

# THE *bulletin*

SAGINAW COUNTY MEDICAL SOCIETY  
[www.SaginawCountyMS.com](http://www.SaginawCountyMS.com)



*Emily and Riley Cho, Hailey Martin, Bridget Raedy and Dr. Danielle Duncan*

## **SCMS Members and Their Families and Friends Serve Breakfast**

*There is no Membership Meeting in November or December*

ER/LA Opioid REMS: Achieving Safe Use - Save the Date (page 3)

Suicide Prevention Training & Assessment for Health Care Professionals – Save the Date (page 8)

2016 Pictorial Membership Directory Advertising Information (page 19)

Make a Year End Tax-Deductible Donation to the SCMS Foundation (page 21)

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*in the news*

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All statements or comments in the Bulletin are those of the writers, and not necessarily the opinion of the Saginaw County Medical Society. Contributions are welcome. We publish committee reports, letters to the editor, Alliance reports, public health activities of the members, and some personal items (birthdays, weddings, graduations and like events). The Editor determines which are accepted. Advertisements are accepted as space is available at our going rates. Members may advertise office information, professional services, skills, and procedures, also at our going rates. We do not accept advertisements from non-members, or non-Saginaw hospitals.

The Bulletin is mailed free of charge to SCMS members. Complimentary copies are sent to various other parties. Others may subscribe at the rate of \$30 per year.

# president's letter



**Danielle C. Duncan,  
MD**

## **PATIENT, HEAL THYSELF!**

We all can e-prescribe orders when assistive devices, braces, therapies of medicinal or physical medicine are needed. We have our favorite subspecialists for referral when complex disease states or surgical need exists. Often times, Ortho patients need confirmation of a diagnosis (since they've already asked Siri or Google for a diagnosis based on their symptoms), and some direction on what they can do for themselves.

It's fun to see a patient that can decrease their pain, and oftentimes fix themselves with activity modifications and home exercise programs. I talk fast, so something the patient can leave with and reference later is essential!

For Ortho issues that I have not found an outside reference for, I have some handouts made over the years, easy to print or send electronically to the patient. I am looking forward to the new iPad Pro, as I think this will be a way to easily customize the handouts.

Some of my favorite Ortho relevant low cost external resources include:

**"Stretching,"** by Bob Anderson, due for its 30th anniversary release October 29. This book has stretching broken down by whatever activity you might want to participate in, such as golf, hockey, waterskiing, paddle boarding, work all day at a desk... There is also "Stretching 50+." \$25 for

both books from Amazon.

**"The Arthritis Helpbook,"** by Kate Lorig, R.N., Dr.P.H. and James Fries, M.D.-\$20. Both authors are affiliated with the Arthritis Self-Management Program out of Stanford. This publication is in its sixth edition and is helpful in many ways. It explains the various types of arthritis clearly, emphasizes the concept of motion is lotion, includes daily exercises which are clearly explained, contains tactfully written sections regarding the impact of excess weight on arthritic joints, and is available from Barnes & Noble, or could be ordered to a person's home from either Amazon or [www.arthritisfoundation.org](http://www.arthritisfoundation.org)

[www.arthritisfoundation.org](http://www.arthritisfoundation.org) has great free brochures on such things as "Nutrition and Arthritis," and brochures are available by mail or electronically.

[Orthoinfo.org](http://Orthoinfo.org) is the patient education site from the American Academy of Orthopaedic Surgeons. There is a cute skeleton that you can hover over and then select a part, with disease states and injuries listed, linked with patients handouts within them. At the left side of the site, there is a listing for broad categories such as safety, strengthening, or children-which has a great handout on overuse injuries in children, trampoline guidelines, etc.

[www.blogilates.com](http://www.blogilates.com) is for my teenage girl patients looking to rehab their snapping hips and patellofemoral issues. Described by my 13-year-old daughter as the least annoying personal trainer of all the trainers her 16-year-old sister does videos by, the trainer has a good attitude towards self-image, clean eating and exercise. I typically begin with her abs routines as I find them to be well done and helpful for most young women with either of those problems, and the way the programs are structured, thigh, glutes and stretching can easily be added in.

While not everyone can get out to Center Courts, the Sherwood pool or join a health club, for those that can, we certainly have lots of good local options with trainers available, and there are free old apps like

*Continued on page 3*

Continued from page 2

My Fitness Pal and Adidas MiCoach that make it easy to track and motivate, with no need for a FitBit!

I think with these resources, my office practice is more fun for me, and the patients for whom a home exercise program is appropriate have more control over and

responsibility for their treatment plan. They can maintain Orthopaedic health and well-being for much longer than a short course of therapy, bracing, or medication can possibly give them. Plus, sometimes the activity I get when leading the patients through the stretches and strengthening exercises is my exercise for the day! ☐



**SAVE THE DATE!**  
**Tuesday, January 19, 2016, Membership Meeting**  
**OPIOIDS**

**Carl Christensen, MD**, Medical Director of the Michigan Health Professional Recovery Program has been confirmed to present a CME program (2 AMA PRA Category 1 credits) “ER/LA Opioid REMS: Achieving Safe Use While Improving

Patient Care.” The meeting will start at 6:30 p.m. instead of 7 p.m. to accommodate the length of the program.

Date: Tuesday, January 19, 2016

Time: 6 p.m. social (cash bar), 6:30 p.m. dinner, brief meeting and program  
***PLEASE NOTE MEETING STARTS 30 MINUTES EARLIER TO ACCOMMODATE TWO HOUR CME PROGRAM***

Program: “ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care”  
Approved for (2 AMA PRA Category 1 credits)

Speaker: **Carl Christensen, MD**, Medical Director of the Michigan Health Professional Recovery Program

Place: Horizons Conference Center, 6200 State Street, Saginaw

Cost: No cost for SCMS members and Saginaw Dental Society members

Non-members and guests - \$40 each (dinner) and reservations are required  
*\* No Cost for program only*

Invitations will be mailed and emailed in late December, but please mark your calendar now to attend. ☐

**You never get a second chance at a first impression!**



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# from the editor



Louis L. Constan, MD

## How will you be remembered, Doctor?

Last month when I first discussed legacies, I posited that there were seven arenas of legacy that we should consider: Our professional legacy or what we brought to our profession; and our legacies to friends, family, colleagues, students, community, and directly to our patients. Today, we're going to discuss the legacies we leave to our chosen profession.

When discussing deep ideas about doctoring, it's hard to avoid Hippocrates who said, as you know full well, that our profession's duty is to serve patients, and to put their welfare above our own. Unfortunately, in real life, as we will explore in this article, this goal is not so simple, and depends on how we define the two main terms of Hippocrates' oath, the word "doctor," and the word "patient."

### How do you define doctor?

There are ever so many types of doctors in our world today. We live in a world where specialization seems almost a requirement to deal with the complexity of modern life, and doctors are no exception to this trend. Each specialty essentially carves out an area of expertise. Some are by organ system driven (nephrology, cardiology, endocrinology); some are sociologically driven (back-to-work doctors, prison care specialists, ethicists, hospice care specialists); some are driven by biomedical research needs

(geneticists, cell biologists, pharmaceutical researchers); and some are driven by broad areas of human imperatives (public health, government health administration, missionary work).

This is complicated because many of us change our practice venue as we age. Our idea of a legacy as a young doctor may be different from our idea of a legacy as we become older (and hopefully, wiser). So, what's your legacy when you switch from office practice, and work in an urgent care center; or when you become an employee of a hospital; or when you become a missionary, or when you retire and struggle to find your place in your new world?

### How do you define "patient?"

Consider definitions of "patient" used by four different doctors. The first: Patch Adams, the remarkable, internationally known physician believed his duty as a doctor was to help patients everywhere laugh. He gave freely of himself in a certain way. *"I'm never not a doctor,"* he said. *"People call me from all over the world who are hurting, and I care for them. Chatting is what people want more than anything"*. He saw everyone (across the globe) as potential patients.

The second: A Family Doctor friend of mine, who was also serious about always being available and putting the patient's needs above his own. He had his limited panel of patients, but he served them very, very well. Always on call, he never took a vacation, and died at the age of 55. At his funeral, patients lauded him, praising him to the skies because he was "always available (not so much so at that point in time)."

Dr Adams' legacy was to bring laughter to the world of the sick, and to teach physicians that they needn't be so serious all the time. My friend was also a great physician, but he might have been around for a bit longer if he had taken care of himself, giving his patients **less** service. His legacy, perhaps, was to teach us that when we give patients an unlimited claim to our time, we do so at our peril.

The third: A surgeon who rarely turned down a consult, who paid no attention to

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insurance status or type of patient. He had a long and fruitful career, helping a great many patients. Doctors in Saginaw still say his name with awe.

The fourth: A surgeon who fretted about taking care of patients with inadequate insurance, or who he saw as difficult, or who were a high malpractice risk. His practice shrank as time went on, and he took a position in another city. Most Saginaw physicians would have a hard time remembering him, although I remember him for doing excellent work on those patients I could get him to see.

Two surgeons, two excellent surgeons... two different professional legacies.

