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Lady Regional Councillors'

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Sunday, December 5th, 10-2

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 Parking Lot

 Rhonda Mulcahy
mulcahyr@whitby.ca
 905-706-0482

 Elizabeth Roy
roye@whitby.ca
 905-706-2001

Halloween in Brooklin



More photos page 8

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Less than half the picture by Richard Bercuson

Remembering...



It's early September. You've been obtaining your welding license after high school, which wasn't an entirely successful experience, except for math.

There are no prospects for much adventure, so your future seems humdrum. However, a war has broken out across the ocean and your buddies boast about joining up. None has ever left the city, let alone the country. A short war, you hear, seems like an exciting way to visit faraway lands.

You enlist in the army though your heart is, inexplicably, with the air force. However the army,

the Royal Montreal Regiment, does a lot of marching and fixing bayonets on its Westmount parade grounds. Time to investigate the air force's downtown enlistment office.

You've tried to enlist and they tell you time and again your blood pressure is too low to fly. Finally, on a warm day, you run around the block a few times then go back in, sweaty and panting. This time your blood pressure has risen enough for you to be accepted.

With little drilling and no need for bayonets, the air force trains you to become a WAG, a wireless air gunner, and you develop an expertise in Morse code. But first they assign you a special job.

You're in a unit tasked with flying planes to Britain for use in its defense against the Germans. In Ferry Command, you pick up planes at Montreal's Dorval field. They're manufactured in the U.S. and either flown or driven across the border in pieces on trucks since the Americans are not yet in the fight. You fly the planes to Gander and from there to England.

It's a long cold trip. Once, you needed to switch gas tanks over the North Atlantic. You clambered back in the fuselage and strained to turn the crank till suddenly the pilot yelled that you were turning it the wrong way, that they'll soon be empty. On one landing, soldiers greet the plane, cheering and running to the aircraft. Appreciating the reception, you quickly learn their cheers are for the crates of Cokes and sandwiches you're bringing.

You're then stationed in Don-

caster, England, and fly Halifax bombers over Europe. A crash landing on a British beach ends your active service. Four crew members are killed and you spend months in hospital recuperating.

Decades after the war, having never really talked about what went on, you secretly meet with other Air Force vets to reminisce. Upon your return, your mother had thrown out your service uniform, but you rescued the flight helmet, boots, and bag. Years later, one son unearths the trove in a closet and wears the flight boots to school in winter, his books in the flight bag. Your other son dons the flight helmet on Halloween.

But every November 11, you sit silently in front of the TV, watching the ceremony from the National War Memorial in Ottawa, eyes red and welling up, remembering.

What You Need To Know This Week:

Help Us Reimagine Whitby Events

In a normal year, Whitby is home to 200+ events. We are looking to the future and want your help in reimagining what our Town's events can be. Take a survey by November 8 to inform our first Special Events Strategy. [ConnectWhitby.ca/SpecialEventsStrategy](https://connectwhitby.ca/special-events-strategy)

Pumpkin Disposal

Pumpkins can be disposed of in your regular leaf and yard waste on the same day as your garbage collection. Be sure to have your waste at the curb by 7 a.m. for pick-up. whitby.ca/Waste



Go Behind The Scenes With Digital Doors Open

Explore some traditional Doors Open Whitby sites without having to leave home. Watch a short video to take a stunning tour through Station Gallery and learn about public art in our community. [DoorsOpenOntario.on.ca/en/Whitby](https://doorsopenontario.on.ca/en/Whitby)



Get Ready For Winter!

