

***Community Resources
For Putnam County
Algood/Cookeville, South Cookeville &
Monterey
Head Start Centers
2021-2022***



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Adult Education.....Page # 3

Adult Job Training.....Page # 3

Bereavement.Page # 4

Child Care.....Page # 4

Child Abuse.....Page # 5

Dental Providers/TennCare.....Page # 6

Dental Providers/.....Page # 7

Disabilities.....Page # 7

Domestic Violence.....Page # 8

Drug/Alcohol Abuse.....Page # 8

Emergencies.Page # 10

Food/Clothing& Utilities.....Page # 11

Housing/Homeless.....Page # 12

Insurance.Page # 14

Legal/Gov. Assistance.....Page # 14

Marriage/Strengthening.....Page # 14

Marriage (Pre-Counseling).....Page # 15

Medical Providers/TennCare.....Page # 15

Medical Providers/.....Page # 16

Mental Health Providers/TennCare.....Page # 16

Mental Health Providers/.....Page # 17

Quit Tobacco Resources.....Page # 17

Raising Children.....Page # 18

Transportation.....Page # 18

Youth Involvement.....Page # 19

Language AssistancePage # 20

Adult Education:

Fortis Institute

1025 TN 111
Cookeville, TN. 38501
(931) 526-3660

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Cookeville Higher Education Campus

1000 Neal St.
Cookeville, TN. 38501
855-516-0160
931-520-0551

Upper Cumberland Adult Education

286 E. Main Street
Algood, TN. 38506
(931) 528-8685

Roane State Community College

2567 Cook Rd
Crossville, TN 38571
931-456-9880

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888 or 931-372-3101

Tennessee Reconnect

Helping adults to get a college education
ask@tnreconnect.gov
615-532-3511

Volunteer State Community College

113 Windle Community RD.
Livingston, TN 38570

931-823-7065

Adult Job Training Services:

Adult Learning Center

286 E. Main Street
Algood, TN. 38506
(931) 528-8685

American Job Center

1000 England Dr. Suite 101
Cookeville, TN 38501
931-520-6020

Career Center

580 S. Jefferson Suite A
Cookeville, TN. 38501
(931) 520-8733

Career Solutions

575 South Jefferson Suite C
Cookeville, TN. 38501
(931) 520-8789

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Fortis Institute

1025 TN Highway 111
Cookeville, TN.
(931) 526-3660

Mr. Wayne's school of Hair Design

170 S. Willow Ave
Cookeville, TN. 38501
(931) 526-1478

Cookeville Higher Education

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

Social Security Administration - SSI Program

1145 Perimeter Park Drive

Cookeville, TN 38501
888-717-1528

**Tennessee Department of Human Services -
Putnam County**
Families First Program
1000 England Drive, Suite A Cookeville, TN 38501
931-528-7487

Tennessee Technology Center
910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

**Upper Cumberland Human Resource Agency -
Putnam County**
580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

Vocational Rehabilitation and Training
955 E. 20 St.
Cookeville, TN. 38501
(931) 526-9783

Resources for Bereavement:

Heart of the Cumberland
25 W Broad St. Suite 11
Cookeville, TN 38501
Phone: 931-525-2600
heartofthecumberland@gmail.com
*Specifically for children and teens that are hurting
because of losses suffered through death, divorce or
family circumstances*

Hospice Grief Recovery Group
Sponsored by: Gentiva Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705-Main Office
931-528-5133

Hospice of Cumberland Co
30 E. Adams St.
Crossville, TN. 38555
(931) 484-4748

Childcare:

Algood/Cookeville Head Start
180 West Church St
Algood, TN 38506
(931) 537-9057 (Free Service)

Bright Side
520 E. 10th Street
Cookeville, TN 38501
(931) 526-9649

Busy Bees Preschool
749 Buffalo Valley Rd
Cookeville, TN 38501
(931) 372-8275

Color My World Child Care And Learning
1701 N. Dixie
Cookeville, TN 38501
(931) 528-1503

