

What post-treatment care is required?

Dr. Rahimi: For the first days, patients can experience pink or slightly red skin like a sunburn. Some report a slight puffiness a day or two after the treatment. I have patients use a mild soap to clean their faces, a gentle moisturizer to keep skin moist, and stay out of the sun. Within a week patients are noticeably younger looking without any signs of "cosmetic" work.

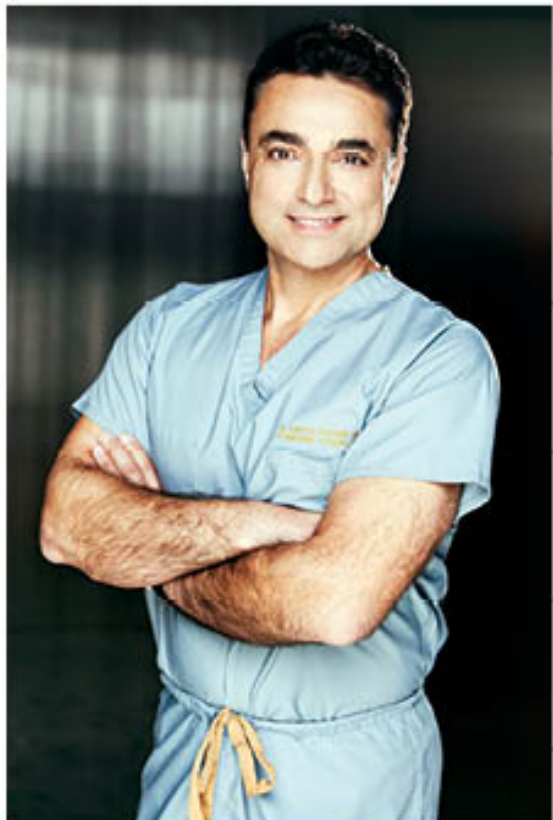
Anti-aging treatments and desired results can be very tricky. What made you confident that Quadrafecta would be able to work?

Dr. Rahimi: Recent statistics show about 1% of women in the U.S. are getting a "cutting" facelift. That doesn't mean women/men don't want a more youthful appearance. It means people are afraid of "cutting" surgery with bad results that can't be corrected. Over the past 17-years in private practice, I've performed over 1,000 laser, light source,

and other procedures. New advancements in non-invasive laser and also other cosmetic surgery offer "no surgery cutting" options that can turn back the clock 10... sometimes 20 years. Fillers, laser and Ultherapy can improve any face... 40, 50, 60, even people in their 80s benefit. Ultherapy is a miracle treatment lifting and tightening skin, and lasts 2-3 years, but it can take 4-6 months for final results, and multiple treatments may be needed. People come to my office who have had Ultherapy by another doctor and weren't happy with results. This happens because of an inexperienced provider, or the energy level of the machine was dialed down when a person complained of pain. Ultherapy requires providers to have knowledge of skin, color, texture, any illness a patient has or had. My patients get a light oral sedation that makes them extremely comfortable. Depending on the skill of the doctor, non-invasive treatments offer more consistent results, last longer, are less expensive than "cutting" surgery, and eliminate risks such as damage to underlying nerves, infection, and bleeding. If done correctly, non-surgical treatments last 2-5 years or longer, and can be repeated at a cost much less than invasive surgery.

How do you choose which fillers to use?

Dr. Rahimi: I stay away from permanent fillers silicone and Bioalcamid as they can



migrate, cause illness, and bumps underneath skin called granulomas. Faces change as we age. Permanent filler that looks OK now, may not look OK in 5, 10 or 15 years. I use combinations of Restylane, Juvéderm, Perlane, Voluma and Radiesse to achieve results I want. A permanent filler, Bellafill was FDA approved in the U.S. and designed for deep acne scars. It's not free of risk, but I use it in patients with severe acne scarring who don't want their fat injected.

Why do some fillers work well while others can make a person's face look worse?

Dr. Rahimi: Whether invasive or non-invasive procedures, it's not possible to get a perfect result without taking the time to analyze a patient's face. Fillers, lasers, peels... it sounds easy, but many practitioners don't consider the consequences of what they are injecting. Facial deformity from using the wrong filler in the wrong area is everywhere we look. Many doctors don't spend enough time analyzing a patient's face. They don't look at that very important photo of a patient 10-15 years ago

to see how he/she used to look. The process gets rushed, and the result is an unrecognizable person. My work is my art. I love what I do, and I want patients to love what I do. That is why I personally perform all the procedures, and between myself and my staff we give patients the best care possible. ■



Before



During



Before



Before



Before



Before



After



After



After