Although it's been a beautiful fall, it's best to prepare for winter weather before the first snowfall. Sign up to receive news alerts on significant local weather and the Town's snow clearing efforts directly to your inbox at whitby.ca/Subscribe



Construction Projects, Road Closures And Lane Restrictions

Trying your best to avoid construction when driving through Town? Check out our monthly construction update on the first Monday of each month at whitby.ca/News



2021 Celebrating Youth Awards

Do you know a young community leader between the ages of 12 to 18 who works hard to help make Whitby the best it can be? Nominate them by Friday, November 5. Thank you to Elexicon Energy and Fieldgate Developments for sponsoring the awards. whitby.ca/YouthEvents



Lest We Forget

This Remembrance Day, take a moment to learn about a hero: when walking through Downtown Whitby or Brooklin be sure to look up. You will find photos and stories of local veterans and active service members displayed on eighty-one lampposts. While in-person Remembrance Day services will not be open to the public this year due to COVID-19, there are a number of ways you can still pay tribute. whitby.ca/Calendar



Brooklin Bafflers: by Liz Lowe Wordsearch

Wordsearch grid containing words like: BATTLE, BRAVE, CEMETERY, DEFEND, DUTY, ELEVENTH HOUR, ENEMY, FIGHT, FLAG, FLOWERS, HEROES, HONOUR, INFANTRY, LIVES, LOYALTY, MEMORY, PARADE, PATRIOT, PEACE, POPPY, SACRIFICE, SALUTE, SERVICE, VETERAN, WEAPON, WORLD, WREATH.

- Battle, Brave, Cemetery, Defend, Duty, Eleventh hour, Enemy, Fight, Flag, Flowers, Heroes, Honour, Infantry, Lives, Loyalty, Memory, Parade, Patriot, Peace, Poppy, Sacrifice, Salute, Service, Veteran, Weapon, World, Wreath



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We accept advertising in good faith but do not endorse advertisers nor advertisements. All editorial submissions are subject to editing. For advertising information, contact: 905.706.0482 Email: mulcahy42@rogers.com Next Issue: Friday, November 19, 2021 Deadline: Friday, November 12 2021 During COVID-19 dates are subject to change.

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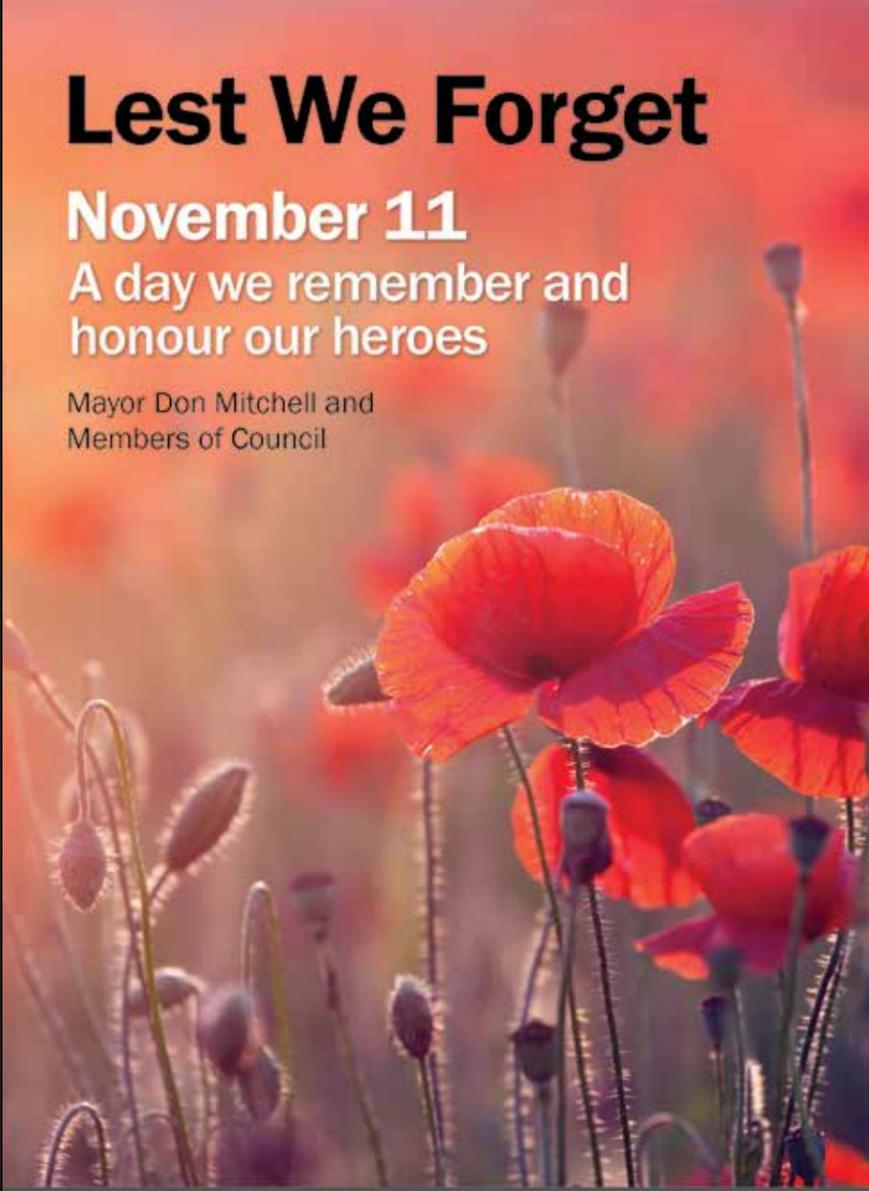
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Lest We Forget

