup Yellow Corn Meal (not too finely ground). Cook this in sufficient water (2 or 3 cups), for 15 to 20 minutes, to make it the consistency of mush.

26. A little of this taken each evening or night will be found to supply energies for the system that will be most helpful, - especially combined with the osteopathic corrections, and the effect produced upon the nervous system as well as the glandular system from the quantities of the Gold taken in the manner indicated.

27. Do these, and - as we find - we may aid in relieving those tensions upon the nerve system, making corrective measures that will relieve the heart disturbance, that burning which has occurred and does occur at times in portions of the stomach, and relieve the effect of poisons and toxic forces which tend to make for the neuritic conditions in the extremities of the body.

28. Ready for questions.

29. (Q) What is the condition of kidneys and bladder?

(A) The effect of the disturbance in the upper hepatic circulation causes, of course, a great excess of activity of the kidneys and bladder.

Hence, after these foods indicated have been begun, and after at least TEN of the osteopathic adjustments have been made in the manner indicated (not until then), we would use small quantities of Jerusalem artichoke in the diet occasionally, to aid in reducing the excesses of sedimentary forces that tend to work upon the supplying of greater quantity of sugar, also causing the dizziness and the tendency for sleepy conditions to arise from this toxic force. When begun, take only a Jerusalem artichoke about the size of a guinea egg, about once a week; and this would be better cooked in its own juices (for this body), or in Patapar Paper.

30. (Q) Who would be suggested to give the osteopathic corrections?

(A) Whoever will work with the suggestions as here indicated. Hudgins would be very good.

31. We are through for the present.

## **REPORTS OF READING 2055-1 M 68**

None.

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**BACKGROUND OF READING 2161-1 M 38**

None.

**TEXT OF READING 2161-1 M 38 (Auto Salesman)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 5th day of April, 1940, in accordance with request made by the self - Mr. [2161], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Dr. [2067].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mr. [2161] and wife.

R E A D I N G

Time of Reading 10: 35 to 11: 10 A. M. Eastern Standard Time. ..., N.C.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions, as I ask them:
2. EC: Yes, we have the body here, [2161]; those conditions physically and mentally as disturb and surround the activities of this body.
3. As we find, in the physical forces there are those conditions rather of which warnings would be given, - as to the tendencies and inclinations, and as to how - without making some corrections - the destructive forces are to be the result of conditions physical and mental which exist in the body at present.
4. These are rather of the specific nature, yet their effect is upon the system in such a manner that it is often called or said to be a predisposition, or the lack of will power in the physical actions, and in the conditions having to do with appetites in the body.
5. Then, these are conditions as we find them with this body, [2161] we are speaking of, present in this room:
6. In the blood supply there are the indications of the effects of such stimulations that are quite destructive to the physical functioning of organs that are becoming involved, by the use of such stimulations.
7. Also there are those conditions existing in the glandular system that are gradually becoming more and more involved by the continued use of such, or by the abuse of the conditions in the system.
8. There are those physical conditions which are the basis or cause of such a desire in the mental to react upon the organs of the system, as to produce the inordinate or unusual desire in the direction for supplying those stimulations to the system that would - and do - become so detrimental; not only to the body-physical but to the mental, taking away those influences that supply the necessary nutriment, so that eventually the system must become wrecked by such.
9. We find that there are TWO existent specific or direct causes.
10. In the 6th and 7th dorsal center we find a subluxation that was caused sometime back, by an outside influence or strain to that area, which caused an

excess flow of conditions in the form of nerve impulse to the digestive system, that calls for appetite satisfaction.

11. Then, in the glands of the body - in the adrenals - there is the lacking in sufficient supply to the system for the coordination between the cerebrospinal and the sympathetic nerve centers, that are active through the coordinating center of same at the base of the brain.

12. Hence we find there are periods or conditions in which the body will swear, declare to self he WILL not, - and yet with the associations, the environ that offers the opportunity, these become impelling influences as of a possession by those forces that will supply that lacking in the glandular reaction, and that which satisfies the appetite for the excess of flow through the natures indicated.

13. Then, these are sapping the nerve impulse, and will not only produce a physical distortion but eventually must so affect the mental body as to become incapable of taking care of or directing its own affairs.

14. This, as indicated then, is of a physical and of a mental process, - as is apparent in the system, - which causes conditions that, unless corrected or changed, must cut short the activities and abilities for a developing such as is the privilege and the opportunity of this body in its physical functioning and in its relationships to its fellow men, in its relationships to the creative forces or the God-force within self.

15. As we find, then, these must all be taken into consideration, when there are applications made which would enable the body to alleviate, or assist the body in alleviating the desire, and also supply those influences or forces within the body-physical and the body-mental that will give the opportunities and the abilities to throw off same; also replacing same with a physical activity that will enable the body to take its rightful, normal, nominal place in the activities of its home, its associates, and with its fellow man.

16. First, then, there must be specific corrections made - from the physical angle, to be sure - in the cerebrospinal system. These corrections should be made osteopathically. WE would suggest an osteopath who is in sympathy with the SOURCES of these suggestions for helpful forces in the body.

17. There would be required some eight or ten adjustments for full correction. These we would take about twice each week.

18. As indicated, make correction in the 6th dorsal area; COORDINATING, to be sure, the rest of the areas along the cerebrospinal system with same. Of course, with this subluxation, there will be found a tenderness in the 4th lumbar area and in the upper cervical, - where there is and has been at times even an enlargement in the segments in that portion of the body.

19. Then, there must also be the addition to the system of those properties that will enable the functioning of the system to supply the lack in the clarifying of the system, and assisting in taking away the appetites for destructive forces within the body itself.

20. For short periods of time, then, - that is for five days at a time, and then a rest period from same of five days, - we would take internally a combination of Gold and Soda. Prepare two solutions, in this manner:

21. The Gold Solution would be in the proportions of one grain Chloride of Gold to one ounce Distilled Water.
22. The Soda Solution would be in the proportions of three grains Bromide of Soda to one ounce Distilled Water.
23. The dosage would be twice each day, of morning before any meal is taken, and of evening before retiring; one drop of the Gold Solution and two drops of the Soda Solution, in half a glass of water.
24. Keep this up for five days; then leave off for five days.
25. After the five day rest period from taking the Gold and Soda internally, - we would attach to the body each evening for twenty minutes the electrical vibrations from a Dry Cell Battery, which would be prepared so as to carry the Gold Solution (not the same solution as taken internally, of course, for this would be prepared in a little different manner), into the body itself. This is to be so prepared that there are plates, with long wires from the Battery, see? One is to be of nickel, the other of copper. The nickel plate, with the wire so arranged that it passes through the Gold Solution (in the proportion of fifteen grains Chloride of Gold to four ounces of Distilled Water), with a lead wire lead, would be attached to the umbilical and lacteal duct plexus, or just four fingers from the umbilical plexus towards the right side - two fingers up in direct line from the umbilical center on the right side, see? while the copper plate would be attached to the lower portion of the 9th dorsal center. This attachment would be made each evening for twenty minutes, for ten days. Change the Gold Solution every fifteen days, or after fifteen applications.
26. Then leave this off and take the Gold and Soda internally again, - and so on.
27. Now, as to the diet through these periods:
28. Take plenty of raw vegetables, - especially plenty of canned or raw or fresh tomatoes; plenty of carrots, celery and lettuce. These would not be the only things, to be sure, but these should be the greater part of one meal each day.
29. Keep away from BEEF! Fish, fowl and lamb are to be taken as meats.
30. Have plenty of cooked vegetables also.
31. DO NOT take any alcoholic drinks! These will make the body ill, if taken AFTER there has been at least a series of the osteopathic corrections and of the Gold in the system.
32. Then, in the mental attitude, - this, to be sure, is the better or the real portion of the entity or body; for the mind is the builder. Here one finds self - as this body - body, mind, soul. We have a deficiency in body, an overstimulation, and a deficiency in the mental processes of coordination between body, mind and soul. WILL is the factor, the birthright of each entity, each soul. Ye may not be able of thyself, but in the application of those influences indicated (which are of God's creation), to stimulate the BODILY functions to normal, and the will set in that direction to trust in Him who is the Maker, the Creator of all that is good, pure and perfect, ye may accomplish that which will enable the body, the mind and the soul to coordinate as necessary to carry on as it is capable of doing, in such measures as to bring the greater, the better influences for good into the experience of this body.

33. Do not attempt to do one portion of the treatment without the other. If the body doesn't make up its MIND to give God an opportunity, through an honest, sincere trial in the manners indicated, then it will be as He indicated, of those who would offend one of the little ones.

34. Ye have the opportunity, ye have those surroundings, ye have those opportunities for making and becoming that which has been thy desire, thy hope. Give God a chance with thy soul. For He hath not willed that any soul should perish, but hath with every temptation prepared a way, a manner. For as His promise has been, "If ye call, I will HEAR!" and will answer speedily.

35. Forsake not that which is set before thee. Make thy paths straight. Ye CAN in Him.

36. And when this has been accomplished, within the next six to ten months, there will be ways opened for thee to carry on in thy associations, thy activities with thy fellow man, that will bring harmony and truth in thy life, thy home, thy associations.

37. Ready for questions.

38. (Q) For how long a period should this outlined treatment be continued?

(A) Until there is no desire for the return to drink.

39. (Q) Would it be advisable for me to get in a different kind of work?

(A) As indicated, see self in the light of its possibilities, its real abilities; and within that time as indicated conditions will open for thee. For is not the earth the Lord's and the fullness thereof? Are not the silver and the gold His, and the cattle upon the hills?

Isn't it true, then, that if thou puttest thyself in His hands ye will be able to live that way among thy fellow man?

Be true to thyself, and to that promise ye make when ye undertake to apply His forces, His ways in the earth, to make that association in the body and mind; then live it in thy home, in thy associations with others.

40. We are through for the present.

### **REPORTS OF READING 2161-1 M 38**

R1. 5/7/40 [2161]'s mother's letter:

"...Have you wondered what had become of the [2161]'s? I think it now time to report on the reading you gave to my son [2161] in April.

"He went to Dr. Tucker in Raleigh as soon as he received the reading. Dr. Tucker was very understanding and sympathetic. He wrote out the prescriptions, and gave [2161] a treatment. Before he gave the treatment, or just as soon as he had finished reading the 'reading' he turned to [2161] and said 'Son, you'd better do everything this man says for I've never known him to fail if instructions were followed. This man has something I haven't got.' I asked him if he knew you personally, he said 'No, but I am going to know him very soon, for I am going to make the trip to the beach just to see him.'

