

# 2019 Bismarck High Demons Girls' Cross Country

## Rusty Bucket

Aug. 29, 6 p.m.  
McDowell Dam, East of Bismarck, N.D.

### Team totals (4,000 meters)

1. Century, 28; 2. Bismarck High, 47; 3. Legacy, 72; 4. Shiloh Christian, 144  
**Individual winner:** Emily Goldade, Century, 15:30.05

### Top 10 Finishers

1. Emily Goldade, Century, 15:30.05; 2. Erin Palmer, Century, 15:31.67; 3. Jadyn Guidinger, Legacy, 15:41.20; 4. Jilee Golus, BHS, 15:49.37; 5. Hannah Westin, SC, 15:54.26; 6. Aislin Anderson, Century, 15:58.39; 7. Morgan Wald, BHS, 16:08.49; 8. Peyton Jensen, Century, 16:25.76; 9. Brooke Burgard, BHS, 16:58.12; 10. Aubree Melchior, Legacy, 17:03.41

### Bismarck High results

4. Jilee Golus, 15:49.37; 7. Morgan Wald, 16:08.49; 9. Brooke Burgard, 16:58.12; 13. Neely Reichenberger, 17:36.20; 14. Darielle Ceynor, 17:40.62; 16. Tehya Sweitzer, 18:03.16; 19. Paxtin Nichols, 18:15.36; 23. Ella Reister, 18:40.26; 25. Gabrielle Gannon, 18:43.27; 31. Alice Brownnotter, 19:10.59; 36. Bergan Ackerman, 19:36.41; 40. Maya Sanford, 20:28.81; 41. Lexi Hagen, 20:55.35; 45. Jordyn Leighton, 22:09.28

**Notes:** Century won the Rusty Bucket which combines the boys and girls point totals...Century's Emily Goldade was the top finisher...There were 48 runners in the varsity race.

## Anderson-Stavn Invite

Sept. 14, 1 p.m..  
McDowell Dam, East of Bismarck, N.D.

### Team totals (5,000 meters)

1. \*Minot, 80; 2. West Fargo, 80; 3. Fargo Davies, 95; 4. Century, 171; 5. GF Central, 190; 6. Mandan, 210; 7. Watford City, 265; 8. Williston, 269; 9. GF Red River, 274; 10. Dickinson, 333; 11. WF Sheyenne, 347; 12. Legacy, 372; 13. Hillsboro-CV, 385; 14. New Town, 394; 15. Bismarck High, 414; 16. Shiloh Christian, 500; 17. Southern McLean, 555; 18. Hettinger-Scranton, 583; 19. Stanley, 587; 20. Solen, 610; 21. Max, 625; 22. Parishall, 627; 23. Northern Cass, 638; 24. Killdeer, 641; 25. Standing Rock, 644; 26. Minot Bishop Ryan, 647; 27. New England, 651

\*Minot won based on the tie-break (6th runner)

**Individual winner:** Kelby Rinas, Mandan, 19:01.01

### Top 10 Finishers

1. Kelby Rinas, Mandan, 19:01.01; 2. Reagan Baesler, Hillsboro-CV, 19:12.22; 3. Hayley Ogle, Watford City, 19:24.74; 4. Eleni Lovgren, Williston, 19:30.39; 5. Hope Pringle, West Fargo, 19:32.19; 6. Omnica Stansbury, WF Sheyenne, 19:46.35; 7. Jadyn Guidinger, Legacy, 19:52.36; 8. Jaelyn Ogle, Watford City, 19:53.51; 9. Abigail Hoffarth, Minot, 20:03.28; 10. Claire Hynek, GF Central, 20:06.56

### Bismarck results

28. Morgan Wald, 21:21.63; 39. Jilee Golus, 21:46.23; 82. Brooke Burgard, 23:25.16

**Notes:** There were 131 varsity runners...Minot tied West Fargo for first, but the Majettes won the team title based on having a better finish from its sixth place runner...Mandan's Kelby Rinas was the individual champion in a time of 19:01.01...Weather was warm and sunny.

## Roy Griak Invite

Sept. 28, 1:10 p.m.  
Lee Bolstad CC Course, Minneapolis

### Maroon Division

#### Team totals/Top 5/WDA (5,000 meters)

1. Shorewood, 161; 2. St. Louis Park, 251; 3. Brandon Valley, 265; 4. Menomonie, 269; 6. Medford Area, 284; 24. Mandan, 750; 26. Dickinson, 752

**Individual winner:** Reagan Baesler, Hillsboro-Central Valley, 19:04

### Bismarck results

16. Jilee Golus, 20:15; 43. Morgan Wald, 20:57; 107. Brooke Burgard, 21:59

## Souris Valley Invite

Oct. 5, 11 a.m.  
Souris Valley G.C., Minot

### Team totals (Top 5/WDA)

#### (5,000 meters)

1. Minot, 100; 2. G.F. Central, 120; 3. West Fargo, 121; 4. Bismarck High, 173; 5. Rugby, 180; 6. Century, 183; 8. Watford City, 210; 11. Mandan, 239; 14. Legacy, 308

**Individual winner:** Reagan Baesler, Hillsboro-Central Valley, 18:52.24

### Top 10 Finishers

1. Reagan Baesler, Hillsboro-CV, 18:52; 2. Hayley Ogle, Watford City, 19:00; 3. Jenna Soine, Hatton-Northwood, 19:3; 4. Jaelyn Ogle, Watford City, 19:04; 5. Hope Pringle, West Fargo, 19:05; 6. Emily Goldade, Century, 19:13; 7. Elise Ramberg, Langdon Area, 19:15; 8. Mikayla Weiss, 19:22; 9. Jadyn Guidinger, Legacy, 19:25; 10. Claire Hynek, 19:33

### Bismarck High results

18. Jilee Golus, 20:06; 20. Morgan Wald, 20:12; 21. Taya Fettig, 20:14; 57. Sophia Ness, 21:16; 84. Brooke Burgard, 21:56

**Notes:** Minot won the meet...Watford City's Hayle Ogle was runner-up to lead all WDA runners...Six WDA teams took part...There were 200 runners and 30 teams participating.

## WDA Championships

Oct. 15, 1 p.m.  
Heart River G.C., Dickinson, N.D.

### Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607

**Individual winner:** Meghan Ford, Jamestown, 17:49.88

### Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadyn Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jensen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lilyana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. MaLiah Burke, Minot, 20:53

### Bismarck High results

7. Jilee Golus, 19:48.51; 8. Morgan Wald, 19:55.07; 29. Neely Reichenberger, 21:32.66; 32. Paxtin Nichols, 21:41.42; 39. Tehya Sweitzer, 21:53.00; 40. Brooke Burgard, 21:56.48; 42. Darielle Ceynor, 22:06.78; 52. Ella Reister, 22:26.99; 56. Alice Brownnotter, 22:36.53; 69. Gabby Gannon, 23:24.98; 92. Bergan Ackerman, 24:23.06; 100. Maya Sanford, 24:43.39; 126. Lexi Hagen, 28:03.77; 131. Jordyn Leighton, 31:17.87

**Notes:** The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.