

Breakfast: 7:00-7:30 am
A.M. Snack: 9:15-9:30 am
Lunch: 11:30am-12:00 pm
P.M. Snack: 2:30-2:45 pm



*All Meals Served with Milk

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pears, French Toast English Muffins, Peaches Chicken Pot Pie, Mixed Veggies, Mandarin Oranges Egg	2 Berries, Oatmeal Yogurt, Berries Chicken Alfredo, Green Beans, Pineapple Bananas	3 Oranges, Cinnamon Toast Guppies, Juice Meatballs, WW Roll, Corn, Mixed Fruit Yogurt	4 Pineapple, Biscuit Graham Cracker, Bananas Tuna Noodles, Elbow Mac, Peas, Peaches Rice Krispies
7 Juice, Cheerios Cottage Cheese, Carrots/Celery Corn Dogs, Green Beans, Pineapple Cheese Slices, Wheat Thins	8 Berries, Bagel Biscuit, Apple Slices Hot Dogs, Mac & Cheese, Broccoli, Pears Cottage Cheese, Peaches	9 Banana, French Toast Frozen Graham Crackers Chicken Patty, WW Roll, Peas, Grapes Biscuit, Applesauce	10 Pineapple, Waffle Guppies, Juice Turkey Chef Salad, WW Ritz, Tomato/Lettuce, Peaches Muffins, Juice	11 Peaches, Oatmeal Yogurt, Grapes Lemon Pepper Fish, Rice, Mixed Veggies, Mandarin Oranges Frozen Fruit Pop
14 Apple Slices, Rice Krispies Cottage Cheese, Melon Bologna/Cheese Sand, WW Bread, Carrots/Celery, Apple Slices Guppies, Juice	15 Berries, Biscuit Bagel, Juice Sloppy Joes, WW Bun, Corn, Apricots Muffins	16 Peaches, Waffles Toast, Apricots Chicken Nuggets, Green Beans, Pineapple Nachos	17 Pears, Pancakes Yogurt, Apple Slices Oodles of Noodles, Broccoli, Pears Egg	18 Pineapple, Corn Flakes Grapes Fish Nuggets, WW Dinner Roll, Peas, Peaches Oatmeal Cookie
21 Pears, Waffles Chex Mix Chicken Patty, WW Roll, Green Beans, Mixed Fruit String Cheese, Ritz	22 Peaches, Cheerios Cheese Slices, Wheat Thins Ground Beef Pizza, Mixed Veggies, Melon Carrots/Celery	23 Berries, Pancakes Guppies, Juice Chicken Stir Fry, Rice, Stir Fry Veggies, Pineapple Bean Dip, Tortilla Chips	24 Oranges, French Toast Muffins Beef & Spaghetti Casserole, Corn, Peaches Toast, Juice	25 Bananas, Oatmeal Graham Crackers, Applesauce Scrambled Eggs, Pancakes, Hash browns, Applesauce Frozen Graham Cracker Sandwich
28 Applesauce, Cinnamon Toast Bagels, Pineapple Beef Patties, WW Bun, French Fries, Apple Slices Yogurt, Apple Slices	29 Peaches, Waffles Pretzels, Melon Parmesan Chicken, WW Roll, Oven Potatoes, Grapes Egg	30 Mandarin Oranges, French Toast Stix Granola, Berries Ground Beef Spanish Rice, Mixed Veggies, Peas Hummus, Pita Chips	31 Pears, Oatmeal Ritz, Carrots/Celery Chicken & Noodles, Peas, Melon Cottage Cheese, Peaches	