"As soon as he put his hands on [2161]'s back he said - 'Well, here it is, just as he said.'

"We came home, got the medicine, which was hard to find, could not get it until next morning as it had to come down from the wholesale house. But we got it before breakfast and he took his first dose, stayed in bed all day and the next. I ordered the battery just as per instructions; told them to send it C.O.D. immediately. We have never heard a word from it, so as the time went on we were so anxious about it, my son [...], who is quite a good electrician said he could make it. He followed instructions and made the battery. [2161] finished the first series of those last night and now begins his second series of the gold solution taken inwardly.

"He is following minutely everything in the reading, and believe it or not, he has been a new creature from the first week. He is now back at work, looks like the dear boy I used to have; sings and whistles around the house and you know how my heart sings for joy.

"I said to him a few days ago that unless he was hiding it from us that he had not had the awful fight that you had suggested that he might have. He replied that he had had a lot of help, and he had in the prayers of his friends..." [asked about epilepsy data for friend's son]

"P.S. [2161] has just finished treatments under Dr. Heine, a friend and co-worker with Dr. Tucker. He [2161] says he feels like a new man..."

R2. 5/9/40 EC's letter to [2161]'s mother:

"...Thank you for yours of the 7th - all praise and honor to Him - all thankfulness to HIM for the good that has come to you - [2161] and his family. Am sure it was most encouraging to you all to have such fine cooperation from Dr. Tucker, and the prayers of others will bring help when there seems to be none anywhere. Please tell [2161] to write me some time. Know that we are glad to try and do whatever we can at any time - the fight isn't over - old nick doesn't give up easily, only when we keep the Christ conscious at hand, will the desire be gone.

"Will be very happy to meet Dr. Tucker and to know him personally for he has done some fine work with the information.

"Sorry about the appliance - am glad his brother could work it out, hope he has it working just right. Ask him to send me a diagram of what he made, will you please?

"Am sending you a report on a case of epilepsy - yes, have had many cases of same - and not all cures by any means - depends on the type of case and the persistency they administer the suggestions, but many, many who have been relieved entirely.

"Thanking you again and again - and give [2161] my best - tell him am counting on his keeping in the way that God may work with him..."

R3. 5/23/40 [2161]'s mother's letter to EC:

"...I don't know whether [2161] has written you or not. He told me that he was going to, but he is the world's worst about writing, but I know you will be glad to know that he is still whistling and singing, and my heart is happy.

"[...], the brother, who made the battery has drawn this chart for you enclosed...If you would like to know further of [2161]'s progress you could write Dr. Frank R.

Heine, Southeastern Bldg., Greensboro, N.C. This is the doctor to whom Dr. Tucker sent [2161]. He is very fine in his work and has given [2161] about ten treatments.

"[2161] is now finishing the second series of the battery treatments and will start on the medicine internally, which will be the third series..."

[Diagram enclosed in above letter shows a copper wire going from one copper plate to the negative pole of a 1 1/2 volt Dry Cell. Another wire goes from the positive pole of this battery to the negative pole of a second battery. Another wire goes from the positive pole of the second battery to one electrode in the solution jar, and a final copper wire goes from a second electrode in the solution jar to a second copper plate. See Source File Key #2161 for this diagram, re Reading 2161-1.]

R4. 5/24/40 EC's letter to [2161]'s mother:

"...Thanks for yours of the 23rd - am happy with you that [2161] is still happy and keeping the way.

"Thanks also for the drawing - the only question is about the connection in the solution - how is that made should be through lead that is cored - ask [...] about that - if not handy to get, will send you a container for the solution - so let me know at once. Would like for [2161] to get this in its best form..."

R5. 6/30/40 Mr. [2273] wrote that he was having Mr. [2161]'s brother make up the Appliance suggested for him.

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**BACKGROUND OF READING 2297-1 M 42**

B1. Wife told Mrs. [1100] the main trouble was drinking. She had divorced her first husband because he was an alcoholic; now she was having the same trouble with her second husband.

**TEXT OF READING 2297-1 M 42**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 3rd day of July, 1940, in accordance with request made by the self - Mr. [2297], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by his wife, also Mrs. [1100] & Mrs. [1628].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mr. [2297] and Wife.

R E A D I N G

Time of Reading 10: 45 to 11: 05 A. M. Eastern Standard Time. ..., Va.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions, as I ask them:

2. EC: Yes, we have the body here, [2297].

3. Now as we find, there are disturbing conditions which prevent the better normal physical functioning; and we find that these have to do with the assimilating and the digestive system.

4. In relationships to these also there would be warnings as to activities that are causing the greater disturbances, that hinder these from reacting to ministrations that might aid or bring about the better conditions.

5. These, then, are disturbances as we find them with this body, [2297] we are speaking of, present in this room:

6. First, in the blood supply we find an activity indicating there are those influences about the body which cause a condition through the liver and the stomach itself, - that continues to cause the effect to the whole bodily functionings.

7. Thus the nausea, a gnawing at times in the lower portion of the stomach and the duodenum. As the warnings would be given, this is gradually causing conditions in the liver that will cause greater conditions that will be harder to deal with.

8. The upsetting of this also causes conditions with the lower hepatic circulation. Thus the excess poisons to be eliminated, that are NOT acted upon because of the congestions in the liver area and through the stomach itself, produce uric acid in the system that will gradually affect not only the nerve system but also the muscular forces themselves, - unless there are changes wrought.

9. In the nervous system we find there are those conditions that are contributory causes to the disturbances in the stomach, or cakes - as it were, or thickening of the walls; not as ulcers, not even the tissue being other than just thickened. But this is the cause in the duodenum of these heavy pains that arise at times, and the abnormal appetites that arise also.

10. As we find, unless the impulses are increased that are slowing the circulation, the causes of these disturbances may not be eliminated.

11. Thus the conditions in the whole of the cerebrospinal upper dorsal area - 2nd, 3rd, 4th and 5th dorsal, as well as in the 9th dorsal - need correction. Also in the upper dorsals, the 1st, 2nd and 3rd, we will find the need for the segments to be moved to the LEFT, while those in the 9th dorsal will need to be to the RIGHT, - rather than down or to the left.

12. If these areas were X-Rayed there would be seen these indications here of a variation in the cerebro-spinal system.

13. This pressure causes nervousness, the inability at times to control the emotions of the body, - and these effects arise from the conditions which exist there.

14. As to the organs themselves of the body:

15. Brain forces are very good. Discernments, and the reactions of the sensory forces, are very good. There are strains at times with the eyes. Also the throat, bronchi, lungs and larynx show the effect of the conditions in the blood supply being impoverished. Though there is not what would be called anemia, there is an impoverishment, - and with a variation as to the numbers of the red blood and the white blood supply at times, - as indicated by the activity through the bronchi, larynx and lungs.

16. The heart's activity shows an irregular pulse. This is more from the nerve reflexes than from any organic disturbance.

17. The organ disturbed is the liver. This condition also is contributed to, as indicated, by the reflexes from the impulses in the nervous system. This is becoming organic, unless it is changed; and necessarily produces a reflex only as yet, though this might become organic, in the liver area.

18. As we find, in making corrections, - it will require the mental as well as physical reactions.

19. First, then, - we would begin with osteopathic adjustments, to be taken about twice a week until six or eight are taken - before beginning the other applications.

20. Then we would begin with the use of the low electrical appliance that would carry GOLD into the system. This should be the Dry Cell, two units, prepared so that there would be a connection passing through a Gold Solution in the proportions of one grain to each ounce of Distilled Water. The attachments would be made in this manner:

21. The small copper plate would be attached to the 9th dorsal, - the upper portion of the 9th dorsal; while the larger nickel plate, through which the Gold Solution passes vibratorially, would be attached to the umbilical and lacteal duct center.

22. These attachments would be made each evening, for only twenty minutes in the beginning. After being used for some five to ten days, then they may be attached for thirty minutes.

23. With the increasing of the time of attaching the Appliance, we would then begin also to take the Chloride of Gold internally, WITH Bromide of Soda.

Prepare two solutions, in this manner:

24. The Gold Solution would be in the proportions of one grain Chloride of Gold to one ounce of Distilled Water.
25. The Soda Solution would be in the proportions of two grains Bromide of Soda to one ounce of Distilled Water.
26. Each morning, before the meal is taken, take one drop of the Gold Solution and two drops of the Soda Solution stirred in half a glass of water. Keep this up for five days, leave off for five days, then take again for five days, and so on.
27. Throughout the period it would be best that the body refrain from any stimulants of alcoholic content; else these would cause a great deal of nausea; and if these are continued it will be very harmful, - for it is the alcohol in the system that is AFFECTING the liver AND the kidneys. This MUST be left off, if the physical conditions of the body would be brought to anything near normal conditions.
28. But with the adjustments, with the taking of the properties vibratorially to increase the generative forces of the blood supply, as well as the nerve forces of the body, we find that the stimulants with alcohol content will be much more easily resisted, and the CAUSES of these desires will be eliminated, - IF THE MIND is kept in a constructive way and manner!
29. Then, as to diets, - keep a well balanced diet, free from too much of fats, but supply an abundance of sweets - not too much, but an abundance, but PREFERABLY in the form of fruits; and when other forms are desired, use honey.
30. These as we find will bring much nearer normal conditions for this body.
31. Ready for questions.
32. (Q) The suffering in my back is caused by what?  
(A) The subluxations in the areas indicated, especially in the upper portion of the 9th dorsal which is the subluxation as we have indicated that needs to be shifted to a plumbness with the upper dorsal and cervical.
33. (Q) Any suggestion as to what osteopath would be best?  
(A) As we find, Hudgins would be well, or any of those in sympathy with the suggestions here indicated.
34. (Q) What diet would you suggest to make me gain in weight?  
(A) As indicated, a well balanced diet but tending towards the characters of sweets indicated.  
Do these and we will bring much better conditions for this body.  
Be consistent, be persistent.  
Keep away from those drinks even that are of carbonated waters. These are NOT well for the body, especially for the LIVER conditions - though these might be and are helpful at times to the kidney eliminations.  
But with the corrections of the subluxations, and the vibrations as well as the Gold and Soda internally, we will find that all of these conditions should improve much better.  
Keep the eliminations near to normal.
35. We are through for the present.

(See extra sheet [which was enclosed] of directions for Dr. Hudgins, Bankers Trust Bldg., Norfolk, Va.

Also see notation [which was enclosed] to Bill Meredith for preparing the two solutions when you are ready for them.

We will get Edgar Evans Cayce to prepare the Dry Cell Appliance for you, and I will phone you when it is ready. Evidently you are not to use this until about three or four weeks of the osteopathic treatments. GD.)

