



The Bear Facts

NOVEMBER 2022

Celebrating 65 Years of Early Childhood Education



Dear Parents,

It's November! Time to celebrate Food, Family and Fun! At BHP CNS we will be thinking, talking, and singing about the things that make us happy and thankful.

We continue to explore the autumn season, especially now that there's a bit of a chill in the air and the leaves are falling down. Please dress your child in layers of easy-to-wear jackets and fleece. Also, label their jackets, coats, boots, etc. You'd be amazed at how many children have the same jacket.

Our first conversation with Growing Minds was wonderful. We discussed the anxiety and stress children experience when separated from their parents/caregivers. Jill, from Growing Minds, was able to give advice on how to better prepare your child for these transitions. We practice these techniques each day here at Bradley Hills. I hope you will join us on Monday, November 14th at 9:15am for our next conversation - "How to Survive the Holidays."

Registration for the 2022-23 school year has begun for students who will be NEW to BHP CNS. Registration for children currently enrolled at BHP CNS will be December 8th and 9th. All the details can be found on page 6.

I am thankful for your children and their wonderful parents. And am personally thankful to the amazing staff of dedicated teachers who care for your children each day.

Wishing everyone the happiest of Thanksgivings,

Liz Sobrino
BHP CNS Director

November 2-4

- Speech Screenings

November 3rd

- Parents' Group Happy Hour
6:00-9:00 pm
Tommy Joe's Bethesda

November 3rd & 4th

- Silver Graphics Portfolios sent home

November 6th

- Thanksgiving Basket Donations Due

November 10th

- Silver Graphics Art Session
11:30-1:00 pm
Rainy Day Room
- Growing Minds Enrichment Programs Begin

November 14th

- Parent Coffee w/Growing Minds
Holiday Survival Kit
9:15-10:30 am
Church Library

November 15th*

- Donuts w/Dates TTh Classes
8:30-8:55 am
BHP CNS

November 16th*

- Donuts w/Dates MWF Classes
8:30-8:55 am
BHP CNS

**M-F classes may choose either day*

November 16th

- Silver Graphics Orders Due
- Board Meeting 7:30pm

November 21st

- Thanksgiving Feast
All Pre-K Classes
- Thanksgiving Party 2s & 3s MWF

November 22nd

- Thanksgiving Party TTh classes & 3s M-F

November 23-25th

- SCHOOL CLOSED
Thanksgiving Holiday

[WEBSITE](#) / [FACEBOOK](#) / [INSTAGRAM](#) / [GOOGLE GROUPS](#) / [YOUTUBE](#)

STAY
CONNECTED





Happy Fall from the Parents' Group! We have some important November dates and links to RSVP below - please take a moment to mark your calendars and let us know you're coming so we can be prepared to host you! While a small time commitment, without parent helpers for things like Donuts with Dates (links below!!) and some of the plans listed here, we can't accomplish nearly as much. as we'd like We are SO grateful for your help!

UPCOMING EVENTS

PARENTS ONLY - HAPPY HOUR

Thursday, November 3rd
6:00 - 9:00pm



Call up those sitters - the BHPCNS Parents are going out to socialize! The Parents' Group has reserved space on the rooftop of Tommy Joe's and will have some appetizers available. Additional Happy Hour drink/food specials for BHPCNS Parents will be available 6-7 and the space reserved until 9pm.

RSVP [HERE](#)



SILVER GRAPHICS FALL FUNDRAISER

In a nutshell: your child's artwork from school (or home) transforms into keepsakes just in time for holiday gifting. So many BHPCNS parents leverage this as a one-stop-shop for custom, child-made gifts - it is SO cute and easy! Proceeds from this fundraiser support ongoing teacher appreciation efforts, Parents' Group special events like the back to school ice cream social, donut days, parent socials, and more...

