

College Community Services
Wellness Center Central Advisory Board
MEETING MINUTES

Friday, December 21, 2018 – 11:00am to 12:30pm

Wellness Center Central of Orange County – 401 S. Tustin St. #C, Orange, CA 92866

Attendees: Johnny Case, Kimberly Johnson, Deanna Lundberg, Frank Williams, Deloise Moore, and Debbie Acosta.
Guest: Modesto Vasquez, Anthony Questel, Anthony Thomas, Sohail Eftekhazadeh, Orlando Vera, and Danisha Soto.

I. Call to Order – 11:02 pm

- a) Welcome – Everyone introduced themselves.
- b) Approval of Agenda – The agenda was approved by Kimberly Johnson, seconded by Deanna Lundberg.
- c) Approval of Minutes – The minutes were approved by Kimberly Johnson, seconded by Deanna Lundberg.

II. Reports

- a) Program Director Report – Sohail Eftekhazadeh.
 - o Sohail read the Program Director's Report.
- b) President's Report – Johnny Case
 - o Johnny read an inspiration poem.
 - o Johnny read the President's report from the November 30, 2018 minutes.

III. Unfinished Business

- a) MAB participation with WCC tours.
 - o Orlando asked MAB members to assist with tours when they are available. Orlando expressed he would like each potential new member to be partnered with an existing member whenever possible.
 - o Sohail asked each MAB member to inform the person at the front desk when they are available for tours.
 - o Frank suggested having a PowerPoint presentation on what MAB members should say during the tours. Frank added MAB members should be well prepared.
 - o Sohail acknowledged Frank's suggestion as a good one. Sohail wanted to meet with the members of the MAB for approximately fifteen to thirty minutes to provide training on what to say and possibly what not to say during tours.
 - o Orlando suggested MAB members also attend the Peer Partner Support Program (PPSP) class on Wednesdays at 10am so that they can practice with the Peer Partners.
- b) Read a portion of the bylaws.
 - o Kim read page 7, Article IV: Officers, Section III: Duties of Officers, Section D. Secretary.
 - o Sohail asked Kim to schedule the next Executive Board meeting.
- c) Calendar of Assignments: Chat with MAB (January 2019).
 - o Wednesday, January 2, 2019 – Johnny.
 - o Wednesday, January 9, 2019 – Debbie and Frank.
 - o Wednesday, January 16, 2019 – Deanna.
 - o Wednesday, January 23, 2019 – Kim.
 - o Wednesday, January 30, 2019 – Frank and Johnny.
- d) Complete voting for new MAB member.
 - o Modesto Vasquez was unanimously voted to become a member of the Member Advisory Board (MAB).
 - o Tony expressed interest in becoming a member of MAB. Tony announced that in the past, he volunteered at hospice and volunteered at his son's school. He stated that he wants to help while being helped. "Helping other people helps me."
 - o Sohail stated Tony really makes a difference by assisting others whenever he gets a chance.
 - o Johnny expressed that he noticed Tony always engages people. Johnny stated he also noticed Tony sweeping the floor in the kitchen.
 - o Deanna noticed Tony is opening up and helping others. She added Tony is patient.

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- Tony Questel was voted unanimously to become a member of the MAB.
- e) Discuss the available Vice President position.
 - Sohail announced that during the last MAB meeting, Pennie expressed she can no longer fulfill the duties of the MAB Vice President. Sohail added that now the Vice President position is available.
 - Sohail read page 6, Article IV: Officers, Section III: Duties of Officers, Section C. Vice President.
 - MAB members nominated Kim, Deloise, Modesto, and Deanna via secret ballot.
 - Deanna was voted as the new MAB Vice President via secret ballot.
 - Deanna will meet with Sohail on Friday, January 4, 2019, at 10am to go over the suggestion box submissions.

IV. New Business

- a) WCC Collaborative Karaoke event.
 - Sohail explained that there are actually two collaborative events scheduled in January 2019.
 - He stated there will be a Talent Show at Wellness Center West on Friday, January 11, 2019, at 12pm. He informed everyone that there was a sign-up sheet located in the reception area for those interested in attending.
 - Sohail announced that there will be Collaborative Karaoke at Wellness Center Central on Wednesday, January 23, 2019, at 2:30pm in room 108.
- b) Review Chat with MAB results and other member feedback.
 - Johnny asked MAB members to become more involved in Chat with MAB. He thanked Kim and Deanna for being available to fill in when possible.
 - Johnny announced a member wanted to give kudos to the staff, especially Sohail, for allowing the vets to come during a community meeting.
 - Johnny announced a member expressed an interest in becoming a MAB member in the future.
 - Johnny informed everyone that the WCC was welcoming and that a member really loves coming because of it.
 - Johnny stated there were two class suggestions, Anger Management and Social Communications.
 - Modesto stated members are asking for the WCC to have an event for Pride Month.
- c) MAB role with holiday season and decorations.
 - Johnny thanked Deloise and Deanna for all their hard work decorating the program for the holidays. He added that the program looked great and very welcoming.
- d) Review Sub-Committees.
 - Sohail stated that now, with the election of both Modesto and Tony, there is a full MAB. He asked MAB members to volunteer to head the sub-committees.
 - Sub-Committee Chairs:
 - Outreach – Debbie
 - Art and Music – Modesto
 - Events – Deloise and Deanna
- e) Review monthly contract goals.
 - Johnny discussed the contract goal achievement for November 2018.

V. Announcements

- a) Johnny announced he noticed a staff person looking at his/her phone in the kitchen and not engaging with members.
- b) Sohail informed the MAB that the staff person was addressed and to continue to bring such observances to his attention.

VI. Open Forum (Visitors)

- a) No comments from visitors.

VII. Upcoming Calendar

- a) WCC Collaborative Karaoke, Wednesday, January 23, 2019, from 2:30pm to 4:30pm.
- b) Next MAB Meeting, Friday, January 18, 2019, from 11:00am to 12:30pm.

VIII. Adjournment

- a) Johnny adjourned the meeting at 12:30pm.