

***Community Resources  
For White County  
Bondecroft & Sparta  
Head Start Centers  
2025-2026***



To locate additional information on Community  
Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

***Developed and Distributed by L.B.J. & C. Head Start***

## **Table of Contents**

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement. ....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 6
Dental Providers/.....	Page # 7
Disabilities.....	Page # 7
Domestic Violence.....	Page # 8
Drug/Alcohol Abuse.....	Page # 9
Emergencies. ....	Page # 10
Food/Clothing& Utilities.....	Page # 10
Housing/Homeless.....	Page # 11
Insurance. ....	Page # 13
Legal/Gov. Assistance.....	Page # 13
Marriage/Strengthening.....	Page # 14
Marriage (Pre-Counseling).....	Page # 14
Medical Providers/TennCare.....	Page # 15
Medical Providers/.....	Page # 16
Mental Health Providers/TennCare.....	Page # 17
Mental Health Providers/.....	Page # 18
Quit Tobacco Resources.....	Page # 18
Raising Children.....	Page # 19
Transportation.....	Page # 19
Youth Involvement.....	Page # 20
Language Assistance .....	Page # 21

## **Adult Education:**

### **St. Raphael's Episcopal Church**

Crossville, TN 38555

931-484-2407

931-788-5073 = Directors Number

*(Assists adults with reading comprehension, remedial work, and understanding English as a Second Language)*

### **Roane State Community College**

Crossville, TN 38555

931-456-9880

*(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)*

### **TENNESSEE RECONNECT**

Tennessee Reconnect Is The State Of Tennessee's Initiative To Help Adults Enter Higher Education So That They May Gain New Skills, Advance In The Workplace, And Fulfill Lifelong Dreams Of Completing A Degree Or Credential.

[ask@tnreconnect.gov](mailto:ask@tnreconnect.gov)

Or call 800-342-1663

### **Tennessee Technology Center**

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

*(Assists Adults to further their education and job skills training)*

[www.UCReconnect.com](http://www.UCReconnect.com)

931-526-2211

## **Adult Job Training Services:**

### **American Job Center**

931-520-9502

Anthony.scionti@tn.gov

### **Families Resource Center**

Sponsored by: White County Board of Education

Sparta, TN. 38583

(931) 836-2229

[aprilyoung@whitecoschools.net](mailto:aprilyoung@whitecoschools.net)

