COMMUNITY CALENDAR

Governmental meetings

■ Quitman County Commission, Tuesday, Dec. 14, board room in Georgetown, 7 p.m.

■ Eufaula Historic Preservation Commission, Tuesday, Dec. 14, 3:30 p.m. work session and 4 p.m. regular meeting in the municipal courtroom

■ Barbour County Commission, regular meeting, Eufaula courthouse, Tuesday, Dec. 14,

5 p.m. ■ Eufaula City Schools, Tuesday, Dec. 14, 5:30 p.m., superintendent's

office ■ Eufaula City Council, Monday, Dec. 20, 5:15 p.m., municipal courtroom

Eufaula Water Works, Tuesday, Dec. 21, 8 a.m., 840 W. Washington St. ■ Louisville Town

Council, Monday, Jan. 3, 2011, city hall at 6 p.m. Clio Town Council, Monday, Jan. 3, town hall

at 6:30 p.m. **Community events**

■ RSVP Recognition Banquet, Friday, Dec. 10, 6:30 p.m. at Lakepoint; pickup points and departure times are Clio Senior Center, 5 p.m.; Clayton RSVP Office, 5:15 p.m.; and Eufaula RSVP Office, 5:50 p.m.; call 687-6055

■ "Drop & Shop," Eufaula Community Center Saturdays, Dec. 11 and 18, from 8:30 a.m. to 4:30 p.m.; supervised play for children ages 5 to 12, giving parents opportunity to shop; cost is \$15 for the first child and \$10 for each additional child in the same immediate family; call 687-1246 for information.

■ Christmas workshop, Florence Marina State Park, Saturday, Dec. 11, 10 a.m. to 3 p.m. Santa arrives at 1 p.m. Photos with Santa \$3. Âdmission \$1-3 per person plus \$5 parking fee. Call 229-838-4706.

■ Barbour County Republican Meeting, Eufaula Community Center, Monday, Dec. 13, 7 to 8

■ Eufaula Boys & Girls Club, "Breakfast of Champions," Tuesday, Dec. 14, 7:30 a.m. Call

616-7882.

■ Eufaula Newcomers Club hosts a Christmas coffee, Tuesday, Dec. 14, 9:30 a.m. at Fendall Hall. Bring an unwrapped toy for the Eufaula Police Department annual toy drive. RSVP by Dec. 11 to 688-

■ American Red Cross blood drive, Monday, Dec. 27, from 2 to 6 p.m. at Eufaula Walmart

■ American Red Cross blood drive, Tuesday, Dec. 28, from 2 to 6 p.m. at S & K Wholesale. Call 687-

■ Babysitting clinic, Eufaula Community Center, Tuesday and Wednesday, Dec. 28 and 29, from 4 to 8 p.m. Clinic provides youth ages 11-14 with information and skills necessary for safe, responsible child care in the absence of parents or guardians. CPR introduced. Fee of \$35 includes all materials. Call 687-1246 for information.

■ The Lanier Club, Thursday, Jan. 6, at the home of Cynthia Lee. Program by Carol Kleinhoff.

Other meetings

■ Alcoholics Anonymous meets Saturday, Sunday, Monday and Tuesday at 7 p.m. at Terese Club at 3800 S. Eufaula Ave.

■ New Hope Support Groups for women dealing with depression, mood disorders, substance abuse, chronic pain and loss meet Mondays at 6 p.m. at Epworth United Methodist Church. For information, call 695-0267. Program is free and confidential.

■ VFW Post 5850 and its ladies' auxiliary meet the second Wednesday, 7 p.m. at the post, Highway 431 N.

Narcotics Anonymous in Eufaula meets at 7 p.m. Wednesday and Friday at 3800 S. Eufaula Ave.

Narcotics Anonymous in Clayton meets Tuesday at 7 p.m. at 2827 Clayton Highway. Call 355-8117 for information.

■ A cancer support group meets every second Monday at 5:30 p.m. at St. James' Episcopal Church. Survivors, patients and caregivers are invited.

Bad news: prostate cancer incidence rate higher here

Good news: simple tests can detect disease early, increasing survival

By Patrick Johnston pjohnston@eufaulatribune.com

A little bit of discomfort can save

That's the message Dr. Thomas Moody is spreading to men across rural Alabama counties. The Birminghambased urologist recently visited Eufaula to discuss the importance of prostate screenings. The Urology Health Foundation along with the Barbour County Health Department provided free prostate screenings last weekend at the health department.

Moody has pushed for state laws making it easier and more cost efficient for men to receive regular prostate

According to the American Cancer Society, here are the reasons: ■ Other than skin cancer, prostate

Why are the screenings important?

cancer is the most prevalent form of cancer among American men.

