

## Attention Parents

It is that time of year when children and families are becoming sick and many viruses' are going around. Please remember:

***Colds, coughs, and ear infections*** – We prefer that the child remain at home when suffering from these problems. If your child has a runny nose please make sure that the fluid is a clear substance (no green or yellow coloring). They don't feel well and won't be able to concentrate or enjoy their day, and/or they could infect their classmates and teachers. Consideration for others is crucial to controlling the spread of colds and flu at school.

***Fevers (100° or higher)*** – Do not send a child to school until he/she has been free of fever for at least 24 hours. A child with an evening fever may NOT come to school the next day, even if he/she wake up with a normal temperature. Fevers often rise as they day progresses, and a child who got up feeling fine may get sick again later that morning.

**Do not send your child to school if he/she has a fever (100° or more),** vomiting, diarrhea, or a rash. If your child appears obviously ill upon arrival, you will be asked to take him/her home, both for the child's comfort and the consideration of others. If your child becomes ill during the day, you will be notified to pick him/her up. If your child is diagnosed with a contagious disease such as pink eye or strep throat, please let us know, and please do not send the child back to school until he/she has been on antibiotic medication for 24 hours. If your child has been ill, we require that he/she not return until symptom free for 24 hours.

If your child is absent on day when he/she is scheduled to attend, please notify the office (577-0503). If your child is ill, the school needs to know the nature of the illness.

These are illnesses for which a child **MUST** be excluded from school:

- \* Symptoms of inflammation
- \* Unidentified rashes
- \* Vomiting
- \* Lice
- \* Fever
- \* Diarrhea
- \* Pinworm
- \* Chicken Pox

We will exclude children who are suspected of the above conditions. Thank you for consideration for others.

Michelle Garmon