

Mossman Hall Class and Event Calendar

2020

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	01 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	02 530-7 Stetch & Flex Yoga	03 11-12 Free Beginners Tai Chi & Qigong	04 10-12p Clay Station
05 930-12p Conscious Awakening Service	06 10-12p Clay Station 11-12p Cancer Support 530-630p Zumba	07 1030-12p Tai Chi 330-5p MBCA BOD Mtg.	08 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	09 530-7 Stetch & Flex Yoga	10 11-12 Free Beginners Tai Chi & Qigong	11 10-12p Clay Station
12 930-12p Conscious Awakening Service	13 10-12p Clay Station 11-12p Cancer Support 530-630p Zumba	14 1030-12p Tai Chi	15 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	16 530-7 Stetch & Flex Yoga	17 11-12 Free Beginners Tai Chi & Qigong	18 10-12p Clay Station
19 930-12p Conscious Awakening Service 230-6p Music Open Mic	20 10-12p Clay Station 11-12p Cancer Support 530-630p Zumba	21 1030-12p Tai Chi 6-9p Life Drawing	22 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	23 530-7 Stetch & Flex Yoga	24 11-12 Free Beginners Tai Chi & Qigong	25 10-12p Clay Station
26 930-12p Conscious Awakening Service	27 10-12p Clay Station 11-12p Cancer Support 530-630p Zumba	28 1030-12p Tai Chi	29 11-1230p Low/slow Yoga 530-630p Zumba 6-8p Pottery Throwing	30 530-7 Stetch & Flex Yoga	01	02

LEGEND:

PURPLE = Art/Music Class

GREEN = Health/Fitness Class

RED = Special Event

See reverse for details, including instructor contact info.

Contact Sheila for more information on classes at Mossman Hall: 615-714-0786

GALLERY HOURS: Friday 12-5p, Saturday 12-5p, Sunday 12-5p, Monday 10a-2p

301 SR-26, Melrose FL 32666

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