

# Areawide Aging Agency Helps Seniors In Need!

Areawide Aging Agency, a 501 (c) (3), is dedicated to advancing the dignity and independence of older adults in our community. For over 40 years, our efforts involve funding, coordinating and monitoring programs authorized by the Older Americans Act. The counties we serve are Canadian, Cleveland, Logan and Oklahoma. Funding is provided by state and federal grants, United Way of Oklahoma City, as well as other grants and private donations. To achieve these goals, Areawide Aging Agency works diligently with other organizations to administer and provide services to seniors. Listed below are services we offer.

## Aging Helpline (405) 943-4344

The Aging Helpline helps eligible individuals in crisis with assistance not available by another source in the community. Funding for this program is through special grants and private donations.

## Legal Aid Senior Division (855) 488-6814

Provides legal advice, counseling and education to all people who are 60 years of age and older in Canadian, Cleveland, Logan and Oklahoma Counties.

## Sunbeam Family Services Caregiving Fundamentals (405) 528-7721

Provides resources, training, counseling, support groups and respite services in Canadian, Cleveland, Logan and Oklahoma Counties. Supplemental services are also provided to Grandparents raising Grandchildren.

## Embark (405) 297-2583

Transportation services are provided to adults, age 60 and older, who have limited or no other access to transportation sources. Trips are provided to nutrition sites, medical facilities, grocery stores and other necessary destinations.

**United  
Way**



Partner  
Agency

## Senior Nutrition Programs

These programs provide a hot, nutritious meal for anyone 60 years of age or older, five days a week. In addition to serving balanced lunches, these centers provide consumer information, nutrition education, health and welfare programs, homemaker services and recreation activities.

**Aging Services of Canadian County (405) 262-7121**

**Aging Services, Inc. of Cleveland County (405) 321-3200**

**Logan County Aging Services (405) 282-1803**

**Oklahoma County Senior Nutrition Program (405) 949-2709**

## Long-Term Care Ombudsman (405) 942-8500

An Ombudsman acts as an advocate on behalf of residents living in a long-term care facility. They advise residents of their rights, provide information and help resolve problems. Trained volunteers visit facilities regularly. Call to learn about volunteer opportunities.

## Aging Services, Inc. Respite (405) 321-3200

Provides vouchers to allow a caregiver to hire an individual to provide respite while the caregiver is away.

## Mobile Meals, Inc. (405) 607-2314

This program recruits and coordinates area churches and organizations in preparing and delivering a meal five times a week to homebound seniors who are 60 years of age and older.

## Information and Assistance (405) 943-4344

Connects individual seniors, caregivers, family members and professionals to resources in the community which may best meet their needs. Compiles and publishes a 200+ page resource directory.

## Areawide Aging Agency

4101 Perimeter Center Drive, Suite 310, Oklahoma City, OK 73112

(405) 942-8500

[www.areawideaging.org](http://www.areawideaging.org)



Monday–Friday 8 a.m.–5 p.m.

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