



**PERU: Lima, Cusco & the Sacred Valley**

**November 7-15, 2021**

**\$5,999** (based on double occupancy)

**\$1,199** (Single supplement)

**BOOK NOW 888.747.7501**

*From the rugged beauty of the Andes, to the crystal waters along the coast, to the endless green of the Amazon, Peru's landscape offers many worlds in one. Settled by Norte Chico, the oldest known civilization in the Americas, it has been home to ancient Inca kings and Spanish conquerors. Today, Peru's culture remains colorful and diverse.*

### Program Highlights

- Cross a visit to **Machu Picchu** off your bucket list. Your daytrip will include an expert guide bringing your visit to life.
- **Accompanying guest program** – alternate activities will be provided for guests who do not wish to attend the meetings.
- **Optional Nazca Lines Extension** will be available.
- **8.0 Continuing Medical Education (CME) credits** will be sought for this journey. *\*\*This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Wilderness Medical Society and Nanda Journeys. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians. \*\**

### Focus on Interaction & Collaboration

- Learn about the **Peruvian health care delivery system**, including complementary and alternative medicine (CAM) as well as ancient healing techniques.
- **Examine health care provider education** and models of care.
- **Meaningful interaction and collaboration** between travelers and healthcare professionals in Peru will focus on the extremes of healthcare in Peru, from city hospitals to the care received by the less fortunate lacking in personnel, facilities, and equipment.
- Visit a **natural medicine center** in Cusco to learn about ancient healing techniques.

### Focus on the Community

- Giving back and engaging with the local community is an important part of your journey. During your visit to the Sacred Valley, you will visit a **rural clinic and community center or school**. Spend time with the local people and children interacting and learning about their lives in the Sacred Valley. *A donation will be provided, either to the clinic or community center, on your behalf.*
- Spend time with the villagers of the **Cuyuni community** outside Cusco to learn about their day-to-day life. You will experience various hands-on activities and immerse yourself in the daily life of the people. Share a delicious **meal with the villagers**, cooked from a variety of local products.

### Journey Leader: **Rebecca Dean, MA, FACMPE**

- Rebecca owns Management Solutions Integration in Fairbanks, Alaska. They focus on health care operations consulting, strategic planning and leadership training. She is also CEO of Sportsmedicine Fairbanks (since 1987). She has a Master's degree in Business Administration and is a Fellow of the American College of Medical Practice Executives, the first Alaskan to attain Fellow status from ACMPE (1994).



**Why Nanda Journeys?**  
*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

**Ready to go?**

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