



# Annunciation of Our Lady

EPISCOPAL CHURCH

The Magnificat

Feb 2019

## Events

HAPPY FEBRUARY!

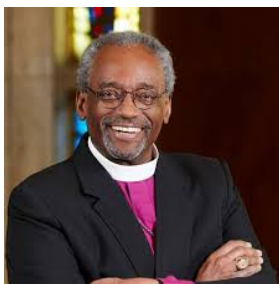
Sunday, February 3rd  
Scout Sunday - 10 am  
Soup-er Bowl Sunday

Sunday, March 3rd  
"Fat Sunday", our Mardi Gras celebration

Wednesday, March 6th  
Ash Wednesday, services at Noon and 7pm

Sunday, March 31st  
"Feast of the Annunciation" pot luck

## Lent Program



*In the first century Jesus of Nazareth inspired a movement. A community of people whose lives were centered on Jesus Christ and committed to living the way of God's unconditional, unselfish, sacrificial, and redemptive love. Before they were called "church" or "Christian," this Jesus Movement was simply called "the way." Today I believe our vocation is to live as the Episcopal*

*branch of the Jesus Movement. But how can we together grow more deeply with Jesus Christ at the center of our lives, so we can bear witness to his way of love in and for the world? The deep roots of our Christian tradition may offer just such a path.*

*For centuries, monastic communities have shaped their lives around rhythms and disciplines for following Jesus together. Such a pattern is known as a "Rule of Life." The framework you now hold *The Way of Love: Practices for Jesus-Centered Life* - outlines a Rule for the Episcopal branch of the Jesus Movement.*

*It is designed to be spare and spacious, so that individuals, ministry groups, congregations, and networks can flesh it out in unique ways and build a church-wide treasure trove of stories and resources.*

*There is no specific order you need to follow. If you already keep a Rule of spiritual disciplines, you might reflect and discover how that path intersects with this one. By entering in reflection, discernment and commitment around the practices of Turn - Learn - Pray*

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2018's Annual Report

- *Worship - Bless -Go - Rest, I pray we will grow as communities following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world.*

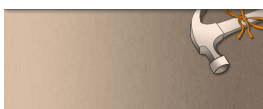
Your brother in the Way of Jesus,  
The Most Reverend Michael B. Curry

The Reverends Jane Schaefer and Linda Lutter will be heeding the Presiding Bishop's request in bringing The Way of Love Practices for a Jesus Centered Life to Annunciation. On Wednesday evenings and at Sunday Adult Forums during Lent beginning March 10th, they will be presenting an introduction to The Way of Love Practices for Jesus-Centered Life.

On Wednesday the evening begins at 6:30 with a Soup/Salad/ Bread dinner followed by the program. On Sunday The Way of Love Practices program starts at 9:10 am - grab your coffee and head in to the Adult Forum Room. It is best if you attend both the Wednesday and Sunday sessions ... however, it is not necessary, each session does not build on the next session, they are independent. Even if you can only attend one session you will find it well worth the time.

This will be an exciting adventure in our life here at Annunciation.

## Annunciation Service Project



For those interested in participating in the Annunciation Service Project, please plan to attend a meeting between services on January 6th. Megan Dailey and Cindy Pullinger will share the results of the Annunciation Service Project survey and lead a discussion to finalize the decision to either work locally with Habitat for Humanity or work with the Appalachian Service Project. We will also try to identify the best project date that works for the majority of participants.

Over the last several weeks, parishioners were surveyed to gauge interest in participating in the Annunciation Service Project and to determine whether we consider a service project closer to home (as suggested by Outreach) or should we travel to Appalachia to support the Appalachia Service Project. In discussing local options with Episcopal Relief and Development, Habitat for Humanity was identified.

## FMSC Update



Jane In Uganda, 1-year-old Jane was suffering. Her father recently died and her mother abandoned her, leaving Jane in the care of one of her uncles. But with several of his own kids to feed, he had little food to share with his baby niece. Jane grew weaker and weaker. She became unresponsive. Her uncle knew she was dying. He felt helpless. Thanks to you, our food partner had meals on hand to give to Jane's uncle. He fed her FMSC meals every day for several months. Jane slowly grew stronger. Then she started crawling! Her uncle felt relieved and encouraged. "I never thought a change this beautiful could happen because of food," he said.