- November 3 & 4
Brochures come home with your child's artwork
- November 10th
Parent/Child Art Session 10:30 - 1:00 pm Rainy Day Room
Come and create one of a kind shaving cream art with your son/daughter that can be used on Silver Graphics Merchandise. Only 15 space available.
Sign up [HERE](#)
- November 16th
Online Orders Due

HUGE thanks to Andie de Vault and Kelsey Brown for volunteering to lead this fundraiser. If you have any questions, please contact them at:
andie.devaulx.helps@gmail.com or kelseylee0221@yahoo.com



PARENT COFFEE with GROWING MINDS

Monday, November 14th from 9:15-10:30 am

All are welcome to join in the conversation with Jill Jerome, licensed clinical social worker, from [Growing Minds](#). Jill will be here to answer parenting questions and/or challenges you are facing. This week we will start the conversation with, How to Survive the Holidays. Hope to see you there!

- Church Library on Main Floor
- Coffee will be served
- Please [RSVP](#) so we know how many seats to set up
- Babysitting Provided



DONUTS with DATES

The Parents' Group invites BHPCNS students and their date of choice (a parent, grandparent, caregiver) to enjoy a sweet treat and coffee before drop off!

Tuesday, November 15th
RSVP [HERE](#)



Wednesday, November 16th
RSVP [HERE](#)



M-F Classes may RSVP for the day that works best for them



EASY WAYS TO GET INVOLVED WITH THE PARENTS' GROUP!

Please sign up [HERE](#) for in-person and behind the scenes volunteer opportunities for November-December. Many hands make light work and parent involvement is what makes our school community so invaluable.



Thank you to those who have already been so generous with your time as we kicked off the year! Please also sign up for our Parents' Group Volunteer Email List [HERE](#). You will be the first to know of future events and volunteer opportunities. Thank you!



TIS THE SEASON? Already thinking about holiday cards or other gifts? Need LABELS for hats, mittens, boots etc - save 20% and give 15% back to BHPCNS when you order using code FUNDRAISEBHPCNS at WWW.MINTED.COM



Thanks for being such a great parent community - we hope to see as many of you as possible on the dates above!

Parents' Group Co-Chairs
Kaeli Duggan
Cass Price

kaeli.duggan@gmail.com



cass.price@gmail.com



BHPCNS BOARD OF DIRECTORS

Dear Parents,

What a special time of year—a time when we reflect on our many blessings. Bradley Hills Presbyterian Church and the BHPCNS Board are thankful for the wonderful BHPCNS staff—administrators and classroom teachers—who make such a difference in our children's lives as they "Play, Grow, and Learn."

The second Board meeting of the school year will be on **November 16 at 7:30 pm**. If you have any topics you would like included on the meeting agenda, please contact the Board at board@bhpcns.org. Throughout the school year, please feel encouraged to reach out to the Board through this same email address with your questions, concerns, or thoughts about the school.

Bradley Hills Presbyterian Church and the BHPCNS Board wish everyone a very happy Thanksgiving!

Rosanna Morrison, BHPCNS Board Chairman
Vicki Petrides, BHPCNS Board Vice Chairman





Fall-Winter 2022 ENRICHMENT PROGRAMS Social-Emotional Learning and Beyond ages 3-5



Facilitation of play, feelings, and social skills development, developed by Growing Minds and led by Kirstin Springer, Early Childhood Specialist



Builders and Makers

6 Mondays: Nov 14 - Dec 12

2:30-3:30pm

Children engage in social-emotional, fine and gross motor development, and problem solving through playful experiences of building together. Each weekly session involves an opportunity to use a variety of materials to build a collaborative structure based on a story or problem that your child can help solve. Participants practice planning, taking turns, frustration tolerance, compromising, and communicating.

Story Tellers

6 Thursdays: Nov 10 - Dec 12

(skip Thanksgiving)

2:30-3:30pm

Does your child love books and stories? What about performing or creating their own plays and shows? In this class, children are engaged in social-emotional and literacy development through familiar and self-created stories. They get opportunities to practice a wide range of skills such as cooperation, turn taking, problem solving and self-regulation, as well as body movement and verbal language to communicate their thoughts and ideas.



REGISTER HERE



Each 6 session program costs \$200.

Make checks payable to BHPCNS
and bring to the office.

Find out more: KirstinS@growingmindstherapy 301-235-9927 x7

[WEBSITE](#) / [FACEBOOK](#) / [INSTAGRAM](#) / [GOOGLE GROUPS](#) / [YOUTUBE](#)

What is Thanksgiving?

