# **OUR JOURNEY TO PASCHA! 2025**

Created by Fr. Jonathan Bannon (ACROD)

Adapted by Fr Vitalii Stashkevych (BCC) for the Gregorian Calendar

## SUNDAYS

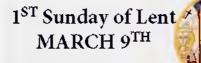
Fast - Free Week FEBRUARY 9<sup>TH</sup>

Normal Fast Week FEBRUARY 16<sup>TH</sup>

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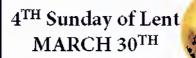
Meatfare FEBRUARY 23<sup>RD</sup> FAREWELL TO MEAT TODAY

Cheesefare MARCH 2<sup>ND</sup> FAREWELL TO CHEESETODAY



2<sup>ND</sup> Sunday of Lent MARCH 16<sup>TH</sup>

3<sup>RD</sup> Sunday of Lent MARCH 23<sup>RD</sup>



5<sup>TH</sup> Sunday of Lent APRIL 6<sup>TH</sup>

PALM SUNDAY APRIL 13<sup>TH</sup> GREAT WEEK BEGINS

GREAT AND HOLY FRIDAY APRIL 18<sup>TH</sup>



## THEMES / GOSPEL READING

TRICDION WEEKSPublican and the PhariseeEpistle:2 Timothy 3:10-15Gospel:Luke 18:10-14

The Prodigal Son Returns!Epistle:1 Corinthians 6:12-20Gospel:Luke 15:11-32

The Last Judgement

Epistle:1 Corinthians 8:8-9:2Gospel:Matthew 25:31-46

Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4

Gospel: Matthew 6:14-21
GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXYEpistle:Hebrews 11:24-26, 32-12:2Gospel:John 1:43-51

ST GREGORY PALAMASEpistle:Hebrews 1:10-2:3Gospel:Mark 2:1-12

#### **VENERATION OF THE HOLY CROSS**

HALF WAY TO PASCHA!Epistle:Hebrews 4:14-5:6Gospel:Mark 8:34-9:1

ST JOHN of the LADDEREpistle:Hebrews 6:13-20Gospel:Mark 9:17-31

ST MARY of EGYPT

Epistle: Gospel: Hebrews 9:11-14 Mark 10:32-45

GREAT AND HOLY WEEK ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9

Gospel: John 12:1-18

GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17

#### HOW TO PARTICIPATE:

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Ask each other for forgiveness each evening this week before bed.

> Bring an icon to church for a procession.

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.

Wear your cross to church and kiss the cross each morning with a bow!

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

> Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

> > Place your palm branches and pussywillows behind an icon at home and in your car!

Refrain from TV, Internet & Phones to honor Christ's Death.

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!