



Prepared Meals

Chicken

Fresh Pulled Chicken Pot Pie with Flaky Crust

Prosciutto & Parmesan Stuffed Chicken with Polenta cakes

Smoked Chicken Quesadillas with Spanish Rice, Salsa & Sour Cream

Chicken Marsala with Crimini Mushrooms over Fresh Pasta

Molasses Marinated Chicken, Wilted Spinach

Sautéed Natural Chicken & Cheese Ravioli, Cajun Cream Sauce, Cherry Tomatoes, Scallions

Chicken Parmesan over Ziti with Fresh Mozzarella

Pan Seared Chicken Medallions with Sundried Tomato & Olive Relish over Couscous

Game Hen & White Bean Cassoulet

Maple Glazed Turkey Breast with Mashed Potatoes & Stuffing

Mustard & Herb Crusted Half Chicken with Scalloped Potatoes

Chicken Piccata over Fresh pasta

Smoked Natural Chicken Fajitas with Spanish Rice, Salsa & Sour Cream

Chicken Curry with Basmati Rice

Turkey Tacos with all the fixins

Jamaican Jerk Spiced Chicken with Wilted Greens & Grilled Pineapple

Balsamic Marinated Chicken with Stone Fruit Chutney

Hoisin Chicken Stir Fry with Scallion Basmati Rice

Spicy Chicken Thigs with Quinoa & Avocado Salad

Chicken Broccoli & Ziti with Parmesan Cheese

Lemon & Thyme Roasted Free Range Chicken, Fingerling Potatoes

Pan Seared Chicken Caprese over Fresh Linguine

Natural Chicken & Andouille Sausage Gumbo

Chili-Lime Chicken, Yukon Potato wedges
Artichoke & Spinach Stuffed Chicken Breast with Wild Mushroom Risotto Cakes
Chicken Cacciatore, Peppers, onions & Oven Cured Tomatoes
Lemon & Oregano Chicken with Orzo & Feta Salad
Citrus BBQ Chicken with Roasted Garlic Wilted Spinach
Peppercorn Crusted Natural Chicken Breast with Mango Salsa
Chicken Lo-Mein with Spicy Peanut Sauce

Vegetarian & Pasta

Portabella Mushroom Raviolis & Basil Sauce
Eggplant Parmesan with Ricotta Salata
Shrimp Scampi over Angel Hair Pasta with Fresh Lemon & Herbs
Ziti & Fresh Mozzarella Bake with Roasted Garlic Marinara
Tuscan Vegetables, Oven Cured Tomatoes, Olives, Israeli Couscous
Roasted Eggplant with Pappardelle Pasta, Asparagus Spears & Vine Ripe Tomatoes
Vegetable Lasagna with Parmesan & Feta Cheese
Wild Rice Stuffed Peppers with Caprese Salad
Butternut Squash Raviolis with Maple Cream Sauce
Bowtie Pasta with Oven Cured Roma Tomatoes & Pesto Cream Sauce
Pasta Bolognese with Ziti
Shrimp Fettuccine with Pesto Cream Sauce
Italian Sausage & Beef Lasagna with Ricotta & Fresh Mozzarella
Roasted Eggplant Manicotti with Roasted Garlic Basil Sauce

Fish

Baked Stuffed Sole over Wild Rice & Wilted Spinach
Maine Lobster Mac & Cheese, Aged Vermont Cheddar
Pan Seared Salmon, White Bean & Oven Cured Tomato Ragu

Skillet Roasted Swordfish, Lemon Pepper Emulsion
Boston Baked Scrod, Wilted Spinach, Mashed Potatoes
Bacon Wrapped Cod Loin with Pan Fried Yukon Potatoes
Pan Seared Swordfish Puttanesca over Linguini
Skillet Roasted Salmon with Cous Cous & Herbs De Provence
Pan Seared Tilapia with Creole Succotash
Pan Seared Salmon, Wilted Greens, Charred Tomato & Onion Chutney
Soy Glazed Salmon with Asian Vegetables & Scallion Basmati Rice
Coconut Crusted Tilapia with Mango-Pineapple Salsa
Pan seared Cod Loin, Saffron Rice & Avocado & Black Bean Salsa
Norwegian Salmon, Kale, Oven Cured Tomato & Chick Pea Stew
Panko & Herb Crusted Haddock, Fingerling Potatoes
Shrimp Fettuccine with Pesto Cream Sauce
Blackened Catfish with Red Beans, Rice & Collard Greens
Seared Atlantic Salmon, Sweet Sugar Corn & Tomato Salsa
Mango & Chile Marinated Mahi Mahi Kabobs with Red Pepper Basmati Rice
Mustard Glazed Salmon with Petite Lentil Ragu
Cornmeal Crusted Tilapia, Caramelized Onion Mashed Potatoes
EVOO Poached Salmon with Lemon, Capers & Dill
Shrimp Scampi over Angel Hair Pasta with Fresh Lemon & Herbs

Beef

Cabernet Braised Short Rib with Roasted Garlic Mashed Potatoes
Yankee Pot Roast, Batonnet Root Vegetables, Mashed Potatoes
Homemade Meatballs over Spaghetti with Roasted Garlic Tomato Basil Sauce
Country Meatloaf with Wild Mushroom Gravy
Smoked Beef Quesadillas with Spanish Rice, Salsa & Sour Cream
Peppercorn Crusted Sirloin Medallions, Rosemary Potatoes
Homemade Portabella Mushroom Raviolis & Hearty Meat Sauce
Hanger Steak with Chimichurri Sauce
Hearty Beef Stew with Winter Vegetables

