

# STITCHIN' for KIDS

FROM OUR HEARTS & HANDS TO YOURS

## Robe

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Flannel robe on left is shown with flannel nightgown made with the Crop Top dress variation.  
Robes on right are shown with Short Top and Elastic Waist Pants.

This robe fits the 14" Hearts for Hearts doll. The instructions were written as part of an effort to give dolls with outfits to young patients in hospitals.

### **Important**

Print pattern full size and check that the one inch square equals one inch before beginning to sew. If it does not, please adjust accordingly.

**Requirements:**

Pattern for the Robe

Fabric: 24" by 14"- which you'll fold in half to 7" by 24" before cutting out pattern

Bias tape or fabric to be used to create bias binding strip

Scissors, thread, pins, sewing machine in good working order, etc.

**Options:**

Robe length can be altered to match length of PJs or Nightgown

**Assumptions:**

All seams are 1/4 inch unless specified.

**Preparation:**

- Back - Cut one piece using the back pattern placing the pattern on the fold.
- Front - Cut two pieces using the front pattern ensuring one is cut in reverse.
- If hemming instead of binding sleeve, fold back pattern where indicated on pattern
- Length of bias strip will depend on length of Robe. Cut a strip of fabric on the bias 1 1/4" wide and 30 long for a knee length Robe. This will be enough to bind the neckline and front -- and sleeve hem if sleeve binding option is chosen.

**Construction:****1. Shoulders and Neck Opening**

- Attach left front to back by placing right sides together at shoulder seams. Press seams open. Repeat to attach right front to back.
- Neck Opening
  - Press 1/4" hem on one long edge of bias strip
  - Right sides together sew raw edge of bias strip to the robe neckline and down the front.
  - Press bias strip so that it is right side up, then fold bias strip to wrong side of robe on seamline
  - Pin, then stitch in the ditch from the front.

**2. Sleeve Hems**

- Option 1 Binding Sleeve
  - With bias tape or strip open sew it right sides together to the bottom of the sleeve
  - Press bias strip so that it is right side up, then fold bias strip to wrong side of sleeve on seamline
  - Press raw edge of bias strip in 1/4" and fold over covering seamline.
  - Pin then stitch in the ditch from the front.
- Option 2 Traditional Hem
  - Turn sleeve hem up 1/4" and stitch, and then turn up another 1/4" and stitch.
  - Repeat on other sleeve.

**3. Side Seams**

- With right sides together, pin sleeve sides and front to back. Stitch. Clip underarm and curves. Overcast or zigzag seam allowance.
- Press seam towards back.
- Repeat for other side seam.

**4. Hem**

- Turn hem up 1/4" and stitch, and then turn up another 1/2" and stitch.



Robe Front

Cutting Line  
if binding →

Cut 2

1 inch

Cutting line  
if binding

Robe

Back

↑ Place on fold

Cut 1  
on fold

1 inch