

OEC Refresher – Station 3

Station 3 A

- **Chest Injuries**

- Demonstrate LAP Method – Look, Auscultate (*8 locations*), Palpate
- Explain tension pneumothorax (*sucking chest wound*)
- Demonstrate occlusive dressing (*commercial*)
- Demonstrate Ziplock bag or equivalent

Station 3 B

- **O2 Delivery & Tank Set-up**

- Identify and list safety concerns
- Demonstrate regulator application (*clear debris, check O-ring*)
- Explain when to use each delivery adjunct
- Explain quantity of O2 used for each device and application
- Demonstrate the proper application of a nasal cannula
- Demonstrate the use of a pulse oximeter

Station 3 C

- **Airway Management and Vitals**

- Demonstrate taking and recording pulse rate and respirations
- Demonstrate, sizing and insertion of Oropharyngeal airway
- Demonstrate bag valve mask and pocket mask (*if available*)
- Demonstrate sizing Nasopharyngeal airway, explain insertion
- Explain and demonstrate taking blood pressure
 - Traditional method (*stethoscope in aid room*)
 - Palpation method (*what is the relevance of the palpated systolic BP*)