And to complicate the complexities of

these definitions, many of us change our definition of patient and doctor as we age. Some narrow our practices to the types of challenges they most enjoy. Some, later in life, go into missions. Others change from office-based to hospital-based practice. Those of us who retire find that they don't really retire as a doctor, but fulfill doctor-like roles in the community.

Yes, there are so many ways to be a doctor, but, make no mistake about it, we will be remembered in different ways for the type of physician we become...and we ought to consider that when we make practice decisions. We can all be special and establish a legacy.

Next month, legacies to our friends. □

## SPECIAL MEDICAL MISSIONS ISSUE ARTICLES NEEDED

**The SCMS will again feature the Medical Missions of our members in the December 2015 Bulletin.** If you or someone you know of has participated in a medical mission (at home or abroad) within the last year or so, please contact Joan Cramer at the SCMS office at 989-790-3590 or [joan@saginawcountymys.com](mailto:joan@saginawcountymys.com). We are looking for articles of approximately 400-600 words in length along with photos to publish for each Medical Mission article. **The deadline for submissions is Tuesday, November 24, 2015, to [joan@saginawcountymys.com](mailto:joan@saginawcountymys.com).**

The December Bulletin will feature physicians who participate in any of the following:

Volunteer Medical Work  
Overseas Missionary Service  
Environmental and Conservation Programs  
Public Health Programs

Depending on the number of articles received, we may need to publish some of the articles in future issues of the Bulletin.










*The Saginaw County Medical Society  
Alliance Presents:  
12th Annual "Jingle Mingle"*

*Monday, December 7, 2015, at the  
Saginaw Country Club  
4465 Gratiot Road, Saginaw  
10:30 a.m. to 2:30 p.m.*

*Join us and enjoy:*

-  Lunch
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**BRING A FRIEND!!!** Cost is \$35 per person  
Table Sponsorships are available for \$50  
(does not include a ticket)

*Please return the enclosed RSVP along  
with your check made payable to the SCMS-A  
no later than Monday, November 30, 2015*

*Call Lisa Prakash (372-1313) or Tina LaFleur (249-9190) with questions*





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*\*Note: Table sponsorship does NOT include a ticket to the event*

Name of table sponsor \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Please return this form with your check made payable to the SCMS Alliance  
no later than Monday, November 30, 2015, to:

SCMS Alliance • 350 St. Andrews Road, Suite 242 • Saginaw, MI 48638-5988  
For questions regarding reservations, please contact Tina LaFleur (249-9190)  
or Jamie at the SCMS office (790-3590)

*All proceeds benefit the SCMS Alliance Nursing Scholarship Fund*

# SAVE THE DATE!

## SUICIDE PREVENTION TRAINING & ASSESSMENT FOR HEALTHCARE PROFESSIONALS

**Date:** Friday, January 22, 2016

**Time:** 8 a.m. to 5 p.m. (tentative)

**Program:** Suicide Prevention Training & Assessment for Healthcare Professionals  
CME/CEU credits pending

**Speaker:** Shawn Christopher Shea MD, of Dartmouth College, a nationally known Suicidologist, and Founder/Director of the Training Institute for Suicide Assessment & Clinical Interviewing

**Place:** St. Mary's of Michigan Masud Lecture Theater, 800 S. Washington Avenue, Saginaw

**Invited:** Physicians, nurses, EMTs, therapists, crisis workers, school counselors, etc.

**Cost:** TBD (*\*Donations to offset program expenses are greatly appreciated*)  
\*To make a donation to support the Suicide Prevention Training & Assessment seminar, please make your check payable to SOS and mail to Survivors of Suicide, PO Box 6712, Saginaw, MI 48608-6712. SOS is a 501(c)3 nonprofit, and your donation is tax deductible.

Invitations will be mailed and emailed in four to six weeks, but please mark your calendar now to attend.

For more information, please contact Barb Smith at [sosbarb@aol.com](mailto:sosbarb@aol.com) or 989-781-5260, or Dr. Harry Lenhart at [blondinlenhart@att.net](mailto:blondinlenhart@att.net).

### ABOUT THE SPEAKER:



**Shawn Christopher Shea, MD** is an internationally acclaimed workshop leader and innovator in the fields of suicide prevention, building resiliency, clinical interviewing, and improving medication adherence having given over 850 presentations worldwide. He is the creator of the highly acclaimed interviewing strategy for uncovering suicidal ideation and intent - the Chronological Assessment of Suicide Events (the CASE Approach). His other clinical interviewing innovations, including faciliic supervision, macrotraining, and the Medication Interest Model (MIM) have been adopted around the world.

Dr. Shea is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing ([www.suicideassessment.com](http://www.suicideassessment.com)), a training and consultation service providing workshops, consultations and quality assurance design in mental health assessments. He is also an Adjunct Assistant

Professor of Psychiatry at the Dartmouth Medical School. □



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*Happy Thanksgiving*

# SCMS PRESIDENT FEATURED IN 10/30/15 MSMS MEDIGRAM

## “A TEAM APPROACH TO THE FUTURE OF MEDICINE”



**Danielle C. Duncan, MD**, has worked with countless athletes throughout her career in orthopedic surgery and sports medicine. One thing she's learned over the last 14 years at Saginaw Val-

ley Bone and Joint Center, PC is that these athletes are not the only people who play on a team. “Medicine is a team sport,” Dr. Duncan said.

Dr. Duncan works everyday with three other orthopedic surgeons, a physician's assistant, two physical therapists, a sports medicine physician, a certified athletic trainer, nurses, receptionists and - of course - patients at Saginaw Valley Bone and Joint. While part of Dr. Duncan's immediate team, she's also part of an even greater team: The Mid-Michigan medicine team. Other physicians in the region are key players on this team, and as every athlete and player knows, the chemistry between players is crucial.

Dr. Duncan's membership in both MSMS and the SCMS have allowed her to get to know her teammates, and foster team advancement and progress. Medical society membership and engagement, both at the local and state level, strengthens the doctors both individually and as team members through networking, professional development and other member resources.

She has recently followed in the footsteps of her mentor, Thomas Veverka, MD after being elected the 2015-2016 Saginaw County Medical Society president. The great potential she sees in the future of medicine guided her to advance from a player on the Mid-Michigan medicine team, to a captain.

When it came time to set presidential goals for the SCMS and for herself, Dr. Duncan had the chance to reflect on the steps she took in her medical career - beginning with her days as a medical student at Wayne State University Medical School and as a resident at McLaren Regional Medical Center in Flint.

Dr. Duncan holds her community to high regard and is passionate about growing the future of the field within the region. She envisions accomplishing this through advanced research and technology development.

“Universities in the region will play a pivotal role in taking these steps to grow and advance the field. Connection to the medical students and residents who hold the future of medicine is principal in my practice and experiences in the medical field,” she says.

She has set a concrete goal to provide guidance and mentorship to students at Central Michigan University College of Medicine. With CMUCOM's inaugural class enrolling in fall 2013, the timing of Dr. Duncan's presidency in the SCMS perfectly aligns with the development of the program.

Dr. Duncan sees immense potential in medical students and residents within the Mid-Michigan community. One visionary tactic CMUCOM has put into action is to “promote inter-professionalism and team-based approaches in progressive health care.”

Her expertise as a physician and leadership abilities will help develop the next generation of players on the Mid-Michigan medical team, at CMU and beyond. Dr.

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Duncan is committed to both advocating for and collaborating with students - students who embrace the future of medicine.

While medical professionals dedicate the entirety of their professional lives to serving the well-being of patients, Dr. Duncan finds it equally important to encourage the well-being of medical students and residents.

"Students and residents hold the future of medicine, so supporting and ensuring their overall wellness is important to me as a mentor," she said.

Dr. Duncan's practice at Saginaw Valley Bone and Joint is built on "devotion to human motion," and she believes the current and future physicians in the region can create some motion in the medical industry. It's these cohesive teams with strong leaders that ensure health care in Mid-Michigan will advance. ☐

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College of Human Medicine, Department of Psychiatry

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Monday, January 4 to Friday, January 8, 2016  
Monday, January 11 to Friday, January 15, 2016  
Monday, January 18 to Friday, January 22, 2016

*Focusing on the challenges of the medical marriage, this vacation/workshop is designed for the couple who knows their marriage can be strengthened, and are motivated to learn the knowledge and skills needed to transform the marriage they have into the marriage they want. Sessions are held three hours each morning for five days, with afternoons and evenings free to explore the beautiful surroundings of Palm Beach and Palm Beach Shores. Space is limited – one couple per week!*

**For more information, contact Jerry Willing at (989) 791-4066**

# OCTOBER 2015 MEETING MINUTES

The regular meeting of the Saginaw County Medical Society was held on Tuesday, October 20, 2015, at HealthSource Saginaw. The meeting also included spouses. **Danielle C. Duncan, MD**, President of the SCMS, called the meeting to order at 7:02 p.m.

Dr. Duncan thanked HealthSource Saginaw and in particular, **Lisa Lapham CEO, Lynne Price**, Marketing and **Christine Bittner**, Medical Staff Office, for sponsoring the meeting. She also thanked **Kitty McAnany** for helping with registration this evening.