Sirloin Au Poivre with Scalloped Blue Cheese Potatoes

Braised Short Rib with Pappardelle Pasta, Asparagus Spears & Vine Ripe Tomatoes

Beef Stroganoff over Buttered Noodles

Salisbury Steak, Mashed Potatoes, Onion & Mushroom Gravy

Beef & Barley Stew with Scotch Broth

IPA Braised Short Ribs with Oven Roasted Potatoes

Hoisin Beef with Lo Mein Noodles

German Beef Rouladen with Bacon & Onion Gravy, Braised Red Cabbage

Beef Teriyaki with Fried Rice & Bok Choy

Grilled Hanger Steak with Creamed Spinach & Rice Pilaf

Angus Burger, Brioche Roll, Pickles, lettuce, Onion & Tomato

London Broil with Fingerling Potato & Wild Mushroom Stew

Beef Bourguignon with Red Wine Sauce & Seasonal Vegetables

Steak Fajitas with Spanish Rice, Salsa & Sour Cream

Spicy Asian Beef & Broccoli

BBQ Steak Tips with Rice Pilaf

Chicken Fried Steak, Buttermilk Biscuits & Country Gravy

Italian Sausage & Beef Lasagna with Ricotta & Fresh Mozzarella

Pork

Peppercorn Crusted Pork Medallions with Marsala Mushrooms

BBQ Rubbed Pork Shoulder with Roasted Garlic Potatoes

Sweet & Spicy Pork over Lo Mein Noodles

Herb Marinated Pork Chops, Oven Roasted Root Vegetables & Cranberry Chutney

Pork Tenderloin, Sweet Potato Gratin & Shallot Demi Glaze

Balsamic Marinated Pork Tenderloin with Cranberry & Apple Chutney

Stuffed Pork Chops with candied Apples & Wilted Greens

Italian Sausage Stuffed Peppers with Pasta

BBQ Chinese Spare Ribs with Fried Rice

Chipotle Rubbed Pork Loin with Coconut Jalapeño Cornbread

Baby Back Ribs, Corn on the Cob & Potato Salad
Cajun Rubbed Pork Tenderloin with Mango-Pineapple Salsa
Serrano Pepper Braised Pork Shoulder Tacos
Braised Portuguese Caserla & Linguica with Potatoes
Pork Schnitzel with Buttered Noodles & Onion Gravy
Oven Roasted Pork Tenderloin with Fig & Caramelized Shallot Jam
Sriracha Pork Tenderloin with Stone Fruit Chutney
Sage Rubbed Pork Chops, Blue Cheese Mashed Potatoes

Lamb & Veal

Marinated Lamb Tips, Toasted Orzo & Vegetable Salad
Braised Lamb Shank with Rosemary Demi-Glace
Veal Marsala with Artichoke Hearts, Asparagus Spears & Tiny Tomatoes
Fennel Spiced Lamb, Cumin & Honey Roasted Carrots
Authentic Sheppard Pie with Mashed Potatoes & Fresh Corn
Veal Parmesan over Ziti with Fresh Mozzarella
Braised Veal Osso Buco, Wild Mushroom Risotto Cakes
Moroccan Lamb Stew with Spring Vegetables & New Potatoes
Lamb Kabobs with Orzo, Olive & Feta Salad
Dijon Rubbed Lamb Loin Chops with Green Bean & Red Bliss Potato Salad
Rosemary Rubbed Leg of Lamb with Garlic Yukon Potatoes
Fresh Ground Lamb Burger, Tzatziki Sauce, Brioche Roll, Pickles, lettuce, Onion & Tomato

Soups

New England Clam Chowder

5 Onion Soup with Swiss Cheese

Butternut Squash Bisque

Golden Potato & Parsnip Bisque

Pumpkin Bisque

Winter Vegetable & Cannellini Beans with Pancetta

Roasted Cauliflower & Parsnip, Toasted Pine Nuts

Split Pea & Smoked Ham

Beef & Barley with Scotch Broth

Potato Leek

Oven Cured Tomato, Pernod & Herb De Provence

Forest Mushroom Bisque

Minestrone

Broccoli & Aged Vermont Cheddar

Salads

Baby Spinach Salad, Spiced Pecans, Vermont Chevre, Roasted pears & Maple Chive Vinaigrette

Crisp Iceberg, Tiny Tomatoes, Pancetta, Marion Blue Cheese, Buttermilk Ranch

Boston Bibb Salad, Toasted Almonds, Marion Blue Cheese, Shaved Red Onion, Pomegranate Dressing

Traditional Greek Salad with Feta Cheese, Black Olives, Roasted Red Peppers, Oregano Vinaigrette

Arugula Salad, Maple Brook Farm Mozzarella, Kalamata Olives, Oven Dried Tomatoes, Focaccia Croutons,
Balsamic Vinaigrette

Baby Field Greens Tossed in an Herb Dressing, Tiny Tomatoes & Pecan Crusted Chevre

Petite Arugula Salad Dried Figs, Great Hill Blue Cheese & Toasted Almonds & White Balsamic Vinaigrette