



*Making Harpswell
Home for a Lifetime*

HAH Housecleaning and Chores Referral List

This list was compiled to assist seniors interested in hiring chores services.

The following questions were asked of each provider:

- Are you bonded or insured?
- Do you do background checks on your employees?
- Is there a contract to be signed which includes costs and services?
- What are your rates?
- How soon will you provide services after they are requested?
- How do you describe your services?

The following additional resources are also available to assist you in selecting a service provider:

- “Do's and Don'ts of Selecting a Contractor” (see addendum)
- Office of the Maine Attorney General recommendations when hiring a contractor – http://www.maine.gov/ag/consumer/housing/home_construction.shtml
- Consumer Rights And How You Can Enforce Them when Constructing or Repairing Your Home – <http://www.maine.gov/tools/whatsnew/attach.php?id=27936&an=>

All rates listed were current as of July 2017.

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HAH Alphabetical Chores Referral List

Aging Excellence

113 Pleasant St.
Brunswick, ME 04011
207-729-0991, 866-988-0991
www.seniorsonthego.com

*Rate: \$23 - \$31/hr. depending upon the job
Insured, background check, contract*

Description: Light housework, cleaning, light cooking, transportation, handyman services, non-medical elder home care, and personal care

Assisting Neighbors

Operates Freeport to Rockland
207-319-7744
assistingneighbors@gmail.com
<http://www.assistingneighbors.com>

*Rate: \$23 - \$24/hr. depending on job
No additional cost for evenings or weekends, but double time for holidays
Insured and bonded*

Description: A one-stop shop to keep people aging and thriving at home. Assisting Neighbors is able to place staff to do personal care (bathing, dressing, etc.) and companion care (housekeeping, laundry, gardening, shopping, etc.) They can provide 24-hour care and are able to facilitate home management like small home repair, etc.

After an initial appointment to develop care plans, services can be provided within the week.

House Cleaning Referral List

Are you looking for help cleaning your home? Many members of our community responded to a recent Harpswell Aging at Home (HAH) survey indicating that one of their top concerns was finding housekeeping assistance. To meet this need, HAH has developed a list of individuals and companies that specialize in home cleaning or offer housekeeping as one of numerous services. If you are interested, contact them for additional information on availability, scheduling, and cost.

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Specializing in Housecleaning

Sherry Gilley: 207 504-7980
sherrysclean@hotmail.com

Emily Woods: 207 841-9159
need2write91@gmail.com

Janice Morrell: 207 504-4282
janismorrell@gmail.com

Dennis and Carolyn Leuscher: 207 833-5974

Greene Clean: 207 522-9821
www.greene-clean.com
greenecclean04@yahoo.com

Chicks Do Chores

PO Box 385
Brunswick, ME 04011
207-729-5760
Cdc4u@comcast.net
www.chicksdochores.com

Rate: Dependent upon the job. Insured

Description: Our goal is to help with chores you need to do but can no longer do yourself, need extra hands to do, or need someone to step in to do for you. Anything a homeowner would do if they could or wanted to. (Includes attics, basements, fences, clean out, file, mow/mulch, paint, rake, stack/split wood, etc.) Estimates and work are within two days to a week.

Coley's Cleaning

Gardner
Nicole Pellitier
207-391-0684
coleyscleaning@yahoo.com

*Rate: Charged by the job (e.g., small apartment cleaning may be \$60)
No background check, but they are insured. Small business of friends for many years.*

Description: Will do a variety of jobs, full cleaning, spring cleaning, etc.

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Organizations Offering Light Housekeeping and Numerous Other Services

(See Health and Wellness Referral List for Additional Information)

Comfort Keepers: 207 563-2273
www.damariscotta-912.comfortkeepers.com

Spectrum Generations Bridges 1-800-876-9212

Catholic Charities SEARCH Program
Chris Szalay: 207 837-8810
cszalay@ccmaine.org

Catholic Charities Homemaker Services
Suzanne Baribeault: 207 837-8810
sbaribeault@ccmaine.org

Neighbors

P.O. Box 728
Brunswick, ME. 04011
207-725-9444
www.neighborsinc.com

Rate: \$24/year membership, \$21/hr. plus \$.55 per mile beyond Harpswell line

Description: Some of the chores Neighbors can help with are: laundry, bed changing, ironing, help with paperwork, dishes, shopping, meal prep, and handyman chores.

Simply Sized Home

Yarmouth
207-358-0046
info@simplysizedhome.com

*Rate: \$65/hr. per person
Insured and bonded*

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Description: Will help downsize (sort, donate, ship, sell), resettling services, clutter coaching, staging. SSH can propose suggestions for modifying your home to ensure your comfort and safety, allowing you to live independently as long as possible.

Still Serving

Harpswell

Mark Almgren

207-751-1038

Almgren1@yahoo.com

Rate: \$25/hr.

Description: Any handyman chore. Their specialty is "Tedious Little Chores." Veteran owned and operated.

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Do	Don't
Validate state licensing for the specific trade, if required.	Assume an individual or company has the appropriate license for the specific trade.
Verify appropriate insurance coverage for both liability and property damage. If no insurance, you may be liable.	Hire a contractor who only wants to be paid in cash.
Obtain and check out at least two recent references.	Hire a contractor who will not provide current references.
Verify no pending cases or complaints with the Attorney General's office, Better Business Bureau, and/or Office of Consumer Affairs.	Take shortcuts or make assumptions about the integrity of a contractor.
Decide precisely what you need/want to be done, and communicate this clearly to the contractor.	Neglect to express in detail your needs/tastes, priorities, timeframe, and budget for the work to be done.
Ask questions about all aspects of the work to be done.	Settle for less than satisfactory answers.
Talk to friends and neighbors about who they used, what they liked and didn't like, and what they wish they had known before selecting a contractor.	Take contractors at face value without checking out their claims or promises.
Obtain estimates from at least two contractors.	Take the lowest bid automatically.
Consider a background check if you have any questions at all.	Hire someone who solicits door to door.

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Do	Don't
Obtain a written quote/contract that includes the work to be done, total price, start and end dates, payment schedule (Deposit should not exceed one-third of total), who will obtain permits, if required, and guarantee.	Hire a contractor who wants to work on only a handshake agreement and wants to be paid the total sum for the job, or even a large portion, upfront. Also, allow work to begin prior to signing of the contract and transmittal of a copy to the owner.
Ask about availability of senior or other discounts.	Assume you're getting the best possible price.
Get names and cell phone numbers of primary and backup contractor contacts.	Assume that if a problem arises, it will be easy to contact the contractor.
Make final payment only after work is complete and you are completely satisfied with work done.	Assume contractor will do additional work once final payment is made.

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