

Kittitas County Prehospital EMS Protocols

SUBJECT: ANAPHYLAXIS

- A. Establish and maintain airway.
- B. If stable, administer O₂ @ 4-6 lpm per nasal cannula.
- C. If unstable, administer O₂ @ 12-15 lpm per non-rebreather mask.
- D. Establish cardiac monitor.
- E. Establish large-bore IV access with **isotonic crystalloid** @ a rate indicated by clinical findings and vital signs.
- F. If normotensive:
 - 1. Administer **epinephrine** 1:1,000 0.3-0.5 mg IM.
 - 2. Administer **diphenhydramine**, 25-50 mg, IV or IM.
 - 3. Consider **albuterol** if wheezing present.
- G. If hypotensive:
 - 1. Run IV wide open. Establish IV PRN.
 - 2. Administer **epinephrine** 1:10,000 0.3-0.5 mg slow IV or ET (repeat q 10 minutes as necessary).