

UNRECABLES Volunteer Review and Quiz Season 2024/25

Name: _____

Date: _____

Volunteers are an essential component of this program. When participating in a weekend trip this program assumes you will be available for both days. Saturday morning and afternoon and Sunday am. It is our responsibility to be the best Representatives of the UNRECABLES and the mountain. Thank you for volunteering. Please discuss with Ski Director (Soo) if you cannot commit to both days or need an exception.

1. When should you be ready to ski on Saturday am and Sunday am?
 - a. 10:00 am
 - b. 9:00 am
 - c. 8:30 am
2. UNRECABLES and Move United (DSUSA) requires what mandatory piece of equipment?
 - a. Helmet
 - b. Baseball cap
 - c. Goggles
3. Who completes the initial assessment and evaluation of the student assigned to them?
 - a. Ski school director
 - b. Shadow
 - c. Primary Instructor
4. As an ambassador on the hill and a partner with DSES and mountain management we CANNOT (Circle all that apply)
 - a. Ski or snowboard in areas above your ability
 - b. Follow Skier responsibility Code
 - c. Have alcohol for lunch
 - d. Ski or snowboard out of bounds
 - e. Assist those on the hill
 - f. Report concerns to Ski Patrol
5. What should you do after your lesson with your student?
 - a. Make sure student gets out of equipment safely
 - b. Clean (disinfect) all equipment after each use.
 - c. Disinfect each borrowed piece of personal type equipment i.e., helmet, goggles, gloves, sunglasses etc.
 - d. Prepare equipment for the next student or storage.
 - e. Make sure student gets back to meeting area.
 - f. Make sure all personal property (phones) returned to students.
 - g. All of the above
6. What is a skier called who skis with two ski and two outriggers?
 - a. 4 tracker
 - b. 3 tracker
 - c. Bi skier

7. When free skiing can you use the ski school lines? No __. Yes __
8. Bibs or jackets should be worn while free skiing or boarding. No __. Yes __
9. Which skill must your student have before riding the chairlift alone?
 - a. Be able to stop in a wedge
 - b. Be able to signal the chair operator to slow or stop chair.
 - c. Must be able to load and unload independently
 - d. Be able to stop by turning
 - e. All the above
10. Once you have exited the chair lift you should:
 - a. Ski off with student following you
 - b. Stop in the unloading area and get organized to ski
 - c. Stop, strap in or put your pole straps on
 - d. Glide away and get clear of the loading ramp
11. Who do you ask if you need to leave a lesson?
 - a. Other volunteers or Shadows
 - b. Primary Instructor
12. Privacy of our participants is critical. Who can discuss the student's Personal situation? (Medical, Psychiatric or personal) _____
13. Incident Report forms must be completed within 48 hours. Who is responsible for this to be completed? _____
14. Individuals with active history of seizures must wear
 - a. Special bib
 - b. Extra tethers
 - c. Safety harness that is attached to chairlift.
15. Who determines when it's time to come in from a lesson?
 - a. Student
 - b. Shadow
 - c. Primary instructor
16. Who determines the role of each volunteer on the lesson?
 - a. Primary instructor
 - b. Ski School director
 - c. Self
17. What is important to remember before heading out on a lesson
 - a. Go to the bathroom
 - b. Sun and eye protection
 - c. Check on medication situation.
 - d. Is your student properly dressed based on the condition
 - e. All of the above.
18. Broken equipment or concerns about equipment need to be reported ASAP to:
 - a. Ski Director
 - b. Lead instructor
 - c. Equipment manager
 - d. Shadow
19. Is the Mammoth Ski Patrol number in your phone? Yes __. No __ (please add)
(760) 934-0611