Cookeville Cooperative Pre-School
Sponsored by: St. Michaels Episcopal Church
640 N Washington Ave.
Cookeville, TN. 38501
931-537-3890

Cookeville Creative Learning
275 S WALNUT
COOKEVILLE, TN 38501
(931) 528-2782

Cumberland Early Scholars Academy (-E-)
600 E. Veterans Drive
COOKEVILLE, TN 38501
(931) 528-2543

Cumberland Presbyterian Nursery
565 E. 10TH STREET
COOKEVILLE, TN 38501
(931) 528-6585

Jacob's Ladder
165 BROAD ST
COOKEVILLE, TN 38501
(931) 520-0181

London Bridge Preschool & Infant Toddler

1175 EAST 10TH STREET
COOKEVILLE, TN 38501-0000
(931) 528-6860 & (931) 372-6977

Monterey Head Start

705 EAST COMMERCIAL
MONTEREY, TN 38574
(931) 839-3323

Mrs. Kristie's

1410 Elmore Town Rd.
Baxter, TN 38544 (931) 265-1486

Lighthouse Learning Academy

1160 Perimeter Park Dr
Cookeville, TN 38501
931-520-7400

Little Wonderland

402 South Chestnut
Monterey, TN.38574
(931) 839-8478

Ms Theresa's Preschool

1630 HANGING LIMB ROAD
MONTEREY, TN 38574
(931) 839-6682

Noah's Ark

780 FAIRGROUND LANE
COOKEVILLE, TN 38501
(931) 528-7113

South Cookeville Head Start

571 South Willow Ave.
Cookeville, TN 38501
(931) 372-8021

TTU Child Development Lab

720 QUADRANGLE
COOKEVILLE, TN 38505
(931) 372-6262

Ms. Crystals Learning Tree

1262 Monterey Hwy
Monterey, TN 38574
931-544-3794

Resources to help in Child Abuse Situations:

Algood City Police Department

215 W. Main Street
Algood, TN. 38506
(931) 537-6830 & 911 Emergencies

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Court Appointed Special Advocates for Children (CASA)

3300 Williams Enterprise Drive
Cookeville, TN. 38501
931-528-8598

Department Of Children's Services

600 Hearthwood Ct
Cookeville, TN 38506
(931) 646-3000

District Attorney General

1519-East Spring Street Suite A
Cookeville, TN. 38501
(931) 528-5015

Juvenile Court Family Services

421 East Spring Street Suite 1C07
Cookeville, TN. 38501
(931) 526-5641
(Assist with family legal needs)

Omni Community Health

665 S Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Monterey Police Department

711 E. Commercial Ave
Monterey, TN

(931) 839-2323
911 Emergencies

Putnam County Sheriff's Department
421 Spring Street
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

The Exchange Club/Stephens Center for the Prevention of Child Abuse
616 N. Church St. B.
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Tennessee Commission on Children/Youth
1100 England Dr. Cookeville, TN 38501
931-646-0955

Dental Providers who take TennCare:

Algood Family Dentistry
172 West Main Street
Algood, TN 38506
(931) 537-9948

Cookeville Regional Dental Clinic
350 Lowe Ave
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic
1720 West Avenue
Suite # 6
Crossville, TN. 38555
(931) 484-3007

Cumberland Pediatric Dentistry
510 S Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dr. Steven Ellis
Upper Cumberland Family Dentistry
215 Oak St
Livingston, TN. 38570
(931) 823-5517 or 537-2254
Upper Cumberland Family Dentistry
215 Oak St
Livingston, TN. 38570

(931) 823-5517

Upper Cumberland Family Dentistry
554 W. Main St. Cookeville, TN 38506
931-537-2254

Putnam County Health
701 County Services Rd
Cookeville, TN. 38501
(931) 528-2531

Zoo Crew Pediatric Dentistry
1100 Neal Street Suite B
Cookeville, TN 38501
931-349-7807

