

April 2025

WonderWell

LUNCH & SNACK MENU

GF – Gluten Free		DF – Dairy Free		V – Vegetarian	EF– Egg free
	1 Soft Beef Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean *Taco Salad	2 Roast Pork Broccoli DF GF V EF Mac N Cheese V EF Fruit *Field Roast *Greek Salad	3 Tomato Soup GF DF V EF Hot Turkey Sandwich EF Fruit *Tofurkey *Italian Misto Salad	4 Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit *Caesar Salad	
7 Chicken DF EF Broccoli GF DF V EF Quinoa GF DF V EF Fruit *Mushroom *Green Goddess Salad	8 Y Cheese Enchiladas V EF Rice & Beans GF DF V EF Fruit *Taco Salad	9 Waffles V DF Sausage GF DF EF Hashbrowns fruit *Spinach Salad	10 Turkey Meatloaf Mashed Potatoes GF V EF Green Beans GF DF V EF Fruit *Tofurkey Loaf *Italian Misto Salad	11 BBQ Brisket Sandwich EF Tater Tots GF DF V EF Coleslaw GF DF V EF Fruit *Jackfruit *Caesar Salad	
14 Swedish Meatballs Mashed Potatoes V GF EF Peas GF DF V EF Fruit *Veggie Balls *Green Gardens Salad	15 Chicken Quesadillas EF Guacamole Salad GF DF V EF Fruit *Cheese *Taco Salad	16 Falafel GF DF V Hummus GF DF V EF Tomatoes & Cucumbers Fruit *Greek Salad	17 Veggie Soup GF EF Grilled Cheese EF V Fruit *Italian Misto Salad	Good Friday No Haute Lunch	
21 Pasta with Meat sauce DF Broccoli GF DF V EF Fruit *Marinara *Green Goddess Salad	22 Bean & Cheese Taco V EF Guacamole Salad GF DF V EF Fruit *Taco Salad	23 Baked Chicken GF DF EF Buttered Noodles V EF Zucchini GF DF V EF Fruit *Baked Mushroom *Spinach Salad	24 Pork Stir Fry GF DF EF Rice GF DF V EF Egg Roll DF V Fruit *Veggie *Italian Misto Salad	25 Fish Sticks DF Mac N Cheese V Peas GF DF V EF Fruit *Veggie Sticks *Caesar Salad	
28 King Ranch Chicken GF EF Cornbread V Fruit *Tofu *Green Gardens Salad	29 Soft Beef Tacos DF EF Rice GF DF V EF Beans GF DF V EF Fruit *Bean *Taco Salad	30 Cheese Ravioli V Broccoli GF DF V EF Fruit *Greek Salad			