Dr. Duncan welcomed CMU students **Taylor Boehler, Alyssa Cowell, Bradley Demijohn and wife Sarah, Kathleen Duemling, Gabby Gauthier, and Brandon Sauer** to the meeting.

Dr. Duncan thanked the following Key Providers in attendance for their ongoing support of SCMS programs:

- **Bieri Hearing Specialists** – Cathy Bieri Ryan and Jerd Clayton
- **HealthSource Saginaw** – Drs. Harold Lenhart and Kaushik Raval
- **Wellspring Lutheran Services Home Health and Hospice** – Dayna Altom and Kari Chadwick

Dr. Duncan then conducted the following business of the SCMS:

- The Minutes of the September 2015 Membership Meeting were attached to the Agenda and published in the October Bulletin. **MOTION:** Accept the September 2015 Meeting Minutes as printed. **MOTION APPROVED.**
- The following physicians were approved for membership at tonight's Board Meeting:  
(1) **Jacquelyn M. Charbel, DO** of Mid-Michigan Surgical Specialists, Colon

& Rectal Surgery; and

(2) **Asad I. Mehboob, DO** of Covenant Digestive Care Center, Gastroenterology.

- Members were encouraged to peruse the SCMS website where they will find information regarding ICD-10, a Human Trafficking Toolkit for Health Care Professionals and Cleveland Clinic's "Shared Purpose" video among other things.
- Members were encouraged to contact their legislators about Senate Bill 320 through the Advocacy Action Center at [www.msms.org](http://www.msms.org).
- Medical Missions articles are now being accepted for the December issue of The Bulletin.
- Members were asked to sign up to serve lunch at the East Side Soup Kitchen on Wednesday, November 4, 2015.

Dr. Duncan introduced **Ekko Tackabury, RN** of Wellspring Lutheran Services Home Health and Hospice. Ekko's presentation was "*End of Life Planning for Patients.*"

The meeting was adjourned at 8:07 p.m. □

*Respectfully submitted,  
Jamie D. Chamberlin  
Executive Assistant*

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Wendy Dornseifer, Christine Bittner and Kitty McNany



Jerd Clayton and Cathy Bieri-Ryan of Key Provider, Bieri Hearing, with Dr. Linval Fleetwood



Representatives of Key Provider and sponsor, HealthSource Saginaw



Dayna Altom and Kari Chadwick of Key Provider Wellspring Lutheran with Dr. Millie Willy (center)

*Continued on page 14*

## Edgewood Assisted Living Center

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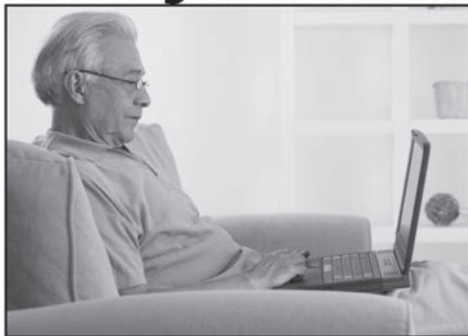


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*Continued from page 13*



Dr. George and Janie Gugino with Dr. Waheed Akbar



Dr. Tim Kaufman with CMU medical students



Dr. Thomas and Rhonda Raymond, and their daughter, Dr. Mary Mullins and her husband, Jeremy



Speaker Ekko Rueckert-Tackabury, RN

# Getting a Clear Image of Your Health...

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# SCMS MEMBERS & FAMILIES PREPARE AND SERVE BREAKFAST

SCMS members, families and friends prepared and served breakfast at First Congregational Church in Downtown Saginaw through Homes from Heaven on Saturday morning, October 3. Seventeen volunteers prepared and served pancakes, sausage and grits, along with cereal, coffee, milk and juice to nearly 150 people.

Thank you to Dr. Danielle Duncan and her husband, Darrell Cho and daughters, Emily and Riley; Bridget Raedy, Hailey Martin, Dr. Waheed Akbar, Joan Cramer, Dr. Neil Love and grandson Cameron Evans; Drs. B. Babu Paidipaty, M.Y. Khan, Zubie Khan and Caroline Scott, and Dr. Anthony Zacharek and daughters Sara and Raquel! Thank you to Dr. Paidipaty for donating the cost of the morning's food in honor of his father. □



Emily Cho with Dr. Anthony Zacharek and daughters Sara and Raquel



Dr. Neil Love and grandson, Cameron Evans with Darrell Cho



Drs. B. Babu Paidipaty and Caroline Scott



Drs. Zubie and Mohammad Yahya Khan

# SCMS CALENDAR OF EVENTS FOR 2016

Joan Cramer/SCMS • Office 790-3590 • Fax 790-3640  
Joan@SaginawCountyMS.com or jmcramer@sbcglobal.net

Please note the upcoming events for 2015-2016 on your calendar so you will be able to attend. Postcard meeting notices with return RSVP are mailed and emailed each month we have a membership meeting, and are due a week before the meeting. Board members, Delegates and Alternate Delegates also receive an email and fax with board meeting information each month.

**Tuesday, November 17, 2015** – SCMS Board meets at MCVI at 5:30 p.m. in second floor board room.

*There is no membership meeting in November.*

**Monday, December 7, 2015** – SCMS Alliance 12th Annual Jingle Mingle at the Saginaw Country Club benefitting the Alliance Nursing Scholarship Fund. See pages 6-7 for invitation and RSVP.

*There is no board or membership meeting in December.*

**Tuesday, January 19, 2016** - SCMS Board meets at Horizons Conference Center at 5:30 p.m. Membership Meeting, joint with the Saginaw County Dental Society, at Horizons Conference Center. Social at 6 p.m. (cash bar), followed by meeting and program at 6:30 p.m. Program: “*ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care*” (Approved for 2 AMA PRA Category 1 credits). Speaker: Carl Christensen, MD, Medical Director of the Michigan Health Professional Recovery Program. **PLEASE NOTE SOCIAL AND PROGRAM BEGIN 30 MINUTES EARLIER DUE TO LENGTH OF CME PROGRAM!**

**Friday, January 22, 2016** - Suicide Prevention Training & Assessment for Healthcare Professionals from 8 a.m. to 5 p.m. (CME/CEU credits pending) at St. Mary's of Michigan Masud Lecture Theater. Speaker: Shawn Christopher Shea MD, of Dartmouth College, a nationally known Suicidologist, and Founder/Director of the Training Institute for Suicide Assessment & Clinical Interviewing. Invited: Physicians, nurses, EMTs, therapists, crisis workers, school counselors, etc. See page 8 for more details.

**Tuesday, February 16, 2016** – SCMS Board meets at MCVI at 5:30 p.m. in second floor board room.

*There is no membership meeting in February.*

**Tuesday, March 15, 2016** – SCMS Board meets at MCVI at 5:30 p.m. in second floor board room.

*There is no membership meeting in March.*

**Saturday, March 19, 2016** – 12th Annual SCMS Health Fair “The Doctor Is In” at Horizons Conference Center.

*Continued on page 17*



*Continued from page 16*

**Wednesday, March 30, 2016** – SCMS serves at East Side Soup Kitchen in honor of Doctor's Day. Volunteers needed – please mark your calendar now.

**Tuesday, April 19, 2016** - SCMS Board meets at Horizons Conference Center at 5:30 p.m. Membership Meeting at Horizons Conference Center – spouses invited. Joint with the Midland County Medical Society and MidMichigan Health physicians. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: Physician Wellness/Burnout. Speaker: Gerald A. Shiener MD, Chief of Psychiatry at Sinai-Grace Hospital.

**Saturday-Sunday, April 30-May 1, 2016** – 151st Annual MSMS House of Delegates at The Henry in Dearborn.

**Tuesday, May 17, 2016** - SCMS Board meets at Horizons Conference Center at 5:30 p.m. Membership Meeting at Horizons Conference Center – Annual Meeting. Social at 6:30 p.m. (cash bar), followed by meeting and program at 7 p.m. Program: Update on MSMS House of Delegates.

**Saturday, June 11, 2016** – 7th Annual SCMS Foundation Golf Outing at the Saginaw Country Club.



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## KEY PROVIDER OF THE MONTH

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*"Key Providers" provide support for SCMS membership meetings.  
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## ATTENTION RETIRED MEMBERS!



Retired physicians meet for lunch every Wednesday at 12 noon at IHOP, 2255 Tittabawassee Road in Saginaw. Those attending are responsible for their own lunch, and the informal gathering lasts about an hour. Join your retired colleagues whenever you like!

If you have any questions, please contact Joan Cramer at the SCMS office at 790-3590 or by email at [joan@saginawcountymys.com](mailto:joan@saginawcountymys.com). ☐



# 2016 Saginaw County Medical Society Physician Directory



## Attention all Physicians, Group Practices and Medical Partners

*The 2016 Physician Directory  
is produced by the  
Saginaw County Medical Society*

To reserve a page for your  
company or physician,  
please call Joan Cramer  
at 989.790.3590 or  
email [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com)

**Space and Copy Deadline  
is Friday, November 20,  
at 5:00 p.m.**

*Previous year's "Premium Position"  
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November 9, at 5:00 p.m.*

*To submit fully finished ads, please  
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*All files should be CMYK color.*

*If you need your ad designed,  
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Promote your company, office and/or group practice with an  
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Join the many other medical suppliers and vendors and take  
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There will be two separate versions of this conveniently sized  
Directory distributed in early 2016. The Private Physician version will  
be distributed to members offices, and the Public Directory will be  
marketed and delivered directly into the hands of the public at the  
Annual Health Fair, events and expos throughout the year.

