

NONFAT THIN MINT COOKIES FROZEN YOGURT

YOCREAM[®]

NONFAT

Nutrition Facts

Serving Size 1/2 Cup (83g)
Servings Per Container

Amount Per Serving

Calories 110 **Calories from Fat 5**

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 90mg **4%**

Total Carbohydrate 24g **8%**

Dietary Fiber 0g **0%**

Sugars 18g

Protein 2g

Vitamin A 0% • **Vitamin C 0%**

Calcium 10% • **Iron 2%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Corn Syrup, Whey, Maltodextrin, Cake Base (Flour, Sugar, High Oleic Canola Oil and/or Soybean Oil, Cocoa (processed with alkali), High Fructose Corn Syrup, Baking Soda and/or Calcium Phosphate (leavening agent), Salt, Soy Lecithin, Chocolate, Vanillin), Marshmallow Creme (Corn Syrup, Sugar, Water, Egg Whites, Artificial Flavor, Cream of Tartar, Xanthan Gum, FD&C Blue #1), Nonfat Dry Milk, Natural and Artificial Flavors, Titanium Dioxide (For Color), Mono- & Diglycerides, Cellulose Gum, Guar Gum, Yellow #5, Blue #1, Modified Food Starch, Carrageenan, Pectin. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Allergens:

Milk: YES
Egg: YES
Peanut: NO
Wheat: YES
Soy: YES
Tree Nuts: NO

Notes:

Kosher Certified.



*Meets the National Yogurt Association Criteria for Live and Active Culture Frozen Yogurt