

**Crossville HEARTS SPRING 2026**  
**Co-Op Semester CLASS DESCRIPTIONS**

**Advanced Chess**

4<sup>th</sup>-12<sup>th</sup> grade, Teacher: Alan Kantor

Take your skills to the next level in this class designed for advanced students and those serious about competitive chess. You'll develop a deeper understanding of the opening stage of the game, learn more advanced tactical tricks and patterns, discover long-term strategies that reveal the depth and inner logic of chess, and move from basic checkmates and fundamental concepts to trickier and more important endgame positions. Instructor World Chess Federation Instructor and National Master Alan Kantor.

**Around the World**

K-3<sup>rd</sup> grade, Teacher: Tamara Bell

We will begin an Around the World (Beautiful Feet resource) and try to cover China, Japan, Thailand, and possibly India.

**Art Medium**

6th - 12th grade, Teacher: Amanda Hensley

Art Through the World

3<sup>rd</sup>-8<sup>th</sup> grade, Teacher: Jennifer Strunk

We will pick a country/region each week and do a project or craft representing that area. More heavy on project/craft than the geography.

**ASL w/Lifeprint**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Ana Johnson

ASL following the Lifeprint video and handout curriculum. Missed lessons are available and I can post links for students to catch up.

**Basketball**

6th - 12th grade, Teacher: Amanda Hensley

**Beginners Hooping**

6th - 12th grade, Teacher: Willow Roca

A fun intro to hooping class for girls and boys. You will learn both on-body and off-body tricks that help improve coordination and focus. Hoops will be provided but you can also bring your own. Hoops will be available for purchase at the end of the semester.

### **Beginners P.O.I.**

5th - 12th grade, Teacher: Willow Roca

Learn the basics of poi, an expressive and meditative form of movement originating from Maori culture. Each student will craft their own set of soft poi to keep. Then we'll explore simple techniques that build coordination, focus, and a sense of playful movement.

### **Beginning ASL with Lifeprint**

6th - 12th grade, Teacher: Ana Johnson

Beginning American Sign Language using Bill Vicars' Lifeprint ASL video lessons & syllabus

### **Beginning Juggling**

4<sup>th</sup>-6<sup>th</sup> grade, Teacher: Atticus Abraham

Students need to bring 3 bean bags with them to class.

### **Bible Trivia**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Traci Damron

Bible Trivia games and flashcards. Simple questions about familiar Bible stories (examples: Daniel & the Lion's Den, David & Goliath, etc).

### **Chalk Pastels**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Tamara Bell

Come enjoy the art medium of chalk pastel as we copy the great artists, learn new skills, and create some of our own masterpieces!

### **Cook with Books**

K-3<sup>rd</sup> grade, Teacher: Nicole Melton

Read a book and make snacks to go along with the theme of the book.

### **Crafting for Cause/Event Decorations**

7<sup>th</sup>-12<sup>th</sup> grade, Teacher: Carol, Starla, Amber, Alyson

Students will have weekly projects including crafts for use in OCC shoeboxes and missions. Students will also participate in making decorations for HEARTS spring events.

### **Crafts for Girls**

5<sup>th</sup>-12<sup>th</sup> grade, Teacher: Amber Hall

We will make shrink art, mosaic coasters, learn to make potholders with a loom and other fun crafts.

### **Creative Crafting**

K-1<sup>st</sup> grade, Teacher: Carrie Hassler

Kids will make crafts of all kinds.

### **Critical Thinking for Elementary Grades**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Sheri Smith

We will solve a series of logic puzzles to enhance our critical thinking skills. Students should be strong readers.

### **Crochet, Crafts, & Chat**

3<sup>rd</sup>-12<sup>th</sup> grade, Teacher: Ana Johnson

Crochet, knitting, or other small crafting projects or welcome in class to work on. You must bring own hooks. No sand, glitter, or items that need to be vacuumed will be allowed.

### **Cross Stitch**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Charmaine Blaylock

Cross stitch is a fun craft that is like “Painting by number” but with needle and thread. We will make cool pictures with tiny x-shapes. First kit for each class member will be provided. Max 12

### **Diamond Painting**

6<sup>th</sup> - 12<sup>th</sup> grade, Teacher: Ashley Norman

Diamond painting is a fun craft using resin diamonds to create a picture. We will work together on a large canvas and then it will be entered into the Cumberland County Fair. Max 6

### **Dodge Ball**

4<sup>th</sup>-8<sup>th</sup> grade, Teacher: Stephanie Tiegs

No head shot dodge ball.