**REPORTS OF READING 2297-1 M 42**

R1. 8/1/40 Letter from HLC to [4095]: "...I note that in your more recent correspondence you ask about information which we have had regarding drunkenness. We received - just the other day - an excellent report on a condition of this kind.

"The man has been a habitual drunk for years, unable to keep a job and estranged from his family. The reading described the cause as basically physical. The treatment suggested, with determination on his part, have made new man out of him. He now has a good job and is supporting his family..."

[GD's note: I believe HLC was referring to a verbal report, encouraging one, which he received from Mr. [2297]'s wife.]

R2. 8/30/40 HLC's letter to Mr. [2297]:

Dear Mr. [2297]:

We are anxious to bring all of our case histories up to date. I realize, of course, that it is a little early to have a complete report on your case, but I should appreciate your filling out the enclosed report blank as far as possible - especially as relating to the accuracy of the Reading in analyzing your condition. There are many points in it which are indications of the unusual types of clairvoyance taking place in each Reading; namely, descriptions of conditions in the body and feelings that could not have been known by my father before the Reading was given. I note a few of these, and I'm sure you may be able to add to this list: Nausea and gnawing in lower portion of stomach and duodenum (Notice that the particular section of the stomach is mentioned here; not just a general statement); uric acid in the system, thickening of the walls of the stomach, heavy pains, abnormal appetite, lesions in the spine at specific centers, etc.

I'd like for you to know about the Expansion Program which we are undertaking at this time. Enclosed is a leaflet describing the plans. We feel that this is one of the most important steps ever undertaken toward making possible a scientific study of my father's work. The first chance you have, stop by and take a look at the building, which is well under construction.

With kindest regards and best wishes, I am  
Sincerely, Hugh Lynn Cayce, Manager HLC: GD

R3. 8/30/40 HLC's letter to Dr. Hudgins:

Dr. Curtis Hudgins, Bankers Trust Bldg., Norfolk, Va.

Dear Dr. Hudgins: -

ALCOHOLISM, VOL. 2 CIRCULATING FILE

We are enclosing a report blank to be filled out by you on the case of [2297]. Please list in detail the lesions mentioned in the Reading which you found to be correct.

Sincerely, Hugh Lynn Cayce, Manager HLC: GD

P.S. I'd appreciate it very much if you will be more specific in checking symptoms described in Readings; for example, mention definite spinal lesions, especially where suggestions for corrections to left or right are given as in [2297]'s Reading. H. L. C.

R4. 9/3/40 Osteopath's Report:

ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT, INC., Virginia Beach, Virginia

Date of Reading: July 3, 1940 Case No. 2297-1

Note: As a research organization we are endeavoring to make a thorough study of psychic information in relation to human ailments. We will deeply appreciate your cooperation in securing a thorough report on this case.

Name: Mr. [2297]

(1) Did the Reading presented to you describe the condition of the patient? (b) Explain any variation. (c) Give technical diagnosis. (A) Yes. (b) None. (c) Alcoholism.

(2) Were the suggestions for treatments in your opinion proper for this condition? Yes.

(3) For what period of time has the patient followed directions given in the Reading under your care? 3 months.

(4) What results have you observed? Great Improvement.

(5) Comment. The lesions here were upper and mid dorsal (lesioned to right) - 9th Dorsal (lesioned to the left).

Date: 9/1/40 Signed: F. C. Hudgins Jr.

(We will appreciate it if you will include a technical analysis of your findings.)

R5. GD's note: Much later we heard that Mr. [2297]'s wife had divorced him and remarried her first husband.

**INDEX OF READING 2461-1 M 47**

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TOXEMIA

VARICOSE VEINS

**BACKGROUND OF READING 2461-1 M 47**

B1. 3/2/41 Questions submitted by wife, Mrs. [623]:

1. What causes & what should be done about varicose veins? 2. Bladder & gland trouble? 3. No appetite? 4. Sore gums from false teeth? 5. Sick at stomach? 6. Why does lime form on teeth in unusual thickness, & what should be done about it? 7. What should be done to correct eyes? Are the glasses wrong? 8. What may be done to clear an appetite for liquor?

**TEXT OF READING 2461-1 M 47**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 10th day of March, 1941, in accordance with request made by the self through wife - Mrs. [623], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 3: 30 to 3: 50 P. M. Eastern Standard Time. ..., Ohio.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions, as I ask them:

2. EC: Yes, we have the body here, [2461].

3. Now as we find, there are rather those conditions that are as tendencies or inclinations in the present. While in the present these only occasionally give distresses that become acute in their reactions, they are gradually undermining the better physical health. Hence corrections need to be made in the present, while the causes may be the more easily eliminated.

4. These have to do with the metabolism of the system and the effects that are created through the assimilating and eliminating systems.

5. Then, these are conditions as we find them with this body, [2461] we are speaking of:

6. First, in the blood supply, - here we find indications of toxic poisons through the system. The effect is indicated in the unbalancing of the blood pressure at times, the torpidity of the liver in its activity, as combined with the effects of mucous in pockets through the colon itself.

7. These conditions produce the restlessness at times; the little or slight headaches, the dullness that appears, the easily being tired, the bad breath of mornings especially, a feeling of scum upon the palate, and the irritation that is indicated in and through the acidity produced in the body.

8. There is irregularity with the eliminations from the kidneys and bladder, and some distress in this area at times, - which is also indicated by pressures in the lumbar and sacral axis, especially that produces a slowing of the circulation through the lower limbs and the dilation in the veins in portions of the limbs themselves.

9. We find that these are the effects, then, of this toxic force that is produced by the pressure existing in the distribution of energies and circulation in the lower

extremities, from the 9th dorsal downward - as well as from that which has been and is a part of the condition by an excess of carbonated forces upon the system itself, combined at times with a toxic condition produced by strong drink.

10. These as we find are the SOURCES of this conditions.

11. The acidity is producing disturbances more and more through the digestive system, as well as those influences upon the liver itself. This is causing a lesion in the upper dorsals and lower cervicals that is a part of the whole general condition.

12. The affectation is to the organs as indicated, - the liver, the assimilating system, the colon, the activity of the kidneys, and those conditions in the superficial circulation; or the plethora in the veins - or varicose veins are showing their effect, which tends to make for slowing of activities through the body.

13. Also these will and do produce the inability of the quick mental reaction as should be the general activity of the body itself.

14. In making applications that would improve or eliminate these causes through the system, we find that these conditions should be taken rather seriously. Not that the conditions are serious in the present, but might easily become such.

15. First we would begin with taking ENO SALTS as an eliminant; a heaping teaspoonful each morning before any meal is taken, for at least a ten day period. Then leave off a week, then take again, and so on, until the toxic condition is relieved.

16. After the first ten day period of taking the Eno Salts, begin with the general hydrotherapy treatments.

17. The hydrotherapy treatments - once each week - should include the sweats, the massage and the rubdowns. These should be taken until at least ten such have been given, see?

18. And during that ten week period there should be given at least two or more colonic irrigations, - these about a week apart in the beginning; and continue these until there is little or no mucous indicated in the stool when these are given.

19. After the hydrotherapy treatments have been completed, - that is, the full course of them as outlined; then have at least six to eight osteopathic adjustments, with special reference to those conditions in the 3rd and 4th dorsal and the lower cervicals, and from the 9th dorsal to the lower portion of the sacral - special reference to these, see?

20. As for the diets and other activities, these should be carefully watched from the first and carried throughout the whole period of the changes that are necessary for the better conditions.

21. Throughout the whole period, refrain from these:

22. Do not eat fried foods.

23. Do not take carbonated waters or drinks.

24. Do not use malted or distilled spirits in ANY form, see?

25. PURIFY the system.

26. Drink plenty of water at ALL times. Occasionally, at least once each week, put a lithia tablet in the drinking water.

27. As for other foods, - no red or rare meats. If meats are taken, preferably use fish, fowl or lamb.

28. Let one meal each day consist principally, or a great portion of it, of raw vegetables; especially such as carrots, lettuce, celery and the like. Prepare these differently almost each time, so that they do not become burdensome to the body.

29. Not too much of coffee or tea, and neither of these with milk or cream in same!

30. Do these, being persistent and consistent, and we will find we will eliminate those causes and have a much nearer normal condition.

31. Because the body feels better, after any portion of those applications outlined, do not go without completing the whole series indicated - if the best results would be obtained.

32. Ready for questions.

33. (Q) What should be done for sore gums from false teeth?

(A) Eliminate the poisons and the acidity from the system, and these will be helped. Locally, if the gums are massaged with Ipsab it will be helpful. But the sources are acidity in the system.

34. (Q) Why does lime form on teeth in unusual thickness, and what should be done about it?

(A) As indicated, it is from the impurities - or toxic conditions through the system.

Do these things indicated, and we will eliminate the causes.

35. We are through with this reading.

#### **REPORTS OF READING 2461-1 M 47**

R1. 3/14/41 Wife [623]'s letter: "[2461] is going to try very hard. You sure were hard on the Coca-Cola [he works for the Co.], and that will be hard to do."

R2. 3/28/41 "[2461] did not check the trucks in last week, so was home for dinner and could watch his diet; he was getting better he thot; said he did not ache so badly, and his flesh was not so sore. But Sat. nite he fell from his perch, paid for it Sun. by feeling very badly. He is so near perfect except for his drinking, and he does that to talk business and feed his ego a little perhaps.

"This has been going on for the past six years."

R3. 4/19/41 Mr [2461] is some better I think. He has not said. But he is not doing very well for himself.

R4. 1/16/81 Boardroom Reports [Article]:

**MORE FOR YOU**

**BAD BREATH** can be greatly eliminated by brushing the tongue as well as the teeth. Brushing the tongue (gently, without toothpaste) reduces early-morning bad breath by 75%. Brushing teeth boosts the result an additional 10 points. To help eliminate the 15%: Go easy on alcohol, avoid tobacco, and reduce consumption of refined sugar, white flour and caffeine. (All of these contribute to bad breath by upsetting the body's chemistry.)

Source: Dr. Joseph Tonzevith, professor, school of dentistry, University of British Columbia, Vancouver, BC, quoted in Executive Fitness, 33 E. Minor St., Emmaus, PA 18049, biweekly, \$24/yr.