*(Assists Adults to further their education)*

### **Career Center**

60 Ridley Street

Crossville, TN. 38555

(941) 484-7456

*(Assist adults to find jobs and provides basic training on job seeking skills)*

### **Social Security Administration - SSI Program**

1145 Perimeter Park Dr

Cookeville, TN 38501

1-888-717-1528

*(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)*

### **Tennessee Technology Center**

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

*(Assists Adults to further their education and job skills training)*

**Upper Cumberland Human Resource Agency – White County**

826 Valley View Drive

Sparta, TN 38583

931-738-6255

(Assist with *Children's Issues, Food, Health, Housing, and*

*Money/***Employment Assistance**

*Transportation/Utilities. UCART*

*provides public transportation services*

*for low -income individuals, financial*

*assistance for daycare expenses for*

*Family First participants, food*

*commodities program, emergency funds*

*for utility, rent and prescription*

*medication payment, meals on wheels*

*services, home energy assistance*

*program.*

**Resources for Bereavement:**

**Heart of the Cumberland**

377 Short St or P.O. Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

*Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances*

**Healthy Bereavement & Grief Classes/Education**

Highlands Medical Center

401 Sewell Rd

Sparta, TN

931-738-9211

**Gentiva Hospice**

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

**Hospice of Cumberland County**

Meets at the First United Methodist Church

First Tuesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

**Childcare:**

**BLUE SPRINGS DAY CARE**

2175 DORAN ROAD

SPARTA, TN 38583

(931) 738-9394

*(Call for fees)*

**BONDECROFT HEAD START**

9020 CROSSVILLE HWY

SPARTA, TN 38583

(931) 450-8200

*(Free Service)*

**CASSVILLE ELEM PRE-KINDERGARTEN (-E-)**

261 WILL THOMPSON ROAD

SPARTA, TN 38583

(931) 761-2277

*(Call for fees)*

**DEBBIES DAYCARE**

336 LEON DRIVE

SPARTA, TN 38583

931-836-8480

**DOYLE ELEMENTARY SCHOOL AGE CARE (-E-)**

174 W.GOOSENECK ROAD

DOYLE, TN 38559

(931) 657-2287

*(Call for fees)*

**FINDLAY ELEMENTARY PRE-KINDERGARTEN (-E-)**

576 HALE STREET  
SPARTA, TN 38583  
(931) 738-2412  
*(Call for fees)*

**HEAVENLY SUNSHINE**

LISA SCOTT  
COOKEVILLE, TN 38506  
(931) 738-3882  
*(Call for fees)*

**Mary Poppins Daycare**

Cliffview Dr  
Sparta, TN 38583  
931-492-1282

**NORTHFIELD ELEMENTARY SCHOOL AGE CARE (-E-)**

570 S.BUNKER HILL ROAD  
SPARTA, TN 38583  
(931) 761-7979  
*(Call for fees)*

**Shepard's Little Flock Preschool**

1461 Sparta Hwy  
Crossville, TN 38572  
931-707-0508

**SPARTA HEAD START**

430 N Spring St  
SPARTA, TN 38583  
(931) 450-8261  
*(Free Service)*

**Tender Care**

958 McMinnville Hwy  
Sparta, TN 38583  
931-739-8145

**TLC**

3235 MONTEREY HIGHWAY  
SPARTA, TN 38583  
(931) 739-7767  
*(Call for fees)*

**THE SECRET GARDEN**

258 NORTH SPRING STREET  
SPARTA, TN 38583  
(931) 837-5337

**WOODLAND PARK**

**ELEMENTARY B/A CARE (-E-)**

88 PANTHER DRIVE  
SPARTA, TN 38583  
(931) 738-3505  
*(Call for fees)*

**Resources to Help in Child Abuse Situations**

**Avalon Center**

Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office  
*(Crisis line for those being physically or sexually assaulted)*

**Child Abuse Hotline**

900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004  
*(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)*

**Crossroads Counseling**

Crossville, TN 38555  
931-707-8921  
Contact: Tom Netherton, LPC, LPE  
*(Child Abuse, Domestic Violence, Drug/Alcohol Abuse, Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments,*

*psychosexual, psychosocial and/or  
psychological evaluations.)*

**Sparta City Police**

323 E. Bockman Way

(931) 836-3734

911 Emergencies

*(Assist with emergency situations)*

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive  
Director

931-823-6432 & 800-635-5199

*(Assist parents with building nurturing  
home-environments and prevent  
abuse/neglect through home-visitation  
programs, parenting classes, &  
community education programs)*

**Tennessee Commission on  
Children/Youth**

1000 Neal Street

Cookeville, TN 38501

(931) 520-4445

*(Assist with issues concerning the  
welfare of children)*

**White County Health Department**

135 Walker Street

Sparta, TN 38583

(931) 836-2201

**White County Sheriff's Department**

Justice Center 111 Depot St.