### **Dr. Seuss**

K-2<sup>nd</sup> grade, Teacher: Carol Eubanks

Lessons and crafts around the theme of a Dr. Seuss book. Max 12

### **Elementary PE**

K-4<sup>th</sup> grade, Teacher: Lena Jackson

Warm-up with two to three active games such as tag, dog catchers, etc.

### **Escape Room Challenge**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Lena Jackson

By solving a series of logic puzzles the students will be able to “escape the room.”

### **Fiction Writing Homework Required**

8<sup>th</sup>-12<sup>th</sup> grade, Teacher: Amber Pacana

This class gives aspiring writers a chance to practice their craft, as well as learn the art of constructive criticism. Students write to a prompt each week and then bring their work to share and discuss what works and what could be improved. 1-2 hours of homework per week.

### **FUNdamentals**

K-1<sup>st</sup> grade, Teacher: Crystal Crowe

Reading, writing, and counting practice as well as learning games.

### **Game Makers-Create It, Play It, Win It**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Jessica Hinton

Students invent, build, and play their own games using everyday items.

### **Gameschooling Academy**

K-3<sup>rd</sup> grade, Teacher: Michelle Schuler

We will work on reading, math, science, strategy, teamwork, and sportsmanship while playing a variety of educational board/card games.

### **Guitar**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: MC Deck

Students must bring their own guitar.

### **HAM Radio**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Nathan Pittman

Students/Adults will watch an extensive video series by Dave Casler, matching the Technician and General license manuals, available for self-study. The ARRL offers video-based ham radio classes for licensing, including live, interactive online sessions for Technician and General licenses, plus a large library of free, on-demand videos on their YouTube channel (ARRLHQ) and Learning Center, often following their official license manuals with instructor Dave Casler. These resources provide structured lessons,

supplements to study books, and guidance for getting your first license or advancing, with options for different learning styles, from self-paced videos to live Q&A sessions.

### **Hula Hooping**

5<sup>th</sup>-12<sup>th</sup> grade, Teacher: Willow Roca

A fun intro to hooping class for girls and boys. You will learn both on body and off body tricks that help improve coordination and focus. Hoops will be provided but you can bring your own.

### **Human Body**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher Jennfer Strunk

Students will need color pencils, markers, or crayons. We will cover several of the human body systems each week. Brief information with coloring/activity page, project, or puzzle. Resources include Human Body Learning Lab, Human Body Activity Book, Dover My First Human Body Coloring Book, and Mystery Science.

### **Icebreakers**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Tamara Bell

Answer questions (would you rather, if you could...what would you take...etc) and engage in activities that help facilitate conversation and build friendships as we become more comfortable sharing with others.

### **Iron Crew**

8<sup>th</sup>-12<sup>th</sup> grade, Teacher: Matthew Hinton

Boys only class. High energy, team-based work out and leadership experience. OUTDOOR fitness challenges, mental toughness, and real talk about what it means to be a man of character, discipline, and purpose. Participation and PE clothing are required. No tank tops or muscle shirts.

### **Jonathan Park Adventures**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Valerie Lee

Students will listen to an audio adventure the first part of the class and discover exciting scientific and historical evidence for the Biblical account of creation. The class will be faith building and includes engaging science activities. Max 10

### **Legos**

K-6<sup>th</sup> grade, Teacher: Russell Swafford

Students will explore the amazing world of Legos by building towers, mazes, and cities.  
Creative Imaginations Needed!

### **Lunch Dessert Prep**

6th - 12th grade, Teacher: Amber Findley

will be making dessert for lunches sold every week. Must be responsible and ready for work.

### **Magic School Bus**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Lena Jackson

Students will watch a video and then work on a worksheet to review the topic learned that day.

### **Mom's Coffee & Crafting**

Adult Moms, Led by: Victoria Green

Come share a cup of coffee (or two) with other moms as we craft.

### **Mystery Destination**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Kristy Payne

Follow directions, games, maps, and fun while not knowing where you'll end up.

### **Novice Chess**

K-12<sup>th</sup> grade, Teacher: Alan Kantor

Join us in this exciting class—perfect for beginners and novices—and discover the world of chess as we take you through this popular game of strategy from beginning to end. You'll learn the rules, basic principles of opening play (with tips from your expert instructor), important tactics for moving your pieces, simple checkmate patterns, and techniques for the most subtle part of chess: the endgame, as well as critical thinking skills and logical reasoning. Instructor World Chess Federation Instructor and National Master Alan Kantor.