A limited number of additional copies will be available at the  
Saginaw County Medical Society office.

<u>Ad Position</u>	<u>Full Color</u>	<u>Actual Size</u>
Back Page	<b>\$1,800</b>	6.25" wide x 9.62" high
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# SCMS FOUNDATION

## Make a Tax Deductible\* Gift Today!

The Saginaw County Medical Society Foundation gives loans to medical students with “ties” to the Saginaw community, in anticipation that these new physicians will stay in Saginaw to practice medicine once they complete their training. The Foundation receives approximately seven loan applications per year, with an average request of \$10,000. In order to help as many deserving medical students as possible, the Foundation continually needs to raise funds. *If each active member donated \$500, our goal would be achieved.*

⇒ *If you would like to honor a colleague who is living or deceased, please make a contribution to the SCMS Foundation*

⇒ *Please remember the SCMS Foundation in your Will*

*\* The Saginaw County Medical Society Foundation is a 501 (c) (3) nonprofit.  
Gifts have charitable tax benefits so please consult with your tax advisor for specifics.*

### **PLEASE COMPLETE AND RETURN THE FOLLOWING WITH YOUR CHECK**



Enclosed is my contribution made payable to the SCMS Foundation (please designate amount):

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Occasion/Person to be honored: \_\_\_\_\_

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City, State, Zip \_\_\_\_\_

*Checks should be made payable to the SCMS Foundation and sent to the SCMS office at 350 St. Andrews Road, Suite 242, Saginaw, Michigan 48638-5988. Thank you!*

# member news



## **William G. Mason, MD inducted in Saginaw County Hall of Fame**

Longtime SCMS member, William G. Mason MD, was one of three influential Saginaw citizens recently inducted into the Saginaw County Hall of Fame. Dr. Mason, a 47-year SCMS member, passed away suddenly on October 23, 2004, in Chicago.

Dr. Mason was a pediatrician for thousands during his career in Saginaw. He was selected as one of America's outstanding physicians in 1995. Dr. Mason, a Saginaw native, was chief of staff at Saginaw General Hospital and is credited with establishing its neonatal unit. It opened with one doctor and today has 12 and serves all

of Northeast Michigan. He also established a poison control center at Saginaw General, actively pursued and recruited physicians to locate to the Saginaw area, started a Future Physicians Club in the Saginaw school system, and served on the Youth Protection Board, helping it establish a residence for runaway pregnant teenagers, addicts and troubled youths.

Mrs. Suzanne Mason, along with other family members, attend the ceremony at the Saginaw Club on October 20, 2015, and accepted the award on his behalf. Also inducted were F. Roland Sargent and William "Tiny" Zehnder.

### **Congratulations to the Mason family!**

Please contact Joan Cramer at [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com) with newsworthy information on SCMS physician members or families. Publication is subject to available space and the discretion of the Editor. Advertisements for physician practices, procedures, etc., will not be considered for publication as Member News. Display ads may be purchased for those purposes. □

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## SCMS Physician Health & Well-Being Committee

**Confidential assistance to physician members with personal issues affecting their private and professional lives**

The SCMS Physician Health & Well-Being Committee is a CONFIDENTIAL resource for SCMS members who have issues affecting their private and/or professional lives. The Committee acts totally independently, and NO INFORMATION is shared with the SCMS Board, members or staff. If you are in need of confidential assistance, or know of another member who is having a difficult time, please contact **Dr. Kaushik Raval**, Chair of the Committee, at (989) 790-7742. If he is not available, leave a message and he will return your call.



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### Leaders in Quality Improvement

St. Mary's of Michigan was recognized as a Leader in Quality Improvement at the 2015 Michigan Surgical Quality Collaborative (MSQC) Conference held September 24-25 in Troy. The St. Mary's quality initiative focused on the reduction of Surgical Site Infections (SSI), readmissions and length of stay (LOS) for Colectomy and was led by Surgical Champion, Dr. Todd Richardson, and Surgical Clinical Quality Reviewer, Debbie Flory-Thompson. Other initiative leaders include Trisha Wendling, Paul Wardlow and Jolynn Mausolf.

In January 2015, the Quality Improvement Team at the Coordinating Center reviewed 52 hospital Quality Improvement Summaries and corresponding attachments. The summaries outlined goals, objectives, implementation measures and an evaluation of their efforts. The quality of work towards improving outcomes throughout the collaborative was impressive; however, a few of the projects were exceptional. Those exceptional projects demonstrated extensive planning, implementation of processes, and included documents to further their efforts. The Surgical Clinical Quality Reviewers at each of those sites were asked to lead discussions on Quality Improvement conference calls and respond to questions. The MSQC formally recognized the exceptional work done at those hospitals, including St. Mary's, by presenting the awards during the annual conference.

The MSQC was founded in 2005 under the sponsorship of Blue Cross Blue Shield of Michigan and Blue Care Network with a focus on real-world improvements in surgical outcomes. This approach has made the MSQC a model of successful regional teamwork for hospitals nationwide. They have grown from 16 Michigan hospitals

in 2007 to 64 hospitals in 2014, providing member hospitals with practical approaches to better patient outcomes and lower costs.



**Pictured (L to R): Trisha Wendling, Debbie Flory-Thompson, Dr. Richardson, Jolynn Mausolf and Paul Wardlow**

### New Medical Director of Clinical Documentation Improvement Named

Marco Ramos, MD is the new Medical Director of Clinical Documentation Improvement for St. Mary's of Michigan. Through increased physician participation under Dr. Ramos' leadership, St. Mary's is enhancing the support and commitment to improvement and standardized education in physician documentation across the Mid-Michigan region.



Dr. Ramos will actively work with the medical staff to improve the quality and integrity of clinical documentation to ensure an accurate representation of healthcare services through complete and accurate reporting of diagnoses and procedures. He will develop and strengthen education and training programs for physicians, providers and coding staff, and enhance practices and quality assurance processes.

A successful CDI program can impact CMS quality measures, present on admission, pay-for-performance, value-based purchasing, data used for decision making in healthcare reform, and other national reporting initiatives that require the specificity of clinical documenta-

*Continued on page 25*



*Continued from page 24*

tion. If you have any questions about the Clinical Documentation Improvement Program, please contact Debra Jurek at (989) 907-7230.

Dr. Ramos is Board Certified in Nephrology and Internal Medicine with clinical experience in nephrology and hospital-based medicine. He has worked in a number of medical facilities as a consulting nephrologist and hospitalist including St. Mary's of Michigan, Covenant HealthCare, McLaren Bay Region Medical Center, West Branch Regional Medical Center and Northern Michigan Regional Hospital.

He received his medical degree from the Universidad Peruana Cayetano Heredia in Peru before moving to Michigan to further his education at Henry Ford Hospital in Detroit, where he completed his residency in Internal Medicine and his Fellowship in Nephrology. He has participated in research studies regarding kidney transplantation and acute kidney injury associated with chronic cirrhosis while at Henry Ford Hospital.

### **Honor Shiraz H. Shariff, MD - Tickets Available for Cornette Ball**

Tickets are still available for purchase to attend the 21st Annual Cornette Ball on Saturday, November 21 at 6 p.m. at Horizons Conference Center recognizing Shiraz H. Shariff, MD as the recipient of the Spirit of St. Vincent Award.

St. Mary's of Michigan Foundation's Cornette Ball is one of the grandest black-tie galas in the region. The festive evening includes a cocktail hour, a magnificent five-course gourmet meal and live music by Detroit's *Intrigue*. The Spirit of St. Vincent Award is presented annually to at least one highly respected physician who has rendered long and noteworthy service to the Great Lakes Bay community and beyond.

Proceeds from the Cornette Ball will support the hospital's new cardiac ultrasound equipment. The new equipment will provide 3-D imaging to assist physicians in treating patients with heart failure, aid in diagnosing valve and other heart defects, as well as assist with Electrophysiology studies.

For information about attending the event please call (989) 907-8300, or visit [www.stmarysofmichigan.org/foundation](http://www.stmarysofmichigan.org/foundation). ☐



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# COVENANT HealthCare

## Join Us: Radiation Center Unveils New Equipment and Center

There's something new to aid the extraordinary fight to eliminate cancer in the Great Lakes Bay Region.



In 2015, the Covenant Cancer Care Center shared some big announcements, including becoming Michigan's first and only certified member of MD Anderson Cancer Network®, a program of MD Anderson Cancer Center. A world renowned-leader in cancer care, The University of Texas MD Anderson Cancer Center is currently the number one cancer hospital according to U.S. News and World Report's "Best Hospitals" survey. Covenant offers patients access to the latest in evidence-based guidelines from one of the leading cancer centers in the U.S.- close to home, right here in Saginaw. And now...