- Thanksgiving is a traditional North American holiday to give thanks at the end of the harvest season.
- Thanksgiving is a time to gather with loved ones and give thanks for the good things in life, such as health and the love of friends and family.

November is a time to be thankful and grateful for our families, friends, and relatives. At BHP CNS we spend the month of November focusing on Family, Food & Fun, and what it means to be thankful with our bear cubs. It's always fun to hear what the children are most thankful for – of course we have to explain what it means to be thankful first. But once they understand, preschool-aged children are overwhelmingly thankful for YOU! The staff and I are thankful and grateful to watch your children play, grow, and learn each and every day.

MWF and Pre-K classes will celebrate on Monday, November 21st
TTh and M-F 2-year-old and 3-year-old classes will celebrate on Tuesday, November 22nd
Room Parents will be reaching out with ways you can help your class celebrate
BHP CNS will be closed November 23-25 for the Thanksgiving holiday
School resumes on November 28th

Looking for ways to make Thanksgiving meaningful for you and your children?

This [article](#) from Parents magazine provides a historical look at Thanksgiving. The article can be made age-appropriate for younger children and includes book suggestions for learning more about Thanksgiving.



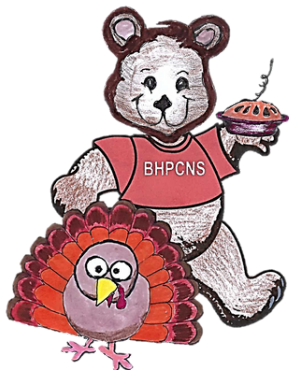
This [article](#) from Bright Horizons has wonderful ideas on how to create a special Thanksgiving with young children.



Here are some resources on how to create fun Thanksgiving season traditions to share with your children for years to come. Preschool-aged children live in the here and now. They will enjoy sharing these traditions for years and years to come.

Fun Thanksgiving ideas include:

1. Plan a special Thanksgiving breakfast or Friday morning breakfast and have your child help you make it.
2. Involve your child with the Thanksgiving menu planning and where possible, have your child help with the cooking.
3. Make [turkey hats](#) for everyone in the family. Label the feathers with what you are thankful for or makes you happy.
5. Send homemade Thanksgiving cards to those who can't be with you. Have your child tell the recipient why they are special to your child.
6. Organize a neighborhood bike, stroller, pet marching parade. Cone off the street or use driveways to set up tables with hot cider and cookies, Thanksgiving crafts, face painting, etc. to celebrate.
8. If there are family members who cannot gather with you, you can always gather via Zoom or FaceTime:
 - have them read a Thanksgiving story to your child
 - have your child teach someone a Thanksgiving song or finger play
 - have someone teach/create a holiday craft with your child
 - simultaneously watch sports or a Thanksgiving program, maybe the Macy's Thanksgiving Parade



Thanksgiving Bradley Bear
illustration by Nancy McCullough

However you celebrate, may your Thanksgiving holiday be filled with love and gratitude.

REGISTRATION OPTIONS:

**TWO YEAR-OLD PROGRAMS**

2 days, Tuesday & Thursday

3 days, Monday, Wednesday & Friday

5 days, Monday, Tuesday, Wednesday, Thursday & Friday*

THREE YEAR-OLD PROGRAMS

2 days, Tuesday & Thursday

3 days, Monday, Wednesday & Friday

5 days, Monday, Tuesday, Wednesday, Thursday & Friday

Pre-K PROGRAMS

3 days, Monday, Wednesday & Friday

5 days, Monday, Tuesday, Wednesday, Thursday & Friday



**Children in this program will be enrolled in both the MWF & TTh programs*

REGISTRATION FOR NEW STUDENTS

Applications for the 2023- 2024 school year for NEW STUDENTS and SIBLINGS of currently enrolled students are now being accepted and are available online at www.bhpcns.org.



PLEASE CONTINUE TO SHARE THE LOVE!!!

Parent referrals are what have kept our classrooms full for 65 years. We love meeting new families. They are welcome to tour the school and learn more about our program by calling the office at 301-365-2909.

Children must be 2 years old by September 1, 2023 to be eligible for enrollment at BHPCNS. *Siblings are given priority over families new to BHPCNS.* Acceptance or Wait List notifications will be sent home in late January 2022.