(931) 836-2700

911 Emergencies

*(Assist with emergency situations)*

**Youth Services Officer**

White County Justice Center

111 Depot Street

Sparta, TN 38583

(931) 836-2069

**Dental Providers who take  
TennCare:**

**Algood Family Dental**

172 W Main St

Cookeville, TN 38506

931-537-9948

931-537-2808 fax

**Cavity Commando**

1265 Interstate Drive

Cookeville, TN 38501

931-783-1491

**Cookeville Regional Dental Clinic**

350 S. Lowe Ave.

Cookeville, TN 38501

(931) 528-5105

**Crossville Dental Clinic**

Dr. Teresa E. Ellis

1720 West Ave., suite 106

Crossville, TN 38555

(931) 484-3007

**Cumberland Pediatric Dentistry**

510 S Jefferson Ave

Cookeville, TN 38501

931-854-1200

**Dr. Charles Burdeshaw**

107 Bon nabrook Dr.

Hermitage, TN

1-800-373-3330

615-889-1654

**Dr. Chuck Krusa**

289 Highland Sq.

Crossville, TN 38555

(931) 484-3664

**Dr. Gentzler**

106 Babb Dr. Lebanon, TN 37087  
615-443-3633

**Dr. Richard Prichard**

10480 Walden Street  
Soddy Daisy, TN 37379  
(423) 332-5544

**Dr. David Snodgrass**

4761 Andrew Jackson Parkway  
Hermitage, TN 37076  
615-866-3343

**Dr. Witherington**

815 Webber Avenue, #101  
Crossville, TN 38555  
(931) 484-3053  
*(Oral surgeon/need referral)*

**Dr. John Bell**

2931 Essary Rd.  
Knoxville, TN  
(865) 687-4450

**Dr. Eric Wood**

206 Rivergate Parkway, Suite A  
Goodlettsville, TN 37072  
(615) 859-9994

**Upper Cumberland Dental**

554 W. Main St.  
Algood, TN  
(931) 537-2254

**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**Dental Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503  
*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Resources for persons with  
Disabilities:****ARC - Cumberland County**

269 Hayes Avenue  
Crossville, TN 38557  
931-456-0206 or 931-432-7509

**Children's Special Services**

Sparta, TN  
931-836-2201

**Cumberland Veterans Affair**

2 N. Main St.  
Crossville, TN 38555  
(931) 456-0090

**Hill Toppers**

151 Sweeney Dr.  
Crossville, TN 38555  
(931) 484-2535

**Social Security Administration - SSI  
Program**

1145 Perimeter Park dr.

Cookeville, TN 38501  
1-888-717-1528

**TN Early Intervention System (TEIS)**

1519 E Spring St. #G  
Cookeville, TN  
Education/Training  
(931) 528-1623  
*(Assist children/families birth - 3 yrs)*

**Tennessee Department of Human Services - White County**

620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**Upper Cumberland Development District**

1104 England Dr.  
Cookeville, TN 38501  
931-432-4111

**Resources to help in Domestic Violence Situations:**

**Avalon Center**

196 10<sup>th</sup> St.  
Crossville, TN. 38555  
1-800-641-3434 24-hour crisis line  
(931) 484-4642 24-hour crisis line  
(931) 456-0747 Center office  
*(Crisis line for those being physically or sexually assaulted)*

**Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 525-1637

**Hotline:** 800-707-5197

*(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic*

*violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).*

**Omni Community Health**

665 S Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies  
*(Assist with emergency situations)*

**The Exchange Club/Stephens Center for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive Director  
931-823-6432 & 800-635-5199

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-2700  
911 Emergencies  
*(Assist with emergency situations)*

**Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:**

***All Local Churches in Area***

**Alcoholics Anonymous**

180 Janice Dr.  
Sparta, TN 38583  
931-239-3761



**Cumberland Heights Drug Treatment Center**

66 Hermans Ln  
Crossville, TN 38555  
931-250-5200  
1-800-646-9998

**Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-9511

**Cumberland Mtn. Mental Health Center**

4325 Hwy 127 North  
Crossville, TN 38555  
(931) 484-8020

**Department Of Children's Services**

620 Roosevelt Drive  
Sparta, TN  
(931) 837-8259

**Drug Tip Hotline**

Sponsored by: Cumberland County  
Sheriffs Department  
(931) 484-4444

**Drug Abuse Hotline**

1-800-888-9383

**Fourth Dimension Inc.**

Hwy 70 North  
Crossville, TN 38555  
(931) 484-4255

**House of Hope**

Cumberland Children's Center  
165 Bob Tollett Loop  
Crossville, TN 38555  
(931) 707-2273

**Omni Community Health**

665 S Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Mary Scott Turner Foundation**

[www.mstrc.org](http://www.mstrc.org)  
180 Janice Dr. Sparta, TN 38583  
931-239-3761