**We want you to join us** as we unveil the latest radiation therapy system in our newly renovated Covenant Radiation Center, Elekta Versa HD Linear Accelerator. This machine offers leading edge technology and the newest treatment techniques to deliver extraordinary care to our community.

We hope you can join us to learn about this new technology that offers ultra-precise targeting, decreased treatment times and increased comfort.

**Thursday, November 12, 2015 • 5-7 p.m.**  
**Covenant Radiation Center,**  
**4141 Tittabawassee Road, Saginaw**

There will be a brief program at 5:30 p.m., followed by personal tours with our

staff, hors d'oeuvres, and refreshments.

Please help us plan by RSVP'ing to 1.866.COVENANT (1.866.268.3626).

## Diabetes Awareness Month

This Diabetes Awareness Month, we would like to remind you and your patients that a healthier lifestyle begins with education and Covenant HealthCare is here to support you.

Diabetes is a serious long-term medical condition. And while it can't be cured, the good news is that patients have the power to manage more than 95 percent of it by understanding their diabetes, setting goals and planning how to achieve them. The Covenant Diabetes Center provides resources for your patients diabetes care. Whether they are newly diagnosed or have had diabetes since childhood, we can help them maintain a healthy lifestyle.

Covenant Diabetes Center will assist with ways patients can better take care of themselves by setting and meeting diabetes lifestyle goals. Covenant provides education for both pediatric and adults, so they have the resources they need to stay healthy no matter what stage of life they are in.

What services does our program offer?

- ☐ Certified through the Michigan Department of Community Health (MDCH)
- ☐ Education classes available for children and adults
- ☐ Highly trained nurses and dietitians on staff who are Certified Diabetes Educators (CDE)
- ☐ Learn skills to help patients better manage their current condition
- ☐ The Covenant Outpatient Diabetes Education Program is a Recognized Education Program through the American Association of Diabetes Educators (AADE)

If patients receive Medicare benefits, or have other insurance benefits, they qualify for annual education in the Covenant Outpatient Diabetes Education Program.

*Continued on page 27*

*Continued from page 26*

As an added benefit to you and your patients, the annual Diabetes Health Challenge will take place again this January through April. To register for classes or to talk to one of our diabetes educators, please call 989.583.5193.

**Covenant Receives *Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award***

Covenant HealthCare has received the American Heart Association/American Stroke Association's *Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award*. The award recognizes the hospital's commitment and success in ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

To receive the *Gold Plus Quality Achievement Award*, hospitals must achieve 85 percent or higher adherence

to all *Get With The Guidelines®-Stroke Achievement* indicators for two or more consecutive 12-month periods, and achieve 75 percent or higher compliance with five of eight *Get With The Guidelines®-Stroke Quality* measures.

These quality measures are designed to help hospital teams provide the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. They focus on appropriate use of guideline-based care for stroke patients, including aggressive use of medications such as clot-busting and anti-clotting drugs, blood thinners and cholesterol-reducing drugs, preventive action for deep vein thrombosis and smoking cessation counseling.

**Bariatric Support Groups- Sessions Added**

Support group meetings for those who have had or are contemplating bariatric

*Continued on page 28*

**diabetes**  
Self Management  
Program

We are the  
region's most experienced  
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Our program is certified by the American Association of Diabetes Educators (AADE) through the Michigan Department of Community Health (MDCH). We are certified to provide education for patients of all ages and diabetes diagnoses, including pregnant women.

While it can't be cured, the good news is that more than 95% of it can be managed by understanding diabetes, setting goals and planning how to achieve them.

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25.8 million  
people are affected  
by diabetes –  
8.3% of the  
U.S. population.

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*Continued from page 27*

surgery are held the first Wednesday of every month from 6-7 p.m. at Covenant's Mackinaw Campus (5400 Mackinaw Road) in the lower level conference room.

In addition, Covenant is now offering additional support group sessions to address the needs of patients who have had bariatric surgery two or more years ago. We will be meeting at the Covenant Mackinaw Campus from 6-7 p.m. on 12/9/2015, 3/9/2016, 6/22/2016, 9/14/2016 and 12/14/2016. For more information on informational seminars, support group, and contacts, visit [www.CovenantHealthCare.com](http://www.CovenantHealthCare.com).

### **Save the Date- Physician Holiday Office Reception**

The 18th annual Covenant HealthCare Physician & Office Staff Reception will be held from 5-8 p.m. on Tuesday, December 8 at Horizons Conference Center in Saginaw. Invitations and RSVP cards have been mailed. Come and enjoy a special evening filled with good food, great company, refreshments, prizes and entertainment. Reservations are limited, so please RSVP only for those who you are certain will attend. For questions or to RSVP, please contact the Office of Physician Relations at 989.583.4040. □

# *Birthdays*

## **DECEMBER**

Ali S. Ahmed MD .....	12/18
Waheed Akbar MD .....	12/20
Syed S. Akhtar MD .....	12/30
Laith Tawfeeq Alreshaid MD .....	12/12
Henry B. Ancheta MD .....	12/17
Arshad Aqil MD .....	12/27
Berny Priyanthini Bastiampillai MD	12/31
J.G. Marc Bertrand MD .....	12/24
Marshall A. Brown MD .....	12/10
Thomas M. Burkey MD .....	12/21
John F. Cherry MD .....	12/12
Virginia R. Dedicatoria MD .....	12/11
Rosalinda A. Elazegui MD .....	12/31
William R. Engelman MD .....	12/20
M. Hasan Fakhri MD .....	12/10
Walker N. Foland DO .....	12/22
Frederick W. Foltz MD .....	12/1
Shyam S. Ganti MD .....	12/29
Jack E. Goodwin MD .....	12/6

Summer Grace DO .....	12/11
Duane B. Heilbronn, Jr. MD .....	12/22
Randy D. Hicks MD .....	12/12
Steven L. Jensen MD .....	12/10
Shrinivas Kambali MD .....	12/2
Safwan Kassas MD .....	12/29
Sambasiva R. Kottamasu MD .....	12/1
Jamuna Manoharan MD .....	12/13
Carlotta M. Maresca MD .....	12/20
Nicole T. McCadie DO .....	12/24
B. Babu Paidipaty MD .....	12/8
Mark S. Pankonin MD .....	12/29
Che Song Park MD .....	12/25
Christa M. Persyn MD .....	12/14
Lekha K. Richardson MD .....	12/23
Nimmy M. Rodrigues MD .....	12/18
James F. Shetlar MD .....	12/26
Farhad K. Shokoohi MD .....	12/17
Tarek A. Taha MD .....	12/19
Michael J. Tucker, Jr. DO .....	12/27
Andrew S. Wagner MD .....	12/9
Julia M. Walter MD .....	12/21
Nicole C. Waschak MD .....	12/5
Aaron S. Wasserman MD .....	12/19
Liaqat Zaman MD .....	12/15

# NOMINATE A COLLEAGUE FOR THE 2016 MSMS COMMUNITY SERVICE AWARD

The SCMS is seeking nominations for the 2016 MSMS Community Service Award. The focus of the Award is to recognize physicians who have contributed above and beyond their medical practices.

Categories of outstanding service and leadership include (but are not limited to):

Volunteer Medical Work • Overseas Missionary Service  
Environmental and Conservation Programs • Public Health Programs • Civic Duty and Leadership

## Past Recipients

2015 – Louis L. Constan, MD  
2013 – Dr. Daniel J. & Alyce R. Wechter  
2012 – Audrey E. Stryker, MD  
2011 – Stuart J. Rupke, MD  
2010 – E. Malcolm Field, MD  
2009 – Thomas A. Egleston, MD  
2008 – Caroline G.M. Scott, MD  
2007 – Robert L. Vitu, MD  
2006 – Ramakrishnayya Gadani, MD  
2005 – Hugh L. Sulfridge, MD  
2004 – Drs. Waheed and Raana Akbar  
2003 – Walter C. Averill, III, MD  
2002 – Marshall A. Brown, MD  
2001 – Lawrence C. Whiting, MD  
2000 – Edgar P. Balcueva, MD  
1998 – Jack L. Barry, MD  
1997 – Bala Srinivasan, MD and Ramesh B. Cherukuri, MD  
1995 – James R. Hines, MD  
1993 – William R. Engelman, MD



**Please contact the SCMS** with the name of the physician you would like to nominate. You can email your nomination to [joan@saginawcountymys.com](mailto:joan@saginawcountymys.com) or fax to 989-790-3640 by December 1, 2015. ☐

## PEER REVIEW ETHICS COMMITTEE

The Saginaw County Medical Society has a **Peer Review Ethics Committee** (“Committee”) which is comprised of Waheed Akbar, MD – Chair, Caroline G.M. Scott, MD and James R. Hines, MD. Members of the Committee are elected by the membership.