The only way Jane survived is because of you. Thank you for changing her story Did you know? Many FMSC volunteers only pack meal once. If 50% packed meals one more time every year, nearly 300,000 more kids could eat a meal every day for an entire year. Annunciation has the 9am to 11am volunteer slot for the last Saturday of every month. If that time doesn't work for you go on the Feed My Starving Children website and pick a day and time that works for you. If you have any questions please

THE 2018 ANNUAL REPORT

Meeting Date: January 27, 2019



The Annunciation of Our Lady Episcopal Church  
5725 Stearns School Road  
Gurnee, IL 60031  
(815) 736-3750

E-mail: [rector@annunciationgurnee.org](mailto:rector@annunciationgurnee.org)  
Web Page: [www.annunciation.org](http://www.annunciation.org)

There are great articles in this past years report. Click [HERE](#) if you haven't seen it yet



Sundays between the services

**Adult Forum Series: See the website.**

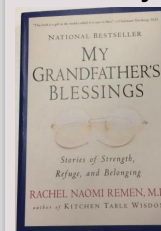


Youth Education  
3rd Sunday of the Month  
**Sunday, Feb 17th**  
Full schedule and details on the website!

### Study Groups

The Study Groups will continue meeting @ the church:

### Wednesday morning 10am



Each week a different person will lead the discussions and another person will provide the snacks.

My Grandfather's Blessings (Stories of Strength, Refuge and Belong) by Rachel Naomi Remen, MD. [Reading log](#)

### Thursday evening 7pm.

The Thur group will continue with a traditional Bible Study on the weeks reading.

Please join either (or both) group any week.

### Prayer Time

## Capital Campaign Update



We need your voice, click [here](#) to read the presentation/conversation during the Annual Meeting.

## Rector Search Update



The search committee (Brian Penticoff, Bill Hagan, Tony Waynick, Leanne Ulmer, Samantha Robison, Ryan Mlyniec, Darlene Campbell, Megan Dailey and Andy Hucker) has been commissioned by the Wardens, Vestry members and Victor Conrado (of the Chicago Episcopal office) to go forth and identify our next Rector. What an exciting time to for all of us at Annunciation!

The committee has had organizational meetings already whereby we have been working on identifying our roles, the structure of the search, establishing meeting dates and engaging in team building exercises.

The committee has been working on the items that are necessary for the search to be launched on the Diocese website, and for us to begin accepting potential candidates. In the weeks to come you will be hearing about the CAT (Church Assessment Tool), which is a survey that each parish member will be asked to complete. This survey will provide us with 4 key areas of feedback: 1) A snapshot on the health of Annunciation, 2) A sense of where the Parish thinks Annunciation should head in the future, 3) a description of Annunciation as a unique group of people and 4) What Annunciation is looking for in our next Rector based on our collective experience with past Rector's (what did we like, what would we like to improve on). Coupled with this process, the committee will be hosting Hosting Conversations during adult forum sessions whereby the process will be explained.

The committee will also be updating our church profile. This is an instrument that will provide potential candidates with the background story of who we are as a parish. Essentially, the parish profile is like listing your house for sale where we want to present our parish community honestly and positively. The profile is our story to tell the world! Not everyone knows we are a congregation of YES! After the profile is completed and released to the Diocese, the committee will begin reviewing candidates who have expressed interest in our parish.

The committee is asking for your prayerful support throughout this process. We will be as diligent as we can to keep you informed as we proceed along this spiritual journey. Below, is the email address for everyone to be able to reach out to the search committee to ask questions or share their ideas and/or concerns. All emails will be responded to by the search committee in a timely manner.

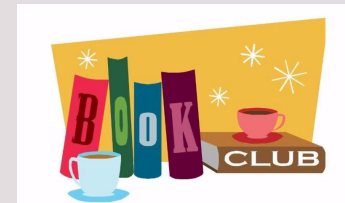
searchcommittee@annunciationgurnee.org



### Morning Prayer FOURTH FRIDAY!

**February 23, 2019**

Call/text Deacon Linda Lutter with questions and/or suggestions, 847-340-3253 or email at linalutter@hotmail.com.