REGISTRATION FOR CURRENTLY ENROLLED STUDENTS

Registration for children currently enrolled at BHPCNS will take place on December 8th and 9th. Applications will be available on the BHPCNS website at www.bhpcns.org after Thanksgiving.



Applications should be returned to BHPCNS no earlier than December 8th and no later than December 9th in order to be given priority in enrollment. Please recognize that children currently enrolled in our 2s' and 3s' programs, as well as those children who are enrolled in the Pre-K program, but are not age eligible for Kindergarten, are guaranteed a place, however, it may not be your first choice.

Acceptance is based on a first-come, first-serve basis. Families will be notified in late January as to their child's placement for the 2023-2024 school year.

BHPCNS follows Montgomery County Public Schools with regard to birthdate cut-off dates for admission.

Children must be... 2 by September 1, 2023 to enroll in the 2s,
3 by September 1, 2023, to enroll in the 3s,
and 4 by September 1, 2023 to enroll in Pre-K.

NOVEMBER BIRTHDAYS

Aidan Wolfman
 Charlie Jennings
 Lauri LaRose
 Sophia Khavari
 Mason Lieberman
 Cason Yang



Emma Zleit
 Eleanor Brown
 Luke Harlan
 Ines Granados
 Tatsuru Kawabe

When sending in birthday treats, please send in small cupcakes, mini muffins, fruit kabobs, etc. Keep classroom food allergies in mind. We share birthday treats at snack time! There is a snack ingredient form outside the office and on our website. Please complete the allergen form or send in a list of ingredients so we can be aware of any possible allergens. If you have any questions, please reach out to your child's teacher or the office.

THE IMPORTANCE OF PLAY DATES

We love having your child in our classes and activities where there is large group socialization. To supplement the large group experience we recommend playdates. Playdates provide children with the opportunity to play one on one with a peer, the chance to share, take turns, practice manners. These are all very important skills for our children to master.

Talk with your child about who their special friends are at school and arrange a playdate at your home or the park. While a school setting provides lots of group dynamics it's important for a child to just play with a friend in an unstructured environment.

For more information on playdates click [HERE](#).



ENCOURAGE PRETEND PLAY

Did you know that Scholastic Books has wonderful parent resources?

Young children learn by imagining and doing. Have you ever watched your child pick up a stone and pretend it is a zooming car, or hop a Lego across the table as if it were a person or a bunny? Your child is using an object to represent something else while giving it action and motion. But this pretend play is not as simple as it may seem. The process of pretending builds skills in many essential developmental areas...

Click [HERE](#) to access the full article



SCHOLASTIC BOOKS



Thank you for your book orders in October. Every purchase helps BHPCNS collect points which we can use to order new books for our classrooms and library. We were able to select several new books in October.

Be on the lookout for scholastic brochures in your child's folder.
 Orders are due Friday, November 18th.

Order online [HERE](#) using the school code L8HGN.



STUDENT ABSENCES OR ILLNESS

If your child is ill and will be missing school, please call the office or send us an email. If your child has a communicable disease, strep throat, head lice, etc. we need to know to be able to share that information with the rest of the class. Your child will remain anonymous when informing the class. In some cases, we are obligated to share communicable disease information with the Montgomery County Health Department.

We are often asked: "How do you know when to keep a child home?"

Here are some guidelines:

- Do not send your child to school within 24 hours of a fever.
- Do not send your child to school within 24 hours of diarrhea.
- Do not send your child to school within 24 hours of vomiting.
- Do not send your child to school if they are heavily congested and/or coughing.

Please note the 24 hour rule in the above guidelines.

We share EVERYTHING at preschool. Sometimes, even colds and viruses. The flu vaccine and COVID-19 vaccines are an effective way to protect your child from these viruses. Please consider having your child vaccinated. We want to keep our Bradley Bear cubs as healthy as possible.

CLOTHING FOR COOLER WEATHER

PLEASE LABEL ALL BELONGINGS



We are outside EVERY day! Please dress your child in layers for active play both indoors and outdoors. This includes well fitting, closed-toed shoes, and socks. Shoes must stay on a child's feet when running and climbing. Loose fitting pants, leggings, sweat pants, shirts, jackets allow children to move about freely on our play equipment. For our dress loving bear cubs we ask that the children wear shorts underneath.