**BACKGROUND OF READING 3315-1 F 40**

B1. 8/25/43 Husband's letter: "...No doubt you are being deluged with letters after the article in CORONET. I hope that this one will not prove one too many... The condition, now of some years standing, concerns my wife, [3315]. She is a confirmed alcoholic, and everything that local medicine can do, has been done. Part of these treatments have been with her cooperation and part without. It now - after the exhaustion of all aid but yours - becomes a matter of help from you, if a separation (by advice of reputable psychiatrists) is the least that must follow or, more seriously still, permanent institutionalizing of the subject as mentioned before. The story of your gift and consequent ability and skill is the first ray of hope I've seen in quite some time and I still hope!"

B2. 9/8/43 Husband submitted questions: 1. What is causing the present condition? 2. What can be done to remedy it? 3. What can be done if patient is not cooperative? 4. Is her mind being impaired? If so, what should be done?

**TEXT OF READING 3315-1 F 40**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 27th day of October, 1943, in accordance with request made by the husband - Mr. [...], new Associate Member of the Ass'n for Research and Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.)

R E A D I N G

Time of Reading 10: 45 to 11: 00 A. M. Eastern War Time. ..., Ohio.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we have the body here, [3315].

3. The conditions here, as we find, have been so aggravated by animosities, and by hates, that we have a deterioration in the nerve forces along the spinal system; so that this is dementia - and now possession, such that this may appear near to hopeless in this experience.

4. Through the application of low electrical forces as shocks to the body, with patience, care, persistence, there may be aid - if those responsible are active in keeping with divine approbation.

5. Without these, little may be accomplished.

6. We refer to the short wave electrical treatment.

7. Ready for questions.

8. (Q) What was the original cause, or what brought about this condition?

(A) Changes in the glandular system, and then aggravated by animosities and hate.

9. (Q) What can be done if patient is not cooperative?

(A) Nothing. But do these things.

10. (Q) How often should the electrical treatment be given?

(A) At least once a week until there is almost exhaustion to the body, and then there can be the separation - for, with electricity, dissuasion may be used on those influences about the body. But there must then be applied love, care, and prayer.

11. We are through with this reading.

**REPORTS OF READING 3315-1 F 40**

None.

**INDEX OF READING 3392-1 M 33**

ALCOHOLISM

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**BACKGROUND OF READING 3392-1 M 33**

B1. 6/21/43 Letter from [3392]: "...For the past two years have been most miserable...an illness no doctor can diagnose...doctors have finally come to the conclusion that my problem is mental and for the past two months I have been under treatment with a psychiatrist... However, felt no better..."

B2. 7/6/43 [3392]'s letter: "...My most serious trouble is that frequently I will get a tight feeling in my chest, also in my neck on both sides of my Adam's apple... My face will get a freezing feeling and I will quiver inwardly...my doctors claim it is mental..."

B3. 12/6/43 [3392]'s letter: "...At present taking Vitamin B-1 shots from a doctor...also have been doing quite a bit of drinking...[wonders if advice could be given regarding a great change in his business coming up, which upsets his peace of mind]..."

Questions submitted which were answered without being asked:

1. Is the trouble primarily in the mental body? 2. How can the body get over drinking habits?

**TEXT OF READING 3392-1 M 33**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 9th day of December, 1943, in accordance with request made by the self - Mr. [3392], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by his brother-in-law - Mr. [3339].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) Harmon Bro.

R E A D I N G

Time of Reading 10: 45 to 11: 00 A. M. Eastern War Time. New York City, N.Y.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we have the body here, [3392].

3. In considering the physical disturbances in the body, much more than the mere pathological conditions must be taken into consideration. While in the present this is not a mental condition, there may become such. But if proper precautions are taken and corrections made we should have an entirely new outlook on life, new abilities, new possibilities, new opportunities coming to this entity.

4. Those conditions then, while psychological, are produced by a pathological condition. With the change or correction, do change the psychological conditions also and find within self those abilities to control desire, hopes, wishes, as well as habits of the body.

5. These, then, are the conditions as we find them with this body:

6. In the nerve forces of the body, we find the sources of the disturbances. There has been an injury to the 8th and 9th dorsal area, and thus a lesion has been

formed. This is circular and on the under side. Hence there will be required some real precautions in making those corrections. And do have such an one as Coulter to make these corrections.

7. The reflexes from these to the brain cause great anxieties, great imaginations at times as to the manner in which individuals will react, great anxieties as to the possibilities of this disturbance or of this change, or of the regulations or rules bringing disturbances to the body forces. These cause sleeplessness at times; at other periods anything may produce a "don't care" attitude in reflexes to the body forces.

8. Of course the effect of these upon the body energies and the organs of the body will depend upon what manner of reaction the body takes to meet these emergencies or conditions existent in the cerebrospinal and sympathetic nervous forces of the body. They may break down resistances, cause upsetting in the digestive forces, produce conditions in the liver or the kidneys, or the attitudes and the activities may bring about conditions or relations or activities that will add greater mental disturbances to the body.

9. Then as we find, to meet these:

10. First, do have at least twelve to fifteen gentle but specific corrections, coordinating the lumbar and sacral axis, the upper dorsal and through the cervical area, with the corrections made in the 8th and 9th dorsals.

11. During that period do find self. Read Exodus 19: 5. Know that this is speaking to you. Use it.

12. Then apply the whole setting of that in the 30th of Deuteronomy as to how and where spirituality is to be found in self, in the choices made by the mental self. And the mental self is dependent upon the spirit, the purpose, the desire, the hope with which ye entertain ideas, and these lead to the choice of ideals and manner of activity.

13. With these corrections, too, add such vitamins that will build up the body. Take no more shots. These in themselves are not good. They react, yes, just as the stimuli of any of the Spirits Frumenti or fermented foods, but these are not well. The body does not desire nor hope to be ruled by someone else, neither does it wish the spirit of corn or wine to rule, but rather that indicated in Exodus 19: 5 - "If ye will be my people, I will be your God." Not that you become goody-goody, but just be good for something, and in the application of self, ye will find - as the changes come physically, mentally and in thy hopes and desires - ye may indeed make this life, this experience worthwhile.

14. In the vitamins use KalDak. Each afternoon late when the body returns for rest, take a level teaspoonful of KalDak, first dissolved in a small quantity of hot water and the glass filled with milk. Drink this. It will add to the better digestion, adding phosphorous and iron, the vitamins B and B-1, niacin, and all of those that aid in creating a balance.

15. But get the physical balance as well as the purposes in the spiritual ideals of the entity.

16. Ready for questions.

17. (Q) Should he continue taking vitamins?

(A) Just read what has been indicated.

18. (Q) How can the psychiatrist assist him more?

(A) Forget him! Tell him to go where he belongs! He doesn't belong in this man's life at all!

19. (Q) Is the body's employment too strenuous?

(A) No.

20. We are through with this reading.

**REPORTS OF READING 3392-1 M 33**

None.

**INDEX OF READING 3432-1 M 35**

ALCOHOLISM

Appliances: Radio-Active: Lesions	Par. 16
Bible: Books Of: Acts 13: 22	Par. 15
: Romans 12: 3	Par. 17
: I Samuel 13: 14	Par. 15
: II Timothy 2: 15	Par. 15
: Study: Deuteronomy 30: General	Par. 13, 16
: Exodus 19: 5:	Par. 12, 16
: Genesis 1: 1--6:	Par. 11, 16
: John 14--17:	Par. 14, 16
Home & Marriage	Par. 17

LESIONS

Meditation: Appliances: Radio-Active	Par. 16
Mind: The Builder: Analysis: Self	Par. 11
Osteopathy: Lesions	Par. 9
Possession: Tendencies	Par. 3, 7

**BACKGROUND OF READING 3432-1 M 35**

B1. Oral report by wife before reading: "He is a wonderful man; has great influence over people; under great strain in a responsible job, but has periods of not being able to control himself; has cravings for drink, or gets overexcited, nervous and irritable - does things that he wouldn't do if absolutely normal."

**TEXT OF READING 3432-1 M 35**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 3rd day of January, 1944, in accordance with request made by the self - Mr. [3432], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by his sister through article in Coronet Magazine, later read book, There Is A River.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mr. [3432]'s wife, Mildred Leonard and Harmon Bro.

R E A D I N G

Time of Reading 4: 05 to 4: 20 P. M. Eastern War Time. ...., Va.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we have the body here and those conditions that are disturbing in the experience of the entity.

3. Here we find that we have both a pathological and a psychological effect; or we have those tendencies such that from a pathological condition - influences outside the body oft affect the sympathetic or suggestive or psychic self.

4. These are the conditions as we find existent, then, with this body:

5. The blood supply indicates the sources - or the centers from which there is brought about this radiation or affectation.

6. A lesion in the 9th dorsal and in the 4th and 5th dorsal indicates in the nervous forces the areas from which the impulses to the sympathetic nervous system, or the imaginative or mental body, are connected in the disturbances with the physical forces of the body - through the activity of the assimilating system.

7. The effect upon the imaginative system goes to the brain reflexes themselves, and at such periods of repression the body is not the normal self. It isn't that the body is mentally deficient, no - but there is almost possession at such times. For the appetites and the desires or the cravings in the body are abnormal to the mental efficiency of the body. For without these the body physically and mentally is a well-balanced body.

8. In making corrections, then; there should be taken into consideration the psychological as well as the pathological or physical condition.

9. Corrections osteopathically need to be made in the 9th dorsal and through the upper area of the 2nd, 3rd, 4th, 5th and 6th dorsal; coordinating the 3rd cervical with the corrections made. There would be required at least twelve to fifteen such treatments. Have these twice a week until seven or eight have been given, then once each week for the rest of the period.

10. Then, as to the psychological condition:
11. Begin to analyze self and the relationship the entity bears with the universe and its Maker. Begin first by reading something from the Book itself. It would be well to read first the first five to six verses of the first chapter of Genesis, and in the third verse understand what it means that the knowledge is within thine own self, the light necessary for you - as [3432] - to be one of the best men God ever created. For He has promised to be with you, as an individual, if you will be with Him.
12. Then turn to Exodus 19: 5. This is not talking merely to Jews or Hebrews or Israelites - it is talking to [3432].
13. Then read the 30th chapter of Deuteronomy. Again it is to you, an individual.
14. Read then the promises in the 14th, 15th, 16th and 17th of John. They are not foolishness, my friend! It's the law of the Lord! and you must one day face it!
15. Be a man! Be a man after God's own heart, not one ashamed but rightly placing the emphasis where it belongs.
16. Study these passages at periods when ye have a Radio-Active Appliance tied to you. Read them. Then close thine eyes and visualize it working within thy mind and body. You'll be proud of those about you and of yourself.
17. De not think more highly of yourself than you ought to, but you have it in you! Make good for His sake, and for your wife's sake!
18. We are through.

