



## RESOURCE GUIDE

The following is a partial guide to current service and academic resources for those with autism and co-occurring conditions.

### 1. KILIMANJARO REGION (MOSHI URBAN DISTRICT)

#### *Building Caring Communities (BCC)*

BCC is a project started in October of 2007 to support families with much needed services for their special needs children. BCC worked to create neighborhood centers that provide a safe and nurturing environments for children and young adults with special needs. Mothers or caregivers of these children are employed by the program and further trained to work with the students they encounter at the centers. BCC currently has 13 centers in operation and serves approximately 230 children and their families. They are developing a vocational program for youth and young adults, a micro finance program for families to access small scale loans, and with the Moshi municipality a pilot project to offer an extended school day for special needs children. BCC is funded by the US organization, Mosaic with help from an international organization called Impact. It is a partnership with the Lutheran Church, which provides all space for the around Moshi.

#### *Special Needs Units*

There are 6 special needs units in Moshi: Shaurimoyo Primary School, Sharimatunda Primary School, Mabogini Primary School, Korongoni Primary School, Mwereni and Moshi Primary School. The special needs units in Moshi are managed by the current Special Needs Moshi District Coordinator, Joyce Sawia. Joyce is a teacher of the deaf by profession. The 5 units in Moshi operate from 8am-11am and provide students

with basic educational programming. Each school has 3-4 teachers and 1-3 classroom spaces. Each school has from 25-40 students of various ages and various disabilities. Sharimatunda receives some outside funding from an organization called the Umoja Group from Belgium, which funds their lunch program, classroom facilities, chicken and garden projects.

### ***CCBRT***

Comprehensive Community Based Rehabilitation in Tanzania (CCBRT) is a locally registered non-governmental organization first established in 1994. It is now the largest provider of disability and rehabilitation services in the country. CCBRT comprises a well established disability hospital in Dar es Salaam, community programmes in and around Dar es Salaam and Moshi, a training unit and an advocacy unit. Every year, around 120,000 adults and children with disabilities and their caregivers receive CCBRT services. CCBRT is the only organization receiving government funding for their work. A large part of their funding in Dar es Salaam goes to supporting correctable disabilities such as cleft palates. In Moshi they do many outreach programs to help provide occupational and physical therapy.

### ***KCMC & Mawenzi Hospitals, Occupational & Physical Therapy Programs***

KCMC has the largest Occupational Therapy training program in the country and supports most students with disabilities through occupational therapy screenings and services in the hospital. They also supply most of the country with their occupational therapists. The students in their program have attended many workshops and have received various educational materials on autism and special needs through participating.

### ***CAPDA- Community Action for People with Disabilities in Africa***

Community Action for People with Disabilities in Africa (CAPDA) is a secular Australian charitable institution established in 2010. It was founded by professionals with experience in health services, administration and education with the aim of bringing about sustainable improvements in the quality of life for people with disabilities in Africa. CAPDA works in partnership with local communities and government and non-government organizations to provide: basic primary assessment and care to people with disabilities, opportunities for training and skill/career development for the families of the disabled, and simple equipment for assisting mobility and ease of care, such as wheelchairs, walkers, positioning supports and splints.

## **2. KILIMANJARO REGION (MOSHI RURAL DISTRICT)**

### ***Gabriella Children's Rehabilitation Centre***

Gabriella Children Rehabilitation Center is a non-government organization located in the Sambarai region of Northern Tanzania about 1.4 km from Moshi town. The center was developed to provide families and children with disabilities a place to obtain educational, therapeutic, and outreach services. They provide an early

childhood education and intervention program for children with and without disabilities. They offer an intensive occupational therapy program for families and students to learn how to cope with the disability within their homes and lives. They also offer an outreach program that identifies the number of children without access to rehabilitation services or school and works to help them find resources to help families find support.

### ***Imani Vocational Training Program***

Imani Vocational Training Centre is located near the northern Tanzanian town of Moshi. Run by the Sisters of Our Lady of Kilimanjaro, Imani attempts to equip youth aged 14-25 with the vocational skills they need to gain future employment and independence. The school offers three-year training programs in carpentry, tailoring, knitting, welding, bricklaying and catering, and currently has 100 male and female students enrolled. It was founded in 2001 with a mandate to serve disabled and non-disabled youth, and today a third of the student body is physically or mentally disabled in some way.

### ***Toa Nafasi***

The Toa Nafasi project was started by a US volunteer interested in creating educational opportunities for special needs children in Tanzania. They developed a pilot program in a local primary school working with children with learning disabilities and struggling learners. They work to assess their abilities, build up their strengths and help them develop plans for the future. They are currently in the middle of their pilot program and are seeing positive results.