Questions, check with your teacher or the office.

WEATHER RELATED CLOSINGS

BHP CNS follows Montgomery County Public Schools, MCPS, emergency weather closings. To be in the know sign up for MCPS Alerts click [HERE](#).

If MCPS schools are closed, BHP CNS will be closed.

If MCPS has a two hour delay, BHP CNS will begin the school day at 11:00 am, except for Early Morning with Bradley Bear students who may arrive at 10 am. Students in the 2-year-old program may stay until 12:30 pm. Lunch Bunch will be cancelled. We will provide a hearty snack.

If MCPS closes schools early, BHP CNS will close at 11:30 for the 2s; 12:30 for the 3-year-old and Pre-K classes. Lunch Bunch and Stay & Play will be cancelled.



HOW TO BE A SUPER FRIEND - A SOCIAL STORY FOR BUILDING FRIENDSHIP SKILLS!

I Can Be a SUPER FRIEND!

Scripted Stories for Social Situations are used at BHPCNS to help children understand social interactions, expectations, social cues, the script of unfamiliar activities, and/or social rules. These stories help children understand the expectations of a situation and problem behaviors can be improved.

How to be A Super Friend is about a child who learns how to play and interact with friends and family. At BHPCNS we read social stories and model appropriate behaviors to help children learn the give and take of play in a group setting. Stories also help children identify their feelings and how they can be Super Friends. Social stories can be easily customized.

If you'd like a copy of the story for home, let me know.

DONATIONS

Before you throw it out donate it to BHPCNS

Bath towels

Egg cartons

Large oatmeal canisters

Small glass jars with lids, i.e. baby food jars.

Please bring any donations to the office. Thank you!

OPEN DOOR POLICY AT BHPCNS

BHPCNS Open Door Policy: Thank you to everyone who has popped into the office with a question or concern! If at any time during the school year, you have a concern, complaint, an idea, or suggestion, please email, text, come to the office, or call us. We truly want to know your thoughts. Your ideas, suggestions, and critiques provide us with vital information that we can use to improve our programming. No issue is too small.

SPECIAL PROGRAMMING

Stay & Play is a wonderful time of day at Bradley Hills. Children get to experience new things and make new friends in the process. They become athletes, chefs, dancers, scientists, yogis, and world explorers. Try one class or try them all! Register [HERE](#)



AMERICAN SIGN LANGUAGE (3-year-old & Pre-K) with Mrs. Goodstein

This month in ASL we are HUNGRY! And we will learn many signs associated with eating and drinking. Signs like hungry, thirsty, more, full, finished. We will also learn the signs for many of our favorite foods. And will play a matching game. Who can guess which food Mrs. Goodstein signs? You will be surprised how closely the signs for eggs, spaghetti, soup, bread, etc. mimic each food.



ART (*all ages*) with Mrs. Mac 'N Cheese

The Starry Night by Vincent van Gogh will be our inspiration for November.

Our 2-year-old classes will be using their fingers to paint with dark sky colors. They will add the bright colors of the stars and moon.

Our 3-year-old classes will follow the same steps, but will use tempera paint on black backgrounds. They can use their fingers, brushes, or gadgets to help create their starry skies.

Our Pre-K classes will analyze *The Starry Night* and will be shown some of the techniques used by Vincent van Gogh. Then, they will create their own masterpieces.



On art day please send an oversized tee, shirt, or smock if you want to protect your child's clothing. We love to get messy!!!

SCIENCE (*3-year-old & Pre-K*) with Mrs. Mac 'N Cheese

Inspired by *The Starry Night* by Vincent van Gogh, we will be take a closer look at our galaxy.

Planets, moons, stars, Webb telescope, astronauts, and space stations are just a few of the topics we will explore and learn about.

Nothing like astronaut food in the morning to get their engines started!



SINGING with Ms. Casey (*all ages*)



How wonderful to see familiar faces and make new friends. As the children know, October is Ms. Casey's favorite time of the year. For our first music class of the school year we sung songs about the falling leaves and busy squirrels. In anticipation of Halloween, we learned about the skeleton inside of us all and all of the amazing things it allows our body to do (jump for joy!) We shared "scary" stories that helped us explore what it feels like to be surprised. November brings even more new feelings as we share what it means to be grateful for the family and friends around us. The holiday season is right around the corner so don't be surprised if your small ones begin singing around the house. Consider it a sneak preview of our holiday concert!