**REPORTS OF READING 3432-1 M 35**

- R1. 5/5/44 Mr. [3432]'s brother-in-law, [5058], obtained a Physical reading.
- R2. 11/44 [3432]'s wife requested Life reading for their baby daughter (one year old), indicating she was just now securing the Radio-Active Appliance in case she had a chance to get her husband to use it.
- R3. 2/3/69 [3432] died in a hospital, after continuing to work all those years and also outlived his wife who requested above reading.

**INDEX OF READING 3447-1 M 56**

Alcoholism: After Effects	Par. 3, 9-A
Cirrhosis: Tendencies	Par. 3
Diet: Beverages: Carbonated: Not Recommended	Par. 9-A
: Vitamins: B Complex: Neuritis	Par. 6
: Gelatin	Par. 9-A
Doctors: Strand, Walter W.: D.C.	Par. R1
Electrotherapy: Violet Ray: Neuritis	Par. 5
ELIMINATIONS: POOR	
Glands: Neuritis	Par. 3
Intestines: Colonics: Eliminations	Par. 4, 5
LIVER	
NEURITIS	
Physiotherapy: Baths: Sweats: Eliminations	Par. 4, 5
: Massage: Pine Oil:	Par. 4, 5

**BACKGROUND OF READING 3447-1 M 56**

B1. 11/20/43 Questions:

What is the cause of my hands being crippled? What will be the cure? What is the cause and cure of my other ailment?

**TEXT OF READING 3447-1 M 56 (Piano Teacher)**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 4th day of December, 1943, in accordance with request made by the self - Mr. [3447], new Associate Member of the Ass'n for Research and Enlightenment, Inc., via There is a River.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) Harmon Bro.

R E A D I N G

Time of Reading 10: 50 to 11: 00 A. M. Eastern War Time. ..., Ohio.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes. As we find, there are disturbances that, unless there are measures taken to make some corrections will grow to be rather serious. For these will soon become of the progressive type unless changes are wrought.

3. These as we find have to do primarily with the glandular system and the effect being had upon the eliminations and especially the rebuilding in the extremities of the body. While in the present they assume more of a neurotic reaction, we find that these are primarily a multiple disturbance in the right lobe of the liver. A part of these come from indiscretions of youth, a part from the conditions as related to the eliminations.

4. These are the conditions as we find them. While there are yet the possibilities we would begin with thorough hydrotherapy treatments regularly, at least once each week for six to ten weeks - having, through this period, at least three colonic irrigations. Each week the general treatments should include a mild sweat followed by Pine Oil rubs to stimulate proper eliminations and the proper distribution of food values through the body.

5. After the hydrotherapy treatments have been taken for six to ten weeks, and at least three colonics, we would then begin to use the Violet Ray following each hydrotherapy treatment; not before, for - with the poisons in the system - this would be more detrimental than beneficial. When begun, apply the Violet Ray especially across the shoulders, down the arms, even to the palms of the hands, soles of the feet, and up the sciatic centers of the limbs. Use the hand machine Violet Ray, bulb applicator, and let this treatment be given for ten to fifteen minutes each week following the hydrotherapy.

6. Do these, and then take a stimuli in the form of vitamins - as would be found in B-1 complex. These we would take regularly.

7. Do these if we would make for better conditions of this body.

8. Ready for questions.

9. (Q) What is the cause of my hands being crippled?

(A) The general conditions indicated, from the circulation.

Do these things indicated. Do refrain from any alcohol or any carbonated water drinks.

Do take plenty of the raw vegetables. Do have green vegetables prepared often with gelatin. Gelatin will add to the strengthening of tendons and muscular forces, when the body has been purified and is being built up.

10. We are through with this reading.

### **REPORTS OF READING 3447-1 M 56**

R1. 12/18/43 [3447]'s letter:

Association for Research and Enlightenment Virginia Beach, Va.

Gentlemen:

Have selected Dr. Walter W. Strand [D.C.], 301-10 Realty Building, Youngstown, Ohio, to give treatments as per reading by Mr. Cayce December 4th, 1943.

There is a sentence in this reading that is not altogether clear, it reads: "While there are yet possibilities". Just what does this mean? Possibilities of what? Was this the complete reading, or just part of it? It seems rather incomplete. Will you kindly reply?

R2. 12/23/43 EC's ltr. to [3447]:

Mr. [3447] ..., Ohio

Dear Mr. [3447]

I am in hopes that you have the Doctor follow the suggestions as indicated in the information for you. For only in doing just as suggested may there be real help.

I understand from the information what is meant, "While there are yet possibilities, " there are possibilities for you to gain real help, while if the condition were advanced further, there may be no possibilities or probabilities.

Be sure to let us hear from you from time to time, and hoping we have been the means of a real service to you, I am,  
Sincerely, Edgar Cayce EC/c

R3. 6/15/67 Guests at A.R.E. told us that Mr. [3447] has just recently died in his seventy-ninth year.

**INDEX OF READING 3506-1 F 33**

Akashic Records	Par. 5
ALCOHOLISM	
Bible: Books Of: I Corinthians 6: 19	Par. 10
: Deuteronomy 30: 11--15	Par. 8, 10
: Joshua 24: 15	Par. 9
: I Kings 19: 12	Par. 10
: Revelation 3: 20	Par. 10
: Study: Deuteronomy 30: Alcoholism	Par. 10
: Exodus 19: 5:	Par. 9
Clairvoyance Of E.C.: Action & Places	Par. 2
Consciousness: God & Man	Par. 9
Healing: Spiritual	Par. 7, 9
Jesus: Grace: Law Of	Par. 10
Life: Opportunity	Par. 9
Meditation	Par. 10
Names	Par. 4
: People Mentioned: Deaton, Dorothea	Par. R3--R5
Narcomania	Par. B1
Numerology	Par. 4
Soul Development: Will	Par. 10
Vocational Guidance: Music	Par. 6
WORK: E.C.: READINGS: INCARNATIONS NOT GIVEN	

**BACKGROUND OF READING 3506-1 F 33**

B1. 9/16/43 Mother's letter to EC:

"...We have brought our daughter to a mountain resort for a complete rest for one month.

"If you have a cancellation of an appointment between now and October 10th, will you please wire at my expense and let our appointment for Nov. 6th be changed?

"As I stated before, she has three children and a very difficult 'Prussian type' husband. They have been with young people who drink and smoke a great deal. She started to drink to excess. Besides that she has had many operations and at times suffered so much she was given drugs. Two druggists allowed her to refill the prescriptions until she turned to drugs for her nerve relief. Of course, she got herself into a pitiful state. For two months she has taken nothing (I mean no drugs or liquor) but her health is very bad. She is weak and nervous.

"A psychiatrist says it is a double case and is working with her husband trying to have him become more kindly and reasonable in his treatment of her. He is exceedingly severe with his children too.

"Here are some questions I would like answered."

1. Will her state of mind and health improve immediately? 2. What can I do to help her? 3. Will she and her husband be able to live together harmoniously? 4. Will the whole picture of her life soon improve? 5. Has she a karmic life?

"Her astrological chart shows squares and oppositions. She was born at 4: 37 P.M. Jan. 4, 1910 - Berkeley, Calif.

"If we can have the appointment while here I can see that she is quiet at that hour..."

B2. 9/23/43 Mother's letter:

"...If I am wrong in asking that the Physical reading be included with the Life please give the Life [reading]."

1. Her life has been a struggle in every way due mostly to her own shortcomings. Will she be able to straighten it out and recover her health? 2. Will her husband, [...] help her and be more kind? 3. Will she have to finish this life with him? 4. What will bring about the greatest growth in her mental and moral character? 5. What sort of past lives have given her such a hard path in this incarnation? 6. How can we stimulate an awakening in her consciousness and arouse a desire to live a constructive and useful life with a true desire to serve? 7. Will she be able to keep her family intact? 8. Will she ever return to the habits she has recently given up or has she now reached a turning point in her life and will now go forward into a normal useful life? 9. What were the past relationships between [3506] and her father and mother, sister and brothers?

**TEXT OF READING 3506-1 F 33**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 12th day of December, 1943, in accordance with request made by the mother - Mrs. [...], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by Jensen's Economic Research.

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Jeanette Fitch, Steno. Harmon Bro. [This was the 1st time JF was the steno for the day's rdgs. without GD's presence. GD went to Petersburg, Va. to meet the girl whom her brother Burt was later to marry.]

R E A D I N G

Born January 4, 1910, 4: 37 P. M., in Berkeley, California.

Time of Reading 4: 05 to 4: 20 P. M. Eastern War Time. ..., California.

1. GC: You will give the relations of this entity and the universe, and the universal forces; giving the conditions which are as personalities, latent and exhibited in the present life; also the former appearances in the earth plane, giving time, place and the name, and that in each life which built or retarded the development for the entity; giving the abilities of the present entity, that to which it may attain, and how. You will answer the questions, as I ask them:

2. EC: - '43 almost gone - '42 - '40 - 1910 - [3506].

3. Yes, we have the records here of that entity now known as or called [3506].

4. A bad choice when the entity chose to change the name to [married name].

5. In giving the interpretation of the records as we find them here; these may be called by some Akashic records, in that spoken of as the book of life. Thus we find the book of life for the entity in the present appears very unsettled.

6. As is indicated the entity is one with great promise, with great abilities in many fields of activity. In music, in the ability to depict or to act, or as a reader, or as a lecturer, might the entity have succeeded most wonderfully.

7. Regarding these disturbances in the body - stress has been laid upon the material rather than the mental and spiritual portions of an experience or existence. Know that the answer is deep in self and no one else can know it for you. It may be pointed out or it may be rejected by others, but in self ye will know.

8. For as has been pronounced by the giver of the moral as well as the penal code of man's relationship to man, man's relationship to God, man's relationship to parents, man's relationship to friend and foe alike, it is not who will come down from heaven that ye may have a message, or who would come from over the sea that ye may hear or interpret; for Lo, judgment, Lo, the spirit lies within thine own heart; thine own body, thine own mind.

9. For the very fact that ye find yourself conscious of being alive, of being capable of suffering disappointments, capable of being aware of missing something within thine own experience in the present - disappointed in people, disillusioned with your own family - should make you aware that God is mindful of thee and that thou hast forgotten God. Then in thy spiritual life, in thy spiritual purpose lies the answer in thy problems, physical, mental, material, spiritual. For when ye have set thine own house in order, regardless of what others may say, begin to read first the 19th of Exodus and the 5th verse, and see in whom ye may trust, where thy mind and thy soul may find rest. Consider what spirit, what purpose, what desire must occupy thy mind.