### **Paper crafting: Create a "Junk" Journal**

4<sup>th</sup>-12<sup>th</sup> grade, Teacher: Michelle Schuller

Students will be introduced to the idea of "junk" or art journals. We will create a journal using items that would otherwise be discarded. Students will be asked to find and save items to use in their own journals. Max 8

### **Planet/Outerspace**

1<sup>st</sup>-4<sup>th</sup> grade, Teacher: Amanda McClish

**Praise & Worship**

4<sup>th</sup>-12<sup>th</sup> grade, Teacher: Victoria Green

A time to sing worship songs with friends. Students are welcome to bring and play instruments as well.

**Road Trip to Truth Part 2**

8th - 12th grade, Teacher: Dulci Corvin

HOMEWORK REQUIRED. Video course with homework to equip students to face today's challenges to our Christian faith with confidence. Addresses questions like: What is truth? Can I trust the Bible? Is Christianity reasonable? Videos engage students with man-on-the-street interviews as well as sit-down interview with experts in the field. TWO SEMESTER class, ½ credit for Christian Worldview if all homework is completed.

**Road Trip**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Carol Eubanks

Travel across America learning about the United States through lessons in geography, history and fun facts.

**Rolling Away**

2<sup>nd</sup>-6<sup>th</sup> grade, Teacher: Carol Eubanks

Creative ways to reuse paper towel and toilet paper rolls. We'll use an eclectic mix of craft ideas and simple STEM.

**Short History of English**

8<sup>th</sup>-12<sup>th</sup> grade, Teacher: Amber Pacana

We are going to walk through the history of why we speak the way we do. We'll look at how English came about and why it can be so confusing to learn.

**Show -N- Tell**

K-3<sup>rd</sup> grade, Teacher: Michelle Schuler

Practice public speaking and active listening during show and tell! Students bring an item or photo each week to share with the class.

**Signing Time**

K-3<sup>rd</sup> grade, Teacher: Amanda Jo Wright

We will watch some of the signing time DVD's together and learn basic signs using fun interactive songs.

### **Sketchbook & Chat**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Amanda Jo Wright

Bring your sketchbooks, pens, pencils, markers, and creativity! This is unscripted time to get together to draw & chat. Please note this is a social time, not an art class.

### **STEM**

3<sup>rd</sup>-8<sup>th</sup>/6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Alyson Hale

Science, Technology, Engineering, and Mathematics activities

### **Surprise Me!**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Dulci Corvin

We will do something different every week (game, science experiment, art project, puzzles, nature study, etc!)

### **Tennessee History**

K-12<sup>th</sup> grade, Teacher: Carrie Hassler

Discovering where we live - Tennessee! We will learn and discuss all things Tennessee including.....geography, state symbols, government/government leaders, history of TN, recreation and entertainment/ sports. We will also learn about some of the famous people from our state! ( Davy Crockett, Andrew Jackson, Andrew Johnson, Alvin C. York, Cordell Hull, Elvis Presley, Johnny Cash, Dolly Parton, Wilma Rudolph and more!)

### **United States Presidents**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Pam Lyndaker

This class will learn fun and interesting facts about each of the 47 Presidents. Each class, we will learn about 4-5 Presidents through activities, projects and fascinating facts.

### **Violin Land**

3<sup>rd</sup>-12<sup>th</sup> grade, Teacher: Laura Kristoff

Must bring your own violin. Violin group class for beginners based on "Adventures in Violin Land" by S. Givens. Max 10

### **Wacky Challenges**

7<sup>th</sup>-12<sup>th</sup> grade, Teacher: Alyson Hale

Using the game Beat That! Wacky Challenges, students will compete against each other in fun and simple challenges.

**Watercolor Greeting Cards for a HEARTS Fundraiser**

6<sup>th</sup>-12<sup>th</sup> grade, Teacher: Lauren Campbell

Students will be painting Birthday, Thank you, and other cards to sell in the spring youth fair to raise money for co-op.

**Wild Robot Book Study**

3<sup>rd</sup>-6<sup>th</sup> grade, Teacher: Sheri Smith

Each week we will read a chapter of the book The Wild Robot and complete an activity that goes along with the chapter! Max 12