**Meth Hotline/Statewide**

1-877-866-6384

**Narcotics Anonymous**

2229 West Ave  
Crossville, TN 38555  
931-484-6384

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies

**Teen & Adult Challenge**

200 Freedom Ln  
Livingston, TN 38570  
1-888-688-0470

**Thirteenth Judicial Task Force**

1270 W. Broad St.  
Cookeville, TN. 38501  
(931) 528-5400

**Upper Cumberland-Community Services Agency**

1000 England Drive #F  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-2700  
911 Emergencies

**White Co Anti Drug Coalition**

755 Millers Pt  
Sparta TN  
931-269-3761

**Assistance in the event of an  
Emergency Situation:**

**Air Evac Life Team**

106 Emergency Services Drive  
Albany, KY 42602  
(606) 387-9099

**Bondcroft Volunteer Fire  
Department**

Bondcroft, TN  
931-935-9001

**Disaster Assistance**

DisasterAssistance.gov

**Eastland Volunteer Fire Department**

931-935-8200

**Putnam County Emergency  
Management Agency**

700 County Services Dr.  
Cookeville, TN  
931-528-7575

**Poison Control**

1-800-222-1222

**Sparta City Police**

323 E. Bockman Way  
(931) 836-3734  
911 Emergencies

**Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
615-226-7766

**Sparta Fire Department**

715 North Spring St.  
(931) 738-7380  
911 Emergencies

**TEMA**

[www.tn.gov/tema](http://www.tn.gov/tema)

**Thirteenth Judicial Task Force**

1270 W. Broad St.  
Cookeville, TN. 38501  
(931) 528-5400

**White County Sheriff's Department**

Justice Center 111 Depot St.  
(931) 836-2700  
911 Emergencies

**Assistance with  
Food/Clothing/Utilities Needs:**

**Bread of Life Homeless Shelter and  
Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0503

**Bondcroft Baptist Church**

8345 Crossville, Hwy  
Sparta, TN 38583  
931-835-2090

**Central Church of Christ- Open**

Tuesday 9 AM- 1 PM 45 N Main St  
Sparta TN 38583 931-836-2874

**Cumberland Co. Good Samaritans**

281 10<sup>th</sup> St.  
Crossville, TN 38555  
(931) 484-3225

**Community Education Office for the  
Food Stamp Program**

*Legal Aid Society of Middle Tennessee  
and the Cumberlands*

9 South Jefferson Avenue, #102  
Cookeville, Tennessee 38501  
Phone: 931.528.7436 Toll Free:  
800.262.6817

**DeRossett Church of Christ**

931-935-2662

**Doyle Help Center** - Open Thursday 8 AM -12PM 5106 McMinnville Hwy, Doyle, TN 38559

**East Sparta Church of God**- Open Monday 9:00 AM- 1:00 PM 515 Bockman Way Sparta TN 38583 931-836-3389

**First Baptist Church**- 1st Tuesday of the month 11AM (food and hot meal) (other assistance available by calling Monday- Thursday 9AM- 4PM) 308 N Spring Street Sparta, TN 38583 931-836-2269

**First United Methodist Church**  
100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537

**Lansden Church of Christ**  
4250 Fanchers Mill  
Sparta, TN  
931-761-3240

**Life Church**  
Call for assistance with food 427 W Bockman Way, Sparta, TN 38583 931-837-5145

**Linary Church of Christ**  
1244 Old Hwy 28  
Crossville, TN 38555  
(931) 484-5961

**Little Food Pantry** - self serve 24/7 234 King Street Sparta, TN 38583 (behind Hardee's)

**New Beginnings Fellowship Church**  
12 Mariners Point  
Crossville, TN. 38555  
(931) 484-7729

**Pennies for the Needy**  
5 W. Maple St., #35  
Sparta, TN. 38583  
931-836-2344

**Pleasant Hill Baptist Church**  
No Kids Do Without  
699 Pleasant Hill Rd  
Sparta, TN 38583/Pastor Mike Prater

**Pleasant Hill Community Church**  
67 Church St. Pleasant Hill, TN  
(931) 277-3193

**Saint Alphonsus Community Services**  
51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

**Tennessee Department of Human Services - White County**  
620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**United Fund of Crossville**  
348 Taylor St.  
Crossville, TN 38555  
(931) 484- 4082

**Upper Cumberland Human Resource Agency – White County**  
826 Valley View Drive  
Sparta, TN 38583  
931-738-6255

### **Resources to assist with Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569

**Crossville Housing Authority**  
67 Irwin Avenue

Crossville, TN. 38555-4746  
Phone: (931) 484-2990

**Habitat for Humanity**  
329 McLarty Lane  
Crossville, TN 38555  
931-484-4565

**HART**  
Homeless Advocacy for Rural  
Tennessee  
Grant based program, which allocates  
homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Pennies for the Needy**  
Community Assistance Agency  
5 West Maple St Suite 35 American  
Legion Bldg.  
Sparta, TN. 38583  
931-836-2344

