


IMMANUEL LUTHERAN CHURCH AUGUST NEWSLETTER 2022

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FALL RETREAT BEING PLANNED - OCT 28TH
Worship & Music – Favorite Hymns from the ELW

Did someone say **Erie Gives?** 
Church Picnic being planned – Sept. 11th
Celebrations of Life & Love
Church Council & Staff

Drive-In worship participants we are asking you to drive up to the door/overhang at the Education wing in the main (south) parking lot. The usher will hand out communion, bulletins and receive offerings. Using the overhang, the usher will be somewhat protected from the weather and will also not have to cross the street!



Immanuel Lutheran Church

1002 Powell Ave.

Erie, PA 16505

814-833-4062

LIKE US on Facebook

www.ilc-erie.org

Office: immluthch@verizon.net



Grace & Peace
from the Pastor's Desk

1 Timothy 6:6-7

*“There is great gain in
godliness with
contentment; for we
brought nothing into
the world, and we
cannot take anything
out of the world;”*

As some of you know before the end of this month, I am graduating from an online master’s degree program of Mental Health and Wellness with a focus on Christian Ministry through Grand Canyon University. It has been quite an experience and I am grateful to have been able to take the courses. With the pandemic the mental health of many people has declined and some of us don’t know where to go to find help. I’d like to offer a few suggestions that may work for relieving stress and also supply a few Christian counseling providers if you know someone who needs to seek a mental health provider but doesn’t want to have their Christian identity challenged.

One of the most popular evidence-based treatments for stress is to practice mindfulness. That means to be fully present in the moment so that you are not fretting over what has taken place in the past nor fearing the future.

However, in order to practice mindfulness, you need to take a few minutes of time to spend with yourself every day.

Interestingly enough, one practice of mindfulness is prayer. I find centering prayer to be the most effective method for me, however praying and listening for a few moments is helpful. Centering prayer takes about 20 minutes to practice. It begins by choosing a focus word such as “peace”, “hope”, or another word that has meaningful for you, set a 20-minute timer, then quiet yourself body and mind, sitting in a comfortable position, and repeating your word with deep breaths in and out. Thoughts and ideas may intrude in this quiet time; acknowledge them and push them away by once more focusing on your word. You may fall asleep. You may find your mind taking you somewhere, concentrate on this because it may be a message from God. When the timer goes off bring your awareness slowly back to the present. You may want to journal what you experienced during this time of deep concentration, if in fact you did experience anything, but journaling is not essential.

Another way to beat stress is to take an inventory of what you are grateful for, allowing yourself to be content with what you have.

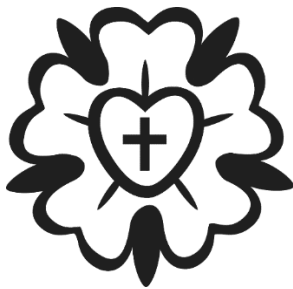
Other methods of practicing mindfulness include taking walks in green and blue places (outdoors in nature or by water); pay special attention to what you are seeing, smelling, and hearing. Practice an exercise that includes stretching combined with deep breathing. Read a Bible passage and meditate on it. These are just some practices of mindfulness that will help reduce stress and allow you to feel more present in your life.

If your stress is too intense, or if you’re suffering from another form of mental illness you may need to see a counselor. Some places around Erie that have Christian counseling services are: McKean CCA, 7300 Grubb Rd., McKean, PA 16426 (814) 476-4045; Erie CCA-2, 4408 Peach St. Suite 201, Erie, PA 16509 (724) 396-1510 or Erie CCA, 3308 South St., Erie, PA 16510 (814)554-3232.

And, of course, I am available to talk with you. I’m in the office most Tuesday and Thursdays, the office phone is 814-833-4062 or you can call my cell phone 724-557-2386 just leave a message if I don’t answer and I will return the call.

Grace and Peace,
Pastor Karen

Christian Education



SAVE THE DATE:

Sunday School starts
Sept. 11, 2022

RALLY
DAY

~ *Sharing the Good News* ~



Vacation Bible School was a great success. Eighteen volunteers made a commitment to provide leadership and shared the word of God with our young explorers. During their quest on Adventure Island our young explorers learned

how God's light shines through us in Love, Trust, Faith, Hope and Joy! The week was based on our signature verse from Isaiah 60:1 "Arise Shine! Your light has come, the Lord's Glory has shown upon you."



