

# Pleasant Valley 5k

## 9 and Under

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	134	Patrick Coyle	00:23:41.25		5K Race		7:37/M	7.9mph	8	8	
2.	150	Aarav Shah	00:25:11.71		5K Race		8:06/M	7.4mph	15	9	
3.	170	Luke Zuba	00:26:38.49		5K Race		8:34/M	7.0mph	20	9	
4.	174	Ariella Difabio	00:26:38.80		5K Race		8:34/M	7.0mph	21	9	
5.	190	Sophia Costello	00:26:42.33		Runner		8:36/M	7.0mph	23	8	
6.	194	Ella Gamby	00:26:42.51		Runner		8:36/M	7.0mph	24	8	
7.	185	Kristy Digiacomio	00:27:10.12		Runner		8:45/M	6.9mph	26	8	
8.	179	Andrew Kierland	00:27:30.44		Runner		8:51/M	6.8mph	27	8	
9.	162	Noah Danza	00:27:32.94		5K Race		8:52/M	6.8mph	29	9	
10.	183	Daniel Paz	00:29:42.43		Runner		9:34/M	6.3mph	36	8	
11.	175	Samuel Kugler	00:32:04.30		5K Race		10:19/M	5.8mph	39	9	
12.	196	Holly Salmon	00:34:38.45		Runner		11:09/M	5.4mph	44	8	
13.	148	Ryan Moore	00:34:40.09		5K Race		11:09/M	5.4mph	45	8	
14.	151	Lindsay Lopresti	00:34:44.49		5K Race		11:11/M	5.4mph	46	8	
15.	132	Claire Stanwood	00:35:42.35		5K Race		11:29/M	5.2mph	49	6	
16.	137	Aniela Berry	00:39:49.30		5K Race		12:49/M	4.7mph	54	8	
17.	135	Riley Berry	00:40:00.29		5K Race		12:52/M	4.7mph	55	6	

## 10 and 11 year olds

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	145	Tyler Puckett	00:22:00.76		5K Race		7:05/M	8.5mph	3	11	
2.	176	Michael Kugler	00:23:28.64		5K Race		7:33/M	7.9mph	6	10	
3.	146	Matt Desimone	00:23:32.88		5K Race		7:34/M	7.9mph	7	11	
4.	191	Tyler Zinkevich	00:23:45.32		5K Race		7:39/M	7.8mph	9	10	
5.	171	Christina Tortella	00:23:56.74		5K Race		7:42/M	7.8mph	10	11	
6.	152	Andrew Lopresti	00:24:09.97		5K Race		7:46/M	7.7mph	11	11	
7.	141	Vincent Wills	00:25:27.12		5K Race		8:11/M	7.3mph	18	11	
8.	138	Travis Lyons	00:26:38.29		5K Race		8:34/M	7.0mph	19	10	
9.	159	Evan Marino	00:26:41.32		5K Race		8:35/M	7.0mph	22	11	
10.	165	Finn Gallagher	00:27:09.82		5K Race		8:44/M	6.9mph	25	11	
11.	161	Andrew Buck	00:27:38.08		5K Race		8:54/M	6.7mph	31	11	
12.	158	Luke Marino	00:27:38.77		5K Race		8:54/M	6.7mph	32	10	
13.	193	Michael Mccarthy	00:29:35.13		Runner		9:31/M	6.3mph	34	10	
14.	180	Paul Mass	00:29:36.14		Runner		9:32/M	6.3mph	35	10	
15.	133	Emily Coyle	00:34:27.31		5K Race		11:05/M	5.4mph	41	10	
16.	181	Bella Canzanese	00:34:27.67		Runner		11:05/M	5.4mph	42	11	
17.	195	Elijah Sakhleh	00:37:22.24		Runner		12:02/M	5.0mph	51	11	
18.	184	Sienna Longo	00:37:46.34		Runner		12:09/M	4.9mph	52	10	
19.	186	Victoria Scola	00:37:46.73		Runner		12:09/M	4.9mph	53	10	

## 12 and 13 year olds

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	157	Eleanor Race	00:22:01.24		5K Race		7:05/M	8.5mph	4	12	
2.	154	Seamus Watson	00:25:07.61		5K Race		8:05/M	7.4mph	14	12	

# Pleasant Valley 5k

3.	178	Alayna Meloro	00:25:11.93	Runner	8:06/M	7.4mph	16	12
4.	177	Audrey Kierland	00:25:12.14	Runner	8:07/M	7.4mph	17	12
5.	173	Sophia Difabio	00:34:38.37	5K Race	11:09/M	5.4mph	43	13

## Male 14 and Over

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	153	Ronan Costello	00:21:04.22		5K Race		6:47/M	8.8mph	1	17	
2.	131	Eric Stanwood	00:22:39.03		5K Race		7:17/M	8.2mph	5	36	
3.	188	John Kugler	00:24:57.40		Runner		8:02/M	7.5mph	13	38	
4.	156	Steve Quick	00:27:32.57		5K Race		8:52/M	6.8mph	28	62	
5.	182	Gary Paz	00:29:43.38		Runner		9:34/M	6.3mph	37	51	
6.	189	Fionan Costello	00:30:24.87		Runner		9:47/M	6.1mph	38	48	
7.	149	Dennis Moore	00:34:47.46		5K Race		11:12/M	5.4mph	47	40	
8.	147	Steve Crossan	00:34:54.87		5K Race		11:14/M	5.3mph	48	52	

## Female14 and Over

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	155	Michelle Brangan	00:21:22.80		5K Race		6:53/M	8.7mph	2	47	
2.	164	Erin Gallagher	00:24:11.95		5K Race		7:47/M	7.7mph	12	40	
3.	163	Robyn Danza	00:27:33.94		5K Race		8:52/M	6.8mph	30	47	
4.	142	Julie Wills	00:28:25.74		5K Race		9:09/M	6.6mph	33	45	
5.	187	Rochelle Kugler	00:32:04.89		Runner		10:19/M	5.8mph	40	38	
6.	192	Becky Stanwood	00:35:47.83		Runner		11:31/M	5.2mph	50	35	
7.	136	Stephanie Senetra	00:40:01.06		5K Race		12:53/M	4.7mph	56	45	
8.	168	Casey Heitman	00:41:33.32		5K Race		13:22/M	4.5mph	57	32	
9.	166	Megan Kirschner	00:41:36.01		5K Race		13:23/M	4.5mph	58	33	
10.	169	Ashley MacKay	00:41:39.56		5K Race		13:24/M	4.5mph	59	32	