■ Approximately 220,000 new cases of prostate cancer will be diagnosed in the United States this year, and approximately 32,000 men will die of prostate cancer.

■ One in six men will be diagnosed with prostate cancer in his lifetime.

But the good news is more than 2 million men in the United States diagnosed with prostate cancer at some point are still alive.

In Barbour County, the prostate cancer incidence rate is approximately 10 percent higher than the state average. However, the mortality rate is nearly 80 percent higher. And in the county, black males are nearly three times more likely to die of prostate cancer than white

Prostate cancer is rare for men under the age of 40, but the chance of having prostate cancer increases significantly after age 50.

However, Moody and other medical experts say the survival rate is high approximately 95 percent — if the cancer is found early.

"Prostate cancer can often be found early by testing the amount of prostatespecific antigen (PSA) in the blood," the ACS website states.

"Another way to find prostate cancer is the digital rectal exam (DRE), in which your doctor puts a gloved finger into the rectum to feel the prostate

A DRE only takes a few seconds to perform but can save a life.

Approximately 87 percent of cases in Barbour County are caught early, increasing the likelihood for successful

Moody said many men are successfully treated without suffering permanent impotence or urinary inconti-

For information, visit www.cancer.org or www.urologycentersalaba-

McKnight joins county commission



Pete McKnight takes the oath of office to become the newest member of the Barbour County Commission in a swearing-in ceremony Monday afternoon. District Judge Charlie Hart administered the oath. McKnight was appointed by Gov. Bob Riley to replace Berry Forte, who was elected to the state House of Representatives. Holding the Bible is McKnight's wife, Hilda. Hank Bryan, former head of the Barbour County Republican Committee, says McKnight is the first Republican to hold public office in Barbour County.

Today's Weather

Local 5-Day Forecast					
	Fri 12/10	Sat 12/11	Sun 12/12	Mon 12/13	Tue 12/14
	White Street	Mahaha	Thillihi.	Off Office	Zanan Zanan
	60/30 Sunshine. Highs in the low 60s and lows in the low 30s.	66/41 Mostly cloudy, chance of showers.	51/18 Windy with showers at times.	36/15 Partly cloudy and windy. Highs in the mid 30s and lows in the mid teens.	47/21 Sunshine. Highs in the upper 40s and lows in the low 20s.
	Sunrise: 6:30 AM Sunset: 4:37 PM	Sunrise: 6:31 AM Sunset: 4:37 PM	Sunrise: 6:31 AM Sunset: 4:37 PM	Sunrise: 6:32 AM Sunset: 4:38 PM	Sunrise: 6:33 AM Sunset: 4:38 PM

LOUISVILLE

Council OKs purchase of two police cars

The Louisville Town Council approved the purchase of two police cars for the police department at Monday's meeting.

According to Police Chief Ronnie Benefield, the two cars — a 2006 and a 2007 Ford Crown Victoria will replace the department's two current cars, a 2003 Crown Victoria, which has 200,000 miles, and a 2002

Crown Victoria, which has 170,000 miles.

The replacement cars each have approximately 70,000 miles. The cost for both vehicles is \$25,600. The vehicles must also be equipped at the cost of \$2,500 each.

Benefield said the radios from the replaced cars would be used in the new cars. The cars will be purchased

from a Ford dealership in Unadilla,

"The (town council) budget has been lean this year," said Benefield, "but we're grateful to the town council for this."

The fiscal year 2010 budget was \$448,900, according to Janice Clark, Louisville's town clerk.

- Anastasia Scarborough



PET &F THE WEEK

HERE'S **BOOGER**

male neutered about 3 years young... litter box trained .. Only thing he needs is a good loving home.. lets make it yours ...

NEW HOURS: Shelter Hours Open to the Public Monday through Saturday 10:00 Aм to 4:00 рм • Closed Sunday • 775-7477

ALABAMA INTERFOREST,

CORP.

State Docks Road • Eufaula, AL 687-8009

Sweetwater Pecan Co.

751 County Road 9 Louisville, AL Toll Free: 1-877-773-2267



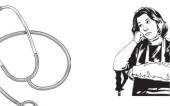
BOWMAN **INSURANCE** AGENCY

104 E. Broad St. • Eufaula, AL 36027 Bus: (334) 687-8234 • (800) 346-4090 Fax: (334) 687-8275 AUTO • HOME • LIFE • BUSINESS

Urgent Care?



Cuts - Need Stitches?



Broken Bones



WALK-INS WELCOME!

Open Monday - Saturday 8:30 am - 5:00 pm Clifford C. Quintana, MD

Family & Community Medicine Associates, LLC. 405 E. Barbour St. Ste. 3 Eufaula, AL 334-687-0250