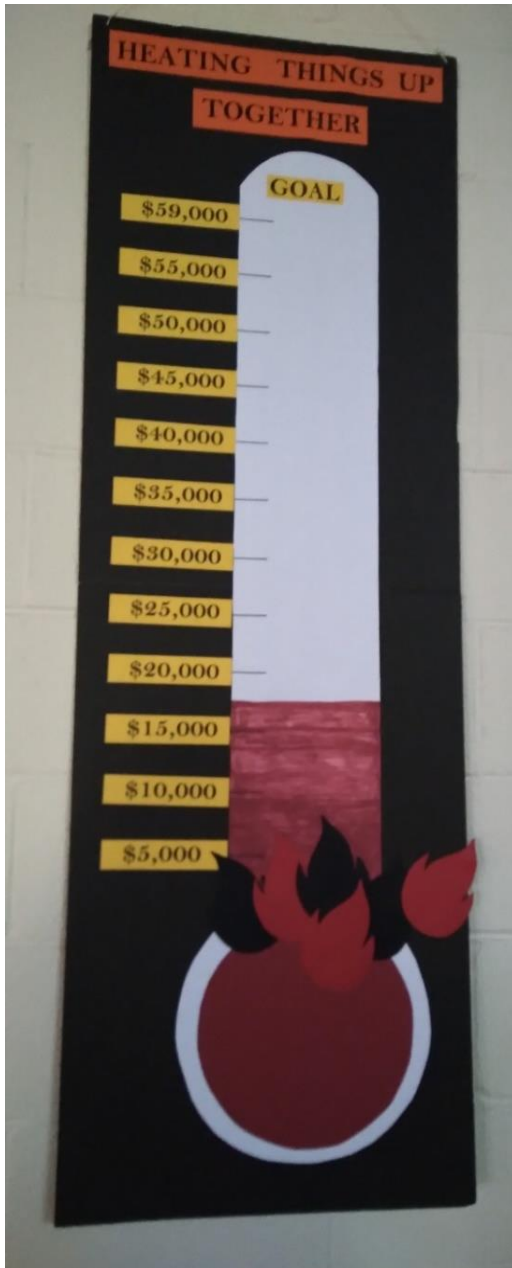
START OF A NEW YEAR

Sept. 11, 2022

Hope you can make it!
Mark your calendar now
& plan to be with us.

We will also have our Church Picnic that day.

Immanuel Boiler capital campaign update



AHA FAMILY & FRIENDS CPR CLASS

Saturday, September 17, 9 am to noon

Fellowship Hall, Messiah Lutheran Church

Taught by AHA certified instructor Susan Majewski, this course includes adult hands-only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children and infants. Cost is \$15/student, payable to the instructor, and includes a book and card verifying class participation. (It is not intended as BLS certification for health care providers.) This course is video-led and includes skills practice on a training manikin. There is room in the fellowship hall for social distancing, masks are optional. Call Jean Parker at 814-528-5817 for questions. You can register on a sign-up sheet in the narthex or by calling the church office at 814-899-6386.

LAKEWOOD UNITED METHODIST WOMEN

RUMMAGE SALE

FRIDAY, AUGUST 5th

2:00 to 7:00 p.m.

&

SATURDAY, AUGUST 6th

9:00 a.m. to 1:00 p.m.

IN FELLOWSHIP HALL

**CHILDREN'S, ADULT CLOTHING, SHOES,
TOYS, HOUSEHOLD ITEMS, CRAFT ITEMS,
TOOLS, SPORTS EQUIPMENT, LINENS AND SO
MUCH MORE!**

LAKEWOOD UNITED METHODIST CHURCH
3856 W. 10th St 16505

1 BLOCK WEST OF ADWELL AVE

FALL RETREAT – COME AND WORSHIP AND RELAX IN BEAUTIFUL LUDLOW, PA THIS FALL



An October trip to **Olmsted Manor Retreat Center** located on Route 6 in Ludlow, PA is in the planning stages. Come enjoy the splendor of Autumn in the Allegheny National Forest and the beauty of a Tudor mansion built in 1917, yet with all the modern amenities one could want. Check in is at 3 p.m. on Friday and check out from your room at 10 a.m., but you are welcome to stay and enjoy the center & grounds. We will be celebrating the Holden Evening Prayer service at the manor and spending the night on Friday, **October 28, 2022**. Saturday morning, we will have a brief worship time. The Rev. Doug Dyson from the Synod office will be joining us to speak about how Immanuel can be present in the community.