10. Then turn to the 30th of Deuteronomy and ye will read "Today there is set before thee good and evil, life and death, choose thou." The will, then, in self is

the gift of thy Maker, thy Creator; that ye might understand and approach Him, putting thy trust, thy hope in His hands. For thy brother, even Jesus who became the Christ - by making intercession, by offering Himself as the sacrifice that made possible man's approach to God through Him - has promised, "I stand at the door of thy heart, of thy consciousness. If ye open, I will enter, if ye will listen to that still small voice within." For thy body is the temple of the living God, and there He has promised to meet thee. There ye may find the answer. Ye have the ability. Will you listen?

11. When ye have found Him, we again will come and speak to thee the 20th of June.

12. We are through for the present.

### **REPORTS OF READING 3506-1 F 33**

R1. GD's note: If she or her mother had written asking for it, no doubt EC would have made a definite appointment for Mrs. [3506] on 6/20/44. It is interesting to note that seven readings were actually given on 6/20/44 - four Check-Physicals, one Life and two Mental-Spirituals. The two Mental-Spirituals were: 3051-7 for a woman who had been having many apparent problems, some of them marital; and 2072-15 for a couple seeking to make their marriage an ideal one.

R2. 8/3/44 Mother's letter: [See last paragraph of 3506-1, Par. 11.]

"...You sent me a reading for my daughter on Dec. 12, 1943, which seemed very incomplete and you said you would speak again on June 20th. We have had no word from you.

"The reading was quite disappointing unless it is followed up as was promised in the final paragraph..."

R3. 9/5/44 GD's letter to [3506]'s mother:

"...The enclosed notice [re EC's illness] will explain the delay in answering your letter of August 3rd.

"Your daughter's reading called for another reading on June 20th, only in case she responded to the suggestions first indicated and made an effort mentally and spiritually.

"We did not hear anything from you or her, and could not seek a reading without your cooperation or indication that you wanted the information, or were ready for it.

"You might like to get in touch with one of our Members in your vicinity who is somewhat familiar with our work, having just recently moved to California from Norfolk, Virginia: Mrs. Chas. Deaton 3531 Roy Street San Diego, California

"Let her go over your daughter's reading with you, and advise you concerning it.

"Hoping that we may be of further service..."

R4. 9/11/44 Mother's letter to EC:

"...Unnecessary correspondence takes your time to read it and therefore I assumed the future reading for my daughter would take place as scheduled and I just waited. When I did not hear from you I wrote asking about it.

"We were disappointed and unhelped by the first reading...

"Miss Davis suggests we see a Mrs. Deaton in San Diego. That happens to be about 600 miles from Berkeley so is not a practical suggestion. I prefer to correspond with you directly. We were so very interested in your work and have loaned the book of your life to many friends. But our results have been of no help at all.

"We would appreciate an adjustment and not bother you further considering your time is so full.

"I am very disappointed in the results of our request for our daughter's reading..."

R5. 9/19/44 GD's letter to [3506]'s mother:

"...We deeply regret that your daughter has not benefitted by her Life reading. As the reading implied, it is necessary that she desire to apply the suggestions given. While your aid and guidance will be very helpful to her. If you will refer to pages 383, 384, and 385 of the book, THERE IS A RIVER, you will better understand why this is all important.

"We referred you to Mrs. Deaton, who is a Member of longstanding, thinking that she might offer you helpful suggestions in understanding your daughter's reading. We did not realize that Mrs. Deaton lived so far from you. Often our members have been able to help each other through personal contact.

"We are returning the \$5.00 which you submitted, this being extra to the amount required for membership.

"We would appreciate a report on the manner in which your daughter responded to the suggestions given in her reading. This type of information is very important to our research work.

"The enclosed notice to our members will speak for itself. Mr. Cayce's continued illness has made it impossible for him to work for nearly three months.

"Thanking you for your cooperation, I am..."

**INDEX OF READING 3510-1 M 36**

ALCOHOLISM

Appliances: Wet Cell: Alcoholism	Par. 9-A
Attitudes & Emotions: Anger	Par. 3, 8-A
: General	Par. 8-A
: Hate	Par. 3, 8-A
: Self-Gratification	Par. 3, 8-A
Clairvoyance Of E.C.: Conditions Confirmed	Par. R1
Healing: Spiritual: Alcoholism	Par. 5, 11-A
Hospitalization: Still-Hildreth	Background, Reports
Psychosomatics: Alcoholism	Par. 3, 5, 6, 8-A, 9-A

**BACKGROUND OF READING 3510-1 M 36**

B1. 12/10/43 [3510]'s sister submitted questions:

(1) Does his condition indicate a gradual deterioration of mental faculties? (2) Is his mental condition curable? (3) Could he be cured of the alcoholism by hypnosis? (4) Would it be advisable for the family, and doctors, to consider releasing him from the Sanatorium for the purpose of trying to get a job? (5) Would another "bout" with alcohol be extremely dangerous to his organisms?

**TEXT OF READING 3510-1 M 36**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 16th day of December, 1943, in accordance with request made by the sister - Mrs. [...], new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by Mrs. A. J. Brumbaugh.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) Harmon Bro.

R E A D I N G

At the Still-Hildreth, Time of Reading Osteopathic Sanatorium, 10:50 to 11:00 A.M. Eastern War Time. Macon, Missouri. ..., Illinois.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:

2. EC: Yes, we find the body here, [3510].

3. While there is much yet to be desired, the desired results or the best results may not be obtained unless there can be created a greater desire on the part of the body itself for the corrections of the conditions; the anger, the hate, the conditions to gratify appetites that so break down that administration which has been or may be made.

4. We would not change from those administrations being made.

5. We would - through the closer associates of the body - attempt to make better cooperation between the body and those making administrations. Not by making promises of this or that but rather appealing to the body through the better self, the innate, the spiritual, the soul self.

6. And if there is also such cooperation with those making administrations in these directions when these are begun, we may find better results for this body.

7. Ready for questions.

8. (Q) Does his condition indicate a gradual deterioration of mental faculties?

(A) As just indicated, only when there is kept in self that of hate, the desire for gratification of bodily desires, and the fighting against the administrations being made. For anger can destroy the brain as well as any disease. For it is itself a disease of the mind.

9. (Q) Is his mental condition curable?

(A) It's curable, provided there are those cooperations - and the desire created on the part of the entity to cooperate with that which may be administered.

Here we find that the use of the Wet Cell Appliance would be beneficial to this body, carrying Gold vibratorially; for it will take away those desires for drink also. Use this in the way that has been indicated for such, the larger plate - through which the Gold Solution passes vibratorially (in the proportions of one grain Chloride of Gold Sodium to each ounce of distilled water, and use at least three ounces) - would be attached at the umbilical and lacteal duct area. The small copper plate would be attached at the 9th dorsal. Make the applications for thirty minutes each day.

10. (Q) Would another "bout" with alcohol be extremely dangerous to his body?

(A) Mentally and physically!

11. (Q) Would it be advisable for family and doctors to consider releasing him for the purpose of trying to get a job?

(A) Not in the present conditions, no.

There must be obtained the cooperation, not merely the outward expressions of it, but sincere. It must be approached more from the spiritual angle.

12. We are through with this reading.

### **REPORTS OF READING 3510-1 M 36**

R1. 12/27/43 [3510]'s sister's letter: "...Thank you for the reading of December 16, for my brother, [3510]... I am sending the extra copy and the instructions on the Wet Cell Battery, on to the Still-Hildreth Sanatorium. I do not know whether they are familiar with your work or not, so I have tried to explain it somewhat to them, hoping they will co-operate in every way.

"I feel that your reading is correct in that it points out the necessity for a sincere desire on the part of the patient to receive help and to co-operate in the efforts of others to help him. In the past it has been very difficult, if not impossible, to stimulate that desire in him.

"We shall keep on trying, however. He has had many, many prayers offered for him. And we have tried to 'reach' him through inspirational literature, 'Unity' and various approaches. So far, to no avail.

"He will recover from a bad set-back due to a drinking 'spree' and then feel 'cocky' again and confident that he can drink like a gentleman and that HE has no alcohol problem, etc., etc. So long as he does not admit that a problem exists, we feel up against a stone wall.

"He has been in touch with 'Alcoholics Anonymous' - you may know the organization - also to no avail.

"I shall let you know of future developments..."

R2. 1/13/44 EC's letter to Mrs. [...], [3510]'s sister: "...I have yours of the 27th regarding the reading for your brother, [3510]. I believe you will have cooperation from the people at Still-Hildreth. They know of the work, but it is very well for you to remind them that you wish them to follow the suggestions. In the information given, I believe you will get it. Let me hear from you from time to time, and if we can be of help, know we are glad to do so..."

R3. 8/8/46 GD's note: [3510]'s sister ordered publications from Edgar Cayce Publishing Co.

**INDEX OF READING 4386-1 M 31**

ALCOHOLISM

Assimilations: Eliminations: Incoordination:  
ALCOHOLISM

Attitudes & Emotions: Fear Par. 11-A  
: Rebellion Par. 11-A  
: Self-Agrandizement Par. 6

Clairvoyance of E.C.: Conditions Confirmed Par. 1, 2

Debilitation: General: Alcoholism Par. 10-A

Heredity: Influences: Prenatal: Alcoholism Par. 13-A

Physiotherapy: Baths: Sweats: Alcoholism Par. 10-A  
: MASSAGE: ALCOHOLISM

Prescriptions: Benzosol: Alcoholism Par. 9  
: Codeine: Par. 9  
: Eucalyptol: Par. 9  
: Nails, Finger: Par. 9  
: Turp, Rectified Oil Of: Par. 9

Psychosomatics: Alcoholism Par. 6--9, 11-A, 12-A, 15-A

Sensations & Symptoms  
: Nervousness: Alcoholism Par. 10-A, 11-A

TOXEMIA: ALCOHOLISM

Will: Alcoholism Par. 8, 9, 15-A

**BACKGROUND OF READING 4386-1 M 31**

B1. GD's note: Wife's reason for securing reading was to see if something could be done for him as an alcoholic.

**TEXT OF READING 4386-1 M 31**

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 31st day of October, 1930, in accordance with request made by his wife - Mrs. [...].

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. [386]'s wife.

