



Hi Friends,

My name is Ben and I'm the new coach on the block. I was born and raised right here in Austin. I started gymnastics late in my youth at 10 years old, but I was able to make the best of my three year gymnastics TNT(Trampoline and Tumbling) career by winning gold at regionals in all three events my last two years and placing 4th in the junior Olympics in Trampoline. I honestly can say without a doubt in my mind that being a coach is something I've

always had an interest in, even back to when I was still in gymnastics. Having fun and being able to express yourself in your own way is something I never want to take away from the experience of your child. A few things about me really quick: I love to work out and stay fit. I love playing football with my friends, and I also love playing on my computer from time to time. I'm so excited to be here and be able to teach the upcoming future not only to do gymnastics the right way, but to also show our future generation how to be respectful and treat others like they would want to be treated. I can't wait to see you all and get this show on the road!!

- Ben Njoku