Our meals will be fixed in the Manor kitchen. Lots of time on your own to just relax and enjoy.

There are 4 double rooms available, each with their own bathroom, 2 double rooms and a single room with a shared bath. Price for double occupancy is \$30.00 per person, \$40.00 for a single person.

Get in touch with Pastor Karen if you are interested. Check out their website olmstedmanor.org for pictures.



OLMSTEAD MANOR FALL RETREAT – HOLDEN EVENING PRAYER

17 East Main St. - Ludlow, PA 16333

Overnight Retreat Friday October 28, 2022 Check-in time after 3 p.m.

Check-out time (waiting for response from Olmsted)

<https://visitanf.com/olmsted-manor-retreat-center/>

Bedrooms are all located upstairs, no elevator

NOTE: There is a “No Alcohol” policy enforced at the retreat center.

Shared Room \$30.00/person or Single Room \$40.00/person

Name(s) of Persons Attending _____

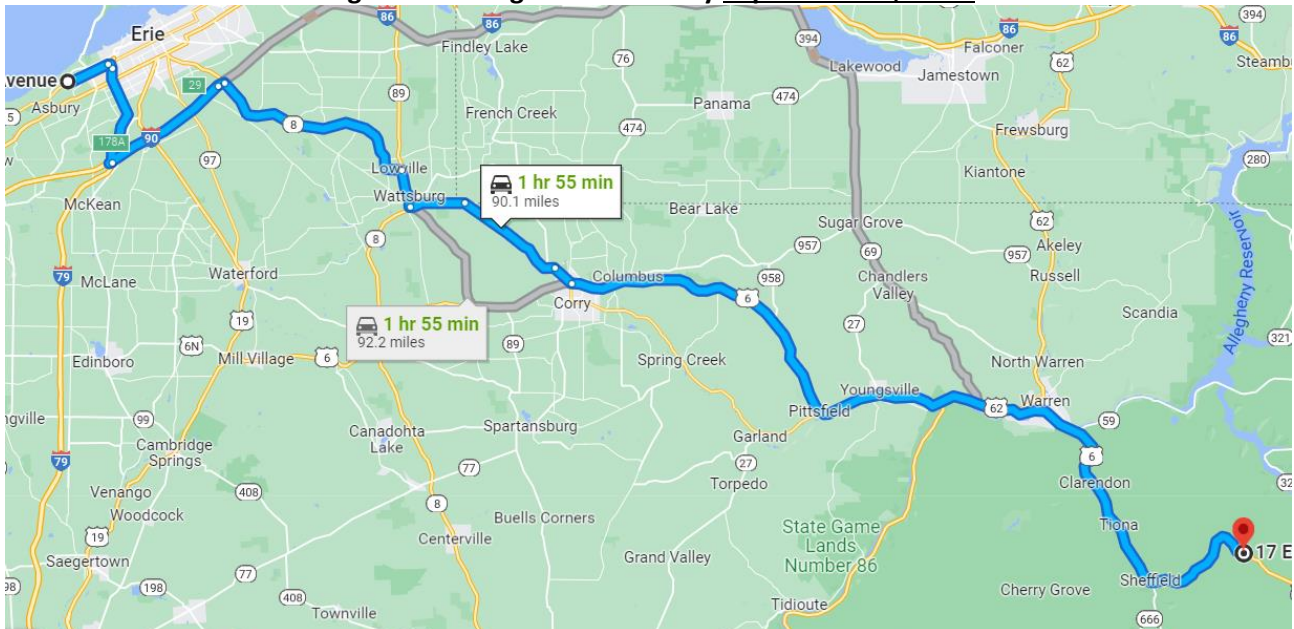
Room preference and any roommate preference _____

Emergency Contact

Name _____ Phone _____

Food Allergies/Sensitivities/ _____

Please give completed form to Pastor Karen, make checks payable to Olmsted Manor, payment preferred at time of registration. Registration due by September 11, 2022.





