



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog E-1

Month and Year February 4-8, 2019

Meal Patterns	Monday Feb 4	Tuesday Feb 5	Wednesday Feb 6	Thursday Feb 7	Friday Feb 8
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods</li> </ul>	Quaker Old Fashioned Oatmeal (WG) Raisins Whole or 1% Milk	Tasteos Toasted Whole Grain Oat Cereal Toast (WG) Bananas Whole or 1% Milk	Eggs (Meat Alt) Cinnamon Rolls Oranges Whole or 1% Milk	French Toast (WG) Applesauce Whole or 1% Milk	Tasteos Toasted Whole Grain Oat Cereal Cheesy Bread (Meat Alt) Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	English Muffin Bananas	Graham Crackers Little Cuties (Oranges)	Grapes Crackers	Graham Crackers Carrots	Raisin Toast Cheese Sticks
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>• Other Foods</li> </ul>	Open Face Turkey Sandwich (WG) Stuffing Green Beans Cranberry Sauce Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Bread Sticks Fruit Cocktail Whole or 1% Milk	Swedish Meatballs (Beef) (CP) Over Noodles Broccoli Bread (WG) Apricots Whole or 1% Milk	Beef Fajita Salad (HM) (Lettuce, Black Beans, Tomato, Cheese, & Steak) Corn Bread (WG) Peaches Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Trop Fruit Salad Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Teddy Grahams Whole or 1% Milk	Cheese-Its Whole or 1% Milk	Veggie Straws Whole or 1% Milk	Carrots Ranch Dressing Whole or 1% Milk	Cheese Apple Slices Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.