OCTOBER 2019		MENU		
Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast Bar 10/22/19 @ 9am Scrambled Eggs Bacon & Cottage Cheese Hash Browns French Toast & Fruit Juice Sliced Tomatoes & Breakfast Cake 	1. Swiss Steak Mashed Potatoes & Gravy Green Beans Roll Chilled Fruit Animal Crackers	2. Sweet & Sour Chicken Rice Mixed Vegetables Roll Fruit Juice Fortune Cookie	3. Ham Loaf Sweet Potato Casserole Stewed Tomatoes Chilled Fruit Pudding Roll	4. Italian Sausage w/Sauce Tater Tots Mixed Vegetables Chilled Fruit
7. Baked Ham Scalloped Potatoes Mixed Vegetables Chilled Fruit Graham Crackers Roll	8. Swedish Meatballs Pasta w/Gravy Buttered Carrots Roll Gelatin Chilled Fruit	9. Chicken Marsala Sweet Potato Casserole Mixed Vegetables Pound Cake w/Fruit Roll	10. Stuffed Cabbage Roll Augratin Potatoes Broccoli Chilled Fruit Fruit Muffin Roll	11. Baked Spaghetti Italian Vegetables Garlic Roll Chilled Fruit Vanilla Wafers Fruit Juice
14. Hamburger Buttered Corn French Style Green Beans Chilled Fruit	15. Roast Turkey Stuffing w/Gravy Mixed Vegetables Roll Chilled Fruit Fruit Juice	16. Soup & Salad Bar Vegetable Soup Chicken Salad Fresh Vegetables w/Dip Chilled Fruit & Pudding (Potato Soup)	17. Salisbury Steak Baked Potato Mixed Vegetables Chilled Fruit Fruit Muffin Roll	CENTER CLOSED
21. Smoked Sausage Mashed Potatoes Sauerkraut Fresh Vegetables w/dip Vanilla Wafers Roll	22. Chicken & Noodles Mashed Potatoes Blushing Fruit Fruit Juice Roll (Breakfast Bar @ 9am)	23. Sloppy Joe Tater Tots Capri Mixed Vegetables Chilled Fruit	24. Monthly Fellowship Chicken Drumsticks Mashed Potatoes & Gravy Seasoned Green Beans Roll & Chilled Fruit Cake	25. Cheese Omelet Hash Brown Potatoes Biscuit Chilled Fruit Fruit Juice Cinnamon Roll
28. Creamed Chicken Mashed Potatoes Green Beans Chilled Fruit Vanilla Pudding Roll	29. Meatloaf Baked Potato Stewed Tomatoes Chilled Fruit Graham Crackers Roll	30. Beef & Noodles Mixed Vegetables Roll Chilled Fruit Cole Slaw	31. Sweet & Sour Chicken Rice & Mixed Vegetables Chilled Fruit Fruit Juice & Roll (Congregate-Unlock the Secret Lunch)	Please RSVP for daily lunches and Monthly Fel- lowship by the day before: 740-474-8831