## **3. KILIMANJARO REGION (SIHA DISTRICT)**

### ***Special Needs Units***

Currently there are 2 special units in the Shia District. The Special Education Regional Director is named Rashid Mgonja and has recently contacted ACT about hosting more workshops in his area to try to educate the public and in turn find more children in need of support. He hopes if more people come out in need of support he will be able to create more special needs units. His department is behind him and supportive of his plan.

### ***Faraja Children's Home***

The Faraja Primary School is a residential school providing physically handicapped children with an accredited primary education. Students graduate every other year from Faraja School. In 2008, the first 15 students graduated ranking in the upper 3% of 150 primary schools in their district. In

2010, 16 students graduated and ranked in the upper 2%. Most of these graduates have gone on to secondary school or vocational training schools.

#### **4. ARUSHA REGION**

There are 17 units in the Arusha region that have participated in various ACT/CAT trainings and events.

##### ***Special Needs Units***

Arusha Urban currently has 4 special needs units and is attempting to build a 5 unit. ACT has worked closely with the largest Unit, Uhuru Primary School, which until recently was under the direction of Mr. Samwell Onesmo. Mr. Onesmo was recently asked to move to help build the new unit that is being constructed in Arusha. In Arusha Rural there are an additional 3 units.

##### ***Patandi Teachers College***

Patandi Teachers College trains teachers for special needs education in Tanzania. It started training specialist teachers in 1996, when the government decided to move the training from Tabora Teachers' College. Patandi offers certificate level studies and higher awards and requires that the students that attend have prior teaching experience. They also have an inclusive primary school called shule ya mazoezi. It has a unit for Autism.

##### ***The School of St. Jude***

St. Jude is a private school that offers education to vulnerable children in Arusha region. They provide a high quality education to children in Arusha. They have sent staff to attend our workshops and collect educational materials to support struggling learners they have in their program.

#### **5. MONDULI DISTRICT**

##### ***Pambazuka Africa***

Pambazuka Africa is a nonprofit organization, serving people in the Masai community with disabilities through boarding and day services. Its mission is to empower those with physical and cognitive disabilities and their caregivers by providing financial, practical, and spiritual support in the areas of healthcare, rehabilitation, and special education. Pambazuka's Centre supports roughly 27 children and a waiting list of many others. It has 4 teachers, a director, and 2 other staff and is funded through a US organization with the same name.

***Mto wa Mbu Parent Support Group (6 groups)***

Working with Pambazuka staff, ACT/CAT worked to provide educational seminars and trainings with 6 parent support groups that the Pambazuka staff created after hearing about such groups at an ACT workshop. The parent support groups were trained on how to develop programs for their children, how to write proposals, and how to seek out funding from local organizations.

**6. TANGA REGION**

***Irente Rainbow School***

Irente Rainbow School and Outreach program is a Disability Community Rehabilitation Program operating in the Lushoto District, Tanzania. They aim to support and educate disabled children and youth and their families or caregivers. Staff from this program have visited and participated in ACT/CAT trainings and seminars.

***SEKOMO- Sebastian Kolowa Memorial University***

Sekomo is the main university in Tanzania offering a Bachelor of Education Special Needs Program. Professors have attended our workshops and seminars and many of the people we work with through other programs have connections with this university. Many of the university graduates become Special Education Directors in the various regions around Tanzania.

**7. DODOMA REGION**

***University of Dodoma- Professor Lupasyo Mwakilulele***

The University of Dodoma is developing a special needs education diploma program. Professor Lupasyo Mwakilulele was introduced to ACT through the Umali Autism Foundation.

**8. DAR ES SALAAM**

***National Association for People with Autism in Tanzania (NAPA-T)***

NAPA-T is an organization of parents, teachers, and caregivers working with children with special needs and autism based in Dar es Salaam. ACT/CAT has been in touch with Dr. Stella Rwezaula and is talking about future possibilities working together.

***MUHIMBILI University- Dr. Karim Manji***

Dr. Karim, a professor from MUHIMBILI University has worked with Ashley Johnson, an ACT sponsored volunteer from University of Georgia, to develop a culturally relative assessment tool. He continues to be a resource for CA Tanzania as it develops appropriate programs.

**9. IRINGA REGION**

***Neema Crafts***

The Neema Crafts Centre was founded in 2003 by the Diocese of Ruaha to provide training and employment opportunities for people with disabilities in the Iringa region of Tanzania. It also aims to change negative attitudes towards people with disabilities in the local society. The centre eight workshop areas (including tailoring, carpentry and paper-making) a therapy unit for disabled children, an award winning cafe and conference centre entirely staffed by deaf people and a welcoming guest house, which is a joint venture with the local Mother's Union (or Umaki).

