

Several years ago I was diagnosed with Meniere's disease. Over the last 2.5 years the symptoms began again after no problems for several years. I was recommended to Dr. Sanders by a friend in May. After testing and examination he determined I was actually suffering from vestibular migraines. After prescribing medication things got better very quickly. I am able to hike, golf and ride my bike again which is a big deal to me because before I had no hope of doing that again. The migraines are now rare and much less severe. I avoid alcohol and try to get proper rest and manage my stress. I am so grateful to Dr. Sanders and his friendly, helpful staff. When I call with a question or concern they always call me back. Thanks to you all for the help you have given me.

Anonymous