Immanuel Worship Calendar

AUGUST 2022 Worship Calendar for Immanuel Lutheran, Erie PA

Date	Presider	Assistant	Lector
8/7/22 9:30 AM Independence Weekend	Kostur		
8/14/22 9:30 AM	Kostur	Bob Dorler	Bob Dorler
8/21/22 9:30 AM			<u>Lay Dist./Lector</u>
8/28/22 9:30 AM	Kostur		



Altar Guild: P. Maloney/S.Pfeiffer/S.Leubin **Counters:** S.Holsopple/D.Arnold

Ushers: Ushers as assigned by B. Dorler

If you are unable to fulfill your commitment – please find an alternate & notify the church office.

Sign-up sheet on the bulletin board for SEPTEMBER

ERIE GIVES CONNECTION – donate by Aug. 8th using the form on the next page.

ERIE GIVES 2022

This year Immanuel will be participating in the Erie Community Foundation's annual Erie Gives Campaign. Mark your calendar as Erie Gives Day is Tuesday, August 9th from 8 am to 8 pm.

Donations made to Immanuel on this day will be eligible for the prorated match from the Erie Community Foundation. This prorated match in previous years has been between 5 to 7 percent.

Donations can be made online on August 9th through the Erie Gives website using a credit card. Or donations can be submitted to the Erie Community Foundation by check, but must be received by Monday, August 8th accompanied by the Check Donation Form. The minimum donation is \$25.

Look for information on the Erie Gives campaign in the August newsletter or by email. If you have any questions or need assistance contact the church office or Debbie Redditt.



ERIE GIVES CHECK CONTRIBUTION FORM

Please make checks payable to The Erie Community Foundation and kindly deliver to the Foundation (459 West 6th Street, Erie, PA 16507) with this completed form no later than August 8, 2022.



ALL INFORMATION IS REQUIRED

Donor Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Check Number: _____ Contribution total: \$ _____

Please list how you wish to be identified in print: _____

Example: John & Jane Doe | John Doe | Anonymous

Does your employer match donations? Yes No Company Name: _____

Please note, the employee is responsible for completing the employer's company match paperwork.

	Erie Gives Nonprofit Name <small>All nonprofits below must currently be listed on the Erie Gives website.</small>	Gift Amount <small>\$25 minimum</small>
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

FOR OFFICE USE ONLY

Received: Mail In Person _____ Information Verified _____ Entered _____

Worship & Music in the News....



You can find Pastor Karen's latest sermons in print on our webpage here <http://www.ilc-erie.org/worship-.html> and the video is posted to our [Facebook page](#)

We will be using many favorite hymns from the "ELW hymnal" in August.

The Worship & Music committee meets on August 9th at 1 p.m. All are welcome to join this committee. We hope you all enjoyed our outside worship on July 10th and we will be doing it again on Sept. 11th so plan to bring your lawn chair and join us. We will gather on the lawn outside church followed by our church picnic.

COFFEE HOUR **1ST SUNDAY OF** **EVERY MONTH.**

It will be in the lounge after church service. The Eckmans will be hosting.



Please join us for worship each Sunday at 9:30 a.m. either indoors, or in our drive-in services.



SAVE THE DATE
Sept. 11, 2022
Outside worship
followed by the
Church Picnic.

We will also be recognizing our local Police and Firefighters as our special invited guests.

FAITH

IN

ACTION

FELLOWSHIP, OUTREACH & GROWTH NEWS

The Annual Church Picnic will once again be held after



Sunday outside
worship services.

The date chosen is Sept. 11th.

Last year it was a great
success.

**All the food and drink will be
provided.**

**Help us also welcome & thank our special guests
~ our local Police & Firefighters~**



Please continue to
support our Little Free
Pantry with food and
non-perishable items.
With prices rising sharply
over the past few months
the pantry is needed
more than ever. Thank
you for your donations.

