

GOLD/PEARL  
BEAD: **GOD**  
Offer thanksgiving  
and praise to God.

GOLD BUMPY  
BEAD:  
**LETTING GO**  
Tell all your  
worries to  
God and  
leave them  
there.

BEAD WITH HOLE:  
**SILENCE**  
Listen to God  
speaking to you.

STEPPING STONE BEAD:  
**JOURNEY OF FAITH**  
What are you working  
on in your spiritual  
journey? Talk with God  
about this.

BLACK BEAD: **NIGHT  
AND DAY** What are  
you struggling with in  
your life? Offer it to  
God.

GREEN BEAD: **YOUR  
SPECIAL CONCERN**  
Pray about the most  
pressing or important  
concern to you.

RED HEART BEAD:  
**PEOPLE TO LOVE**  
Pray for those you  
love, and for those  
you have trouble  
loving.

3 PURPLE BEADS:  
**INTERCESSIONS**  
Talk with God  
about three  
additional  
concerns.

BLUE/GREEN  
BEAD:  
**THE WORLD**  
Pray for world  
concerns.

RED ROUND BEAD:  
**HOLY SPIRIT**  
Ask the Holy Spirit  
to move in and  
through the gifts  
God has given you.

EMPTY CROSS:  
**THE RISEN JESUS**  
Offer the Lord's Prayer  
as your recommitment  
to being the Body of  
Christ in the world.

