

Kittitas County EMS Division

2025 OTEP/CME Personal Record of Training

Name: _____ Certification: _____ Exp. Date: ___/___/___

Quarter 1: Infectious Disease Prevention/PPE & WA DOH Multicultural Health Awareness & Health Equity Education for EMS.

Online 24-7 EMS:

- Bloodborne Pathogens (due before in-person session)
- Scene Safety (due 12/31/25)
- Workplace Health (due 12/31/25)

Classroom Session/Skills: WA DOH Curriculums as noted above, and donning & doffing PPE, and Updates.

Due: 3/31/25

Instructor/Class Coordinator Signature: _____ **Date:** _____

Quarter 2: Pediatric Medical Emergencies & Obstetrics/Childbirth

Online 24-7 EMS: due before in-person session

- Pediatric Fevers & Seizures
- Obstetrics & Childbirth

Classroom/Skills: Pediatric Assess/Treat & OB Assess/Treat/Delivery, Infant/Neonate HPCPR, and Updates.

Due: 6/30/25

Instructor/Class Coordinator Signature: _____ **Date:** _____

Quarter 3: Trauma Assessment & Orthopedic Emergencies & Spinal Motion Restriction (all ages)

Online 24-7 EMS: due before in-person session

- Extreme Sports Injuries
- Geriatric Trauma Hip Injuries
- Spinal Injury Management

Classroom/Skills: Trauma Orthopedics Assess/Treat, Spinal Motion Restriction, and Updates

Due: 9/30/25

Instructor/Class Coordinator Signature: _____ **Date:** _____

Quarter 4: Stroke Emergencies & HPCPR Renewal & Annual Pharmacology

Online 24-7 EMS & HSI: due before in-person session

- Stroke Emergencies
- HSI HPCPR

Classroom/Skills: Stroke Assess/Treat, Adult HPCPR, Pharmacology Review, and Updates

Due: 12/31/25

Instructor/Class Coordinator Signature: _____ **Date:** _____

NOTE: Pharmacology Review & Update, EMS Protocols, EMS Local and Regional Operating Procedures, WA State Guidelines, and WAC updates will be included where applicable.

MAINTAINING YOUR TRAINING RECORDS IS IMPORTANT. REQUEST A COPY WHEN NEEDED.

Students should keep their EMS ongoing training records for seven years.

IF YOUR CERT. IS EXPIRED OR INOPERABLE, YOU CANNOT PRACTICE AS AN EMS PROVIDER.

www.kittitascountyems.org/training.html