

## STARTERS

<b>NACHOS</b> fontina, mozza, cheddar, olives, black beans, pepperoncini, sour cream, salsa add guacamole \$3 add beef brisket or chicken \$4	\$14
<b>SPINACH ARTICHOKE DIP</b> roasted garlic, mozza, fontina, cheddar, corn chips	\$12
<b>CALAMARI</b> onion, tzatziki	\$13
<b>WINGS</b> hot, honey garlic, S&P, BBQ, dry Cajun, Caribbean spicy jerk, sweet sesame garlic chilli add side ranch \$1 add extra side sauce \$.50	\$12
<b>FRED'S FALAFEL</b> house made falafel, hummus, tzatziki, Greek salad, naan	\$11
<b>POUTINE</b> beef gravy, chicken gravy or curry sauce add beef brisket or chicken \$4 add bacon, green onion, sour cream \$5	\$6
<b>YAM FRIES</b> chipotle mayo	\$7

## SALADS & SOUPS

add chicken or shrimp \$5	
<b>ILIA'S SALAD</b> mixed greens, chicken, cranberry chutney, feta, tomato, pistachio, honey lime vinaigrette	\$14
<b>COBB SALAD</b> mixed greens, honey ham, chicken, poached egg, avocado, blue cheese, candied walnuts, ranch	\$14
<b>SPINACH SALAD</b> yams, goat cheese, pine nuts, maple balsamic	\$13
<b>CAESAR SALAD</b> romaine lettuce, parmesan, bacon, fried capers, crostinis	\$11
<b>FRENCH ONION SOUP</b> beef broth, baguette, fontina, mozza & cheddar	\$7
<b>SOUP OF THE DAY</b> ask for today's special	\$6

## PIZZAS

Gluten Free \$2	
<b>SUPER MARIO</b> ham, baby back bacon, green onion, tomato sauce, fontina, mozza & cheddar	\$13
<b>MARGHERITA</b> fresh tomato, fresh basil, mozza & bocconcini	\$13

## PASTAS

add chicken \$5, add prawns \$6 or salmon \$9	
<b>CHICKEN PENNE</b> roasted chicken, sundried tomatoes, basil, parsley, Alfredo	\$14
<b>CAJUN MAC N' CHEESE</b> Italian sausage, cream cheese Cajun sauce, elbow noodles	\$13
<b>MEATBALL LINGUINI</b> beef meatballs with marinara sauce	\$13
<b>MEDITERRANEAN LINGUINI</b> Sundried & fresh tomato, Kalamata olives, sweet onions, capers, roasted garlic, feta	\$15

## BURGERS & SANDWICHES

Served with fries sub mixed greens, Caesar or Greek salad \$2 sub poutine or mac-n-cheese \$3	
<b>GRADUATE BURGER</b> bacon, cheddar, butter lettuce, tomato, pickle & caramelized onion on brioche	\$15
<b>FRESHMAN BURGER</b> butter lettuce, tomato, onion, mayo on brioche	\$12
<b>SEARED TUNA BURGER</b> albacore tuna, avocado, house made coleslaw, wasabi mayo, on a black sesame bun	\$18
<b>VEGGIE BURGER</b> house made veggie patty, spinach, tomato, basil mayo on brioche	\$14
<b>TURKEY &amp; BRIE SANDWICH</b> roasted turkey, brie, tomato, cranberry mayo on sourdough	\$14
<b>BEEF DIP</b> brisket, sriracha cream cheese, crispy onion, on Portuguese bun with side au jus	\$15
<b>ILIA'S CLUB HOUSE</b> crispy chicken breast, bacon, butter lettuce, tomato & basil mayo on Portuguese bun	\$15
<b>B.L.T.</b> bacon, lettuce, tomato add avocado \$1.5	\$12
<b>REUBEN SANDWICH</b> Montreal smoked meat, swiss cheese & sauerkraut on rye	\$14

## BOWLS

Served on jasmine rice with naan add mushrooms or tofu \$4 add chicken \$5, add prawns \$6 or salmon \$9	
<b>GREEN THAI CURRY BOWL</b> green curry, coconut milk, julienne veggies	\$11
<b>BOMBAY CURRY</b> mixed veggies in roasted garlic sauce, topped with house made bruschetta	\$11
<b>STIRFRY</b> sweet & savoury sautéed veggies, fresh ginger & garlic	\$11

## MAINS

<b>NEW YORK STEAK</b> 8oz striploin, red wine demi glaze, grilled vegetables, roasted mini potatoes with sour cream & bacon	\$25
<b>FISH N' CHIPS</b> beer battered cod, fries, house made coleslaw	\$13

## DESSERTS

<b>MOUNTAIN HIGH CHOCOLATE CAKE</b> 5 stacked layers wrapped with chocolate fudge icing	\$7
<b>APPLE CRUMBLE</b> cinnamon, nutmeg, with ice cream & caramel	\$6
<b>NEW YORK CHEESECAKE</b> add mixed berries, caramel or chocolate \$1	\$7
<b>ICE CREAM SUNDAE</b> 3 scoops vanilla, chocolate, caramel, whip cream & cherry	\$5

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LILIA

Eatery & Lounge