Zoo Crew Pediatric Dentistry
2025 N. Mt. Juliet Rd Suite 110
Mt. Juliet, TN 37122
615-553-2921

Dr. L.G. Puckett
508 N. Church St
Livingston, TN
931-823-3754

Cloudland Dental
510 Livingston Rd
Crossville, TN 38555
931-484-3007

Cavity Commando
1265 interstate Dr. Cookeville, TN 38501
931-783-1491

Dental Providers, who may not take TennCare, but offer services to low-income families:

Aspen Dental
416 W Jackson St., Bldg A
Cookeville, TN 38501
931-525-2500

Bread of Life Homeless Shelter and Clinic
281 4th Street
Crossville, TN 38555
931-707-0503

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Hays Dental Care
620 E. 10th Street
Cookeville, TN. 38501
(931) 526-1614

Hintz Family Dentistry
120 West Jackson Avenue
Cookeville, TN. 38501
(931) 526-5460

Monterey Dental Center
400 West Crawford Ave, Suite C
Monterey, TN. 38574
(931) 287-2642

Prescription Assistance Program
www.pparx.com
1-844-779-3837

Robinson Dental Care
738 East Spring Street
Cookeville, TN. 38501
(931) 520-8880

In the Month of February on a Saturday several Putnam County Dentist's provide a free dental services day. This day is announced in the local papers and Head Start shares this with our families and staff.

Resources for Persons with Disabilities:

Project Affirm
501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823-5678

Putnam County Health Department
701 County Services Drive
Cookeville, TN 38501
931-528-2531

Independent Opportunities Inc. (I.O.I.)
25 West Broad Street
Suite # 11
Cookeville, TN. 38501

(931) 528-7701

KIDS Putnam
1130 Chocolate Dr
Cookeville, TN 38501
931-526-5437

Pacesetters Inc.
2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Social Security Administration - SSI Program
1145 Perimeter Park Dr
Cookeville, TN 38501
931-528-9765 & **Hotline:** 888-717-1528

Support Group for Families of Children w/Disabilities
Sponsored by: Upper Cumberland Regional Health
1100 England Drive
Cookeville, TN. 38501
931-528-7531

Tennessee Department of Human Services - Putnam County
1000 England Drive, Suite A
Cookeville, TN 38501
931-528-7487

TN Early Intervention System (TEIS)
Upper Cumberland
1519 East Spring St. Suite E
Cookeville, TN 38506
(931) 528-1623

Upper Cumberland Human Resource Agency - Putnam County
580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Tennessee State Vocational RHB
955 E. 20th Street
Cookeville, TN 38501
931-526-4721

Assurance Wireless
Free phone with 250 minutes per 250 minutes per month to apply call:
1-888-321-5880

931-537-9830

Resources to help in Domestic Violence

Situations:

Algood City Police Department

215 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357 & 911
Emergencies

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125 or (931) 526-2126 & 911
Emergencies

Domestic Violence Support Group

Sponsored by Genesis House: 931-525-1637
800-707-5197
Cookeville, TN 38501

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 525-1637
Hotline: 800-707-5197

Life Care Family Services

665 South Jefferson
Cookeville, TN. 38501
(931) 528-0051 or (615) 781-0688

Monterey Police Department

711 E. Commercial Ave
Monterey, TN. 38574
(931) 839-2323 & 911 Emergencies

Putnam County Sheriff's Department

421 Spring Street
Cookeville, TN. 38501
(931) 528-8484 & 911 Emergencies

Trinity Outreach Center

205 West Wall Street
Algood, TN 38506

Alcohol and Drug Abuse

All Local Churches in Area (See listed under Pre-Marriage Counselors)

12 Steps to Freedom

Algood Presbyterian Church
Algood, TN 38506
931-239-8251

Standing Stone Church

385 Elmore St
Monterey, TN 38574
931-265-9120

Adult & Teen Challenge

200 Freedom LN
Livingston, TN 38570
931-823-3496

Alcoholics Anonymous (AA)