R E A D I N G

Time of Reading 12: 20 Noon - Eastern Standard Time. ..., Virginia.  
(Physical Suggestion)

1. EC: Yes, we have the body here - [4386]. We have more than one of the same name. [Mr. [4386] was a "Junior" and his little son at the same address was a "III".]
2. GC: We want the father.
3. EC: The father's name. We have the body.
4. Now, we find in many respects in the physical sense the body is very good. There are, however, conditions becoming apparent in the physical functioning of the body, that - unless warnings are heeded and changes made - the results must be VERY unsatisfactory. These have to do, especially, with the functioning of organs as affected BY too strenuous stimuli in the system, and the effect to the liver, the gastric juices of the stomach, the assimilations of the system, and the brain forces themselves - especially in the return forces in the matter of the nerves themselves. These, as we find, are conditions existent at present in this body:
5. IN THE BLOOD SUPPLY, this shows the effect of toxic forces in the system from this condition in stomach, liver and intestines; also the congestion as increases the lymph circulation, especially in head and chest at the present time, to say nothing of those conditions this produces WITH the kidneys and their inability to care for the toxic forces as created at the present. While the body in its resistive forces at present is able to throw off these resistances, yet there is - FROM this condition in the blood supply - gradually being builded that which will not be as easily eliminated.
6. IN THE NERVE SYSTEM ITSELF, as indicated, the effect of the blood being so impoverished by that necessary stamina to act with all of the nerve centers and plexuses, being so deadened by these reactions in system, shows an unbalanced, unstabilized condition in same, as well as those DEFINITE conditions existent in centers in the lumbar, the dorsal, and the WHOLE of the cervical regions. These, as we find, have much to do with the MENTAL attitude of the body as respecting surroundings, associations, relations with others, as WELL as that regarding self and self-aggrandizement of interests as satisfy desires of the fleshly forces, as are being created in system.
7. THE FUNCTIONING OF THE ORGANS THEMSELVES show, as given, that of not DETERIORATION at present - but MUST BECOME deteriorating in its

effect, as is indicated in the abilities of the system to not cope WITH those conditions as have worked, do cause, distress in the mental activities, as well as indicated in the organs as outlined.

8. In meeting the needs of the conditions physically, we find - while there must be physical applications for the body to right itself - the greater portion must come through that of self's own will in making for the environs and for the effect that is being produced in body.

9. We would, then, find that - were these properties combined in this manner, and given at least one each week, and this as a dose, this will assist and enable the body to exercise its own prerogative in the application of self's desires.

Prepare in a capsule, this:

Eucalyptol..... 1 minim,  
Rectified Oil of Turp.....1/2 minim,  
Benzosol.....1 minim,  
Codeine.....1/60 grain.

This must be given under PHYSICIANS'S instructions or directions, one each week - until there will be found that there is an alternation in the desires of the body as related to the physical forces, as related to the mental application of self - for this will produce NAUSEA to an extent that the body, when over STIMULATING self, will refrain from same. Should this become, under the physician's reactions, such as has been in cases past WITH the body - they, themselves, refrain - or change to such an extent as to increase rather than diminish - take of the parings or the scraping of the fingernail of the body, on the left LITTLE finger - these prepared in coffee or tea will prevent a reoccurrence. Not injurious, but helpful. Ready for questions.

10. (Q) What makes the body so nervous?

(A) Just as has been given. Those conditions in the whole of the nerve system have become SO WRACKED with this stimulation, as to break down the nerve GANGLIA themselves. Would be well were the body to have some sweats, and follow same with a thorough massage afterward. This once or twice a week would be most helpful in the RECUPERATIVE forces of the body-physical.

11. (Q) What is the cause of his restlessness, and how can it be overcome?

(A) Just as has been outlined. STABILIZE the body in its PHYSICAL reactions, and then - through the application of the suggestions as may be given as the application of the forces for the physical betterment are given, as to what IS coming about - NOT as of fear, not as that as will cause the body to REBEL, but something to DO - rather than something NOT to do.

12. (Q) Why does he crave liquor? Is it a mental or a physical condition?

(A) Both, as has just been given and outlined.

13. (Q) Are prenatal conditions affecting him? If so, can they be overcome?

(A) As to the effect of the properties as are given here for the correction of organic disturbances in their mild form, these will affect in the physical and mental functioning of the body. As for PRENATAL conditions, these are more MENTAL THAN physical.

14. (Q) What part of his anatomy is diseased or not working in order?

(A) These have been outlined. These have been given. Those that are building toward conditions that will be hard to combat are the liver, the spleen, the kidneys, the brain itself. Those that are directly affected at present are the nerve system and the mental attitudes of the body; to be sure, with those increased secretions as are seen from congestion in the forces of the upper circulation, as well as the GASTRIC disturbances in the intestines.

15. (Q) Is there any particular gland trouble? If so, where?

(A) If there had been we would have given it! Do as we have outlined, if we will bring the better physical conditions, as may give the body the OPPORTUNITY to exercise its own mental will force and power. We are through for the present.

**REPORTS OF READING 4386-1 M 31**

None.

**INDEX OF READING 4632-1 M ADULT**

Alcoholism

Reports

WORK: E.C.: READINGS: MISSING

**BACKGROUND OF READING 4632-1 M ADULT**

None.

**TEXT OF READING 4632-1 M ADULT**

This psychic reading given by Edgar Cayce.

P R E S E N T

Edgar Cayce; (?), Conductor; (?), Steno.

R E A D I N G

Time of Reading Unknown.

Reading is not on file with Edgar Cayce Foundation or elsewhere according to available records.

(No copy of this reading is in A.R.E. files. Evidently - no copy was kept - it must have been one of the early ones.)

**REPORTS OF READING 4632-1 M ADULT**

R1. 12/12/42 Mrs. [844]'s letter: "You know, [606] never stammers any more. My own dear one [486] is fine now, and [4632] whose case you read is a new boy and has quit drinking. I have always hoped that someone would have you to read [nephew]'s case and maybe they have. He is so fine when he lets that stuff alone and the most liked member of that family."

R2. 12/15/42 EC's reply: "Glad to hear of the change in [4632]."

R3. 2/6/66 Mrs. [844]'s letter: "I think [486]'s reading was the beginning of his giving up drinking. I know he must have advised a friend, [4632], to have a reading when his father came to our office to see [486]. Anyway, the friend, [4632], quit drinking."

**INDEX OF READING 4700-1 M ADULT**

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**BACKGROUND OF READING 4700-1 M ADULT**

B1. 6/11/23 Wife [4699] obtained a physical reading via Mrs. [2553] who also referred [4700]. [GD's note: Linden Shroyer later told me that Mr. [4700] was and had been an alcoholic for quite a while.]

**TEXT OF READING 4700-1 M ADULT**

This Psychic Reading given by Edgar Cayce at the Phillips Hotel, Dayton, Ohio, this 12th day of June, 1923.

P R E S E N T

Edgar Cayce; Linden Shroyer, Conductor; Fay Autry, Steno. [4700].

R E A D I N G

Time of Reading 8: 30 P. M. ..., Ohio.

1. EC: Yes, we have the body here. Now, while we find this very good in many respects, there are some abnormal conditions in this body. They have to do with the functioning of some of the glands in the body, and the effect that stimulation of organs and glands have over the functioning of the nerve and the functional conditions of other organs.

2. Now these are conditions as we find in this body, at the present time, see, [4700] we are speaking of, present in this room: In the blood supply we find this above the normal in pressure at the present time - not sufficient to be warrior [wary] of at present, but the show and tendency of the heart forces, see, though not organic conditions at present. The numbers of red blood cells sufficient, the numbers of the white deficient in their action over the system, for with the glandular forces in the system, especially, the typhys [thymus] gland showing the excess as the strain comes, brings the pressure to the system.

3. In the nerve forces in the body we find very good, rather nervy as would be called. The whole nerve system rather on strain, yet sufficient in all its action as yet to take care of conditions, but not well to overtax these forces farther than at present, see, rather relax more than the body does through all the nerve forces of the system. The sympathetic system is very strong at present, but rather taxed even under the conditions, see. The sensory nerve system, very good for the whole condition of the body.

4. In the functioning of the organs themselves we find the brain forces of this body very good. Too often the whole energy there, though, is kept on strain, see; rather inclined to be one of the higher forces through physical, mental and spiritual when allowed to manifest itself. Too often, the spiritual or [are - is] submerged, see.

5. In the larynx, throat and bronchials, we find some show of congestion but strain of the mucus-producing glands of this portion of body, though very good normally, see.

6. The lung force, very good.

7. The digestive tract fairly normal for the conditions as produced by the stimulation in the glands that hinder the functioning of the secretions necessary to produce the perfect digestion through the whole system; hence [there] are times the body is hindered in its best action by intestinal indigestion in parts, see.

8. The liver in its secretion not as good as should be; in its excretion, very good.

9. Kidneys show the strain of stimulation to the glands in the intestinal tract and in the pyres [Peyer's] glands, especially, so there is in the system the effects of the non-excretions from pyres [Peyer's] glands, see.

10. In all, the body at present is very good. There are conditions that the body must be wary [wary] of: Not so much of the stimulation to the system, either in the forces to brain reaction or to the system, that hinders the action of the spleen, or of the forces to create the secretions for intestinal digestion, else we will find the breaking of the cellular forces through the hepatic circulation and strangulation to the glands in the typhus [thymus] region, see.

11. To give the best effect in the body and to rid the condition existing through the system and to give the perfect intestinal action of the body, we would take this once every seven days for one month, and do not have the stimulation in the system to counteract the condition. This would be one dose:

Licorice Compound.....1 grain,  
Cascara Segrada.....1/2 grain,  
Yellow Saffron.....1 grain.

12. Four of these should be made.

13. Let the body have plenty of outdoor exercise, but not excess in any manner or form for the body. Plenty of water in the system inside and out. The body will keep fit for many days and years, [4700].

14. (Q) Is there danger of Bright's disease or any like kidney trouble in this body?

(A) We have just given the conditions through the action of the glands that cause the over-secretions when sufficient excess is shown for the functioning of the kidneys. The condition might arise, not at present.

15. (Q) How long will this body remain in a state of health and be able to function efficiently, when this treatment you have prescribed is followed out?

(A) We have given many days and many years.

16. (Q) What kind of stimulation do you refer to, Mr. Cayce, that this body uses to excess?

(A) That stimulation that overtaxes the glands in the system, as we have given. He has it here, you see. He knows it. That is his business.

#### **REPORTS OF READING 4700-1 M ADULT**

R1. 7/4/23 [4700] referred his friend, Mr. [3870] for a Physical reading, who wrote [4700] 7/6/23: "...Mr. Cayce seems to have performed just as you said he would..."

R2. 3/21/27 Mr. [195]'s letter: "...[4700] was in town. He enquired about you. [4700] has been on the water wagon for over a year and is looking well. He is working very hard and I think he is saving some money - a thing he never accomplished in the past..."

