



**Yarra Junction – 3 Little Yarra Road → Richard Dagher & Erin Beattie**



## GO ZEN! ANXIETY RELIEF



at Yarra Junction with Richard & Erin  
Jan 17-21 2022 - 11:15am-12:45pm

6-12 YEAR OLDS

✦ [www.strongmindspychology.com.au](http://www.strongmindspychology.com.au) ✦



**RICHARD & ERIN  
AT YARRA  
JUNCTION  
MON 17-FRI 21 JAN  
2:15-3:45**



# DUNGEONS & DRAGONS

Ages 10-16  
5 x 90 min sessions  
find out more or start your enrolment  
online at  
[www.strongmindspychology.com.au](http://www.strongmindspychology.com.au)

**GO STRENGTHS!**

WELLBEING & RESILIENCE



At Warragul Clinic  
for Ages 9-13

**JAN 17-21**  
**9:30-11AM**

**WITH HOLLY & CAITY**



**GAMES GALORE**

at Warragul clinic  
Jan 17-Jan 21  
11:30-1:00  
For ages 5-11

★ ★ **WITH HOLLY & CAITY** ★ ★

Find out more or enrol online:  
[www.strongmindspychology.com.au](http://www.strongmindspychology.com.au)

**Creation Station**  
**Jan 17-21**

**with Holly & Caity in Warragul**

**FOR AGES 10-15**  
**2-3:30 PM**

**STRONG MINDS PSYCHOLOGY**

[www.strongmindspsychology.com.au](http://www.strongmindspsychology.com.au)

### Program Key Details & Frequently Asked Questions

- When are the holiday programs running?
  - Monday 17<sup>th</sup> to Friday 21<sup>st</sup> January 2022 inclusive
- What is the cost of the programs?
  - The cost of the full program is \$820.
  - This includes 7.5 hours face to face & 4.5 hours non face to face service provision.
    - Session Facilitation
    - Clinician preparation of content & materials for every session
    - Clinician file notes for each participant's file with specific areas of strengths & weaknesses that are being developed
    - Program summary report for each participant
    - For participants not known to the SMP team, a 15 to 30-minute intake appointment will be scheduled prior to ensure we are addressing your child's specific needs & goals
- How many people will be in each group?
  - Maximum number of participants will be 8, with a minimum of 2 clinicians facilitating sessions.
- Attendance of all sessions is recommended:
  - Group dynamics & social interactions will be easier if you/your child attends each session
  - Therapeutic outcomes are likely to be better if all sessions are attended
  - Fees will be paid in advance to secure a position in the program
- Can I leave while my child is in the program?
  - Parents/carers will need to leave the building due to distancing requirements
  - For safety we require all parents/carers to remain in the same suburb during sessions
  - Please ensure your phone is on & the team have your current contact details
- How can I communicate regarding the group?
  - Email the team around sessions to provide updates or ask questions. You can also ask brief questions in person so that children (& siblings) can transition calmly in and out of each session
  - A program summary & personalised report will be provided for each group member at the completion of the program
- Funding queries:
  - 25% deposit payable to secure place or agreement from plan manager that program will be funded
  - Full fee payable at the date of the first session
  - Funding subsidies available:
    - **NDIS:**
      - Self-Managed: Program invoice will be provided when enrolment forms received

- Plan-Managed: Details of your plan manager are required with your enrolment form. Invoices will be provided on the day of the first session to your plan manager
- NDIA Managed: Details of your plan are required with your enrolment form. A service agreement and funding package need to be allocated from your funds on the portal for processing
- **Medicare:**
  - Obtain a Mental Health Care Plan referral for GROUP sessions. If a plan is already in place, ask for a letter indicating that group sessions are requested
  - Your child is entitled to up to 20 Individual sessions AND 10 Group sessions in a calendar year
  - Medicare rebate for group sessions is currently \$22 per session
- **Private Health Insurance:**
  - Contact your insurance provider to determine if psychology group sessions are able to be claimed under your plan