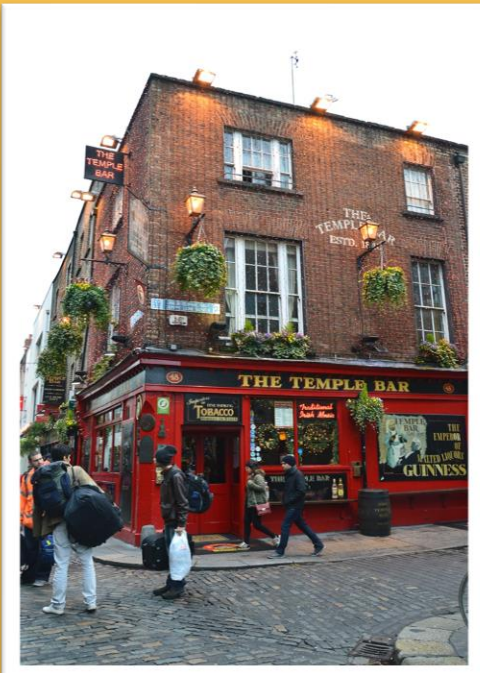


ITINERARY | DAY-BY-DAY



CAREER ENRICHMENT



One Health/Veterinary & Healthcare Journey to Ireland

Belfast, Derry, Galway & Dublin

9 days / 7 nights

May 24 – June 1, 2022

\$5,299 (based on double occupancy)

\$999 (single supplement)

Visit Ireland on this customized veterinary and healthcare program. Located off the north-western coast of the European mainland in Western Europe, you will have a chance to explore four key cities.

BOOK NOW 888.747.7501

Professional Connections

- ✓ The concept of **one health** brings together environmental, human health care, and animal husbandry to learn about the similarities between human and animal health. Veterinarians and healthcare professionals alike are interested in human health issues and this will provide a chance to see the similarities and differences.
- ✓ Meaningful interaction and collaboration between program participants and professionals in Ireland will include meetings with **local professionals in the public health arena and veterinary community**, as well as a chance to visit the **Dublin Zoo** and **Glenshane Farm** which is set high in the heart of the Sperrin Mountains and is a 4th generation family run sheep farm.

Cultural Immersion & Exploration

- ✓ Explore some of the iconic sites of Ireland, including **Guinness Storehouse**, **Cliffs of Moher**, and the **Titanic Belfast** exhibit. Titanic Belfast recreates the story of the world's most famous ship in an iconic, six-floor building right beside the historic site of the ship's construction.
- ✓ Visit **Merry Ploughboy Pub** where you can enjoy a farewell dinner and some traditional music. The show is a highly entertaining performance of live traditional Irish music, song and Irish dancing.
- ✓ Enjoy walking tours through a variety of locations including the **Derry Walls**, the heart of this historic city, dating back to the seventeenth century. Your tour through Galway will start at Eyre Square and finish at the Claddagh.
- ✓ Visit the **Connacht Distillery**, the result of a dream shared by four men (three Americans and one Irishman) to bring single malt pot still Irish whiskey back to the West of Ireland after an absence of over 100 years.

What's Included:

- 4* accommodations throughout
- All transportation and activities outlined
- International flights to Ireland (gateway city set tentatively out of Newark area)
- Local professional guide throughout
- Most tips to local drivers, guest guides and restaurant staff

Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes where applicable



Ireland | www.nandajourneys.com | 888-747-7501



ITINERARY | DAY-BY-DAY

📍 Newark Area

DAY 1: Tuesday, May 24

Fly to Belfast

Depart from a Newark area airport and make your way to Belfast, N. Ireland. The stunning beauty and friendly people alone are worth a visit!

📍 Belfast, Ireland

DAY 2: Wednesday, May 25

Upon arrival, the group will be met and transferred to Belfast city center. Enjoy a **panoramic tour of Belfast City**. The tour will take in the leaning Albert Memorial Clock (Ireland's answer to the Tower of Pisa) and the Opera House, which is one of Belfast's great landmarks. Your tour will pass by the City Hall, the Opera house, The Crown Bar (dates from 1885), Queens University and the Botanic Gardens. A visit to the Shankill and Falls road will be of interest as it will give the visitor an indication of how life was in Belfast during the troubles.

Enjoy lunch at a local restaurant.

Located in the heart of Belfast, **Titanic Belfast** recreates the story of the world's most famous ship. Opened in April 2012 to coincide with the centenary of its launch, the self-guided journey begins on entering the building's giant atrium, where the visitor is surrounded by the four 'ship's hull' shaped wings which house the Titanic Experience. As you journey through the nine large galleries of the interactive exhibition, you will uncover the true story of the Titanic, from her conception in Belfast in the early 1900's, through her construction and launch, to her famous maiden voyage.

Check into your hotel and get settled. Situated in the heart of the city it has a lovely location near the entertainment and shopping areas. Rooms have free Wi-Fi, a coffee maker, safe, hairdryer, iron & toiletries.

All program participants will gather later with your national guide for an **early evening orientation and welcome**.

Enjoy a welcome dinner this evening at the hotel.