FAITH

IN

ACTION



Collecting School Supplies

Social Ministry will be collecting school supplies
until August 21st.

Pocket folders

Notebook paper

Highlighters

Dry Erase Markers (black)

Colored pencils

Crayons

Glue sticks

Flash cards (addition, subtraction, multiplication, and/or
division)

Flash cards (sight words)

Erasers

Pencils

Boxes of tissues

Hand sanitizer

Clorox wipes

Snacks (individually wrapped)

Jump ropes, balls, etc. (for recess)

Take advantage of any of the great back to school sales!
Items may be dropped off at the church during office hours or after the
service on Sunday mornings.

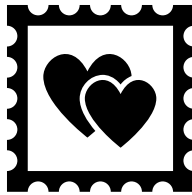
Cash donations can be placed in collection basket and marked "Social
Ministry School Supplies"

Thank you !
Social Ministry



If you are sick or in the hospital, please notify the church office and if you'd like home communion or a copy of our newsletter ~ please let us know in the office.

Please remember the members of Immanuel who are "shut in," or having some health challenges and cannot make it to service, you may want to offer them a ride, give them a friendly call, send them a card. The current Shut-In Mailing List is available in the office or the church directory.



KEEP IN PRAYER: The family of the late Audree Adams; the Dorler family on the passing of Bob's sister Pat, the Madurski family on the passing of Ron's Mom; and keep in prayer Denise Arnold's Mom Lucie Arndt as well as brother-in-law Pastor Huhn & his wife Lana; Pam Anthony Lakewood VBS Coord.; John & Tim Botwright & their families; the Feiler & Lee families;

Cindy Geddes' family friend Deedee; Christin; Jim & Lorraine Hornaman; Kyle Husted; Carol Ketchel; Pastor Karen's cousin, Marilyn and Pastor's friend Pat; Bill Kostur's daughter – Samantha; Jim Kuntz; Leslie; Patrick Lewis–friend of S. Kocur; Bishop Michael Lozano; Friend of Debbie Redditt – Nathan in remission; Carole Rickrode, Sharon Roemer, all of our members who are grieving; who are in nursing homes, who are serving on the "front line" during the COVID pandemic or who are ill at home. We pray for those in the military: Scott Case– Navy, (C. Geddes nephew) & Christopher Peterson – Navy (Grandson of the late Agnes & Chuck Peterson).