**Seeds of Hope of TN**  
Homeless Shelter and Resources  
Seeds of Hope of TN is a Non-profit  
organization that helps families achieve  
Freedom from addiction &  
homelessness. They offer supportive  
services and assist families to maintain a  
self-sufficient lifestyle in recovery using  
a trauma informed approach.  
Sparta, TN 38583  
[seedsofhopetn@yahoo.com](mailto:seedsofhopetn@yahoo.com)  
Tina Lomax 931-303-6695  
Stacy Scott 931-212-8915

**Self-Help Housing Program**  
Crossville, TN. 38555  
931-484-2990

**Sparta Housing Authority**  
300 Cragrock Drive  
Sparta, TN. 38583  
931-836-3357

**St Andrews Catholic Church** Thursday  
10AM- 12 PM 829 Valley View Drive  
Sparta, TN 38583 931-738-2140

**United States Department of  
Agriculture**  
Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

**Upper Cumberland Homeless Shelter**  
15 Division Street  
Crossville, TN. 38555  
(931) 456-8172

**WHITE COUNTY SCHOOL  
FAMILY RESOUCCE CENTER**  
CONTACT: BEVERLY  
DRONEBARGER  
931-738-9238

**SERVICES OFFERED BY THE FRC**

- EMERGENCY FOOD AND CLOTHING
- SECOND HARVEST FOOD BANK BACKPACK PROGRAM
- CONFIDENTIAL ASSISTANCE AND REFERRALS
- ACCESS TO RESOURCES SUCH AS SCHOOL SUPPLIES AND BOOKS
- SCOTTISH RITES SHOE PROJECT WHICH PROVIDES SHOES TO CHILDREN IN NEED

- THANKSGIVING AND CHRISTMAS MEALS AND GIFTS
- SWAT-STOP WITH ALL TOBACCO
- ACCESS TO RESOURCES SUCH AS A LENDING LIBRARY WITH VIDEOS AND BOOKS REGARDING LICE EDUCATION, PUBERTY, SELF-ESTEEM, DRUG ADDICTION, SEX EDUCATION, CONFLICT RESOLUTION, HEALTH, EXERCISE, CRISIS MANAGEMENT, AND PARENTING IS AVAILABLE TO THE COMMUNITY AND SCHOOL STAFF.

### **Assistance with Insurance Needs:**

#### **Blue Cross Blue Shield**

(865) 588-4612 Group Insurance  
1-800-845-2738  
*(Affordable Insurance for Families & Individuals)*

#### **Medicaid/TennCare**

#### **Tennessee Department of Human Services - White County**

620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

*(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

#### **Partnership for Prescription Assistance**

Phone: 1-888-477-2669

[www.pparx.org](http://www.pparx.org)

*If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help*

#### **Tennessee Justice Center**

211 7<sup>th</sup> Ave. North #100  
Nashville, TN  
615-255-0331

*Assists with strategies for obtaining TennCare and appeals process, etc.*

### **Legal/Governmental Assistance:**

#### **Child Support Services of Tennessee - Cookeville**

580 South Jefferson Ave.  
Cookeville, TN 38506  
931-528-8598

#### **Crossville Housing Authority**

67 Irwin Avenue  
Crossville, TN. 38555-4746  
Phone: (931) 484-2990

#### **Legal Aid Society of Middle Tennessee and the Cumberland**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

#### **Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day, 7 days a week  
Phone: = 931-526-5197  
Hotline: 800-707-5197  
Translation services offered: Yes

**Tennessee Department of Human  
Services - White County**  
620 Roosevelt Drive  
Sparta, TN. 38583  
931-837-8256

**Tennessee 211**  
1-800-318-9335

**Upper Cumberland-Community  
Services Agency**  
417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Resources to Strengthen  
Marriages:**