November 11

A day we remember and honour our heroes

Mayor Don Mitchell and Members of Council



Due to COVID-19, Remembrance Services will not be open to the public.
For more information please call 905-430-4300 or visit whitby.ca/Calendar



Whitby

THEY SHALL GROW NOT OLD AS WE
THAT ARE LEFT GROW OLD;
AGE SHALL NOT WEARY THEM NOR
THE YEARS CONDEMN.




Remem in

This Year Brooklin
will host their private c
at the Cenotaph in f

The Legion is not encourag

The poppy camp

Please show your s
your poppy and th

The Brooklin Branch of the Royal Canadian Legion is a local long standing orga
Funds raised through Legion initiatives have historically gone to a variety of chari
children's sports and school programs to senior's medical services, the Legion h
behind countless donations for the betterment of our community.



LEST WE FORGET

REMEMBRANCE DAY

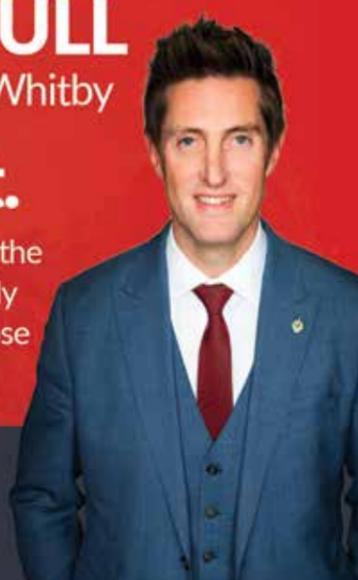
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Member of Parliament for Whitby

Lest We Forget.

On Remembrance Day, we acknowledge the courage and sacrifice of those who bravely served their country. Let us hold them close to our hearts in the form of a poppy.

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We will rem





AT THE GOING DOWN OF THE SUN
AND IN THE MORNING,
WE WILL REMEMBER THEM.
WE WILL REMEMBER THEM.

Remembrance Day Brooklin

Legion Branch 152
ceremony at 11:00 a.m.
front of the Library.

ing gatherings on this day.