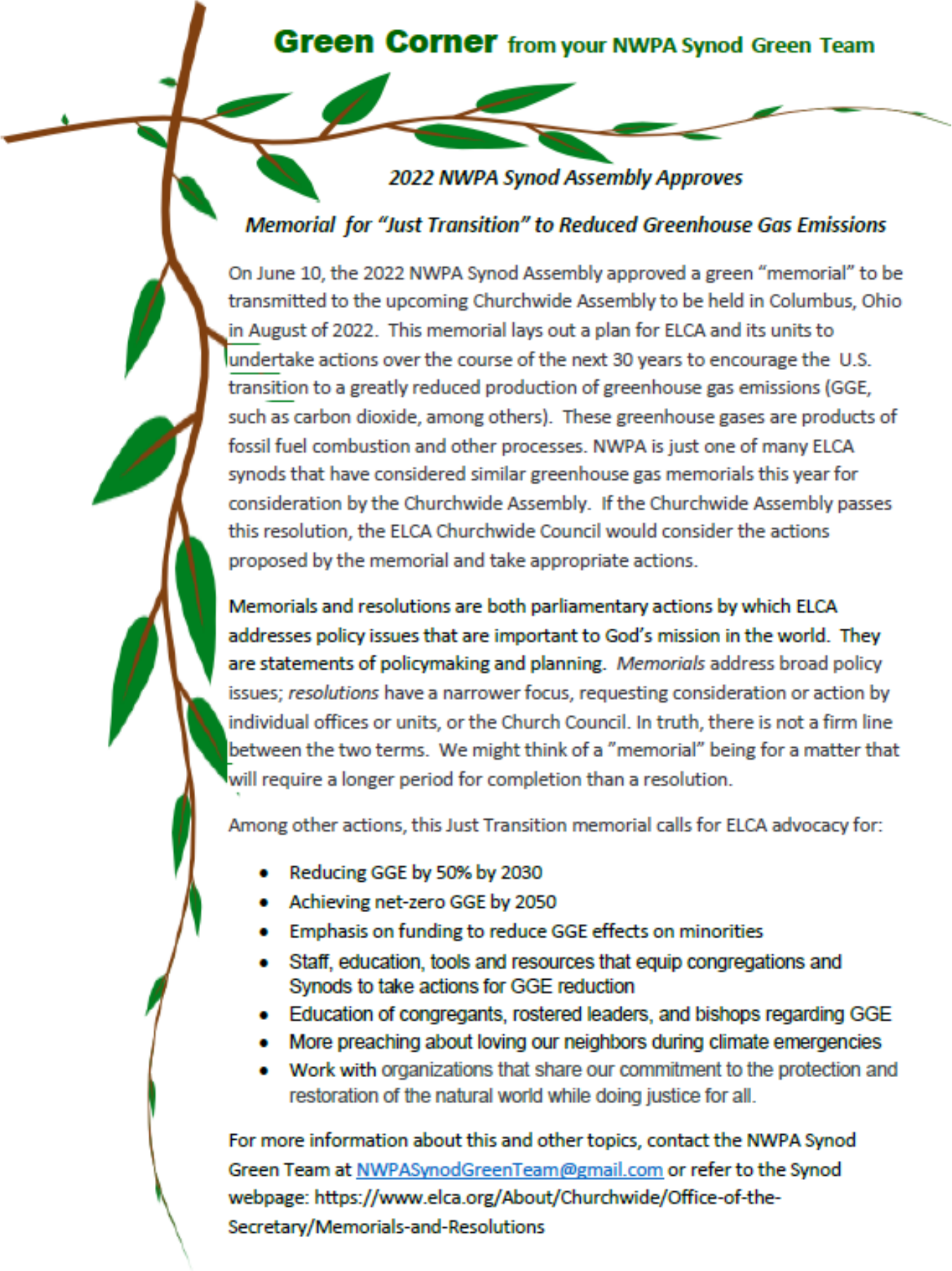
COMMUNITY MEMBER UPDATES:

Sally Fager, currently on our Shut-in list and living at Westlake Woods, sends her greetings to all at Immanuel. My Mom, Jeanette Swanson, talks with her on the phone and we have visited in person and they always share a few laughs.

Audree Adams, who some of you may remember, passed away in July at the young age of 90.

Bob Cooper has moved to Niagara Village. He has been busy with the move and thankful for his daughter, Barb Zimmer's help. He will be returning to worship at Immanuel soon but in the meantime, here is his new address:

Robert Cooper, 2380 Village Common Dr., Erie, PA 16506



Green Corner from your NWPASynod Green Team

2022 NWPASynod Assembly Approves

Memorial for "Just Transition" to Reduced Greenhouse Gas Emissions

On June 10, the 2022 NWPASynod Assembly approved a green "memorial" to be transmitted to the upcoming Churchwide Assembly to be held in Columbus, Ohio in August of 2022. This memorial lays out a plan for ELCA and its units to undertake actions over the course of the next 30 years to encourage the U.S. transition to a greatly reduced production of greenhouse gas emissions (GGE, such as carbon dioxide, among others). These greenhouse gases are products of fossil fuel combustion and other processes. NWPASynod is just one of many ELCA synods that have considered similar greenhouse gas memorials this year for consideration by the Churchwide Assembly. If the Churchwide Assembly passes this resolution, the ELCA Churchwide Council would consider the actions proposed by the memorial and take appropriate actions.

Memorials and resolutions are both parliamentary actions by which ELCA addresses policy issues that are important to God's mission in the world. They are statements of policymaking and planning. *Memorials* address broad policy issues; *resolutions* have a narrower focus, requesting consideration or action by individual offices or units, or the Church Council. In truth, there is not a firm line between the two terms. We might think of a "memorial" being for a matter that will require a longer period for completion than a resolution.