The following is the definition of the Committee pursuant to Chapter IX Conduct and Discipline of Members of the SCMS Bylaws:

**Section 5. PEER REVIEW ETHICS COMMITTEE.** This Society shall have a standing committee designated the Peer Review Ethics Committee, charged with duties and powers concerning the maintenance of standards of conduct and discipline of members including the duties and powers specifically set forth in this chapter. Whenever any matter of alleged misconduct is referred to the Peer Review Ethics Committee, such Committee shall have the right to conduct investigations and hearings thereon, both informal and formal, and to make findings of fact and recommendations for discipline.

**If you need to refer a matter to the Committee, please contact Drs. Akbar, Scott or Hines, or Joan Cramer at the Saginaw County Medical Society office. All matters are confidential and are not to be disclosed to the Board or membership.**



### ❖ MSMS Celebrates 150th Anniversary

On Wednesday, October 7, 2015 the Michigan State Medical Society (MSMS) commemorated its 150th anniversary with a cornerstone celebration, held on the beautiful front lawn of the MSMS Headquarters in East Lansing. Distinguished attendees included current and past MSMS presidents and board members, as well as, state legislators and government officials.

David Share, MD, board chair, opened and closed the ceremony. Tim Becker, chief deputy director of the Michigan Department of Health and Human Services, and Nathan Triplett, mayor of East Lansing, each spoke about MSMS's impact on the community and region. Rose A. Ramirez, MD, current president, and Alexander A. Harris, MS-II, student director of the board, each presented their ideas about the future of the Society and health care.

James D. Grant, MD, immediate past president, and David M. Krhovsky, MD, president-elect, shared the honor of opening and re-sealing the cornerstone. Doctor Grant opened the cornerstone and read the 1959 predictions for the future of medicine. Governor G. Mennen Williams's predictions included: "I feel we will witness a continuing increase in medical facilities and a great expansion in the use of these facilities by every family and individual. We will be training hundreds of additional doctors, specialists, nurses and technicians each year and will undoubtedly be considering the establishment of a fourth Michigan medical school long before the year 2000 A.D."



Now that the future referenced in this 1959 message is in fact here, Doctor Krhovsky read predictions for the next 50 years of medicine and health care. Doctors Grant and Krhovsky then resealed the cornerstone, which is set to be reopened in 2065, when the Society celebrates 200 years.

Attendees also were able to observe items from the 1959 time capsule and enjoyed a reception with colleagues and friends to cap off the exciting event. Capsule documents may be viewed at <http://www.msms.org/Cornerstone>.

### ❖ Maintenance of Certification

Maintenance of Certification (MOC) has generated significant interest at the MSMS and AMA House of Delegates meetings and is an opportunity for MSMS to engage with members and nonmembers on an important advocacy issue. At the MSMS Board Meeting on October 7, MSMS CEO, Julie Novak, shared some of the public relations portion of the "Right 2 Care" campaign, which is an issue specific-campaign initiated by MSMS. Our approach was defined by two MSMS House of Delegates resolutions.

Resolution 37-15 addressed our interaction with the AMA in addressing the unnecessary burden MOC requirements can place on physician practices:

**RESOLVED:** That MSMS work with the American Medical Association to work with any organization granting Maintenance of Certification to ensure that the process is the least burdensome, financially and time-wise, on medical practitioners; and be it further

**RESOLVED:** That MSMS work with the American Medical Association to advocate that any organizations granting Maintenance of Certification recognize their inherent conflict of interest in promoting and maintaining a complicated and expensive certification process, requiring large fees and onerous exam schedules;

*Continued on page 31*



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and be it further

**RESOLVED:** That MSMS work with the American Medical Association (AMA) to encourage members of the AMA House of Delegates to object to any attempts by third parties to require Maintenance of Certification as a condition of participation or payment.

Resolution 73-15 outlined MSMS policy on MOC:

**RESOLVED:** That MSMS supports Maintenance of Certification (MOC) only under all of the following circumstances:

1. MOC must be voluntary.
2. MOC must not be a condition of licensure, hospital privileges, health plan participation, or any other function unrelated to the specialty board requiring MOC.
3. MOC should not be the monopoly of any single entity. Physicians should be able

to access a range of alternatives from different entities.

4. The status of MOC should be revisited by MSMS if it is identified that the continuous review of physician competency is objectively determined to be a benefit for patients. If that benefit is determined to be present by objective data regarding value and efficacy, then MSMS should support the adoption of an evidence based process that serves only to improve patient care.

Because of these resolutions, we have identified legislative sponsors and drafted state legislation to prohibit the use of a MOC status as a qualification for licensure, hospital privileges, or health plan panel participation. We are coordinating introduction of this legislation with the sponsors and will be promoting it through the Right 2 Care public relations efforts. We will provide updates as this work moves forward. ☐

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# applications

**Applications for membership which may be recommended for acceptance at the November 17, 2015, Board Meeting. If you have any questions about the applicants, please contact the SCMS immediately at 790-3590 or [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com).**

**Shivani Bhutani, MD** (*CMU Health - Geriatrics*)

Primary: Internal Medicine, 2008.

Secondary: Geriatrics, 2012.

Medical School: Dayanand Medical College, Ludhiana, Punjab, India, 2001.

Residencies: St. Joseph Mercy Hospital, Pontiac, Michigan, Internal Medicine, 7/05 to 6/06; and McLaren Regional Medical Center, Flint, Michigan, Internal Medicine, 7/06 to 6/08. Took a break from professional life to give time to her two little ones, 8/08 to 12/10.

Prior Practices: (1) Urgent care physician in Southfield, Michigan, 1/10 to 6/10; (2) Research abstracter for MILES project (Michigan Lupus Epidemiology and Surveillance Program) at U of M, Ann Arbor, Michigan, 2/10 to 6/11; (3) Academic Hospitalist at Wayne State University Hospital, Detroit, Michigan, 7/10 to 6/11; (4) Fellow in Department of Geriatrics at William Beaumont Hospital, Royal Oak, Michigan, 7/11 to 6/12; and (5) Assistant Professor of Geriatrics at CMU Health and Medical Director of Hoyt Nursing Home and Rehab Centre 8/12-present.

Sponsors: Doctors Chirdeep Bhutani and Alison L. McElhone.

**George E. Kikano, MD** (*CMU Health – Dean of College of Medicine*)

Primary: Family Medicine, 1991.

Medical School: American University of Beirut, Lebanon, 1986.

Internship: American University Hospital,

Lebanon, Internal Medicine, 1986-87.

Research Fellow: Case Western Reserve University, Cleveland, Ohio, Dept. of Neurology, 1987-88.

Residency: University Hospitals of Cleveland, Ohio, Family Medicine, 1988-91.

Prior Practices: (1) Associate Residency Director, Dept. of Family Medicine, University Hospitals, 1992-95; (2) Medical Director, Hospice Program, Staff Builders, Cleveland, Ohio, 1994-95; (3) Director of Clinical Affairs, Dept. of Family Medicine, University Hospitals, 1994-00; (4) Vice Chairman, Dept. of Family Medicine, Case Western Reserve University and University Hospitals, 1997-00; (5) Chief Medical Officer, Managed Care Service Organization, University Hospitals Health System, 1998-00; (6) Interim Chairman, Dept. of Family Medicine, Case Western Reserve University and University Hospitals, 2000-01; (7) Director of Medical Management, St. Michael Hospital, University Hospitals, 2001-03; (8) Medical Director, UH Connect, University Hospitals Case Medical Center, 2005-13; (9) Chairman, Dept. of Family Medicine and Community Health, Case Western Reserve University and University Hospitals, 2001-13; (10) Vice Dean of Community Health, Case Western Reserve University, 2011-13; and (11) Founding Director of the Weatherhead Institute for Family Medicine and Community Health, Case Western Reserve University, 2011-15.

Sponsors: Doctors Samuel J. Shaheen and Steven J. Vance.

**Ricky A. Meyer, MD** (*Covenant Digestive Care Center*)

Primary: Internal Medicine, 1989.

Secondary: Gastroenterology, 1991.

Medical School: Wayne State University School of Medicine, 1986.

Residency: Sinai Hospital of Detroit, Internal Medicine, 1986-89.

Fellowship: William Beaumont Hospital, Royal Oak, Gastroenterology, 1989-91; and

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Hepatology and Advanced Endoscopy, Oregon Health Sciences University, Portland, Oregon, 1992-93.

Prior Practice: (1) Solo private practice, Gastroenterology, Mercy Hospital, Port Huron, 9/91 to 12/92; (2) Full Staff, Dept. of Gastroenterology, The Cleveland Clinic Foundation, Cleveland, Ohio, 1/93-3/95; (3) G.I. Consultants, Inc., Fort Wayne, Indiana, 3/95 to 10/11 and (4) Parkview Physicians Group, Fort Wayne, Indiana, 10/11 to 2015.

Sponsors: Doctors Mark J. Heinzelmann and Asad I. Mehboob.

**Applications for membership which may be recommended for acceptance at the January 19, 2016, Board Meeting. If you have any questions about the applicants, please contact the SCMS immediately at 790-3590 or [Joan@SaginawCountyMS.com](mailto:Joan@SaginawCountyMS.com).**

**Ibrahim H. Abou Daya, MD** (*Covenant Pulmonary and Critical Care Associates*)

Primary: Internal Medicine, Board Certified 2006.