STAY & PLAY PROGRAMMING

MONDAYS

sports & games



Coach Cardoni Reports: The cubs have been mastering control of a soccer ball. They know how to dribble and control the power of their kick, while watching out for their teammates. In November, we wrap up soccer season and learn a new sport, Field Hockey! The cubs will learn how to control a ball with a hockey stick and practice good sportsmanship. Every week we warm up with jumping jacks and stretch to prevent injury. We finish each session with a relay race, Duck, Duck, Goose or Ring Around the Rosey. We're learning new games too! Stone, Bridge, Tree was an October favorite! Join our team to get in on the fun!

TUESDAYS & WEDNESDAYS

dance

Dancer Colleen Shares: While everyone else is busy getting ready for Thanksgiving, our dashing dancers are preparing for their big show in January. It will be a Wonderful Winter Wonderland performance unlike anything you've ever seen!

Mark your calendar for January 25th at 1:45 to see all the fun. There will be dancing, crafts to view, and yummy snacks for all guests and performers.



TUESDAYS

science

Scientist Juhazsne Shares: The air is filled with the smell of the Thanksgiving feast. Turkey, stuffing, and cranberry sauce, mashed potatoes and gravy, fresh bread, butter and apple pie. But what is the science behind all these delicious meals? How do apples turn brown in the pie? Why does the bread rise and why is the butter so creamy? Is it just me, or does the cranberry sauce look like red slime? The Wiggly Wizards are looking for the answers to all these questions in November.

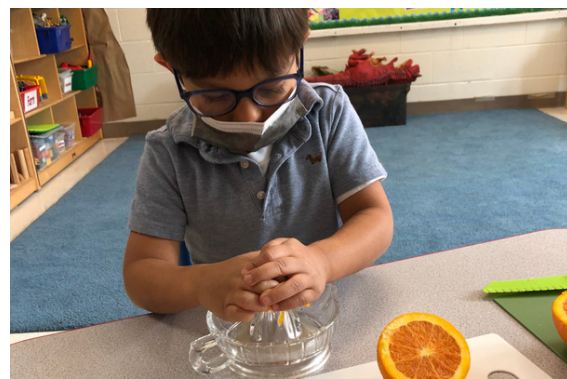


WEDNESDAYS

cooking

Our chefs were totally engaged with all that they made this past month. They are all so proud when they make what they eat (even if they don't eat it) and that's precisely one of the reasons why it's so important to teach children to cook (and yes, even use knives). Simply put, children who cook say "I can," not "I can't." This self-confidence creeps into all areas of their lives, not just the kitchen.

On the menu for November are pancakes, waffles, hearty banana-oatmeal, and coffee cake---All perfect recipes to enjoy on a crisp autumn morning. Along the way, we'll have plenty of practice measuring, mixing, mashing, and pouring. Bon Appetit!



THURSDAYS

geography

Travel Agents Frid and Biggs Report: Bradley Bear touched down in the good ol' US of A for the first country in our travels! What makes the USA unique from the rest of the world? Why this country is dubbed the "Land of the free?" We explored our traditions, symbols, landmarks, and songs along with the fact that we are a "melting pot" of the rest of the world that makes us, US!

From America we will fly off to India. Bon Voyage!



FRIDAYS

yoga

Resident Yogi Cardoni Shares: Yoga is a wonderful practice that helps children develop self-confidence and reduce anxiety. Our yogi bears have learned lots of yoga poses and practice mindfulness while lying still in Savasana and practicing mindful eating. Each week the yoga poses focus on a theme. In November, we will move like nocturnal animals and celebrate friendship and Thanksgiving. Namaste.



BRADLEY HILLS PRESBYTERIAN CHURCH

Thank you to all the families who participated in the Arcola Elementary School coat drive. We were delighted to be able to deliver so many coats as the weather turned cooler. Look below for another service opportunity to help children and families at Thanksgiving.

