



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Philip Lai, C.Ss.R (Administrator)
Rev Fr Paul Michael Kee, C.Ss.R (Assistant Parish Priest)
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ANNOUNCEMENTS:

LAUNCHING OF THE YEAR OF MERCY

Rev. Bishop Sebastian Francis have designated 3 pilgrim Churches with “The Door of Mercy”

be opened at –

- i) Sacred Heart Kampar: Tuesday, 8 December, 2015 @ 8.00 pm
- ii) St. Anne, Bukit Mertajam: Saturday, 12 December, 2015 @ 6.00 pm
- iii) Divine Mercy, Penang: Sunday, 13 December, 2015 @ 9.00 am

In view of the launching of the Year of Mercy for Perak region (8/12/2015), OMPH church will provide two buses for those who would like to witness the event at Sacred Heart Kampar Church. This will be a first come first served. Contact the parish office giving your name & tel.no. A donation of RM5/- will be incurred for the bus trip.

OMPH PARISH

At Parish level, Year of Mercy will launch the on –
(date) Saturday, 12 December, 2015.
(time) 7.00 pm Mass.

“GIVE AND BE HAPPY FOR THE POOR”

During the Advent weekends starting on 28 & 29 November, 2015; the PHDC members will be collecting cash donations for the poor in the church compound. Please donate generously to share the joy of Christmas with the poor, the needy and the marginalized.

THANKSGIVING MASS

OMPH Catholic Charismatic Renewal invites all Parishioners & friends to join in this Eucharistic celebration on
(date) **Wednesday, 2 December, 2015.**
(time) 7.30 pm
(venue) OMPH church, Ipoh Gdn.

PARISH ASSEMBLY 2015

(date) **Sunday, 6 December, 2015**
(time) 2.30 pm to 6.00 pm
(venue) Parish Hall.

OMPH SUNDAY SCHOOL

CATECHISTS FORMATION

(date) Sunday, 29 November, 2015
(time) 10.00 am to 6.00 pm
(conducted by) Fr. Mark Michael (PDCC)
followed by year-end appreciation dinner from 6.30 pm.

(#5) **HOLY YEAR OF MERCY (8 December, 2015 – 20 November, 2016)**

“Places to Find God”

Great Opportunities for spiritual growth

Many of us fall into the subtle trap of thinking the only place to find God is at church. If we’re not expecting to find God everywhere, we might just miss great opportunities for help, healing, and spiritual growth.

1) At Work

The relationships you have, the results you achieve, the quality and mindfulness with which you do your work can all be the stuff of holiness. Each day we “suit up and show up” at work we get opportunities to learn more about ourselves and to contribute our gifts to the good of the world.

2) In Difficult Relationships

It’s easy to love other people when everything is going well. But when there are hurt feelings, mistrust or clashing wills, relationships don’t feel very much as though they are of God. Yet it is at just those times, that we can witness the movement of God in our lives, leading us to healing, trust and cooperation.

These can be opportunities to let go of character defects and to exercise virtues.

3) In Our Failings

We all like to be heroes. But it is a given that each of us will fail in our lives. Nevertheless, when we hit our limits or even when we sin, we can turn to God for acceptance, mercy, and the strength to make amends and sin no more. In that turning to God and in our opening ourselves up to God’s grace and forgiveness, we become better people.

4) In Loneliness

Our hearts are restless until they rest in You, O God. Rather than trying to fill the emptiness with mindless entertainment or indulging our cravings, sit still and find God in the emptiness. It takes patience and courage and humility, but you will hear the “still small voice” of God even in the midst of your emptiness responding to your loneliness and restlessness with the only love that fully satisfies.

5) In Pleasure

Many people seem to think that if something’s fun, it must be at least partially wrong. Yet God gives us the world to live in and enjoy. In the words of St. Irenaeus, the “glory of God is a human being fully alive.” therefore, pleasure is a place to meet God, whether it be the pleasure of nature, of playing, of loving one another, of beauty, or of the occasional overwhelming conviction that we are loved by God.

(taken from a Jesuit ministry)

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNIS: (2nd Publication)

* *Lee Wei Hoe & Mabel Loi Huey Yin*

BAPTISM:

Please contact the Parish Priest at least **ONE MONTH** in advance.