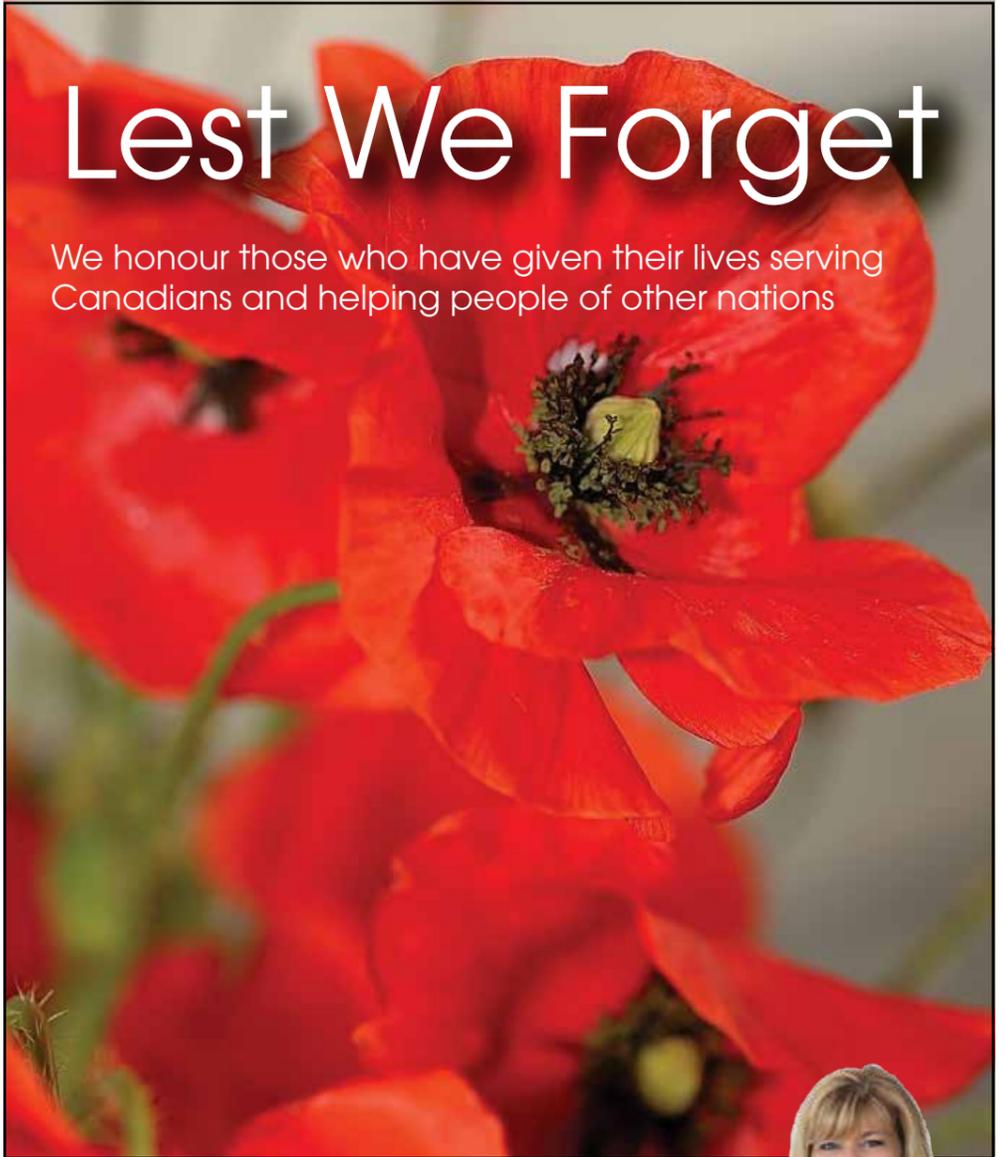
ampaign continues.

upport by wearing
anking a veteran.

ization.
ties. From
has been



This year, when you see a local
Legion representative promoting the
Annual Poppy Campaign, please
give generously.



Lest We Forget

We honour those who have given their lives serving
Canadians and helping people of other nations



Elizabeth Roy

Regional Councillor
TOWN OF WHITBY

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Remember them.



BROOKLIN
HERITAGE SOCIETY

A Local Veteran's Story

By Thomas Power

Remembrance Day is an important day to recognize the sacrifices made by veterans during times of war. While there are many veterans in our community, there are only a handful from World War 2 left across the country with stories to tell. Such is the case in Brooklin, with our community icon Steven Cosgrove.