122 S. Madison Ave.
Cookeville, TN 38501
800-559-2252
More info/locations: <https://aanashville.org/wp/>

AA/NA

Monterey Senior Citizen
Elmore St Monterey, TN 38574

Algood City Police Department

110 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357
911 Emergencies

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803

Center Grove Church of Christ

Meetings on Meth Abuse
38575 S Grundy Quarles Hwy
Gainesboro, TN 38575
931-858-7460

Cookeville City Police Department

10 East Broad Street

Cookeville, TN. 38501
(931) 526-2125 & (931) 526-2126
911 Emergencies

Daily Surrender

St. Michael's Church
640 N Washington Ave
Sunday, Thursday, Friday, 7PM
931-526-4654

Drug Abuse Hotline

844-289-0879

Freedom Group

165 E Broad St
1st United Methodist Church (*Mondays 7PM*)
931-526-2177

LifeCare Family Services

665 South Jefferson
Cookeville, TN. 38501
(931) 528-0051 (615) 781-0688

Meth Tip Line

Spring Street
Cookeville, TN. 38501
(931) 525-6384

Drug Abuse Hotline/Statewide

844-289-0879

**Mothers against Drunk Driving of Tennessee -
Putnam County**

18 N Madison Ave
Cookeville, TN 38502
931-520-6233

**Mothers against Drunk Driving /Support Group
Meetings**

18 N. Madison Ave
Cookeville, TN. 38501
931-284-4829

Noon Group

St Michael's Church
640 North Washington Ave
M-F 12 Noon
931-526-4654

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877) 567-6051
Crisis Hotline 800-704-2651

Putnam County Sheriff's Department

421 Spring St
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

Promise of Hope

Friendship United Methodist
5454 N Jefferson Ave Cookeville, TN 38501
Wednesdays 6 PM
931-525-3555

The Ranch

6107 Pinewood Rd
Nunnely, TN 37137
1-888-534-4731

Recovery 1st St. Michael's

604 N Washington Ave
Cookeville, TN 38501
Tuesday, Wednesday, Saturday, 7PM
931-526-4654

Serenity Health

222 W. Spring St
Cookeville, TN 38501
931-854-1799
Thursday & Friday 7PM, Saturday 10AM

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

**Upper Cumberland-Community Services
Agency**

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource Agency
(UCHRA) - Putnam County**

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 911

Algood City Police Department

215 West Main Street
Algood, TN. 38506
(931) 537-6830
911 Emergencies

Baxter Fire Department

410 Elm St
Baxter, TN.
(931) 858-2621
911 Emergencies

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Cookeville City Fire Department

45 East Broad Street
Cookeville, TN. 38501
(931) 526-2121
(931) 520-5236
911 Emergencies

Disaster Assistance

DisasterAssistance.gov
800-621-3362

Monterey Police Department

711 Commercial Ave.
Monterey, TN. 38574
(931) 839-2323
911 Emergencies

Monterey Fire Department

401 Elmore St
Monterey, TN. 38574
(931) 839-3551
911 Emergencies
(Assist with emergency needs)

Poison Control/National

1-800-222-1222

Poison Control/Cookeville

1-800-288-9999

Putnam County Sheriff's Department

421 Spring Street Suite 1 D31
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

Putnam County Ambulance Service

700 County Services Dr
Cookeville, TN. 38501
(931) 528-1555
911 Emergencies

Putnam County Fire Department

700 County Services Dr
Cookeville, TN. 38501
(931) 528-1200
911 Emergencies

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7766

TEMA

www.tn.gov/tema

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501
(931) 528-5400

Assistance with Food/Clothing/Utilities:

Allons Church of Christ

3154 Celina Hwy
Allons, TN.
(931) 823-4145
(Assist with various needs)

Baxter Church of Christ

224 Buffalo Valley Rd
Baxter, TN 38544
Contact: John Pippin
931-858-3215

(Assist with food and clothing)