Secondary: Pulmonary and Critical Care, Board Certified 2008, 2009.

Medical School: Faculty of Medical Sciences, Beirut, Lebanon, 1996.

Residency: Bronx-Lebanon Hospital Center, Bronx, New York, Internal Medicine, 2004-06.

Fellowships: Bronx-Lebanon Hospital Center, Pulmonary, 2006-08; and Montefiore Medical Center, Bronx, New York, Critical Care, 2008-09.

Prior Practice: War Memorial Hospital, Sault Ste. Marie, Michigan, Pulmonary and Critical Care physician, 2009 to 6/2015.

Sponsors: Doctors Farhan Ansari and Thomas E. Damuth.

**Sudha Nallani, MD** (*St. Mary's of Michigan-Heritage Family Physicians*)

Primary: Internal Medicine, Board Certified 2008.

Medical School: Kasturba Medical College, Manipal, India, 1991.

Internship/Residency: Hurley Medical Center, Flint, Michigan, Internal Medicine, 1994-98.

Prior Practice: (1) Aleda E. Lutz VA Medical Center, Ambulatory Care Physician and Hospitalist, 7/98 to 11/00; (2) VA Ann Arbor Health Care System – Flint community based outpatient clinic, staff physician, 12/00-09/04; and (3) Aleda E. Lutz VA Medical Center, staff physician, 9/04-9/06 and Associate Chief of Staff, Geriatric and Extended Care Services and lead physician for Diabetes Clinic, 10/06-08/12.

Sponsors: Doctors Palaniandy K. Kogulan and Gopi K. Nallani.

**Mark S. Pankonin, MD** (*Covenant Digestive Care Center*)

Primary: Gastroenterology, Board Certified 2014.

Secondary: Internal Medicine, Board Certified 2011.

Medical School: Wayne State University School of Medicine, 2008.

Residency: Emory School of Medicine, Atlanta, Georgia, Internal Medicine, 2008-2011.

Fellowship: University of Miami/Jackson, Miami, Florida, Gastroenterology, 2011-15.

Prior Practice: Grady Hospital Sickle Cell Center, Atlanta, Georgia, 2010-11.

Sponsors: Doctors Asad I. Mehboob and Ricky A. Meyer. □



# board highlights

The September meeting of the Board of Directors of the Saginaw County Medical Society was held on Tuesday, September 15, 2015, at Horizons Conference Center prior to the Membership Meeting which was joint with the Saginaw County Osteopathic Society. Danielle C. Duncan, MD, President, called the meeting to order at 5:39 p.m.

Dr. Duncan welcomed Dr. Dan Wechter to his first meeting as an Alternate Delegate. She also welcomed George E. Kikano, MD, CMU College of Medicine Dean.

The minutes of the August 18, 2015, Board meeting were reviewed. **MOTION:** Approve the August Board Meeting Minutes. **MOTION APPROVED.**

In Dr. Veverka's absence, Joan presented the Treasurer's Report for August 2015. It was noted Dr. Veverka had reviewed the report even though he was unable to attend the meeting. **MOTION:** Approve the August Treasurer's Report. **MOTION APPROVED.**

## OLD BUSINESS

1. **CMU Update** – Dr. Vance introduced George E. Kikano, MD, Dean of the CMU College of Medicine. Dr. Kikano told the Board Covenant HealthCare and St. Mary's of Michigan have renewed their five year commitment with CMU College of Medicine. He is hopeful next fall, the current third year medical students will apply for Saginaw residencies in Emergency Medicine, Family Medicine, Internal Medicine, Ob/Gyn and Psychiatry. CMU College of Medicine has completed step four of five for accreditation, with the final step scheduled in May 2016. Dr. Duncan asked Dr. Kikano to encourage all CMU College of Medicine physicians in Saginaw to join the SCMS. Dr. Kikano stated he does support SCMS membership of their physicians, and will be completing

and returning his application in the near future.

## 2. **Membership Update and Recruitment**

– Dr. Duncan reported on the meeting with Covenant officials on Monday, September 14, 2015. Representing the SCMS were Drs. Duncan, Talati and Butman, along with Joan Cramer; representing the Michigan State Medical Society were Susan Dutcher and Josh Richmond; and representing Covenant were Drs. Kosanovich and Martejja, Dave Nall and Matt Campbell. Covenant officials were given a list of their non-members. There was positive response to having Covenant physicians who were non-members join the SCMS.

## 3. **Meeting Programs for 2015-16** – Joan reported the following program has been scheduled:

a. Tuesday, October 20 – Wellspring Lutheran Services Home Health & Hospice will present a program on "End of Life Planning for Patients" at the membership meeting at HealthSource.

Board members were also notified they are invited to the 5th Annual St. Luke Lecture hosted by the Sacred Heart Mercy Health Care Center in Alma on Thursday, October 15. The program is "Protecting Human Dignity and Preservation of Self Worth: A practical, compassionate approach to end-of-life care."

## 4. **Michigan Board of Medicine** – The Board was notified Dr. Millie Willy was among the physicians selected for nomination by MSMS for the open Board of Medicine seat. A decision is expected to be made by Governor Snyder early next year.

## 5. **Presentation to CMU College of Medicine M1 and M2 Students** - On Tuesday, September 8, Drs. Erica Canales, Tom Veverka, Dan Wechter and Millie Willy, along with Joan Cramer of the SCMS

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and Dave Fox of MSMS, participated in a forum on organized medicine at the CMU College of Medicine in Mt. Pleasant. Alyssa Stroud, M2 student from Saginaw and e-board member of the CMU chapter of the American Medical Association, and Joan Cramer organized the event. The purpose of the forum was to introduce CMU medical students to organized medicine. Approximately 75 M1 and M2 students attended the forum.

Both the doctors and students were very happy with the forum from the number of students attending to the information that was conveyed. The students were very interested in having SCMS members as their mentors when they arrive in Saginaw to study.

## **NEW BUSINESS**

1. **Applications for Membership** – Dr. Paidipaty presented the following applications for their first reading:

- a. Jacquelyn M. Charbel, DO (Michigan Surgical Specialists, PC), Colon & Rectal Surgery, board eligible, sponsored by Drs. Sujal G. Patel and Todd G. Richardson; and
- b. Asad I. Mehboob, DO (Covenant Digestive Care Center), Gastroenterology (awaiting board results) and Internal Medicine, sponsored by Drs. Kathleen M. Cowling and Iris A. Marteja.

2. **District 8 Director** – Dr. Mridha's final three year term as District Director ends in April 2016. A candidate is needed from Saginaw County since the other counties in the District do not really participate. Dr. Veverka has indicated he may be interested in the position, and served as our second District Director for a short time in 2014 before the District lost the second seat due to decreased membership. The election will be held at the District 8 Director's Briefing in April prior to the House of Delegates. After discussion, the Board moved to

unanimously nominate Dr. Veverka as a candidate for the District 8 Director position pending his acceptance. **MOTION:** Nominate Thomas J. Veverka, MD as a candidate for the District 8 Director seat pending his acceptance. **MOTION APPROVED.**

3. **Health Delivery, Inc. Letter of Support**

– HDI has requested a letter of support as they apply for a HRSA Substance Abuse Grant. HDI also noted they will be opening Old Town Saginaw Community Health Center in the near future. **MOTION:** Provide Health Delivery, Inc., with a letter of support for their application for the HRSA Substance Abuse Grant. **MOTION APPROVED.**

The next meeting of the Board will be held on Tuesday, October 20, 2015, at HealthSource Saginaw prior to the Membership Meeting. The meeting was adjourned at 6:18 p.m. ☐

*Respectfully submitted,*  
**JOAN M. CRAMER**  
*Executive Director*





As leaders in healthcare, it is vital that managers/administrators of medical practices have resources available to stay abreast of the ever changing rules in healthcare in order to maintain successful practices. An excellent resource available to all physician office administrators is the Michigan Medical Group Management Association (MiMGMA). Our organization is open to all specialties and provides an excellent return on investment allowing all managers the luxury of membership. Conferences are held each spring and fall in Michigan; extensive travel is not required to attend.

Attendees of the conferences are kept informed and updated on current issues impacting medical practices today such as Risk Management, Human Resources, Marketing, Meaningful Use, EMR, and HIPAA just to name a few.

Vendors representing many services and products attend the conferences allowing the managers the opportunity to discuss solutions to issues they are working on in their individual practices. Professional relationships are developed through networking allowing ongoing communications; these communications serve to strengthen both the administrator and the practice alike. As an attendee, one manager reported saving her organization \$26,000 in one year due to networking opportunities presented to her at one MiMGMA conference. The ROI cannot be overlooked.

For more information, please visit our website at <http://www.michmgma.org/> or contact Sandy Sprague, MiMGMA Member Services Co-Chair, at [ssprague@greatlakeseyeinst.com](mailto:ssprague@greatlakeseyeinst.com) or (989) 793-2820.