**Assessment/Counseling/training  
Services (ACTS)**  
377 Short St.#D  
Cookeville, TN. 38501  
(931) 528-9399

**Christian Counseling**  
348 Taylor St.  
Crossville, TN 38555  
931-707-8200

**Cumberland Mtn. Mental Health  
Center**  
4325 Hwy 127 North Crossville, TN  
38555  
(931) 484-8020

**Cumberland Worship Center**  
145 Interstate Drive Crossville, TN.  
38555  
(931) 707-9855

**Omni Community Health**  
665 S. Jefferson Ave.  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359  
(615) 781-0688

**Patricia Guthrie, Therapist**  
44 Hayes Street **Crossville, TN 38555**  
(931) 456-9367

**Pastoral Counseling Center**  
291 Sparta Hwy.  
Crossville, TN 38555  
931-484-0203

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**  
616-B North Church Street  
Livingston, TN 38570  
931-823-6432 & 800-635-5199

**Upper Cumberland Development  
District**  
1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

**WARRIOR COUNSELING**  
NATALIE WHORTON MA, LPC-  
MHSP  
705 HOWELL ST  
SPARTA, TN  
931-510-8365 COVER KIDS SELECT  
& TNCARE SELECT AND OTHER  
INSURANCES ACCEPTED

## **Pre- Marriage Counselors:**

### **Assessment/Counseling/training Services (ACTS)**

377 Short St. #D  
Cookeville, TN. 38501  
(931) 528-9399  
931-528-6167

### **Bethlehem Baptist Church**

626 Potato Farm Rd.  
Crossville, TN 38555  
Church: (931) 456-0239

### **Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855

### **Linary Church of Christ**

1244 Old Hwy 28  
Crossville, TN 38555  
931-484-5961

### **Never Fail Community Church**

13348 US 70  
Sparta, TN. 38583  
(931) 277-5032

### **Patricia Guthrie, Therapist**

44 Hayes Street  
Crossville, TN 38555  
(931) 456-9367

### **Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074

### **Tollet's Chapel**

95 Tabor Loop  
Crossville, TN 38555  
(931) 484-5220

## **Medical Providers who take TennCare:**

### **Children's Special Services**

Sparta, TN  
931-836-2201  
*(Assists with the medical needs of  
children and young adults from birth to  
age 21 with chronic health issues. They  
offer assistance with medical bills,  
hearing aids, speech/language pathology  
for children under age 3, transportation,  
and TennCare appeals. Referrals are  
made through the local county Health  
Department. Eligibility is determined at  
time of referral and is based on income  
and access to other medical resources.)*