PARISH ACTIVITIES & MEETINGS:

(November/December, 2015)

- | | | |
|--------------|--|--------------------------|
| * 22/11/2015 | - 7.00 pm – Fund Raising Dinner | (Parish hall) |
| * 24/11/2015 | - 8.15 pm - Legion of Mary (C) | (St.Matthew Rm.) |
| * 25/11/2015 | - 8.00 pm – Chinese group | (ven Francis Xavier Rm.) |
| * 26/11/2015 | - 8.00 pm – Area Coordinators, Representatives | (St.Mark's Rm.) |
| * 27/11/2015 | - 8.00 pm - RCIA (C) | (ven Francis Xavier Rm.) |
| * 28/11/2015 | - 9.00 am - PHDC Retreat | (St.Mark's Rm.) |
| * 29/11/2015 | - 10.00 am – Catechists Formation | (ven Francis Xavier Rm.) |
| * 1/12/2015 | - 7.30 pm - Parish Pastoral Council | (St.Mark's Rm.) |
| * 6/12/2015 | - 11.15 am – Tamil Liturgical Committee | (St.Paul's Rm.) |
| | - 2.30 pm – Parish Assembly | (Parish Hall) |
| * 11/12/2015 | - 8.00 pm - PHDC | (St.Mark's Rm.) |
| * 13/12/2015 | - 11.15 am – Tamil Apostolate | (St.Paul's Rm.) |
| | - 11.30 am - Catechists/Faith Educators | (St.Mark's Rm.) |
| * 19/12/2015 | - 10.00 am – PHDC packing of food rations | (Wallace hse.) |
| * 20/12/2015 | - 10.00 am - PHDC Distribution of food rations | |
| | - PHDC Christmas buffet lunch treat for F.I.NS | (Wallace hse) |

BIBLE REFLECTION/HOME-GATHERINGS:

- * 24/11/2015 - 7.00 pm – BEC St.Anne.
- * 27/11/2015 - 8.00 pm – BEC St.John the Apostle; Home of Seline.
- * 13/12/2015 - 5.00 pm - BEC St.Philip. (Cardling)

COFFEE MORNINGS 2015:

(All breakfast will go on till 11.30 a.m.)

- 22/11/2015 – Altar Servers.
- 29/11/2015 – BEC Zone 2 (Dass)
- 6/12/2015 – St.Mary's Chapel.

ETERNAL HAPPINESS TO:

- + Mary Tan Ah Kee departed on 14 November, 2015.
- + Joseph Lim Kim Look departed on 14 November, 2015.

“JESUS THE TEACHER WITHIN”

The Ipoh Meditation groups (SMC, OMPH, OLOL) in collaboration with the World Community for Christian Meditation (WCCM) will hold a Day of Recollection with the theme “*Jesus the Teacher Within*” on

(date) **Sat. 12th Dec 2015**

(venue) Francis Xavier Room, OMPH

(time) 9.30 a.m. to 4.30 p.m.

Cost is RM 20 (*lunch and coffee breaks*) per person.

This event is open to all Christians who are interested. Kindly see poster at the 3 parishes for more info.

To register and make payment kindly contact the following:

Steven Boo (012-5552638)

Theresa Fernandes (016-4577199)

Sharon Chai (017-5769099)

Cecilia Dicom (016-5457577)

HEALING PRAYER SERVICE

followed by Mass by Rev.Fr. Varghese

Parackal V.C. on

(date) Mon. 7 December, 2015.

(time) 6.30 pm – 10.30 pm

(venue) Church of Our Lady of Lourdes, IP

All are welcome.

RECRUITMENT OF**FAITH EDUCATORS (for 2016)**

Dedicated, Passionate, Responsible & Spiritually motivated Individuals.

Come and join a fun-filled, exciting, rewarding Ministry!

Contact Angelyn 012 3262992

NOVENA PRAYERS TO**ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited. For enquiries, call: 019-5769166/ 012-5833904.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* EVERY FRIDAY (6 PM TO 7 P.M.)

* EVERY SATURDAY AT 11.00 A.M. – 12 NOON in the Meditation room.

PARENTS' SESSION

FOR all Parents with children in Sunday Catechism school, there will be a meeting on

(date) Sunday, 10 January, 2016.

(time) 10.00 am

(venue) OMPH Parish Hall.

Looking forward to seeing you all.

OMPH PARISH MINISTRIES**RETREAT**

The Parish is organizing a retreat for all the ministries on

(date) **Sunday, 3 January, 2016.**

(venue) The Haven Lakeside Resort, Ipoh.

(time)

11.00 am to 4.00 pm (English-speaking)

12.00 noon to 4.00pm (Tamil-speaking)

1.30 pm -5 pm (Chinese-speaking)

Fellowship dinner @ 7 pm in the parish hall.