## Celebrate the Season at the **Ultimate Small Business Holiday Party**

*December 10<sup>th</sup>, 2015*  
*6:00p.m. - 12:00a.m.*

Take the stress out of your  
Holiday Party and let  
**HORIZONS** do all the work.  
*Reserve your table today!*

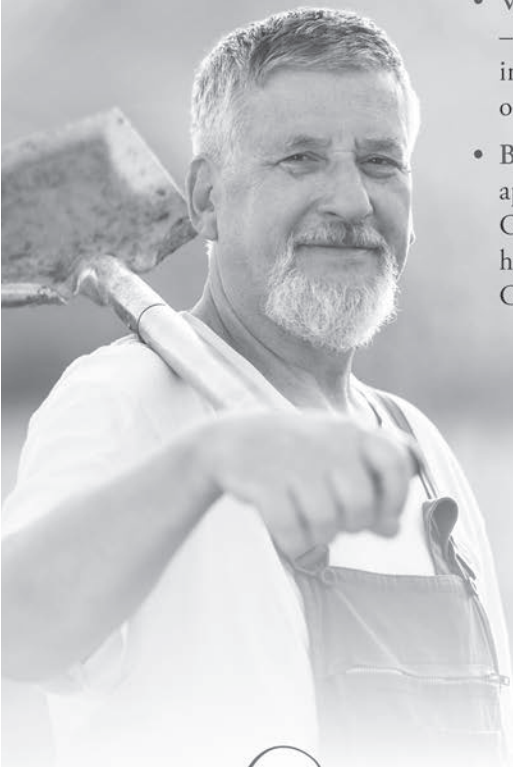
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- When patients are in the hospital – our experts in the dedicated inpatient heart failure unit focus on improving their outcomes
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# HUMAN TRAFFICKING

## Victim Identification

PATIENT NAME: \_\_\_\_\_

### The following signs may indicate a person is being trafficked:

- ☐ With a controlling person; unable to speak on own behalf
- ☐ Lack of control over schedule, money, personal documents
- ☐ Transported to and from work
- ☐ Works and lives in the same place
- ☐ Debt owed to employer
- ☐ Bruises, depression, fear, overly submissive

### You may be a victim of human trafficking if any of the following are true:

- ☐ You have to ask permission to eat, sleep, or go to the bathroom
- ☐ You cannot leave your residence

- ☐ You cannot quit your job
- ☐ You do not have your identification documents in your possession
- ☐ You are being asked to do sexual acts for someone other than your significant other

### Do you believe you or someone else may be a victim of human trafficking? What to do:

- ▶ Call Federal Bureau of Investigation 313-965-2323 [24/7]
- ▶ Call National Human Trafficking Resource Center 1-888-373-7888 [24/7]
- ▶ Call Department of Human Services 1-855-444-3911 [24/7]
- ▶ Call Local Police

PHYSICIAN SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

## Human trafficking is an international and domestic web of crime affecting the health of victims, young and old, male and female.

From 2012 to 2014 the State of Michigan saw a 90% increase in reported human trafficking cases and a 107% increase in calls to the National Human Trafficking Resource Center. As awareness increases, reporting increases; know the signs of human trafficking.

The State of Michigan prohibits forced labor or services, debt bondage, prohibited conduct, and specifically trafficking a minor. "Labor" is defined as work of economical or financial value. "Services" refers to an ongoing relationship between a person and an individual in which the individual performs activities under the supervision of or for the benefit of the person, including, but not limited to commercial sexual activity and sexually explicit performances. "Force, fraud, or coercion" is defined within the law as being a necessary component in cases of labor or services, debt bondage, and prohibited conduct; HOWEVER, force, fraud, or coercion are not necessary as it relates to prohibited conduct with a minor.

If you believe you or someone else may be a victim of human trafficking, call the National Human Trafficking Resource Center at 1-888-373-7888 to learn more about human trafficking and the resources that may be available to you.



PLEASE VISIT THE GENESEE COUNTY HUMAN TRAFFICKING TASK FORCE FOR MORE INFORMATION. [WWW.FACEBOOK.COM/GCHTTF](http://WWW.FACEBOOK.COM/GCHTTF)  
NATIONAL HUMAN TRAFFICKING RESOURCE CENTER HOTLINE 1-888-373-7888

# BENEFITS OF SCMS/MSMS MEMBERSHIP

## 113 YEARS OF CARING FOR SAGINAW COUNTY RESIDENTS

Joan M. Cramer, SCMS Executive Director

I have been asked many times by both members and non-members “Why should I belong to the SCMS and MSMS?” “What do you do for me?” Some have responded they “don’t use their membership because they don’t go to SCMS meetings.” SCMS and MSMS membership is so much more than membership meetings. We are not only support for you, but for your office staff as well. I’m hoping the information below will help members who are on the fence about paying their dues decide to remain members, and also convince non-members why they should belong. If you or your office staff run into a roadblock, whether you are a solo practitioner, in a group or hospital-employed, please feel free to contact me at [joan@saginawcountymms.com](mailto:joan@saginawcountymms.com) or 790-3590 and I will work with you to come up with a resolution for your problem through a variety of resources available to you as a SCMS/MSMS member.

The Saginaw County Medical Society (SCMS) is the professional association of physicians in Saginaw County, and is a component of the Michigan State Medical Society (MSMS). In order to be a member of one, you must be a member of both. AMA membership is optional. Membership is open to MDs and DOs.

- Active physician dues are \$795 per year (\$495/MSMS and \$300/SCMS).
- The SCMS offers a 50 percent discount for first year physicians.
- MSMS offers a 75 percent discount for first year physicians, 50 percent discount for second year physicians and 25 percent discount for third year physicians, and also discounts the second membership when physician spouses are both members.

### SCMS Membership Provides Members and Their Staff:

- **The Bulletin** is printed and distributed

nine months per year via mail and email with articles and information pertinent to SCMS members and their staff.

- **Pictorial Membership Directory** used by members and their staff on a regular basis. Our Directory provides access and information on your practice to other member physicians outside your specialty. In addition, a Directory that includes office address and phone (but not pagers, fax numbers or email) is printed and distributed to 1,000+ households in Saginaw County. The response from the public on this listing of SCMS physicians has been extremely positive.
- **Website** which is full of useful information and resources [www.SaginawCountyMS.com](http://www.SaginawCountyMS.com)
- **Referrals** to patients seeking new doctors – we do not give out information for non-members.
- Five **membership meetings** per year where our members have an opportunity to network. In addition, our meetings include interesting speakers and an opportunity to earn **CME credits**.
- **Contact with local, state and federal legislators** regarding issues of importance in Saginaw County.
- **A unified voice** on medical issues to our legislators, our area hospitals, insurance companies, etc.
- **Political activism** in support of medicine-friendly candidates.
- **Loans and scholarships** to local medical students and nursing students.
- **Community service** to actively and tangibly give back to the community where you live and work through SCMS sponsored projects.

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- An active **Peer Review Mediation Committee** to provide a forum for patient complaints to be heard. Peer Review reduces the number of medical liability cases.
- An active **Peer Review Ethics Committee** for physician to physician issues.
- An active **Physician Health & Well-Being Committee** for our members who may be experiencing difficulties in their personal/professional lives which is strictly confidential.
- Physicians to interact with the news media regarding important medical issues.
- And more!

#### **MSMS Membership Provides Members and Their Staff:**

- Lower insurance rates through MSMS Physicians Insurance Agency.
- Full-time lobbying at the State Capitol representing organized medicine.
- Statewide or regional media campaigns on issues important to physicians and medicine.
- Information for physicians on economic issues related to the business side of running a medical practice, hospital employment and group employment.
- Relationships with state agencies related to the health care delivery system.
- Educational programs related to topics impacting all Michigan physicians.
- Health Information Technology.
- Reimbursement Advocate.
- Pay-For-Performance Initiatives.
- Coding Alerts & Assistance.
- ICD-10 Resources.
- Practice Handbook.
- CMS 1500 Forms.
- HIPAA information.
- Legal Alerts.
- Guides, Checklists and Toolkits.

- Scope of Practice Guidebook.
- And more!

#### **EDUCATION & LEADERSHIP**

- The **MSMS Annual Scientific Meeting** and hundreds of other CME and practice management courses attract thousands of MSMS/SCMS members who benefit from the member discount.
- MSMS/SCMS offer many effective committees and a variety of **opportunities for leadership experience**. The beauty of MSMS/SCMS is that you can be as active as you wish to be. We need members to participate in activities, as well as, “check-book” members who help pay the bills.

#### **“MEMBERS ONLY” BENEFITS**

- The **MSMS Reimbursement Advocate** who can cut loose the toughest claims caught in insurance company red tape is available only to MSMS members.
- The **“members only” portion of the MSMS website** at [www.msms.org](http://www.msms.org) is loaded with valuable practice management tools that non-members cannot access.
- The cutting edge technology of **MSMS Connect** is available to MSMS members.

#### **WHY PAY DUES?**

- Your practice already directly benefits financially from MSMS/SCMS efforts, whether or not you are a dues paying member. **Why pay membership** dues when you get all of this for free? Because all physicians need to “fund their voice.”
- MSMS/SCMS are doing very well, but **we could be doing even better**. There is strength in numbers. Together we are stronger. ☐

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