Overnight: Europa Hotel (or similar)

Included meals: Lunch & Dinner

📍 Belfast, Ireland

DAY 3: Thursday, May 26

Professional Program

Please Note: *Breakfast is included daily at your hotel.*

Professional members of the program will begin their exchanges this morning. A meeting will be requested with a local **health official** who can share insight into Ireland's views on One Health. The CDC classifies this as a collaborative, multisectoral, and transdisciplinary approach — working at the local, regional, national, and global levels — with the goal of achieving optimal health outcomes recognizing the interconnection between people, animals, plants, and their shared environment. Discuss the approach that Ireland takes to recognize that the health of people is closely connected to the health of animals and the shared environment.

Lunch will be provided at a local restaurant.

This afternoon professionals will visit a **local veterinary clinic or university** with a veterinary medicine program to discuss veterinary medicine in Northern Ireland, especially as it relates to public health.

Guest program: *Today guests will enjoy a Black Cab tour. This political history tour of West Belfast's Murals tells the story of the Troubles. The award-winning tour has been broadcasted worldwide and takes in sights at Falls Road, Shankill Road, Peaceline Wall, Crumlin Road Gaol, and the Murals. Discover major sights of Belfast City such as Belfast City Hall, Queen's University, St. Anne's Cathedral, Laganside, Titanic Quarter, Stormont, Waterfront Hall, Europa Hotel, Albert Clock, McHugh's Bar, and the Crown Liquor Saloon. After lunch visit Crumlin Road Gaol. Grasp the wonderful opportunity to experience the history inside the former prison, Crumlin Road Gaol which dates to 1845. Closed in 1996, it also played a significant role during the troubles in Belfast. It was the first prison in Ireland to be built according to the "separate system", intended to separate prisoners from each other with no communication between them.*

Dinner is on your own this evening.

Overnight: Europa Hotel (or similar)

Included meals: Breakfast, & Lunch



ITINERARY | DAY-BY-DAY



📍 Derry, N. Ireland

DAY 4: Friday, May 27

Cultural Program & Drive to Derry

This morning the group will check out of the hotel and head to Derry (also in Northern Ireland). In route, enjoy a farm tour and discussion on veterinary health at **Glenshane Country Farm**. Set high in the heart of the Sperrin Mountains, they are the fourth generation of family sheep farmers, and offer guests a hands-on authentic experience of an Irish working farm. With over 250+ sheep on the farm, you will have a chance to see the Sheepdogs at work with an option of sheering the wool.

Enjoy lunch at a local restaurant.

Based in the heart of the historic city, **Derry city tours** showcase the only remaining completely walled city in Ireland. These famous walls date back to the early part of the seventeenth century and have been a place of several sieges. There are great views from the top of the walls, which encircle the old city, a circuit of one mile. By walking on Derry's Walls, with splendid views of cathedrals and churches, you will learn about the historical events that shaped the city and explore attractions such as The Bogside, The People's Gallery: The Murals, The Diamond, the Tower Museum and the Guildhall.

Check into your hotel and enjoy dinner at a local restaurant. The City Hotel guest rooms have a hairdryer, Wi-Fi, iron, coffee, safe & a flat screen tv.

Overnight: City Hotel (or similar)

Included meals: Breakfast, Lunch & Dinner

📍 Galway, Ireland

DAY 5: Saturday, May 28

Drive to Galway in Ireland

The group will depart after breakfast for **Galway**. In route, visit **Connacht Distillery**. Connacht Whiskey is the result of a dream shared by four men (three Americans and one Irishman) to bring single malt pot still Irish whiskey back to the West of Ireland after an absence of over 100 years. These men share bonds of family and friendship. They also share a respect of heritage and a commitment to Connacht, one of the most natural and unspoiled regions of Ireland.

Lunch will be provided this afternoon.

The city center of Galway is mainly pedestrian, so a **walking tour** is the best way to enjoy its atmosphere and discover some of its most important monuments. The tour starts on Eyre Square and finishes at the Claddagh. Claddagh is an area close to the center of Galway city, where the River Corrib meets Galway Bay. During your explorations you will see Lynch Castle, home to the mayors of Galway, Saint Nicholas Church founded in the 13th century, and the famous Spanish Arch.

Head to the hotel to check in and to have dinner on your own arrangement. The Galmont Hotel sits in a central location a couple minutes' walk to Eyre Square and the attractions and shopping of Galway city center. Guest rooms have free Wi-Fi, coffee service, AC and a safe.

Overnight: Galmont Hotel (or similar)

Included meals: Breakfast & Lunch





ITINERARY | DAY-BY-DAY



📍 Galway, Ireland

DAY 6: Sunday, May 29

Cultural Day

Set out after breakfast for a full day of exploring. Travel through the **Burren region** today. Burren landscape covers over 150 square km and is home to one of Ireland's six National Parks. The region is visually like a moonscape yet shelters a mixture of flora and archaeological sites that have attracted visitors for centuries. Today man is absent from most of the upland, leaving behind ancient field systems, routeways and place names. Today's visitors to the Burren will find Arctic, Alpine and Mediterranean plants growing together.

