

Good morning!

Hope you survived the weekend.....we are in the stretch run.....

Just a little basic rules application today. This is SO EASY, but we are our own worst enemy. All we have to do is take care of it at EVERY LEVEL. Marty has made note of this in his Weekly Reminders also. Undershirts must be the same predominant color as the jersey (white in this case). We need to KNOW the rules on this!

Just a couple reminders.....Pre-wrap for girls is a hair control device and can be any color. Headbands may be a maximum of 3 inches wide – the stripes on our shirts are 1-inch so ask the player to take it off and measure it's width in front of him/her. Knee braces can be any color and are hinged, neoprene and many times have a hole over the kneecap (but not required). ALL accessories other than undershirts worn must match on the entire team and must be black, white, beige or the predominant color of the jersey. If we a player must remove an item, he/she MUST exit the gym to do so.



This appeared January 31 on a local high school sports website. HOW do we allow illegal apparel?! We can NOT selectively enforce rules. 'Fashion police' rules are EASY!!!! There is no judgment in them! JUST TAKE CARE OF IT at ALL levels!!!!

Monday Extra: Reinforcement again – LOOK AT THE OFFICIAL SCORER when reporting fouls!!!!!!

Have a great game tonight!

Tim