

Dear Parents,

I wanted to update on the status of Cross Country for this season. We were unable to coordinate a head coach this season and enough consistent coverage for students to practice safely as a team this year. We are already working on a plan to get the team practicing again together next year.

We do have some great news! Our students will still have an opportunity to participate in the meets as individuals if interested. Students who would like to train on their own and participate in meets will be able to sign up through the AthleticAPP or athletic.net. Parents will need to pre-register students before the meet and the fee is \$5 per meet. The meets are open now for registration. Parents can locate the meet by date/location on athletic.net; register their child(ren) using OLSSS team code; and Seth Deaton (meet coordinator) will have a race number for them on race day and include them in the results. Attached is the team code needed to register. A hard copy will also be handed out to students if they are interested.

I will continue to be the Cross Country Coordinator and assist families with any troubles or questions with registration prior to meet days. If your student plans to train and attend meets, please let me know. I will send out the OLSS roster for each meet to the meet director in case of any technology issues with the athletic app. I can also send you some information to assist in training. After the meets, I will be able to access meet results and send updates. If you have any questions or need assistance, please let me know.

Please remember that parents will be solely responsible for their student at the meets. There will be no coaches or OLSS staff on duty. While students are competing individually, they are still representing OLSS. **Students should wear their OLSS PE uniform to meets.** Students should be reminded that they are expected to behave according to school rules, showing respect, good listening skills, and following the directions of the meet directors. If behaviors are not in alignment with OLSS Handbook expectations, students will no longer be able to participate as individuals.

There are currently 2 meets scheduled for Cross Country this season with the possibility of more to be added. I will reach out with more information as I receive updates. The meet schedule is as follows:

KCA Invitational #2 October 3rd
KCA Invitational #3 October 17th

Meet Schedule:

4:00- Recommended arrival time to stretch, Check-in, and get number for the race
4:15 - Coaches meeting/race number pick-up if needed
4:30 - Race start (simultaneous for 1-mile, 2-mile, and 5-kilometer)

Location: King's Christian Academy: 20738 Point Lookout Rd., Callaway, MD 20620

Please let me know if you have any questions or need any assistance with Cross Country information. You can reach me at schoolnurse@olsss.org

Thank you,

Brandi Hutchins