Among other actions, this Just Transition memorial calls for ELCA advocacy for:

- Reducing GGE by 50% by 2030
- Achieving net-zero GGE by 2050
- Emphasis on funding to reduce GGE effects on minorities
- Staff, education, tools and resources that equip congregations and Synods to take actions for GGE reduction
- Education of congregants, rostered leaders, and bishops regarding GGE
- More preaching about loving our neighbors during climate emergencies
- Work with organizations that share our commitment to the protection and restoration of the natural world while doing justice for all.

For more information about this and other topics, contact the NWPASynod Green Team at NWPASynodGreenTeam@gmail.com or refer to the Synod webpage: <https://www.elca.org/About/Churchwide/Office-of-the-Secretary/Memorials-and-Resolutions>

Celebrations

of Life and

Love

ALTAR FLOWERS AND

SANCTUARY CANDLE SIGN-UP

WE ARE ONCE AGAIN POSTING OUR ALTAR FLOWER AND SANCTUARY CANDLE SIGN-UP SHEETS IF YOU WOULD CARE TO SPONSOR EITHER OR BOTH IN HONOR OR IN MEMORY OF SOMEONE -- IT WILL BE NOTED IN OUR WORSHIP BULLETIN.

PLEASE NOTE THAT CATHY'S FLOWER SHOPPE, WHO HAS BEEN PROVIDING THE FLOWERS FOR US FOR MANY YEARS HAS HAD TO INCREASE PRICES SO **FLOWERS WILL BE \$36/WK** – SANCTUARY CANDLE REMAINS AT \$5/WK - SO WHEN PAYMENT IS MADE, PLEASE INCLUDE THIS NEW AMOUNT IN YOUR PAYMENT STARTING IN JUNE.

YOU ARE ALSO WELCOME TO BRING IN YOUR OWN PLANTS/FLOWERS FROM YOUR GARDEN, ETC.

August Birthdays

August 4	Jennifer Kuntz
5	Craig Casler
6	Kim Lee
11	Barb Nelson
15	Trista Paternosh
16	Janice Kreger
21	Mia Penpek
24	Mabry Szima
29	Richard Feiler/Jonathan Redditt
30	Anita Byrne

Everyone loves a birthday card! Please remember a member!!

August Anniversaries

August 1	Donna & Bob Dorler
18	Hannah & David Mays/Bryan Timm & Michael Patterson

Congratulations to those celebrating!!!

Did I forget you? Please e-mail me or call me with your birthdays, anniversaries or a special day you would like us to share.

immluthch@verizon.net

Story Circles

WITH
ONE
TABLE

provide a way for people from different backgrounds to come together to **learn from each other** and to explore cultural similarities and differences.

Based on
UNESCO
Model

is a tool for not only enhancing intercultural competencies development but also in *deepening relationships* with others and in emphasizing the interconnectedness of all.

Sept
18th

4p-6p at the
Cathedral
of St. Paul

Community development (One Table) – diverse community citizens (of different ages, gender, religions, socio-economic backgrounds, etc.) come together to share their stories so as to create bonds and build relationships across generations, religions, and socio-economic backgrounds.



Join us for structured story sharing for listening and learning from one another's cultures and lives.

Register today by scanning the QR Code provided.



**All are
Welcome**

**Immanuel
Hours**

Church Office – 814-833-4062
Hours: M-Th. 8:30am-12:30pm
immluthch@verizon.net

Staff

Pastor Karen Kostur 814-833-4062
or Emergency #: 724-557-2386
Pastor's Office Hours – Tues &
Thurs.9:30am-2:00pm
Church Caretaker: Wally Coughlin
Organist/Music Director: Bryan
Timm
Admin. Ofc.: Lori Swanson
Nemenz

Sunday School

Coord: Anita Byrne & Janice
Kreger
Teachers: Rick Kuntz & Pastor
Kostur

Congregation & Church

Council Officers

Pres:Debbie Redditt 814-449-1855

VP:Bob Dorler 814-833-2719
Sec.:D. Madurski 814-774-3590
Fin. Sec.:C.Geddes 814-734-1286
Treasurer: Bill Redditt

Additional Council Members

Cindy Eckman, Char Feiler, George
Pfeiffer, Sally Leubin, Bob Dorler,
Cindy Geddes

Church Council Committees

*We invite all members of Immanuel to join any of these committees and/or
offer your gifts where you can – many hands make light work!!
Council usually meets the 2nd Sunday of the month*

Christian Education

Council liaison: Char Feiler

RALLY DAY: SEPT. 11TH—SUNDAY SCHOOL SEASON STARTS 10:30AM

Communications

Council liaison: D.Redditt Committee Chair: vacant

Check out our website and "FRIEND" us on [Facebook](#)
Did you miss church? Need to keep updated and want easy access to the
church calendar, newsletter or annual report?