St Thomas Outreach

421 North Washington Ave.
Cookeville, TN. 38501
(931) 526-2575 931-372-1368
(Assist with food needs)

Center Grove Church of Christ

3857 S Grundy Quarles Hwy
Gainesboro, TN 38562
931-858-7460

Church on the Hill

001 Phillips Cemetery Rd
Algood, TN
931-537-9504
Mon, Tues, Thurs 9-4pm
(Assists with utilities once a year)

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-2661
(Assist with food needs)

Covenant Church

Neal Marcum, Ministry Coordinator
Northside Community Center
1615 Brown Ave, Suite 23
Laundry mat, tutoring, food, clothing.
931-265-1102

First Baptist Church

18 South Walnut Ave
Cookeville, TN. 38501
(931) 526-7108
(Assist with food needs)

First United Methodist Church of Cookeville

165 E Broad
Cookeville, TN 38501
931-526-2177
(Assists with Food, Clothing, and Utilities.)

Hope In Christ

315 E Peter Ave Monterey, TN 38574
2nd & 4th Friday 9am-12pm.
833-315-4673

Jefferson Ave Church of Christ

Community Action Center/Spring Street
CAC facility open Monday-Thursday 1:00-4:00
p.m.
521 South Jefferson Ave
Cookeville, TN
931-526-4605

Life Church

2223 N. Washington Ave.
Cookeville, TN
526-6900 *(Assist with food and other needs)*

Monterey Church of God

625 S Poplar Monterey, TN 38574
(Assist with food and other needs)
931-839-2182

Mineral Springs Missionary Baptist Church

4038 Hanging Lib Hwy
Monterey, TN 38574
931-265-6150
(Assist with food and other needs)

Putnam County Helping hands

421 E Broad St
Cookeville, TN. 38501
M-F 9-12 & 1-5p
(931) 526-3838 *(Assists families in need)*

Stevens Street Baptist Church Care Center

406 Short St
Cookeville, TN. 38501
(931) 520-4881
Open Noon-2pm, Closed Fridays *(Assist with food needs)*

St. Thomas Aquinas Catholic

421 N. Washington Ave
931-526-2575
(Assists with food and utilities)

Sycamore Church of Christ

1144 Crescent Drive
Cookeville, TN
931-526-5427

**Tennessee Department of Human Services -
Putman County**

1000 England Dr.
Cookeville, TN 38501
931-528-7487

*(Assists with Children's Issues, Disability Services,
Food, and Health. Responsible for a variety of
functions including, but not limited to administering
the Families First and Food Stamp programs,
processing TennCare applications, regulating
childcare centers, managing child support services
and providing a wide-range of services to
Tennesseans with disabilities)*

Trinity Outreach Center

205 West Wall Street
Algood, TN 38506
931-537-9814 or 931-537-9830

**Upper Cumberland Human Resource Agency -
Putnam County**

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Victory Christian Church

125 South Oak Street
Monterey, TN 38574
(931) 839-6068

West View Baptist Church

427 Laurel Ave
Cookeville, TN 38501
931-526-7220

Free clothing 1st & 3rd Monday 11Am-1PM

Willow Avenue Church of Christ

1150 South Willow Avenue
Cookeville, TN 38506
931-432-2333

**Resources to assist with
Housing/HomelessNeeds:**

Algood Manor

100 Maddux Ct
Algood, TN. 38506
(931) 537-3228 *(Income Based Housing)*

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

HART

Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless
assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Highlands Residential Services