Situated on the Atlantic Ocean and bordering the Burren region are the **Cliffs of Moher**. One of Ireland's most spectacular sights, it stands 230 meters above the ground at their highest point and 8 km long. The Cliffs boast one of the most amazing views in Ireland. On a clear day, the Aran Islands are visible in Galway Bay as well as the valleys and hills of Connemara.

Enjoy a light lunch and traditional Irish session at the **Doolin Music House** or similar. Visitors enjoy the experience of visiting a local home, enjoying local company, and listening to a good traditional music session around the fire.

Return to the hotel where dinner is by individual arrangement.

Overnight: Galmont Hotel (or similar)
Included meals: Breakfast & Lunch

📍 Dublin, Ireland

DAY 7: Monday, May 30

Head to Dublin

Check out of your hotel and head to **Dublin** this morning. Upon arrival enjoy a panoramic tour of **Dublin City**. Here you will discover the north and south side of the River Liffey. This area offers great striking monuments such as the GPO (General Post Office) on the city's main thoroughfare, O'Connell Street, or the Custom House along the quays, as well as the Phoenix Park, the largest public park in Europe. The south side appears more sophisticated with its vast Georgian squares, such as Merrion Square, where Oscar Wilde's House can still be found (today owned by an American College), its colorful doors, along with Grafton Street and its quality shops. Not so far from St. Stephen's Green, in Kildare St., you will see the house of Bram Stoker, the author of Dracula. This part of the city is also dominated by the students of Trinity College, where the famous book of Kells is permanently exhibited in its library. The university is facing the medieval district where Dublin Castle and the two Anglican Cathedrals can be found.

After lunch the group will visit the world-famous **Guinness Brewery** to discover the secrets of both creating and pouring the perfect pint. Guinness, an Irish dry stout, lovingly referred to as "The Black Stuff" by locals, has been brewed in Ireland since 1759.

The Camden Court is located minutes from Grafton Street on the exuberant Camden Street. The hotel is in the heart of the city and conveniently linked to all public transport systems, including Dublin Bus, Airlink Express and the Luas tram system. Guest rooms have free Wi-Fi, 24-hour room service, iron, safe, hairdryer, Netflix and bathroom amenities. The hotel has onsite dining, a swimming pool and wellness center.

Check into your local hotel where dinner is by individual arrangement (own expense).

Overnight: Camden Court Hotel (or similar)
Included meals: Breakfast & Lunch



ITINERARY | DAY-BY-DAY

📍 Dublin, Ireland

DAY 8: Tuesday, May 31

Professional Program

This morning professionals will visit a **university or local veterinarian office** in Dublin to continue your exchange with local professionals. This may be to the School of Veterinary Medicine at the University College Dublin or similar. The UCD School of Veterinary Medicine recently launched its new strategic plan - One Health, One Welfare - which covers the period 2019 to 2024 so would provide an opportunity for discussions around One Health.

After lunch continue onward to visit the **Dublin Zoo**. Located in Phoenix Park in the heart of Dublin city, Dublin Zoo is Ireland's most popular family attraction and welcomed over one million visitors last year. As one of the world's oldest, yet most popular zoos, it is home to some 400 animals in safe environment where education and conservation combine to the enjoyment of the visitors. Today you will get behind the scenes and speak with onsite vet staff to learn about the specialized care for the various animals they care for and oversee.

Guest program: *Today guests will explore EPIC-The Irish Emigration Museum. This state-of-the-art interactive experience, located in the beautiful vaults of the 1820 Custom House Quarter building in Dublin's Docklands, is the original departure point for so many of Ireland's emigrants. It will inspire and guide you on a journey to discover the stories of Irish emigration around the world, from early times to the modern day.*

Say goodbye as you reflect and share memories over a **farewell dinner** at the Merry Ploughboy Pub or similar. The show takes place in the ideal location, a pub owned and run by musicians who have been performing to audiences in Dublin since 1989. The Merry Ploughboys live in concert is widely regarded as the best traditional music show in Dublin and is a must see for any visitor to Dublin city.

Overnight: Camden Court Hotel (or similar)
Included meals: Breakfast, Lunch & Dinner



📍 Dublin, Ireland

DAY 9: Wednesday, June 1

Depart for home today

Drive to the airport this morning for check in for your flight home. Depending on the flight time, lunch is by individual arrangement.

Included meals: Breakfast



ITINERARY | DAY-BY-DAY

📍 Belfast, N. Ireland

Europa Hotel

Great Victoria Street
Belfast, N. Ireland, UK

Telephone: +44 28 9027 1066

www.hastingshotels.com/europa-belfast



📍 Derry, N. Ireland

City Hotel

Queens Quay
Londonderry N. Ireland, UK

Telephone: +44 28 71 365 800

www.cityhotelderry.com



📍 Galway, Ireland

Galmont Hotel

Lough Atalia Road
Galway, Ireland

Telephone: +353 91 538 300

<https://www.thegalmont.com/>



📍 Dublin, Ireland

Camden Court Hotel

Camden Street Lower, Saint Kevin's
Dublin, Ireland

Telephone: +353 1 475 9666

<https://www.camdencourthotel.com/>