Check out our website <http://www.ilc-erie.org/>

**WATCH FOR US ON FACEBOOK, GOERIE.COM, ERIE NEWS NOW AND
IN PRINT IN THE ERIE TIMES NEWS**

Fellowship, Outreach & Growth

Council liaisons: Sally Leubin & Cindy Eckman

**COFFEE HOUR 1ST SUNDAY OF THE MONTH
AND ONGOING COLLECTION FOR LITTLE FREE PANTRY
CHURCH PICNIC – SEPT. 11, 2022**

Finance

Council liaison: George Pfeiffer

2021 AUDIT

Property

Council liaison: Bob Dorler Committee Chair: Stan Holsopple

**FACILITY MAINTENANCE, RENTAL PROPERTY MAINTENANCE
BOILER CAPITAL CAMPAIGN
W 10TH PROPERTY FOR RENT**

Stewardship

Council liaison: Cindy Geddes

Social Ministry Committee

Council liaison: Debbie Madurski – Committee chair: Debbie Madurski

SCHOOL SUPPLIES COLLECTION UNTIL AUG. 21

Worship & Music

Council liaison: Debbie Redditt Chair: Sue Pfeiffer

FAVORITE HYMNS – AUG.

**W&M COMMITTEE MTG: AUG. 9TH 1:00 PM
DRIVE-IN AND INDOOR WORSHIP SERVICES 9:30 A.M.
OUTSIDE WORSHIP & CHURCH PICNIC – SEPT. 11, 2022**

OneDrive audio files of recorded services

<https://onedrive.live.com/about/en-us/signin/>

**PASTOR KOSTUR'S SERMONS ON OUR FACEBOOK &
WEBPAGE**


AUGUST

2022



INVITE SOMEONE TO JOIN YOU



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 QUILTERS 9:30 A.M. FLAGSHIP CITY CHORUS 7 PM	2 AA 7:30 PM	3 TOPS 9:00 A.M. AA MTG 7:30 P.M.	4	5 AA 7:30 PM	6
7 9:30 Worship QUARTER SUNDAY COFFEE HOUR 	8 QUILTERS 9:30 A.M. FLAGSHIP CITY CHORUS 7 PM	9 AA 7:30 PM <div style="border: 1px dashed black; padding: 2px; display: inline-block;"> WORSHIP & MUSIC COMM. MTG. 1 PM </div> <div style="border: 1px dashed green; padding: 2px; display: inline-block; color: green;"> ERIE GIVES DAY! </div>	10 TOPS 9:00 A.M. AA MTG 7:30 P.M.	11	12 AA 7:30 PM	13
14 9:30 Worship	15 QUILTERS 9:30 A.M. Pastor on vacation this week FLAGSHIP CITY CHORUS 7 PM September Newsletter Deadline	16 AA 7:30 PM Pastor on vacation this week	17 TOPS 9:00 A.M. AA MTG 7:30 P.M. Pastor on vacation this week	18 Pastor on vacation this week	19 AA 7:30 PM Pastor on vacation this week	20 Pastor on vacation this week
21 9:30 Worship Pastor on vacation	22 QUILTERS 9:30 A.M. FLAGSHIP CITY CHORUS 7 PM	23 AA 7:30 PM	24 TOPS 9:00 A.M. AA MTG 7:30 P.M.	25	26 AA 7:30 PM	27
28 9:30 Worship	29 QUILTERS 9:30 A.M. FLAGSHIP CITY CHORUS 7 PM	30 AA 7:30 PM	31 TOPS 9:00 A.M. AA MTG 7:30 P.M.			