

# SPOKE Notes

Newsletter of the Cyclonauts Bicycle Club, Springfield, MA

## THE PRESIDENT'S CORNER



***Thank you*** to all those who volunteered to lead rides this year.

We are still seeking a new **HIKE CHAIRPERSON** for the Cyclonauts Board; their responsibilities include overseeing the Hikes Program and coordinating the Saturday hikes. If you are interested in the position, please let me or any other Board Member know, or by email to [spfdcyclonauts@gmail.com](mailto:spfdcyclonauts@gmail.com).



***Thanks*** to everyone who attended the annual picnic/business meeting. We were able to make some updates to the by-laws.



*I look forward to seeing everyone on our last 2 months of scheduled rides, and our up-coming hikes this fall.*

**James DeSellier**  
**President**



## EDITOR'S REST STOP



Hi everyone,

**Just a reminder:** If you wish to contribute, please don't hesitate to submit information you think will be helpful or of interest to the other club members. Send letters to the Editor, or feedback to me at [donna.katz56@gmail.com](mailto:donna.katz56@gmail.com) regarding how SpokeNotes can be more interesting or useful to our members.

### LETTERS TO THE EDITOR:

*This is a place for club members to share their ideas and opinions with respect to all aspects of cycling and our club. Please limit letters to less than 200 words.*

A member recently suggested that club members might be interested in learning about, and perhaps purchasing a **Roadid** for themselves.



Follow this link to order a Roadid - <https://www.roadid.com>

You can wear this on your person or attach it to your bike in a visible place. It can also be used when hiking or during other activities when you're out on your own or with a group.

**BECAUSE YOU ARE PRECIOUS!  
EASE THROUGH INTERSECTIONS**

**STAY VISIBLE WITH FLASHING LIGHTS AND BRIGHT SHIRTS  
ALWAYS LOOK OUT FOR OTHER VEHICLES  
FORWARD FACING - BACKWARD GLANCING  
ENJOY THE RIDE.**

**PSA**



Event contact: Nathan Lewis  
[nchenlewis789@gmail.com](mailto:nchenlewis789@gmail.com)  
 774-242-0562

## Worcester Earn-A-Bike Community Bike Shop

4 King St, Around Back  
 Worcester, MA 01608

Whether you're interested in learning bike repair skills or already have some experience and want to give back, our

### Open Shop is the place for you!

Open shop runs every Thursday 5PM-8PM and Saturday 10AM-2PM through **NOVEMBER**.

Come **volunteer your time**—no experience necessary—and get hands-on while learning how to fix bikes. Already a skilled mechanic?

We always welcome experienced volunteers to help others learn. **Looking to earn-a-bike?** Youth can earn a bike with just 5 volunteer hours, and adults with 10 hours.

Below is a sample of community rides in MA. To find out more about the events listed below - click on the website below the event title. ALSO, go to the [MassBike](http://MassBike) website regularly to research more events in the region. New events are updated frequently.

### Sept. 7: COVAC Century Ride

<https://covacride.org>

### Sept. 14: Emmaus' 37th Annual Cycle for Shelter, Northern Essex Community College, 100 Elliott St, Haverhill, MA 01830

<https://give.emmausinc.org/cycle2025>

### Sept 21: Will Bike 4 Food

[https://www.massbike.org/37934/food\\_bank\\_of\\_western\\_massachusetts\\_15th\\_annual\\_will\\_bike\\_4\\_food](https://www.massbike.org/37934/food_bank_of_western_massachusetts_15th_annual_will_bike_4_food)

### Sept. 21: For Pete's Sake Ride, Odell Park, Beverly, MA

Proceeds for this ride benefit MassBike's roadway safety advocacy efforts!

[https://www.massbike.org/emmamassbike/for\\_pete\\_s\\_sake\\_ride\\_2025](https://www.massbike.org/emmamassbike/for_pete_s_sake_ride_2025)

### Oct. 5: King's Tour of the Quabbin, Hardwick Winery, Hardwick, MA

<https://www.bikereg.com/70873> road and gravel routes!

### Oct. 12: The Great River Ride, Sons of Erin, Westfield, MA

<https://www.newhorizonsbikes.com/articles/great-river-ride-2025-pg161.htm>

Lots of distance AND road surface options!!

## THE WEBMASTER'S CORNER

Just a gentle reminder that ride pictures are always appreciated and should be sent to [spfldcyclonauts@gmail.com](mailto:spfldcyclonauts@gmail.com) with a brief description of the ride.

We had many rides rained out this past spring and summer, so I want to remind all ride leaders that requests to have their ride cancelled must be sent to [spfldcyclonauts@gmail.com](mailto:spfldcyclonauts@gmail.com) either the night before or by 6 AM that morning. The final responsibility lies with each rider to contact the ride leader if in doubt.

Betty Siwinski  
Webmaster

