



**College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES**

Friday, October 18, 2019 – 11:00am to 12:30pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Kimberly Johnson, Deanna Lundberg, Deloise Moore.

Guest: Cynthia Gouker, Robin Gantenbein, Paulina Subin, Sohail Eftekhazadeh, Olivia Ramirez.

I. Call to Order – 11:08 am

- a) Welcome – Everyone introduced themselves.
- b) Approval of Agenda – The agenda was approved by Kimberly Johnson, seconded by Deanna Lundberg.
- c) Approval of Minutes – The minutes was approved by Kimberly Johnson, seconded by Deanna Lundberg.

II. Reports

- a) Program Director Report-Sohail Eftekhazadeh
 - Sohail read the Program Director's Report.
- b) President's Report- Johnny Case
 - A musical group called Capitol Cities helped raise money for CHOC of Los Angeles. (Jonny Case)
 - For the community meeting Johnny played 'Safe and Sound' by Capitol Cities to encourage Wellness Center Central (WCC). (Johnny Case)
 - The Job Fair was a great turn out, Jayson Benbrook the program County Monitor was also in attendance. (Johnny Case)
 - Johnny encourages all members to never give up. (Johnny Case)

III. Unfinished Business

- a) Reading a portion of the MAB bylaws.
 - Deanna started to read Article 3, Section 3 and 4: Maintenance of Documents and New Member Packets.
- b) Calendar of Assignments for *Chat with Mab* (September 2019).
 - Wednesday, October 6, 2019: Johnny Case and Kim Johnson.
 - Wednesday, October 13, 2019: Deanna Lundberg.
 - Wednesday, October 20, 2019: Kimberly Johnson and Deanna Lundberg.
 - Wednesday, October 27, 2019: Kimberly Johnson.
- c) MAB Luncheon.
 - MAB will need to figure out which Friday the luncheon should be held on; along with the place and time. (Sohail Eftekhazadeh)
- d) WCC Ten Year Anniversary.
 - The next meeting is October 23rd and the MAB is invited. (Sohail Eftekhazadeh)
 - If anyone is interested in volunteering for WCC ten year anniversary celebration, please talk to Deloise and Debbie. (Sohail Eftekhazadeh)

IV. New Business

- a) Facility Landscape Improvements for 10-Year Anniversary.
 - Underneath the 401 South Tustin Street sign, possibly have more flowers instead of the bushes and bike rack. (Johnny Case)
 - Johnny feels like the flowers will catch people's attention. (Johnny Case)
 - Sohail will need to contact the facility manager, and county monitor. (Sohail Eftakharzadeh)
- b) WCC Social Agreement (Smoking Area)
 - The smoking section is just to smoke and vape, it is not a place to be loitering. (Sohail Eftekhazadeh)
 - Appreciate if members just smoke/vape in the smoking section and once finished be on their way. (Sohail Eftekhazadeh)
 - Staff has to constantly remind members about the smoking section. (Sohail Eftekhazadeh)
- c) November Holiday Schedule.
 - WCC will be closed Monday, November 11, 2019, in observance of Veterans Day.
 - WCC will be closed Thursday through Saturday, November 28, 29, 30, 2019 in observance of Thanksgiving holiday.
- d) County Monitors invitation to next MAB meeting.
 - Carlos Espinoza, the county monitor will be attending next MAB meeting, November 22, 2019. (Johnny Case)
- e) Review *Chat with MAB* results and member feedback.
 - During *Chat with MAB*, Kim has been asking members how they are doing, and how is their recovery coming along. (Kimberly Johnson)
 - During *Chat with MAB* request and suggestions are always welcome, but *Chat with MAB* is also a time for MAB to connect with WCC members more personally. (Johnny Case)

V. Announcements (MAB Members)

- a) Where does WCC stand on purchasing new microphones and sound equipment? (Deloise Moore)
- b) The microphones and sound equipment is one of the items that Sohail needs to speak with WCC financial department, once Sohail receives an answer on when we are able to purchase these items, he will get back to Deloise. (Sohail Eftekhazadeh)
- c) Johnny informed the MAB visitors that the MAB is non-discriminatory towards any guest, member or potential member. (Johnny Case)

VI. Open Forum (Visitors)

- a. Visitor(s) introduced themselves(s). (Cynthia Gouker, Robin Gantenbein, Paulina Subin.)
 - Cynthia introduced herself and announced that she helped put the chairs away for the event. (Cynthia Gouker)
 - Robin introduced himself and next meeting will be voted into MAB. (Robin Gantenbein)

VII. Upcoming Calendar

- a. WCC Thanksgiving Feast – Wednesday, November 20, 2019, 12:00pm-2:00pm.
- b. Next MAB Meeting: Friday, November 22, 2019, 11:00am-12:30pm.

VIII. Adjournment

- a) Johnny adjourned the meeting at 12:17pm.