## Book Club

### Book Club West

Mon, **February 4, 2019**, 7pm - 9pm

Where: **Johnson**

### Book Club East

When: **Feb 18, 2019**, 6pm - 8pm

Where: **Potestas Pizza, 434 S Green Bay Rd, Waukegan, IL 60085, USA**



Atoma - Latin for Indivisible, Atomic, that which cannot be cut  
Atoma - "Annunciation" for Youth Group!

Atoma - Mission - to provide a safe and fun space for our youth; to interact & socialize with one another, to develop friendships with peers who are being raised with a common set of values, and to comfortably comment on their faith & its role in their daily lives.

5th grade and up.

Come and play with us. Look to the Parish News for our next meeting or contact Beth/Bill Hagan if you have any questions.

# NOTES FROM THE NURSE

Dale Sander, RN

This month when HEARTS come up many times, here are some of the WORST things you can do for your heart. (Suggested in an AARP Magazine article by Mike Zimmerman)



1. YOU SNEAK A SMOKE. Any kind of smoking or vaping is a risk to your heart..
  2. YOU SKIP YOUR WALK. Get your heart pumping regularly to keep it healthy..
  3. YOU SNARF AN EXTRA COOKIE. Unhealthy eating can quickly erase the calories you burned up by exercise..
  4. YOU EAT DINNER OUT OF A BOX. This is likely to trigger obesity and cause harm to your heart..
  5. YOU SHUN YOUR VEGGIES. Try to eat a serving of veggies at each meal. You don't need to get carried away with this..
  6. YOU LOSE YOUR COOL. Occasional stress isn't necessarily a bad thing. Chronic stress can lead to high blood pressure and that is bad.
  7. YOU OVERDRINK. A modest amount of alcohol might be OK, but many go way past modest. Some of us find NO alcohol is the best..
- I LOVE YOU!! Nurse Dale



**Date:**  
**Wednesday, Feb 27rd**  
**Time: 1:00pm-2:00pm**  
**Location:** see Parish News  
 For reservations contact Jane Schaefer at 224-372-7940 or at [cs.js@comcast.net](mailto:cs.js@comcast.net)



## Mens Group



Second Saturday of the month from 9am-11am  
 Sat, Feb 9th, 9am - 11am

## From Our Deacon

Linda Lutter



Shh ... be quiet ... listen ...

[Read on](#)

## From Our Sr. Warden

Maggie Attiyeh

Good morning everyone...

[Read on](#)



## Feed My Starving Children

for I was  
*Hungry*  
 and you  
 gave me food...  
 Matthew 25:35

If you would like to be a part of this ministry of feeding the hungry please join us. Mark your Calendars ... Here are the Saturday dates,

9:00 am to 11:00 am  
 +Feb 23rd

Last Saturday every  
 Month

God's Peace and Blessings!  
 text/call @ 847-340-3253  
 Lindalutter@hotmail.com

## Hospitality



[Read about what is going on ...](#)



# Outreach Central

SAVE THE DATES:

[Read on to see what is going on ...](#)

Miriam Berry, Outreach Communications

See you in Church (any day of the week)!



+Feb 15th  
Third FRIDAY every Month



The mission of the program is to provide support, resources, and shelter to individuals and families experiencing a housing crisis. We will again offer our support as a parish to St. Mark Lutheran Church in Lindenhurst and we welcome you to join us! If you would like to learn more, see Mike Bill or Sue Whipple (site managers) or Deb Bill or Carol Anderson (food coordinators.)

## Meet Our Vestry

Sr. Warden - Maggie Attyehl  
Jr. Warden - Dave Fulton Jr.  
Vestry - Andy Cambell, Beth Hagen,  
Susan O'Morchoe, Dan Whipple,  
Andrea Lindblad, Jami Haines, John  
Anderson, Gin Bosserman, Deb  
Rakestraw

Clerk - Charles O.Morchoe.