235 West Jackson St.
Cookeville, TN 38501
Main Office: (931) 267-6686
Fax: (931) 526-2626
Website: www.highlandsrs.com

Cookeville Rescue Mission

1331 South Jefferson Ave
Cookeville, TN 38506
(931) 528-5819 *(Homeless shelter)*

First United Methodist Church of Cookeville

165 E Broad
Cookeville, TN 38501
931-526-2177

Habitat for Humanity

728 E 15th St.
Cookeville, TN. 38501
(931) 528-1711

Highland Manor

535 Old Walton Rd
Monterey, TN 38574
(931) 839-7566

Homeless Prevention and Rapid Rehousing

1225 S. Willow Ave
Cookeville, TN 38501
931-432-4111

Hope In Christ

315 Peter Ave Monterey, TN 38574
833-315-4673
2nd and 4th Friday of Month 9AM-12PM (Food)

Laurel Creek Apartments

Sponsored by: Upper Cumberland Development
District
580 Cora Rd
Cookeville, TN. 38501
(931) 528-7066

Rolling Meadows
186 Dry Valley Rd
Algood, TN. 38506
(931) 537-9839 (*Low-income Benefits for Housing*)

Trinity Outreach Center
205 West Wall Street
Algood, TN 38506
931-537-9814
(Assists in paying *utilities, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.*)

United States Department of Agriculture
Rural Development
1843 Foreman Drive Suite 200
Cookeville, TN 38501
(931) 528-6539 800-342-3149 (*Provides affordable home loans. Assists low-income homeowners finance needed home repairs*)

Upper Cumberland Human Resource Agency - Putnam County
580 S Jefferson Ave
Cookeville, TN 38506
931-520-0651

Volunteer Behavioral Outreach
Kristin Raines- Homeless Outreach Coordinator
1200 S. Willow Ave
Cookeville, TN 38501
931-432-4123

Willow Avenue Church of Christ-Furniture & Appliances
Denny Richardson Contact
931-261-4974
1150 S Willow Ave, Cookeville, TN 38506

Wonderwood Apartments
230 Cates Rd
Monterey, TN. 38574
(931) 839-3118 (*Low-income housing, must meet guidelines*)

Assistance with Insurance Needs:

Blue Cross Blue Shield
1-800-845-2738 (*Affordable Insurance for Families & Individuals*)

Blue Care 1-866-570-9445

Farm Bureau
410 Veterans Drive
Cookeville, TN 38501
(931) 528-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau
1165 South Willow Ave
Cookeville, TN 38501
(931) 432-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau
107 W. Commercial Ave
Monterey, TN
931-584-0042

State Farm Insurance
235 E. Spring Street
Cookeville, TN 38501
(931) 528-6515 (*Affordable Insurance for Families & Individuals*)

The Bradley Agency
102 E. Commercial Ave
Monterey, TN
931-584-0111

Tennessee Department of Human Services - Putman County Coverkids
Cover Kids (www.coverkids.com)
866-620-8864
1000 England Drive, Suite B
Cookeville, TN 38501
931-528-7487

Tennessee Justice Center
211 7th Ave N. Suite 100
Nashville, TN 37219
615-255-0331
TN Care Select 1-800-342-3145
(Request 3-5 days in advance have SSN and TN Care ID when calling along with doctor's address and name)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

580 S. Jefferson Avenue
Cookeville, TN 38506
931-528-8598

Highland Residential Services

Housing Authority

235 W Jackson
Cookeville, TN 38503
(931) 526-9793 Cookeville
(931) 839-3331

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue Suite 102
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

United Way 211

1-800-318-9335

Upper Cumberland-Community Services Agency

1000 England Dr
Suite F Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Resources to Strengthen Marriages:

Assessment Counseling & Training Services (ACTS)

25 W. Broad Street Suite 10
Cookeville, TN 38501
(931) 528-9399

Family Church of God

A Family of Faith, Hope and Love

625 S. Poplar Street
Monterey, TN 38574
(931) 839-7011 (931) 839-2182

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616 N. Church Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

Trinity Church

205 West Wall Street
Algood, TN. 38506
(931) 537-9830

Upper Cumberland Development District

1104 England Dr
Cookeville, TN 38501
(931) 432-4111

Westview Baptist Church

427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

377 Short St. Suite D
Cookeville, TN. 38501
(931) 520-3305

Trinity Church

205 West Wall Street
Algood, TN. 38506
(931) 537-9830

Westview Baptist Church

427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220

Medical Providers who take TennCare:

Health Department

Cookeville Regional Health Office
701 County Services Dr.
Cookeville, TN 38501
931-528-2531

Cookeville Pediatrics Associates

150 N. Willow Ave
Cookeville, TN. 38501
(931) 528-1485

Cookeville Regional Medical Center

1 Medical Center Blvd
Cookeville, TN. 38501
(931) 528-2541

Center of Vision Development/Dr. Clopton

1445 E10th St
Cookeville, TN. 38501
(931) 372-2020

Dr. P.K. Jain

225 North Willow Ave.
Cookeville, TN. 38501
(931) 528-8899

Dr. Kouchecki

40 Elmo Dr
Crossville, TN. 38555
(931) 484-5525
1-800-669-1851

Dr. Krusa

289 Highland Square Shopping Center
Crossville, TN. 38556
(931) 484-3664

Dr. David Snodgrass

4761 Andrew Jackson Parkway
Hermitage, TN. 37076
(615) 866-3343

Kids Kare

Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173

Live Well Medical Clinic& Spa

117 W Commercial Ave
Monterey, TN. 38574

(931) 839-6642

Moore Eyes

209 E. Commercial Ave
Monterey, TN.
(931) 839-3937

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Tennessee Pediatrics

435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

Wheeler Eye Care

Dr. Jane Wheeler
46 West Broad Street
Cookeville, TN. 38501
(931) 528-7765

Medical Providers, who may not take TennCare, but offer services to low-income families:**Bread of Life Homeless Shelter and Clinic**

281 4th Street
Crossville, TN 38555
931-707-0503

Health Department

1100 England Dr
Cookeville, TN 38501
931-520-4201

Cookeville Regional Medical Center

1 Medical Center Blvd
Cookeville, TN. 38501
(931) 528-2541

Monterey Lion's Club

108 E. Commercial Ave.
Monterey, TN. 38574
(931) 839-2669

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501

(931) 528-2531

Mercy Clinic

315 N. Washington Ave Suite 109
Cookeville, TN 38501
931-372-8668

**Mental Health Providers who take
TennCare:**

Cumberland Plateau Recovery

106 Elm Grove Rd
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678 or (800) 704-2651

John B. Averitt, Ph.D. (Adults only)

100 W. 4th Street Suite 300
Cookeville, TN
931-526-2722

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502 Phone: (931) 432-4123 or
Crisis Hotline: (877) 567-6051

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: 931-526-5197 **Hotline:** 800-707-5197

**Volunteer Behavioral Health Care System -
Plateau Mental Health Center**

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Mental Health Co-Op

418 N. Willow Ave
Cookeville, TN 38501
931-646-5600

**Mental Health Providers, who may not take
TennCare, but offer services to low-income
families:**

**Assessment/Counseling/training Services
(ACTS)**

370 Short St. Suite D
Cookeville, TN. 38501
(931) 528-9399

Omni Community Health

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Peggy Karlosky, Ph.D.

Licensed Psychologist
1716 Heathrow Drive
Cookeville, TN 38506
931-528-1361

HOPE Counseling Center

Individual, Child, Family, and or marital Counseling
906 Allen Avenue
Cookeville, TN 38501
931-528-6167

Plateau Mental Health Center

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 or Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Robyn Willis, LPC

210 N. Cedar Ave

Cookeville, TN
931-265-4470

Source of Strength Counseling

441 E. Broad St. Suite A & B
Cookeville, TN 38501
Jerri Cross (female therapist) 931-214-0527
Karla Duke 931-303-7789

Suicide Prevention Hotline

800-273-8255

Upper Cumberland-Community Services

Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource Agency -
Putnam County**

580 South Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

Warrior Counseling, PLLC

Natalie Whorton
705 Howell St
Sparta, TN 38583
931-510-8365

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
1503 S. Main Street
Crossville, TN 38555
931-484-6196