Want to learn more about our activities for children and youth? Click [HERE](#) to listen to what members have to say about their children's experience at Bradley Hills Presbyterian Church.



Additionally, if you want to help children learn about the Bible or communion, we have specific classes coming up. If you'd like to pray with a pastor, talk about baptism, or discuss joining a church, contact pastor David at david@bradleyhillchurch.org.



THANKSGIVING BASKETS

Please join our interfaith effort to collect Thanksgiving meals for families in our area!
Deliver food to Memorial Hall by **Sunday, November 6th.**

This is a great activity to involve your children in selecting and bringing one of each of the requested food items listed below. In addition, a monetary donation enables us to include grocery store gift cards for each family to purchase a turkey or other perishable items for their meal. Please deliver \$25 gift cards from Giant to Matt Nabinger or the BJC office.



- | | |
|---|--|
| <input checked="" type="checkbox"/> Canned yams or sweet potatoes | <input checked="" type="checkbox"/> Cornbread Mix (box or bag) |
| <input checked="" type="checkbox"/> Canned corn | <input checked="" type="checkbox"/> Box of cake, Jello or pudding mix |
| <input checked="" type="checkbox"/> Canned green beans | <input checked="" type="checkbox"/> Box or bag of pasta (standard size) |
| <input checked="" type="checkbox"/> Other canned vegetable | <input checked="" type="checkbox"/> Rice or rice mix (standard size) |
| <input checked="" type="checkbox"/> Any canned fruit | <input checked="" type="checkbox"/> Can of soup (16-17 oz) |
| <input checked="" type="checkbox"/> Jar of applesauce | <input checked="" type="checkbox"/> Pair of white socks - child or adult (any sizes) |
| <input checked="" type="checkbox"/> Canned cranberry sauce | <input checked="" type="checkbox"/> New reusable shopping bag |
| <input checked="" type="checkbox"/> Gravy (can, jar or packet) | |
| <input checked="" type="checkbox"/> Stuffing mix (box or bag) | <input checked="" type="checkbox"/> Halloween sized candy donations welcome for us to include in baskets |

 ANGEL GIFT TREE

BHPC is collecting gifts to help provide a Merry Christmas for the children of the clients of Women's Collective in Washington DC.

Please bring an UNWRAPPED gift to BHPCNS by Friday, December 2, 2022.



Books for boys and girls
(ages 3rd grade through 8th grade)
Art and craft supplies
(ages 3rd grade through 8th grade)
Puzzles
Uno card games
Action figures
Multicultural dolls
Sports balls

November 13 Interfaith Sunday: Children from all three congregations are invited to participate during the service in a Children's Church School that will focus on activities telling the story of Ruth. Children will leave the service and begin Children's Church School at approximately 10:45-10:50 am.

Weekly Church Services - We continue to have Sunday worship services at 8:30 or 10:30. The 8:30 am service is held outside, weather permitting, and is not live-streamed. The 10:30 am service is held in person in the sanctuary and is live-streamed. Watch the 10:30 service [HERE](#).



Sunday Nursery Services during church – We offer care for young children during worship. Caregivers are fully vaccinated and boosted when eligible as well as wear N-95 masks. Children age two and up are encouraged to wear a mask. For children two years old and younger, there is a limit of six children total. When there are three-year-olds, there is a limit of nine children total. Only adult caregivers are allowed in the nursery space. Windows are cracked open for ventilation.

Children's Church School: After the Children's Message in the sanctuary (between 10:45 and 10:50 am), all children ages 3 – 5th grade are invited to join our classes which are being held outside when possible. Children aged 3 – 2nd grade will participate in the Godly Play model of church school with experienced teachers who are trained in that model. Children in 3rd-5th grade will participate in a different curriculum geared to their age group. Masks and physical distancing are required for all participants as we encounter God's word together and respond with prayer, thanksgiving, and creative projects.

 BETHESDA JEWISH CONGREGATION



Thank you for your participation in our MANNA Food Drive.
Our blue bins were overflowing with your kindness and generosity.

We hope you will consider donating food again to our interfaith effort to collect thanksgiving meals for families in our area.
See page 12 for more details.

All donations can be brought to Memorial Hall by
Sunday, November 6th

Thank you!