### **Cookeville Pediatrics Associates**

150 N. Willow Ave.  
Cookeville, TN. 38501  
(931) 528-1485  
*(Takes TennCare)*

### **Crossville Medical Group**

100 Lantana Road, Suite # 202  
Crossville, TN. 38555  
(931) 484-5141

### **Crossville Medical Group/Walk-in Clinic**

60 Crossville Medical Group Drive  
Suite # 109  
Crossville, TN. 38555  
931-484-5141

### **Cumberland County Medical Center**

421 South Main St.  
Crossville TN 38555  
(931) 484-951

### **Dr. Berman**

3234 Miller Ave.  
Crossville TN 38555  
(931) 707-8700

**Dr. Kimberly Claypool-Johnson**  
49 Cleveland St. Suite 240  
Crossville TN 38555  
(931) 456-5814

**Dr. Robert Baker**  
207 East Bockman Way  
Sparta TN 38583  
(931) 836-6461

**Dr. Buchanan**  
1645 South Main Street  
Crossville TN 38555

**Dr. Mollie Dodson**  
705 Howell St.  
Sparta TN 38583  
(931) 836-6461 or 739-0048

**Fast Pace Urgent Care**  
150 Sam Walton Dr  
Sparta, TN 38583  
931-739-4000

**Dr. Flint**  
65 Sewell Drive  
Sparta TN 38583  
(931) 738-9316

**Dr. Griffin**  
433 Sewell Drive  
Sparta TN 38583  
(931) 739-3000

**Dr. Hallmark**  
1036 North Main St.  
Crossville TN 38555  
(931) 484-7040

**Dr. Hassler**  
3234 Miller Ave.  
Crossville TN 38555  
(931) 707-8700

**Dr. Johnson**  
4147 Hwy 127 N #102  
Crossville, TN 38555  
(931) 484-2220

**Dr. Kouchecki**  
40 Elmo Dr.  
Crossville TN 38555  
(931) 484-5525

**Dr. Victor Shada**  
1264 Dayton Ave.  
Crossville, TN 38555  
(931) 484-4560

**Dr. Vish**  
15 Walker Hill Circle  
Crossville TN 38555  
(931) 484-1100

**Dr. Ty Webb**  
457 Vista Drive  
Sparta TN 38583  
(931) 738-3383

**Kids Kare /Dr. Climico**  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173  
(Takes TennCare)

**Family Walk-in Clinic**  
42 Dooley Street  
Crossville, TN. 38555  
(931) 707-7117

**Providence Family Medicine**  
Katina England Huff, PA-C  
287 W. Turntable Rd.  
Sparta, TN 38583  
931-836-3262

**White County Health Department**  
135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Hospital**  
Sparta, TN 38583  
931-738-9211

**White County Women's Health Care**  
435 Sewell Dr.  
Sparta, TN 38583  
931-738-9140



**White County Walk-in Clinic**  
Sparta, TN 38583  
931-836-2228

**Medical Providers, who may not  
take TennCare, but offer  
services to low-income families:**

**Bread of Life Homeless Shelter and  
Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

*(Primary care medical clinic for  
uninsured no-income and low -income  
persons. Medication, clinic, dental  
services for extractions only. Long-term  
day shelter program for families, single  
men and women or single parents with  
children. Employment and emergency  
food assistance is available)*

**Children's Special Services**

Sparta, TN  
931-836-2201

*(Assists with the medical needs of  
children and young adults from birth to  
age 21 with chronic health issues. They  
offer assistance with medical bills,  
hearing aids, speech/language pathology  
for children under age 3, transportation,  
and TennCare appeals. Referrals are  
made through the local county Health  
Department. Eligibility is determined at  
time of referral and is based on income  
and access to other medical resources.)*

**White County Health Department**

135 Walker Street  
Sparta, TN 38583  
(931) 836-2201

**White County Hospital**

Sparta, TN 38583  
931-738-9211

**Mental Health Providers who  
take TennCare:**

**ACTS**

377 Short St.  
Cookeville, TN 38503  
(931) 528-9399

**Cumberland Plateau Recovery**

335 Newman Dr. Ste. A  
Livingston, TN. 38570  
(931) 403-3577

**Cumberland Mountain Mental Health  
Center**

4325 Hwy 127 North  
Crossville, TN 38571  
(931) 484-8020

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN. 38570  
(931) 823-5678

**Health Connect America**

755 Millers Point Rd.  
Sparta, TN 38583  
(931) 837-6042

**Plateau Mental Health**

1200 S. Willow Ave.  
Cookeville, TN. 38501  
(931) 432-4357 **24-hour hotline**

**Rape and Sexual Assault Response  
Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation = 24 hrs/day,  
7 days a week  
Phone: = 931-526-5197  
**Hotline:** 800-707-5197

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

*(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)*

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow  
PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

*(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)*

**Mental Health Providers, who may not take TennCare, but offer services to low-income families:****Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

*(Provide Assistance with Marriage & Mental Health Counseling)*

**Insightful Pediatric and Family Therapy, LLC**

410 Spring St  
Sparta, TN 38583  
931-246-9449

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

*(A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123  
Hotline: (877) 567-6051

*(Assist persons with disabilities and mental illness in various ways)*

**Quit Tobacco Resources****Tennessee Tobacco Quitline:**

1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation  
Ruth Lucas  
1503 S Main St.  
Crossville, TN 931-484-6196

**White County Hospital**

Quit 4 Life Smoking Cessation  
Greg Williams  
931-738-9211

**Cookeville Regional Medical Center-  
Algood Room**

Quit 4 Life Smoking Cessation  
Tandy Todd  
142 W. 5<sup>th</sup> St.  
Cookeville, TN 38501  
931-528-5176

**March of Dimes and Tennessee  
Department of Health, WIC Program**

S.M.A.R.T. – Smart Mothers are  
Resisting Tobacco  
1-800-884-9301  
**Nicotine Anonymous**  
[www.nicotineanonymos.org](http://www.nicotineanonymos.org)