Cookeville Regional Medical Center-Algood

Quit 4 Life Smoking Cessation
Randy Todd
142 W. 5th Street
Cookeville, TN 38501
931-261-4305

Nicotine Anonymous

877-879-6422

American Lung Association

1 Vantage Way #C120
Nashville, TN 37228
Freedom from Smoking
800-586-4872
info@lung.org

American Lung Association of Tennessee

212 S. Peters RD Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

**Resources to assist persons raising children
possibly other than their own:**

Agricultural Extension Service - Putnam County

900 South Walnut Avenue Suite 4
Cookeville, TN 38501
931-526-4561

Department Of Children's Services

600 Heathwood Court
Cookeville, TN 38506
(931) 646-3000

CHANT

Upper Cumberland
Regional Office
1100 England Dr
Cookeville, TN 38501
931-520-4202

Upper Cumberland Relative Caregiver Program

1104 England Drive, Cookeville, TN 38501
Phone: (931) 432-4111 Web: www.ucdd.org

**The Exchange Club/Stephens Center for the
Prevention of Child Abuse**

616 N Church St. Suite B Livingston, TN 38570
931-823-6342

**Upper Cumberland-Community Services
Agency**

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Youth Villages

448 Neal Street
Cookeville, TN. 38501
(931) 525-6900

Resources to assist with Transportation Needs:

A Cheap Taxi

984 Humble Dr, Cookeville, TN 38501
(931) 520-1818

A-1 Auto Repair

12636 Monterey Hwy
Monterey, TN. 38574
(931) 839-3013

Clark's Taxi Cab Service

565 W Broad St, Cookeville, TN 3850
(931) 526-8889

Cookeville Taxi Cabs

428 E Broad St, Cookeville, TN 38501
(931) 372-2227

Discount Taxi

960 Humble Drive
Cookeville, TN 38501
(931) 526-2222

First United Methodist Church of Cookeville

165 East Springs Street
Cookeville, TN 38501
931-526-2177

Norrod's Garage

605 Cates Road
Monterey, TN. 38574
(931) 839-3016

Selby's Cab Company

164 W 1st St, Cookeville, TN 38501
(931) 372-7588

TennCare Transportation

866-680-0633

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

Cookeville Area Transit Service, CATS
580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127
931-372-8000

Upper Cumberland Development District

1104 England Drive
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

Baxter Branch Library

101 Elmore Town Rd
Baxter, TN 38544
(931) 858-1888

Church of the Nazarene

110 North Poplar Street
Monterey, TN. 38574
(931) 839-2609

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-2661

Cookeville Children Theatre

46 S. Cedar Ave
Cookeville, TN. 38501
9331-319-2809

Highlands Residential Services

235 West Jackson St.
Cookeville, TN 38501
Main Office: (931) 526-9793
Fax: (931) 526-5841
Website: www.highlandsrs.com

Upper Cumberland Soccer Complex

2341 Whiteaker Springs Rd
Cookeville, TN 38501
423-505-3999

First United Methodist Church Youth Group

165 E. Broad Street
Cookeville, TN. 38501
(931) 526-2177

Monterey Branch Library

401 East Commercial Ave
Monterey, TN. 38574
(931) 839-2103

Monterey First Baptist

106 N Chestnut St
Monterey, TN. 38574
(931) 839-2971

Putnam County Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

Putnam County Children’s Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

River Community Church

1200 Miracle Rd
Cookeville, TN. 38506
(931) 528-3660

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931)520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

YMCA

235 Raider Dr
Cookeville, TN. 38501

(931) 528-1133

Victory Christian Church Youth Program

125 Oak St
Monterey, TN. 38574
(931) 839-6068

WCTE American Graduate& Ready to Learn

lWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance

(All Counties)

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 445-8310

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

**LifeCare Family Services - Cookeville -
Counseling and Therapeutic Services**

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051