




November

2020

Congregation Beth Israel

November

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken & Dumplings DF Peas & Carrots GF DF V Apples GF DF V</p>	<p>3</p> <p>No School Election Day!</p> 	<p>4</p> <p>Ravioli with Meat Sauce Broccoli GF DF V Melon</p>	<p>5</p> <p>Chicken Slider French Fries GF DF V Veggies GF DF V Pineapple GF DF V</p>	<p>6</p> <p>pizza</p>
<p>9</p> <p>Turkey Chili GF DF Cornbread GF V Green Beans GF DF V Apples GF DF V</p>	<p>10</p> <p>Gyro with Pita Hummus GF DF V Veggie Tabouleh GF DF V Mandarins GF DF V</p>	<p>11</p> <p>Grilled Cheese V Tomato Soup GF DF V Veggies GF DF V Melon GF DF V</p>	<p>12</p> <p>Baked Chicken GF DF Mashed Potatoes & Cauliflower GF V Green Beans GF DF V Pineapple GF DF V</p>	<p>13</p> <p>pizza</p>
<p>16</p> <p>Beef Lasagna Mixed Veggies GF DF V Garlic Bread Apples GF DF V</p>	<p>17</p> <p>Turkey soft tacos Rice GF DF V Black Beans GF DF V Oranges GF DF V</p>	<p>18</p> <p>Fish Cakes E DF Roasted Potatoes DF V Zucchini & Squash GF DF V Melon GF DF V</p>	<p>19</p> <p>Lemon Chicken GF DF Buttered Noodles V Spinach GF DF V Pineapple GF DF V</p>	<p>20</p> <p>pizza</p>
<p>23</p> <p>Beef Shepherd's Pie DF (Mashed Potatoes GF DF V Peas & Carrots GF DF V) Apples GF DF V</p>	<p>24</p> <p>Soft Chicken Tacos DF Rice GF DF V Refried Beans GF DF V Mandarins GF DF V</p>	<p>25</p> <p>NO CDC</p> 	<p>26</p> 	<p>27</p> <p>NO CDC</p>
<p>30</p> <p>Turkey Pot Pie GF Zucchini & Squash GF DF V Apples GF DF V</p>				