His story begins like many who were born during the Great Depression. The youngest of three siblings, Cosgrove and his family grew up with very little. Born in Liverpool, England in 1926, Steven was only 13 when war broke out with Germany. By 1940, he, along with his sisters and mother, faced daily attacks from German air raids, especially in his strategically important hometown.

Liverpool a target

While they survived hundreds of air attacks, much of Liverpool was

destroyed. The widespread destruction, coupled with the capture of both of his sister's husbands during the war, left Cosgrove with only one option. In 1944, after reaching the legal enlistment age of 18, he followed many of his friends by enlisting in the British army at Carlisle.

After completing basic training, he travelled to Lancaster to enlist with the legendary Seaforth Highlanders, joining the 51st Highland Division.

He landed in France in the fall of 1944 and immediately went into the line in Belgium. His memories of the time at the front are filled with stories of "how many friends you had and how everyone looked out for each other."

Crossing the Rhine

After months of hard fighting, Cosgrove and his division were set to become the first Allied soldiers to cross the Rhine River into Germany, a feat so monumental that Winston Churchill himself



came to see it.

During the Rhine crossings, Cosgrove's unit was constantly under heavy fire from fierce German resistance as the Allies pushed into Germany. The last town his unit reached was Kleve, the furthest Cosgrove would go in Germany since the war was soon to end.

Following the German surrender, he continued to serve in the army until 1948 when, at 23, he left the service. Shortly after re-

turning home, a good friend introduced him to Joan who would later become his wife for an astounding 73 years and counting.

Moved to Canada

That same year, the newlyweds decided to move to Canada, first landing in New York before eventually settling in Ajax. After many years, the couple ended up in the small village of Brooklin, which they still call home today.

In the decades following their move to Brooklin, Steven and Joan Cosgrove made a name for themselves with their

involvement in the local legion, community, and their business, Cosgrove's Variety. The couple enjoys spending time with their extended family and friends as well as visiting the cottage in the summer.

When asked what advice Steven Cosgrove would give to those who didn't have to experience such hardships as he did, he answered, "Appreciate what you have."

Plant-Based Eating by Sheree Nicholson

Wartime Food



I did some research on what Canadian soldiers ate while overseas during World War 2. They were supplied some or all of the following: one lb. of meat (dried or canned), oatmeal, dried vegetables, and beans. They were also given chocolate to lift their spirits.

Beans and oatmeal carry well; the beans were tinned and oatmeal was dry. They are both good sources of protein. Navy beans

were commonly used and were a good source of both protein and fiber as was oatmeal.

While neither was a complete protein, along with the other foods they would have provided an adequate protein source since the body stores all the different proteins we eat, and completes it in our body.

Rationing

Back home in Canada, food was rationed. We were not only feeding ourselves and Britain but we were sending enormous amounts of food to our overseas forces,

prisoners of war, and starving refugees from war-torn countries.

Canadians stretched their war rations by planting Victory Gardens, canning and preserving foods. Wartime rations could be boiled down to one word: vegetables. The shortage of meat, sugar and alcohol possibly resulted in healthier eating habits.

As a child in the 60s, I was raised on canned meat and lots of turnips, which may have been influenced by the wartime way of eating. My grandmother, who grew up during World War 2, was so careful with food. Nothing went to waste. If an orange started to go bad she would cut the bad spot out and eat the rest. She washed bread and milk bags to reuse, long before reducing plastic was even a thing. She canned, made jams and had a root cellar underneath her home to store home grown potatoes, cabbages and turnips.

Resurgence

Over the past 10 years or so, I have seen a resurgence in planting vegetable gardens and getting back to basics such as reducing waste, reusing and not over purchasing.

In honour of my grandmother and

others from her generation, here's a classic recipe for glazed turnips, which I've "veganized."

Glazed turnips

1 lb. young turnips
2 tablespoons earth balance
1 tablespoon sugar
1/2 tablespoon flour
1/2 cup vegetable stock

Method:

Pre-heat oven to 350 degrees
Dice turnips into one-inch chunks and cook in salted water for 10 minutes.