**American Lung Association**

Freedom From Smoking  
[www.lungusa.org](http://www.lungusa.org)

**American Lung Association of  
Tennessee**

1-800-432-5864  
[www.lungusa.org](http://www.lungusa.org)

**Former Smokers**

The No Smoke Café  
[http://clever.net/chrisco/nosmoke/stop.ht  
ml](http://clever.net/chrisco/nosmoke/stop.html)

**Resources to assist persons  
raising children possibly other  
than their own:**

**Agricultural Extension Service -  
White County**

117 South Main Street  
Sparta, TN 38583  
931-836-3348

**Department Of Children's Services**

620 Roosevelt Drive  
Sparta, TN  
(931) 837-8259

**CHANT**

Upper Cumberland  
Regional Office  
1100 England Drive  
Cookeville, TN 38501  
931-520-4219

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

616-B North Church Street  
Livingston, TN 38570  
Contact: Carolyn Isbell, Executive  
Director  
931-823-6432 & 800-635-5199

**Relative Caregiver Program**

1104 England Dr..  
Cookeville, TN. 38501  
(931) 526-6900

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6905

**Resources to assist with  
Transportation Needs:**

**Upper Cumberland Human Resource  
Agency – White County**

826 Valley View Drive  
Sparta, TN 38583  
931-738-6255

*(Assist with Children's Issues, Food,  
Health, Housing, Money/Employment  
Assistance, Transportation/Utilities.  
UCART provides public transportation  
services for low -income individuals,  
financial assistance for daycare  
expenses for Family First participants,*

*food commodities program, emergency funds for utility, rent and prescription medication payment, meals on wheels services, home energy assistance program.*

**Holman's Taxi Service**

15 West Maple Street  
Sparta, TN 38583  
931-836-3888

**Promoting Youth Involvement:**

**Agricultural Extension Service -  
White County/4-H Program**

117 South Main Street  
Sparta, TN 38583  
931-836-3348

*The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.*

**ASSE**

International Student Exchange  
Programs  
404-754-1667  
1-800-473-0696

*(Volunteers assist young people from other Countries and encourages American students to study abroad)*

**Crossville Recreational Youth Soccer Association**

Crossville Centennial Park  
Crossville, TN. 38555  
(931) 456-6632  
Contacts: Geir Berwin

*(Provides opportunities for youth to become involved in soccer and community activities)*

**Cumberland Worship Center**

145 Interstate Drive  
Crossville, TN. 38555  
(931) 707-9855  
Contacts: Tyler Vaughn, Donna Mullins & Joyce Green  
*(Youth group provides opportunities for community involvement)*

**Cumberland Fellowship Baptist Church**

1640 West Ave  
Crossville, TN. 38555  
(931) 707-1883  
*(Youth group provides opportunities for community involvement)*

**First United Methodist Church**

100 Braun Street  
Crossville, TN. 38555  
(931) 484-3537  
*(Youth group provides opportunities for community involvement)*

**Neverfail Community Church**

2080 Red Rd  
Sparta, TN 38555  
Contact: Elliott or Emily Roberts  
(931) 277-5663  
(931) 277 5032

**Saint Alphonsus Community Services**

51 Saint Alphonsus Way  
Crossville, TN 38555  
(931) 484-8074  
Contact: Mary Mitter  
*(Youth group provides opportunities for community involvement)*

**Teens Against Drugs (TAD Center)**

Crossville, TN.

**WCTE American Graduate & Ready To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

**YMCA**

123 Moore Street  
Sparta, TN. 38583  
(931) 836-3330  
*(Assists young people to become involved in exercise activities and community events)*

**Language Assistance**  
**(All Counties)**

**Brent Simpson**  
931-212-8097

**County Health Depts. - Primary Health Care Services**

*County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community.*  
***(Spanish Language Services)***

**Department of Human Services, Counties**

*A state government agency that provides the following financial assistance and*

*health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**  
(615) 227-7500  
(800) 280-8682

**Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN 37150  
(615) 699-6279

**Hispanic Service Ebenezer**

PO Box 712  
McMinnville, TN 37111  
Phone: 9314741551

**Omni Community Health**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051  
*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.*  
***(Spanish Language)***