R3. 6/29/33 Mrs. [2553]'s letter: "...Saw Mr. [4700] and Mrs. [4699] a few years ago in Chicago. You know [4700] and [4699] are divorced but [4700] married [...]..."

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R4. 12/15/37 Mrs. [2553]'s letter: "...Saw Mr. [4700] and Mrs. [...] [his second wife] this fall and found them so happy. [4700] is so changed. Has not had anything to drink in years. Attributes his great healing to spiritual guidance..."

R5. 12/21/37 EC's letter to Mrs. [2553]: "...So you saw [4700] and wife. Fine! Am glad he is taking care. He was such a capable man, and do hope that he has gotten the divine guidance needed. You know, I used to hear from a relative of his rather regularly, but haven't heard now for some years. Please remember me to [4700] should you see him again..."

R6. 4/5/38 EC's letter to Mr. [1323]: "...Mrs. [2553] spoke of seeing [4700] and of what a change there was in him..."

**INDEX OF READING 5359-1 F 14**

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**BACKGROUND OF READING 5359-1 F 14**

B1. 7/4/44 Mother [3037]'s letter: "...I shall be anticipating the success of this reading as I have enjoyed the benefits of my own Life reading..."

**TEXT OF READING 5359-1 F 14**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 22nd day of July, 1944, in accordance with request made by the mother - Mrs. [3037], Active Member of the Ass'n for Research and Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Jeanette Fitch, Stenos.

R E A D I N G

Born April 29, 1930, in Orange Memorial Hospital, Elizabeth, New Jersey.

Time of Reading Set bet. 10: 30 to 11: 30 A. M. Eastern War Time. ...., N.J.

1. GC: You will give the relations of this entity and the universe, and the universal forces; giving the conditions which are as personalities, latent and exhibited in the present life; also the former appearances in the earth plane, giving time, place and the name, and that in each life which built or retarded the development for the entity; giving the abilities of the present entity, that to which it may attain, and how. You will answer the questions, as I ask them.

2. EC: Yes, we have the entity here, [5359].

3. Here we find very unusual abilities and some very unusual warnings to be given also for such a lovely person.

4. In the interpretation of the records, these would be first directed to those who have the developing or the giving of the opportunity for the entity for the developing of its abilities, especially in that field of art which would be designated as place cards, Christmas pictures, season's greetings and that particular nature. These should be the opportunities given the entity. This necessarily would include music, but not music as a means of doing other than attuning or giving expression.

5. For the entity of its inner self is very psychic. Do not submerge, but rather encourage all such.

6. There will be these as warnings, these for those responsible for the entity: A tendency for the body to overeat or to be overindulgent in appetites. Be warned for self, as well as associates of those who take wine or strong drink, for this may easily become a stumblingblock to the entity.

7. In giving the interpretation of the records for the entity, these opportunities, these privileges and these warnings should be directed more to those responsible. This may be to the entity:

8. We find Venus, Jupiter, Mars, Saturn, all of these are parts of the entity's consciousness. Thus a very strong-minded individual, but one given to light things; and yet one very capable when talking to individuals, rather than groups or numbers of people.

9. Thus those warnings should be: make the self, then, embrace opportunities with groups and others. Do apply self in the direction especially of art and music. For these will offer the channels, especially as has been indicated, through which

not only the material success may be gained but the interpretation of the physical, the spiritual, the psychic. Don't be afraid to acknowledge that ye see fairies as ye study, for you will nurture these experiences. Don't be afraid to say that you see the gnomes which would hinder peoples at times. These may be a part of the background for many of the cards, for many of the various sketches which you would make.

10. As to the appearances in the earth, these have been quite varied:

11. Before this we find the entity was in the land during that period when there were those reconstructions following the period called the American Revolution. Here we find the entity interested in building a home with the beautiful grounds about same.

12. In the name then Lila Chapman, the entity gained through the period, for the home to the entity and its family, and its children was that which took the greater portion of its time, save the study of the Word which was given place in that home; and yet there came from same those who took too much of the cup, as cheers. This brought disturbances, sorrows. Don't let it occur again. There will be the tendencies for attraction, not only for self, but for those about you. For that ye hate has come upon thee. Don't hate anything in the present.

13. Before that we find the entity was in the lands to which the Apostles went when they were driven because of persecutions to the Holy Land, and those parts of what is Asia Minor or the old portions and to Persia; and we find the entity, not as a "hanger-on" but as one who aided the Disciples, who followed through in these directions with John in one portion of the land, and then with the descriptions of Bartholomew. The entity was closely associated with these in singing psalms and in the alms and good deeds for those attracted to same for the material as well as spiritual portion of their lives.

14. In the experience the entity was then known as Ishneth.

15. Before that we find the entity was in "the city in the hills and the plains" and the entity was among those of the natives attracted by, attracted to, the peoples who came from the Grecian land, but not for any good purpose. Some succeeded in undermining peoples. Most did not, but became believers themselves. The entity was among those attracted for their beauty, for their grace and most of all for their cleanliness. For cleanliness is next to Godliness. For he who is pure as an individual should be pure in body, as clean in body also.

16. In the experience the entity learned much of the mystical, not any of the Persian, but those activities in "the city in the hills" which aided individuals in the artistic phases of Grecian culture and lore.

17. Thus the interest in the body-beautiful, the interest in nature and nature's dwellers in air, as well as from flowers, roses, clouds, trees, water, sounds and all of these which come from nature itself.

18. The name then was Pleghen.

19. Before that we find the entity was in the Egyptian land when there were those who were a portion of that development for Ra-Ta in bringing perfected children into the earth. The entity was among those who were of that individual's activity and yet brought into the service in the Temple of Sacrifice and the Temple

Beautiful the arts which first were expressed in colored flowers upon the linen of the day, and those which made for beauty among the peoples in the homes, as a means for instruction in urging the emotional forces of body, and life-building.

20. The name then was Itcar.

21. As to the abilities of the entity and that to which it may attain and how: First it is dependent upon those who would direct the early experience of the entity, and then upon the entity holding fast to that which brings hope and life and understanding.

22. Ready for questions.

23. (Q) What is the nature of my karma that I am to work out in this appearance?

(A) Read that which has been indicated.

24. (Q) For what purpose did I come into the environment and influence of these parents?

(A) That there might be the more perfect understanding to each. For they each have much to give to the other.

25. (Q) What urges are most characteristic of me and should be developed?

(A) These have been indicated also, and that which is the greater warning and that which is virtue.

26. (Q) How have I been associated in previous incarnations with my parents: my mother [3037], and with my father, [3434]?

(A) Parallel with the application of each or the activities in varied experiences. These ye will draw the better in the Egyptian experience.

27. (Q) My brother, [...]?

(A) In Egypt and Persia.

28. (Q) My sister, [...]?

(A) You won't get along so well with your sister, though you love her; you were not associated.

29. We are through with this reading.

#### **REPORTS OF READING 5359-1 F 14**

R1. 6/9/47 [5359]'s mother [3037]'s letter: "...Another immediate concern of mine is with alcoholics! A half dozen of my women friends are victims of this allergy. I would like to know if EC ever gave out information regarding a cure for this allergy? Of course, total abstinence is the proper treatment but many folks don't succeed at that easily!..."

R2. 3/11/49 Questionnaire submitted to [5359]'s mother [3037] by GD and completed 3/22/49:

Q-1. Were her characteristics correctly analyzed? A-1. "Quite correct."

Q-2a. Give examples, for instance: Is it true that she has ability in the field of art - sketching, etc.? A-2a. "No - but decided emphasis on self-adornment (artistic and luxurious in taste), loves elegance!"

Q-2b. Tendency to overeat, be overindulgent in appetites? A-2b. "Yes."

Q-2c. Attraction to those who take wine or strong drink? A-2c. "No - dislikes it herself, but married into a very 'drinky' family, though her husband is pretty sensible considering his upbringing!"

Q-2d. Psychic ability - many interpret the physical, spiritual and psychic through art and music? A-2d. "?"

Q-2e. A strong mind but given to light things - very capable when talking to individuals, rather than groups? A-2e. "YES."

Q-3. Has it been necessary to urge her to "embrace opportunities with groups and others"? In other words, if left to her own devices would she seek companionship with one or two rather than joining the whole gang? A-3. "Very true; quite critical of people; too discriminating; not outward-going!"

Q-4. Has she shown any special interest in Sunday school or church attendance of Bible classes, choir work, charity work? Beautifying of home and grounds? A-4. "NOT for church or Bible, but from childhood, a concern in CARING FOR ORPHANS. YES, BEAUTIFYING HER HOME, and hoping to GET HER AN ELEGANT place!"

Q-5. Does she love nature, "the body-beautiful, " Grecian culture, mystical lore? Is she especially particular about her personal health and appearance? For example, did you have to keep after her to wash her face, brush her teeth, etc., or did she do these things with more willingness than the average child manifests?

A-5. "In a romantic and sensual way she appreciates beauty; has shown no interest in the mystical yet; decidedly a CLEAN person even from babyhood! Never even looks slightly soiled! If a bug came upon her clothes or bedcovers she had to immediately change them. (ALWAYS SMELLS DELICIOUS!)"

Q-6. Have you noticed any special interest in flowered linens? Interior decorating? A-6. "Romantic and sensual appreciation of flowers and soft materials such as ANGORA sweaters and SILK underwear (and PERFUMES)."

Q-7. Is she particularly susceptible or responsible to the opposite sex? Or does she have decided views on relationships in home and marriage? A-7. "Decided views - opinionated, critical of most boys who were attracted to her because of her good looks. Repulsed by drinking, petting, dirty jokes, even smoking! Decided at fifteen that she would marry the boy she just married last June - at 18 years old."

Q-8. Has she realized, as the reading admonished, that her accomplishment in this life depends on how fast she holds to the Christ-Consciousness, which she innately knows "brings hope and life and understanding"? A-8. "Material comforts and love life fill her thought as yet. She has an innate sense of God being good, and therefore faith in 'living a good life!' Beyond that she feels we can't expect to understand (like her father [3434] in this)."

Q-9. Have she and her parents found that "they each have much to give to the other"? A-9. "I definitely see the 'exchange'; I believe she also appreciates her background and upbringing; unconsciously she has repeated my moral teachings in her conversations."

Q-10. Do she and her brother [...] have similar interests? A-10. "Have always been congenial though different activities and faults and virtues! (Both are Taurus, both overindulgent in foodstuffs)."

Q-11. Is it true that she doesn't get along so well with her sister [...]? A-11. "Very true - can't stand her! [...] is entirely opposite."