Drain well, then sauté in hot earth balance for a few minutes. Sprinkle the sugar and flour over and continue to fry until browning. Place into ovenproof dish and add half cup of stock. Bake in oven for 15 minutes until further browned.

Sheree's Hack: If being frugal and reusing food interests you, I recommend @plantyou on Instagram. She does a series of "scrappy videos" with tips on how to reduce your food waste.

And finally, in honour of Remembrance Day, I would like to thank anyone involved with the Canadian Armed Forces, both past and present. Freedom is not free.

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First Impressions

Meet Dr. Peter Yao, who opened Brooklin Village Dental Care in 2004. Originally from Calgary, Dr. Yao received his BS in Microbiology before moving to Manitoba where he completed his Medical Dentistry Degree.

Patients are drawn to Dr. Yao's genuine manner and positive outlook. Dr. Yao served as a Captain with the Canadian Armed Forces for nine years and practiced dentistry at the military base in Toronto. "It was a great experience serving my country," says Dr. Yao, who is dedicated to serving all of his patients with compassion and offering the very best in quality care.

"I like being in health care, ultimately because you are there to help people," he adds. Dr. Yao has lived in the Brooklin area with his family since 2003 and actively participates in local community events such as the Brooklin Harvest Festival.

Comprehensive Care

Brighten your day with a visit to **Brooklin Village Dental Care** and meet our amazing staff! Our friendly and knowledgeable team of dentists, hygienists, orthodontist and periodontist make it easier for you to choose a specialist you feel comfortable with so you and your family can

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Schedule your next appointment with us today at **(905) 655-7117**, or stop in and say hello. Our office is located at 5969 Baldwin St. South. Our friendly staff is happy to answer any of your questions. You can also visit us online at **brooklindentalcare.com**.

Brooklin Village Dental Care is open Monday to Friday, from 9:00 am to 8 pm and Saturday, 9:00 am to 5:00pm.

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The Rinks Are Coming!

Whitby Council voted last week to move forward with the construction of two outdoor natural ice skating rinks for this winter as a pilot project. They will be located on the tennis courts outside Brooklin's Vipond Arena and at Peel Park, off Burns St. between Garden and Brock.

that the pilot program be funded from the Long Term Finance reserve if required."

There exists the possibility of a third rink on the property of a community partner which would be available on weekends and would charge a fee. The two Whitby rinks will be free and will have capacity limits of 60 skaters.

An attempt was made last winter to put up rinks in those locations, however provincial Covid restrictions prevented them from going further.

Weather permitting, the rinks will be open from January to March, 10 am to 10 pm. Temperatures need to be below -4 Celsius for a few days before ice would be ready for use.

According to Whitby staff report 14-21, "The estimated cost to implement this initiative is \$52,500. A sponsorship program will be launched to assist in funding the costs. However, sponsorship revenues cannot be determined at this time so it is recommended

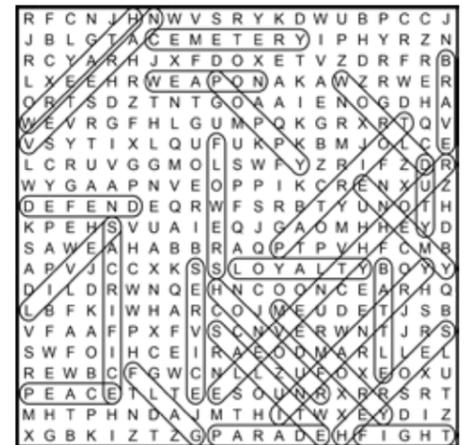
Town staff will also investigate additional locales for outdoor skating, such as the new Whitby Sports Complex (aka. Brooklin Sports Complex).



Brooklin Halloween!



The 412-418 tolls are still there.



HONOURING OUR VETERANS THIS REMEMBRANCE DAY

WE REMEMBER

11.11.2021

Lest we forget

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Regional Councillor
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mulcahyr@whitby.ca

Steve Lee
North Ward Councillor
905-706-0214
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